

Outdoor Skills Challenge

Leveled Skills

Providing your troop with instruction and practice in outdoor skills can build confidence in girls to explore the outdoors, try something new, or even become an outdoor skills specialist!

Each month an **Outdoor Skills Activity troop plan** will be released on the website. The charts on the following pages highlight an outdoor focus area and age-appropriate, quick-to-teach skills by program level. If your group is particularly experienced in the outdoors, start with a skill further along the continuum or teach several skills.

As your troop learns each skill, they can **earn a rocker** which can be purchased in the GSEP shop. Once they have achieved all the skills, they can obtain a center patch!

Alternatively, girls can earn a rocker if they **attend** one of the **GSEP programs** aligned to the skill! Check out pages 7-18 of *Spark* magazine for details on each program and register on mygs.



Join GSEP at Mosey Wood on June 6, 2026 for a culmination event where Girl Scouts can show off their awesome new skills!



GSEP Outdoor Skills Challenge

OCTOBER

NAVIGATION	Daisy	Brownie	Junior	Cadette	Senior	Ambassador
Cardinal Directions	+	+		+		
Inter Cardinal Directions		+		+		
Trail Signs			+			
Map Reading				+		
Semaphore					+	
Morse Code						+

NOVEMBER

IDENTIFICATION	Daisy	Brownie	Junior	Cadette	Senior	Ambassador
Opposite vs. Alternative Branching	+					
Parts of a Tree		+				
Insects			+			
Trees				+		
Bark					+	
Animal Tracks/ Scat						+

DECEMBER

KNOTS & HITCHES	Daisy	Brownie	Junior	Cadette	Senior	Ambassador
Overhand knot	+	+				
Square knot	+	+	+	+		
Clove hitch		+	+	+	+	+
bowline			+	+	+	+
Tautline				+	+	+
Friendship knot					+	+



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JANUARY

KNIFE SKILLS	Daisy	Brownie	Junior	Cadette	Senior	Ambassador
Safety	+	+	+	+	+	+
Plastic Knife, banana	+					
Peeler and Chocolate		+				
Pocket Knife Marshmallow stick (open, close, pass, clean)			+	+	+	+
Pocket knife and fuzz stick (sharpen)				+	+	+
Paring knife and edible food				+	+	+
Pocket knife and whittling shape				+	+	+

FEBRUARY

FIRST AID	Daisy	Brownie	Junior	Cadette	Senior	Ambassador
Bandaid/ Cut	+	+				
Burn		+	+	+		
Direct Pressure			+	+	+	
Taco				+	+	+
Splints					+	+
Emergency Carries						+

MARCH

LEAVE NO TRACE	Daisy	Brownie	Junior	Cadette	Senior	Ambassador
Leave what you find	+	+	+	+	+	+
Know before you go		+	+	+	+	+
Respect wildlife			+	+	+	+
Be considerate of other visitors				+	+	+
Durable Surfaces					+	+
Trash your trash						+



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APRIL

CAMPING	Daisy	Brownie	Junior	Cadette	Senior	Ambassador
Folding a Blanket	+	+				
Rolling a Sleeping Bag		+	+			
Using a Compression Sack & Packing			+	+		
Pitching a Tent/Choosing Tent Site				+	+	
Food Storage and Safety					+	+
Making a Shelter						+

MAY

FIRE SKILLS	Daisy	Brownie	Junior	Cadette	Senior	Ambassador
Safety	+	+	+	+	+	+
Types of wood	+	+	+	+		
Lighting a match			+			
Edible camp fire		+	+			
A-Frame				+	+	
Log cabin and tee pee					+	+
Matchless fires						+