

Troop Engagement Reflection Quiz for Girl Scout Leaders

Choose the answer that best describes your troop most of the time.

- 1. How consistently do Girl Scouts attend troop meetings?**
 - A. The vast majority of Girl Scouts attend every meeting.
 - B. Most Girl Scouts attend meetings regularly with occasional absences.
 - C. Attendance varies widely and many Girl Scouts frequently miss meetings.
 - D. Many Girl Scouts rarely attend or attendance is unpredictable.
- 2. How actively do Girl Scouts participate during meetings?**
 - A. Girl Scouts are excited, engaged, and eager to contribute ideas and lead activities.
 - B. Most Girl Scouts participate when encouraged by leaders.
 - C. Some Girl Scouts participate, but several remain disengaged.
 - D. Many Girl Scouts appear bored, distracted, or unwilling to participate.
- 3. How responsive are families to your communication (emails, apps, texts)?**
 - A. Families respond quickly and consistently read updates.
 - B. Most families respond eventually with occasional reminders.
 - C. Many families miss messages or respond late.
 - D. Communication often goes unanswered.
- 4. How willing are families to help with troop activities?**
 - A. Families regularly volunteer for chaperoning, supporting or joining events
 - B. A few families help when asked.
 - C. We struggle to find volunteers.
 - D. We receive little to no help from families.
- 5. How often do Girl Scouts help make decisions about troop activities?**
 - A. Girl Scouts regularly plan meetings, trips, and projects.
 - B. Girl Scouts help choose some activities when asked.
 - C. Leaders make most decisions with limited girl input.
 - D. Girl Scouts show little interest in helping make decisions.
- 6. How motivated are Girl Scouts to earn badges or awards?**
 - A. Girl Scouts are excited about badges and awards and are proud of their accomplishments.
 - B. Girl Scouts complete badges and awards but rely on leaders to guide them.
 - C. Girl Scouts show limited interest in badges or awards.
 - D. Girl Scouts resist working on badge and award activities.
- 7. How many girls attend optional events (camping, service projects, council events)?**
 - A. Most girls sign up and participate eagerly.
 - B. Some girls attend events depending on schedules.
 - C. Only a few girls participate.
 - D. Optional events rarely attract interest.

If You Got Mostly A's: Highly Invested Troop!



Congratulations! Your troop already has strong engagement. Focus on sustaining momentum and deepening leadership opportunities.

GIVE GIRLS MORE OWNERSHIP

- Let girls plan meetings using a simple agenda template.
- Rotate leadership roles (meeting helper, supply manager, game leader).

PURSUE BIGGER GOALS

- Work toward the Personal Awards and the Highest Awards.
- Plan a troop trip, overnight, or outdoor adventure.

HIGHLIGHT ACHIEVEMENTS

- Celebrate badges, service, and accomplishments publicly.
- Share photos and successes with families regularly.

GROW LEADERSHIP SKILLS

- Encourage girls to mentor younger scouts.
- Let girls run a station at a troop event or service project.

If You Got Mostly B's: Solid Participation but Room to Grow



Girls and families participate but often rely heavily on the leader. Focus on amping up girl leadership and caregiver understanding of value.

INCREASE GIRL-LED PLANNING

- Hold a short troop brainstorming session.
- Let girls vote on badges, trips, and service projects.

CREATE SMALL GIRL LEADERSHIP ROLES

- Meeting greeter
- Supply organizer
- Flag ceremony leader
- Badge researcher

ASK FOR SPECIFIC CAREGIVER HELP

- Instead of “Can anyone help?” try:
“We need one driver for Saturday.”
“We need a caregiver to help with snacks next meeting.”

EXPLAIN THE VALUE OF THE PROGRAM

- Share examples of leadership and other skills gained through Girl Scouting.
- Give parents questions to ask their scouts – “What badge are you working on? What skill did you learn today?”

If You Got Mostly C's: Your Troop Could Use an Engagement Boost



This usually means families or girls don't fully understand expectations or value yet.

RESET EXPECTATIONS

- Connect with caregivers and share expectations for troop engagement – meeting attendance, communication channels and troop goals.

RECONNECT GIRLS TO FUN

- If meetings feel too structured, shake it up. Hold an outdoor meeting, consider hands on activities, add in games and team challenges, and leverage creative badges.

SURVEY THE GIRLS

- Ask girls what they want from Girl Scouting! What do they want to do this year? What badges look interesting? Where do they want to go together?

COMMUNICATE CLEARLY WITH FAMILIES

- Send simple updates after each meeting with what girls learned, what's coming next, and how caregivers can help.

If You Got Mostly D's: It's Time to Reset



You are likely feeling alone in your Girl Scout leadership – but there is a way to reinvest girls and families in the amazing journey that Girl Scouts can bring.

HOLD A FAMILY RESET CONVERSATION

- Explain that Girl Scouts is girl-led, volunteer-supported, and leadership-focused. Caregiver communication, girl attendance and family volunteering is key to making Girl Scouts successful.

SIMPLIFY COMMUNICATION

- Choose email, text, or an app and stick to it.
- Focus on fun, engaging experiences like cooking, outdoor games, creative projects, and short service projects.

MAKE VOLUNTEERING EASY

- Build a Parent Helper System by assigning rotating helpers.
- Create small one-time roles for help.

REIGNITE GIRL VOICE

- Give girls the opportunity to vote on the next activity.
- Have girls plan a field trip or let girls design a service project.