

## July: In the Know for New Troop Leaders

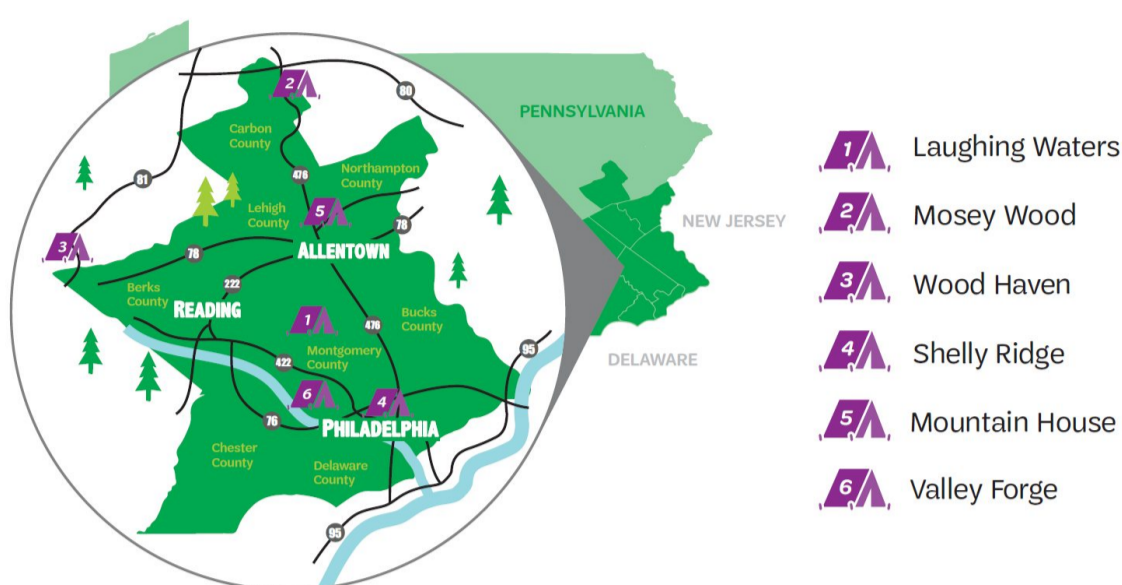
We are thrilled to have you as a new Troop Leader. This email contains summer camp information to help your girls continue the fun!

### Helpful links:

- [Log into myGS account](#)
- ["For Troop Leaders" at gsep.org](#)
- ["Forms & Documents" at gsep.org](#)
- ["Volunteer Essentials" at gsep.org](#)

## Camp and outdoor adventure are at the heart of the Girl Scout experience!

That's why GSEP offers a variety of camp options throughout our council area—designed to match every girl's interests, age, and sense of adventure.



GSEP offers 9 unique camp programs across 7 beautiful properties, welcoming girls entering Kindergarten through 12th grade. In addition to classic camp fun, older girls can take on leadership roles through specialized programs like Counselor-in-Training and Program Aide, helping them build confidence, skills, and lifelong memories.

Day Camps	Overnight Camps
Shelly Ridge – Lafayette Hill	Shelly Ridge – Lafayette Hill
Mountain House – Allentown	Mosey Wood – Carbon County
Valley Forge – Valley Forge	Wood Haven – Schuylkill County
Philly Camp – North Philly School Partner	Laughing Waters - Gilbertsville

Camp activities at GSEP are as diverse as our campers! From horseback riding at Wood Haven and Laughing Waters, to travel adventures at Mosey Wood, to art-focused experiences at Shelly Ridge, and hands-on STEM exploration at Philly Camp—there's something for every interest. Thrill-seekers can tackle high ropes courses at Mosey Wood and Laughing Waters, while first-time campers can enjoy a cozy and welcoming introduction to camp life at Mountain House and Valley Forge.

There are still spots available in select weeks across our camps. You can check out availability [here](#).

### Why Camp?

- [She'll make new friends](#)  
There's nothing quite like giggling over games in the bunk or singing songs with new besties around a campfire. Having a diverse group of friends, not just kids she knows from school, will broaden her horizons and help her see her own worth, too.
- [She'll see all she can be](#)  
In an all-girl environment like Girl Scout summer camp, girls are more comfortable trying new outdoor activities, and they get to take the lead every single time—meaning there's plenty of room at the top for your girl to take charge and flex her muscle, both when it comes to outdoor adventure and crucial leadership skills that will last her a lifetime.
- [She'll turn off her phone and tune in to nature](#)  
Getting out in nature, soaking up the sun, or dashing inside during a sudden downpour is way more exciting than any app she might have on her phone and is all part of the adventure of camp.
- [She'll grow her grit](#)  
The truth is, she might scrape a knee or elbow while she's away—and that's a good thing! When she learns to get back up after minor setbacks, like scrapes and bumps, she's building her resilience and learning that she's a lot tougher than she thinks.
- [She'll meet new mentors](#)  
Having a variety of awesome role models will help your girl see the many ways to be successful and happy in life.
- [She'll gain independence](#)  
Being away from home—especially if that's a new thing for her!—might be a bit intimidating to both your daughter and you. But having that time away to explore and try activities on her own will make her more self-reliant and able to discover new things to share and teach you when she returns home.
- [She'll have tons of time for play](#)  
Playtime is *anything* but a waste of time. In fact, studies show that play allows the neurons in a child's brain to form new connections—and that this rewiring helps boost emotional intelligence, decision-making skills, creativity, and problem-solving abilities.

### Opportunities Beyond Camp!

If girls in your troop aren't quite ready for camp, consider joining our weekend programming throughout the year. GSEP offers programming all year long ranging from a short program on a Saturday to a multiple day overnight. Check out the upcoming Spark magazine and our website for new programming starting in September!

### Camp Kitchen Staff Positions Available



Know someone over 18 looking for a summer job? We have Kitchen Assistant positions available starting this Sunday at Camp Shelly Ridge (Lafayette Hill, PA) and Camp Laughing Waters (Gilbertsville, PA)

As the Kitchen Assistant, they will work directly with the Food Service Manager to cook meals, handle dining hall preparation and clean up after the meals. They will work to complete food orders for groups' pack out meals' and other trip related food requests. This is an overnight seasonal salary position, from July – August, housing and meals provided.

Email Tracey at [tbunch@gsep.org](mailto:tbunch@gsep.org) for more information!



Have a question? Don't be shy!  
[Contact us](#) for more information.