

girl scouts
of eastern
pennsylvania

Girl Scout Activity Book



Learn about Girl Scouts • Activities for girls K-12

Daisies

Grades K-1



From outdoor adventures to creative projects, each activity is designed to inspire curiosity, foster friendships, and ignite a passion for making a difference.

Daisies can earn badges like the Eco Learner Badge, Good Neighbor Badge, and Roller Coaster Design Challenge Badge.



Daisy Activity: Draw Your Perfect Day

Directions: Get out your crayons or markers and draw what a perfect day would be for you. Are you playing outside with your friends? Are you having dinner with your family? Are you taking a field trip to the zoo with your class? The options are endless!

Brownies

Grades 2-3



Brownies try and explore new things, gain important social skills, and, of course, have a blast. Throughout the year, our Brownie programs provide a multitude of enriching experiences designed to nurture leadership skills and foster personal growth.

Brownies can earn badges like the My Own Budget Badge, Leap Bot Design Challenge Badge, and Hiker Badge.



Brownie Activity: Create a time capsule

Directions: Find a waterproof container that can hold your treasures. Complete the letter with the prompts below and add a small trinkets meaningful to you. After you add your letter and trinkets are added, close the container and put a note on it when to open. (Maybe your Senior Year of High School?) Then decide where to keep it safe – this could be buried in the backyard, in an attic, closet, or basement. Where can it be kept?

Letter to My Future Self

My Name Is: _____

I am ____ years old and my best friend is _____.

My favorite activities are _____,
_____, and _____.

I want to be a Girl Scout because _____.

When I grow up, I'm going to be a _____.

By the time I read this, I will be ____ years old.

Juniors

Grades 4-5



From thrilling outdoor adventures to meaningful service projects, each Junior opportunity is crafted to ignite a passion for leadership and instill valuable life skills that will last a lifetime.

Juniors can earn badges like Paddle Boat Design, Outdoor Art Explorer Badge, and Simple Meals Badge.

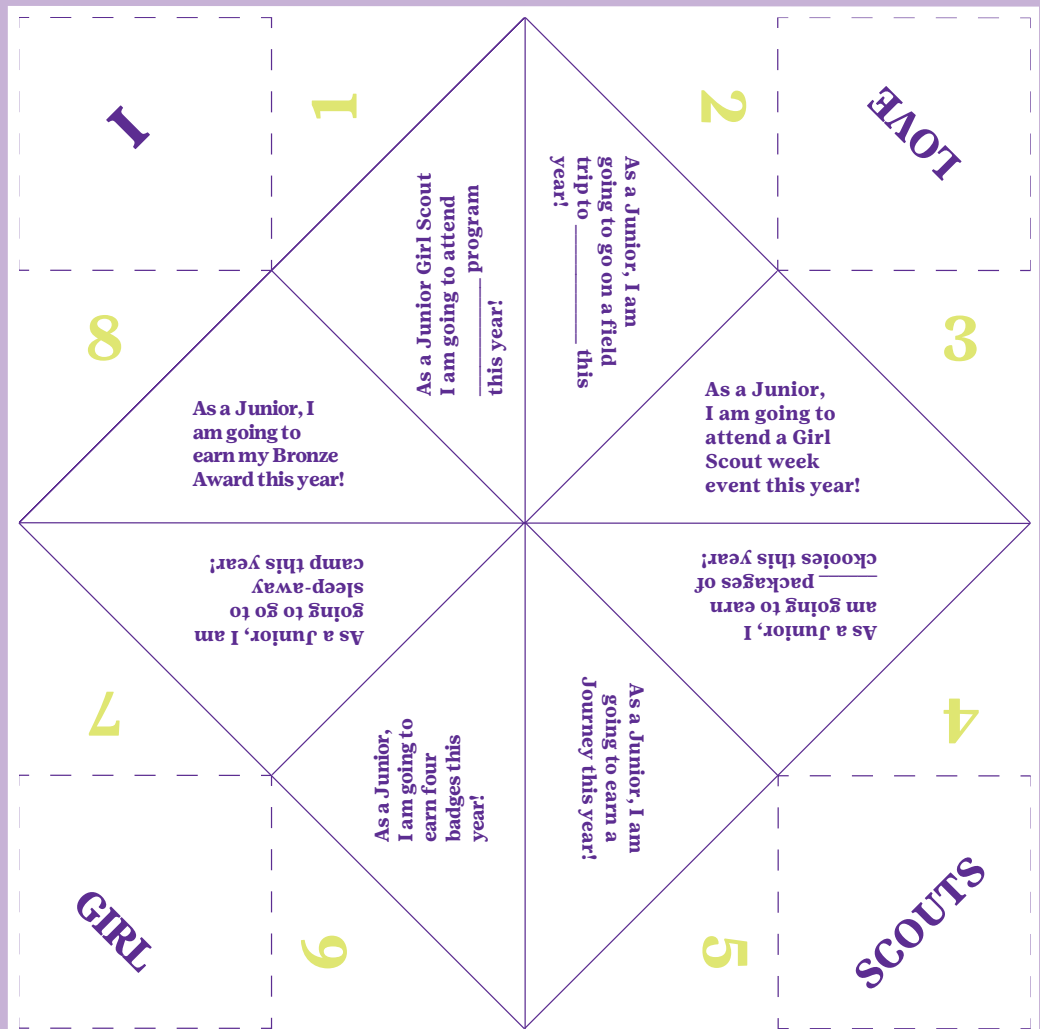


Junior Activity: Girl Scout fortune teller.

Directions: Cut out the square, then fold the paper in half. Turn it and fold it in half again and crease it, so that you can see where the center of the paper is. Open the paper flat. With the print side facing down, fold each corner to meet in the middle. Turn the folded paper over so that the “fortunes” (small words) are facing up. Fold the paper in half with the numbers facing in and the words “I love Girl Scouts” facing out so that you can reach the “pockets” on the underside.

How to Play:

1. Hold the fortune teller with your fingers.
2. Pick a word. Spell out the letters of that word (e.g., L-O-V-E) while alternating a pinching and pulling motion with the teller.
3. The teller will reveal 4 numbers. Pick one and move the teller the corresponding number of times.
4. Choose a number again, then open the flap and reveal which Girl Scout Cookie you should get!



Cadettes

Grades 6-8



Explore empowering opportunities aimed at fostering personal growth and building invaluable skills for girls. From immersive outdoor expeditions to impactful community initiatives, each endeavor challenges Cadettes to embrace their potential, cultivate resilience, and make a lasting difference in their communities and beyond.

Cadettes can earn badges like First Aid Badge, Animal Helper Badge, and Screenwriter Badge.



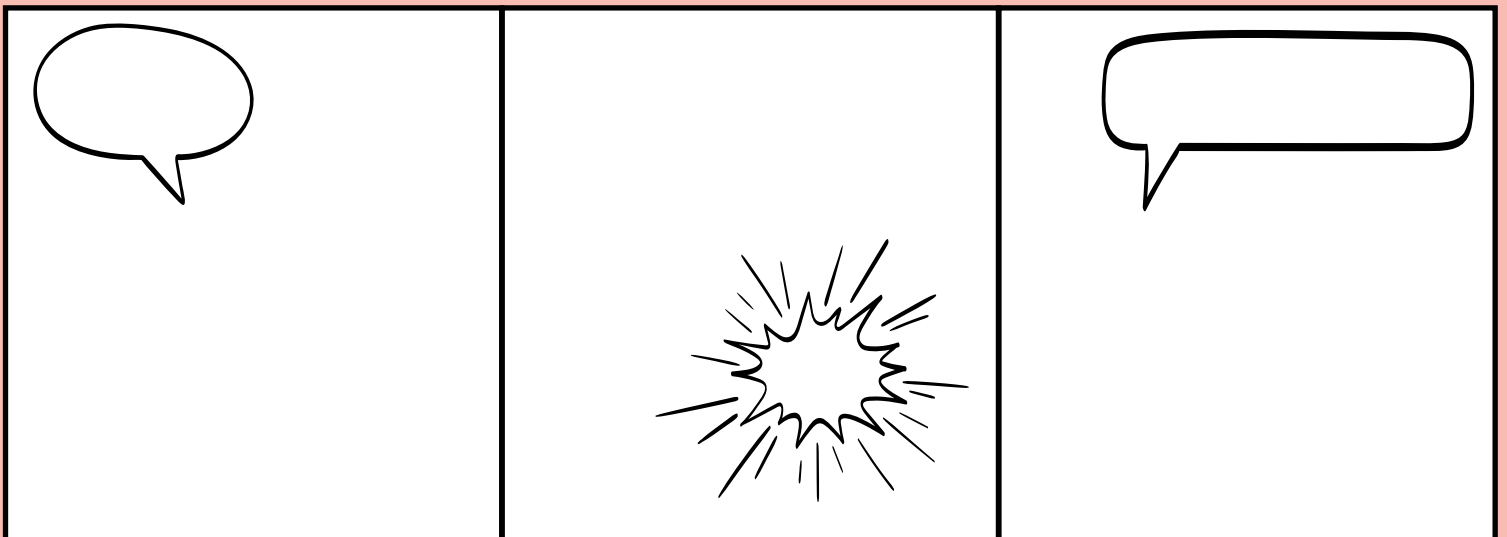
Cadette Activity: Create your own comic strip!

Directions:

Create a comic for what you hope to accomplish this year. (Stick figures are totally cool!)

Here are some ideas to get you started:

- An trip I want to go on
- An activity I want to try
- The best day of school



Seniors

Grades 9-10



Crafted to inspire leadership, ignite passions, and cultivate lifelong skills, Seniors can partake in travel experience or innovative projects tackling global issues! Each endeavor empowers Seniors to embrace their potential, make meaningful connections, and become catalysts for positive change in the world.

Seniors can earn badges like Paddling Badge, Girl Scout Way Badge, and Traveler Badge.



Seniors Activity: Word search wonder!

Directions: Find all the words that answer the questions below in the word search. Hint: all the words have to do with what you can accomplish as a Senior Girl Scout!

Questions

1. What is the Highest Award you can earn as a Senior Girl Scout?
2. Number of volunteer hours needed to earn the Senior Service to Girl Scouting Bar.
3. A program where you can earn Service to Girl Scouting Hours. _____ Program Leaders.
4. A program at Day Camp where you can help lead younger campers.
5. Girl Scouts founder's first name.
6. Number of current Senior STEM badges.
7. Senior badge with shortest name.
8. VIT stands for _____ in Training
9. How many Journeys start with "Think Like a"
10. How many programs in this magazine can you participate in and earn service hours?

D	J	R	M	L	E	O	N	F	V	S	G	S	N	J	M	G	N	T	S
R	R	C	V	L	J	M	P	Q	D	M	M	O	G	R	C	G	Z	W	I
L	G	Q	C	N	O	P	O	Z	W	C	B	L	L	U	A	A	M	E	X
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Ambassadors

Grades 11-12



Ambassador programs present a dynamic array of opportunities designed to empower young women to lead with purpose and passion. From engaging in advocacy initiatives to pursuing ambitious projects, each endeavor challenges Ambassadors to embrace their potential, amplify their voices, and shape a brighter future for themselves and their communities.

Ambassadors can earn badges like Dinner Party Badge, Survival Camper Badge, and STEM Career Exploration Badge.



Ambassador Activity: Letter to My Past Self

Directions: Write a letter to your younger self and tell them any advice you've collected over the years!

Dear _____ at age _____,
(Your Name)

Love,

Your Future Self

Don't Miss this Chance to Celebrate Girl Power,
Be Inspired, and Lead the Change!

Planned
by girls,
for girls



Create
lasting
memories

GIRLZDAY

OUR WORLD, OUR WAY

May 17, 2025 • Pennsylvania Convention Center

GirlzDay is a day-long event for girls of all ages to try new things, meet extraordinary leaders, explore their potential, and celebrate the power of girls.

Featuring tons of hands-on activities for girls and their families, an exhibition of girls' Take Action projects, plus keynote presentations and breakout sessions featuring phenomenal women and girls.

Hands-on
Workshops



Tickets on sale
February 18!

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Visit www.gsep.org/girlzday
for more information.

