Dear Troop (insert troop #) Families,

I have been notified that someone from our troop/SU (insert troop or SU #) has tested positive for COVID-19.  This individual was present at our recent (insert date and name of in-person event).

Your Girl Scout has been identified as having been in close contact (within 6 feet for at least 15 minutes) with the individual who has tested positive for COVID-19. Your child may have been exposed to the virus which causes COVID-19.

I have notified GSEP and filed an incident report to document this positive COVID-19 case.

***Please review the following CDC guidance (updated 01/2022):***

**Who does not need to quarantine**

If you came into close contact with someone with COVID-19 and you are in one of the following groups, you do not need to quarantine.

* You are ages 18 or older and have received all [recommended vaccine doses](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html), including [boosters](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html) and [additional primary shots](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/immuno.html) for some immunocompromised people.
* You are ages 5-17 years and completed the [primary series](https://www.cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fvaccines%2Fcovid-19%2Finfo-by-product%2Fclinical-considerations.html#children) of COVID-19 vaccines.
* You had confirmed COVID-19 within the last 90 days (you tested positive using a [viral test](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html)).

You should wear a [well-fitting mask](https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html) around others for 10 days from the date of your last close contact with someone with COVID-19 (the date of last close contact is considered day 0). [Get tested](https://www.cdc.gov/coronavirus/2019-ncov/testing/diagnostic-testing.html) at least 5 days after you last had close contact with someone with COVID-19. If you test positive or develop COVID-19 symptoms, isolate from other people and follow recommendations in the [Isolation](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#_Isolation) section below. If you tested positive for COVID-19 with a [viral test](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html) within the previous 90 days and subsequently recovered and remain without COVID-19 symptoms, you do not need to quarantine or get tested after close contact. You should wear a [well-fitting mask](https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html) around others for 10 days from the date of your last close contact with someone with COVID-19 (the date of last close contact is considered day 0).

**Who should quarantine?**

If you come into close contact with someone with COVID-19, you should quarantine if you are in one of the following groups:

* You are ages 18 or older and completed the [primary series](https://www.cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fvaccines%2Fcovid-19%2Finfo-by-product%2Fclinical-considerations.html) of recommended vaccine, but have not received a [recommended](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html) booster shot when eligible.
* You received the single-dose Johnson & Johnson vaccine (completing the primary series) over 2 months ago and have not received a [recommended](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html) booster shot.
* You are not vaccinated or have not completed a [primary vaccine series](https://www.cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fvaccines%2Fcovid-19%2Finfo-by-product%2Fclinical-considerations.html).

**What to do for quarantine**

* Stay home and away from other people for at least 5 days (day 0 through day 5) after your last contact with a person who has COVID-19. The date of your exposure is considered day 0. Wear a [well-fitting mask](https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html) when around others at home, if possible.
* For 10 days after your last close contact with someone with COVID-19, watch for fever (100.4◦F or greater), cough, shortness of breath, or other [COVID-19 symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) .
* If you develop symptoms, [get tested](https://www.cdc.gov/coronavirus/2019-ncov/testing/diagnostic-testing.html) immediately and isolate until you receive your test results. If you test positive, follow [isolation](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#isolation) recommendations.
* If you do not develop symptoms, [get tested](https://www.cdc.gov/coronavirus/2019-ncov/testing/diagnostic-testing.html) at least 5 days after you last had close contact with someone with COVID-19.

Full CDC guidelines and recommendations can be found at

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

GSEP considers the health and well-being of our Girl Scouts to be of the utmost importance.  If you have any questions or concerns regarding your well-being, please contact your health care provider for additional guidance.

Yours in Girl Scouting,

(Insert Troop Leader/SUM name)