



Daisy Jam Series

Grades K-1

Introduction to Leaders

The focus of the leader guides is to help adults guide new Daisy Girl Scouts as they learn about Girl Scouting and how the various parts of the Girl Scout Law play a part in their daily lives. Girls will learn how to take care of their planet, help change the world around them, and then tell their own story to others.

There are 4 1.5-hour sessions in this series and activities are designed to be hands-on and fun. It is the fun that keeps the girls coming back to Girl Scouting! An important part of Girl Scouting is girl planning. Whenever possible, encourage girls to get involved in planning. This will give them ownerships of their Girl Scout group, influence in directing their Girl Scout program, and experience in planning and decision making.

Each session fulfills national leadership outcomes from the Girl Scout Leadership Experience, where girls Discover, Connect, and Take Action. Girls achieve these outcomes through the three Girl Scout processes: Girl Led, Learning by Doing, and Cooperative Learning. Another important piece of the activities is the reflection that you do with the girls at the end. Doing the reflection in an enjoyable way helps girls process and retain what they have learned through their Girl Scout experience. One easy way to do reflection is to ask the girl: What?, So What?, and Now What?

Supplies Needed:

- White Paper
- Crayons
- Large Paper with Girl Scout Promise written
- Copies of Daisy Poem
- 1 small paper plate per girl
- Water
- Markers
- Flower copies
- Scissors
- Glue
- Pictures girls brought in for project (optional)
- Foam Egg Carton
- Foam pieces
- Pom poms
- Stickers
- Soil
- Flower seeds
- Tell Your Story handouts
- Animal Need Care and So Do You handout
- 3 Cheers for Animals Girl Book, pages 72-73 and 76-77
- Slips with animal written on them
- Paper plates
- Craft sticks
- Feathers
- Paint
- Construction Paper
- Green balloons
- Make New Friends Lyrics
- Canvas bag
- Fabric markers

Meeting One: Girl Scout Fun

Goals:

1. To learn the Girl Scout Promise and its importance.
2. To experience what Daisy Girl Scouts is all about.

Group Leader Preparation:

1. Read and reread the outline for this week.
2. Make sure you have all the supplies listed below.

Equipment/Supplies:

- White Paper
- Crayons
- Large Paper with Girl Scout Promise written
- Copies of Daisy Poem
- 1 small plate per girl
- Water
- Markers
- Flower copies
- Scissors
- Glue

Start Up Activity: Shape Hunt (10 mins)

1. Have girls hunt for things in the room that are round.
2. When they find one; they draw a picture of it on their paper.
3. Gather the girls into a circle and explain that they are now in a Daisy Circle. They will use the circle to: start the meeting, share ideas, make decisions, and other times when they want to talk as a group.

Activity 1: Girl Scout Promise (15 mins)

1. Display the Girl Scout Promise.
2. Show girls how to form the Girl Scout sign with their right hand.
3. Hold all your fingers up, and then make your thumb hug your pinky over your palm, like this (demonstrate).
4. Tell the girls that all over the world Girl Scouts say their form of the Girl Scout Promise.
5. Say the promise once and then ask girls to repeat each line after you say it.
6. Next, talk to the girls about the last line of the promise, which mentions the Law. Explain that the Girl Scout Law spells out the good ways that Girl Scouts treat one another and the world- being kind and considerate, and friendly and helpful, caring and thoughtful.
7. Emphasize that they'll learn about the parts of the law as they do activities throughout this program.

Activity 2: Daisy Poem Story Time (15 mins)

1. Read the Daisy poem to the girls.
 - a. I AM A DAISY,
I AM A FLOWER.

I AM A YOUNG GIRL WITH SO MUCH POWER.
I WILL GIVE MY HAND TO MY FRIENDS IN NEED,
I WILL ALWAYS STRIVE TO SUCCEED.
I LOVE TO LEARN, I LOVE TO WRITE,
I LOVE TO SHARE AND I NEVER FIGHT.
I WILL ALWAYS SHOW THE BEST OF ME.
I WILL ALWAYS BE THE BEST I CAN BE.
I AM A DAISY, WHICH GIVES ME POWER.
I AM A DAISY, I AM A FLOWER.

2. Ask the girls if they have any thoughts on the poem and what sentence they like the most.
3. Then ask them to draw a picture about the sentence they like best.
4. Tell them that they will use this poem to create an art project which will show their journey beginning as a Daisy Girl Scout.

Activity 3: Paper Petals (30 mins)

1. Give each girl a copy of the flower.
2. Have the girls color the flower any way they want to.
3. After the girls have colored their flower, have them cut it out being careful not to cut off any of the petals.
4. Next, have each girl slowly bend their petals inward toward the center of the flower and crease the edges. While the girls are cutting out their flower and folding the petals inward, go around and give every girl a small plate with a little water on it. There should be enough water to cover the bottom of the plate slightly.
5. Once the girl has folded her flower petals in toward the center of the flower, have each girl place her flower (with petals facing up) onto her paper plate of water and watch what happens.
6. Ask the girls what they are seeing.
7. While their flower is drying move onto Activity 4.
8. After their flower has dried, they will attach their Daisy poem somewhere to their flower.

Activity 4: Daisy, Daisy, Juliette (10 mins)

1. Read to the girls the story about *The First Girl Scout Daisy*.
2. Play this game like "Duck, Duck Goose!" using our founder's given and nick names.
 - a. One girl walks around the outside of the circle tapping girls on their heads saying, "Daisy, Daisy, Juliette!" Juliette tries to tag the girl before she gets around the circle and sits in her space.

Closing: (10 mins)

1. Have all the girls participate in clean up.
2. Bring the girls back into a friendship circle and do a friendship squeeze.
 - a. Put right arm over left. Hold hands. One person gently squeezes her neighbor's hand and the squeeze gets passed around the circle.
3. Tell the girls that next time they will be doing an activity about growing up. Encourage them to bring in some pictures of themselves as a baby and now.
4. Dismiss the circle.

A Poem for Daisy Girl Scouts

I AM A DAISY,
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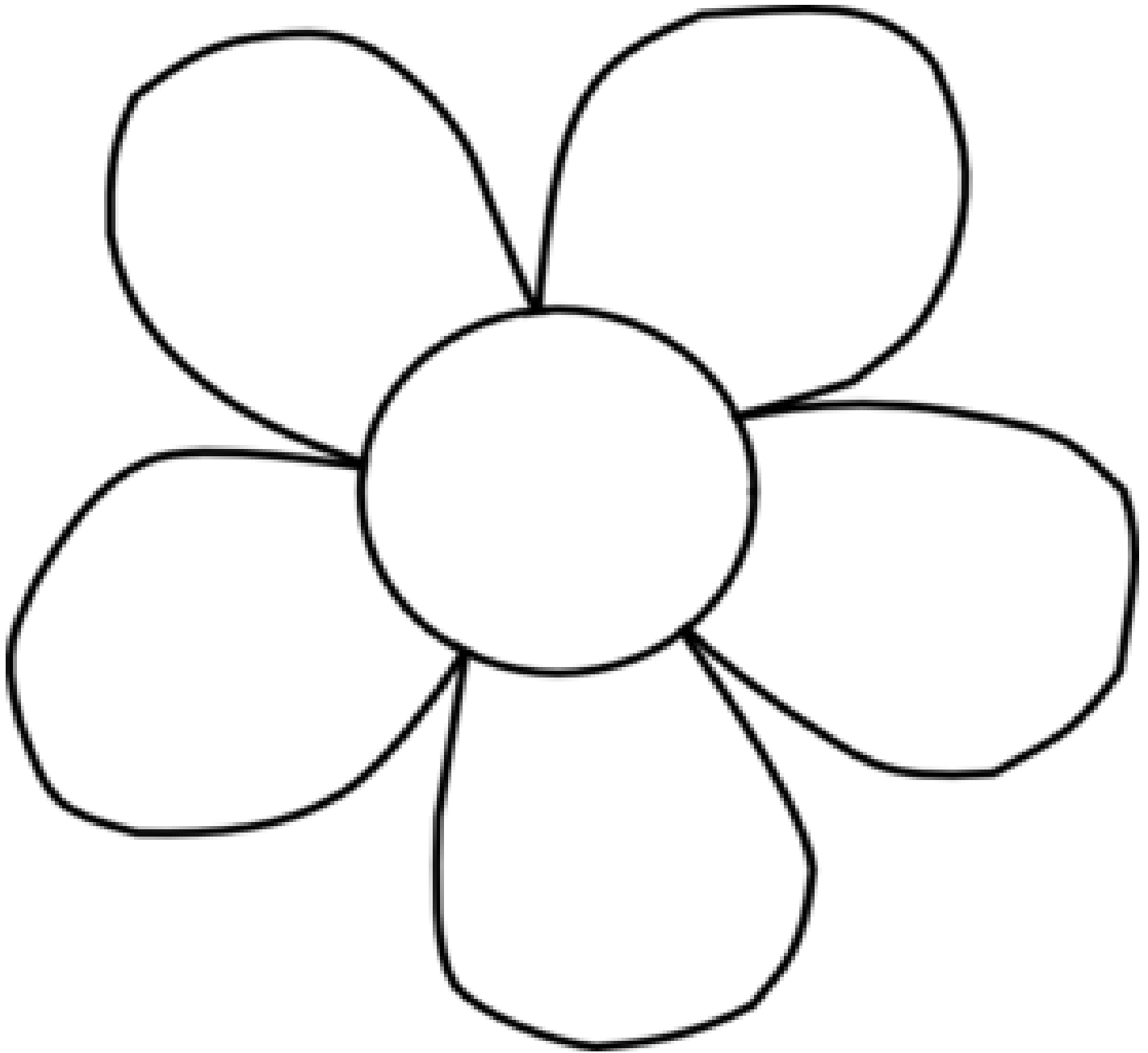
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The First Girl Scout Daisy

The first Daisy was Juliette Gordon Low. Her family called her Daisy. When Daisy was a girl, she loved to climb trees. She even liked to swing on vines. As Daisy grew older, she wanted girls to have as much fun as she did. She wanted them to grow up and be whatever they wanted in life. That's why she started Girl Scouts.

The first Girl Scouts were from Savannah, Georgia. Now there are Girl Scouts all over the world.

Meeting Two: Discover

Goals:

1. To understand the “Responsible for what I say and do” line from the Girl Scout Law.
2. To learn about gardens.
3. To develop a strong sense of self.
4. To develop positive values.

Group Leader Preparation:

1. Read and reread the outline for this week.
2. Make sure you have all the supplies listed below.

Equipment/Supplies:

- White paper
- Crayons
- Markers
- Pictures girls brought in for project (optional)
- All About Me! Handout
- Foam Egg cartons
- Foam pieces
- Pom poms
- Stickers
- Soil
- Flower seeds

Welcome (5 mins)

1. Gather girls into a Daisy circle.
2. Recite the Girl Scout Promise

Start Up Activity: See How I’ve Grown (20 mins)

1. Discuss how the girls have grown.
 - a. What could they do when they were little?
 - b. Now that they are Girl Scout Daisies?
2. Divide the paper into two halves.
3. On the left, girls can draw a picture of something they could do when they were babies.
4. On the right, they can draw something they can do now.
5. Baby and recent pictures can be attached to each half of the girls’ paper (optional).
6. Write what the girls said they did as babies and as Daisies.
7. Have the girls complete the *All About Me!* page and send home the Bonus Question with each girl to do with her family.

Activity 1: Daisy Circle, Garden-Style (15 mins)

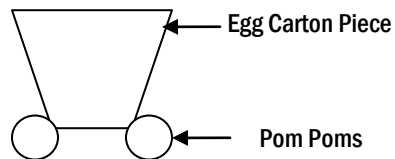
1. Explain to the girls that they will now play a game where they will be the animals that live in a garden.
2. Start off by talking about four or five garden critters common to your community. Ask the girls if they know, for example, what sound a bird makes and how it moves about.

Encourage the girls to name some critters on their own and think about how they move. In this way, the girls will have a variety of critter sounds and movements in mind before the game begins.

3. Next, explain that you will call out the name of a garden critter, and together all the girls will pretend to be that critter in sound and movement.
4. The girls will continue the critter's sound/movement until you call out a new critter. Example: You call out "bird" and all the girls chirp and flap their arms. Then you call out "frog" and the girls jump up and down and say, "Ribbit, ribbit."

Activity 2: Petal Power Car (30 mins)

1. During this activity, girls will create their own mini garden.
2. Explain that you've brought some seeds for them to plant.
3. Show the seeds and explain what kind they are, and perhaps ask the girls if they've ever eaten the foods that grow from them.
4. Review with the girls some information about seeds.
 - a. Seeds are the way plants spread themselves around the Earth.
 - b. Seeds get carried by the wind, by animals and people, by water, or by being pushed into the ground.
 - c. Seeds basically hold tiny plants and food inside them, and are just waiting for a chance to sprout.
 - d. Seeds come in all shapes, textures, and sizes-from fluffy dandelion seeds to spiky pinecones.
5. Prior to planting their seed, allow the girls to create their own petal power car using a section from an egg carton, pom poms, foam pieces, stickers, and paper.
6. Once they are done they can place top soil in their container, plant, and water their seed.
7. Ask them to name their flower as well as they will watch it grow over time.



Activity 3: Rainbow Colors (10 mins)

1. One girl sits in the middle of the circle.
2. She calls out a color from the rainbow and points to one of the other girls.
3. That girl has 7 seconds to say the name of something that is that color.
4. The girl in the middle changes places with any girl who misses an object.

Closing: (10 mins)

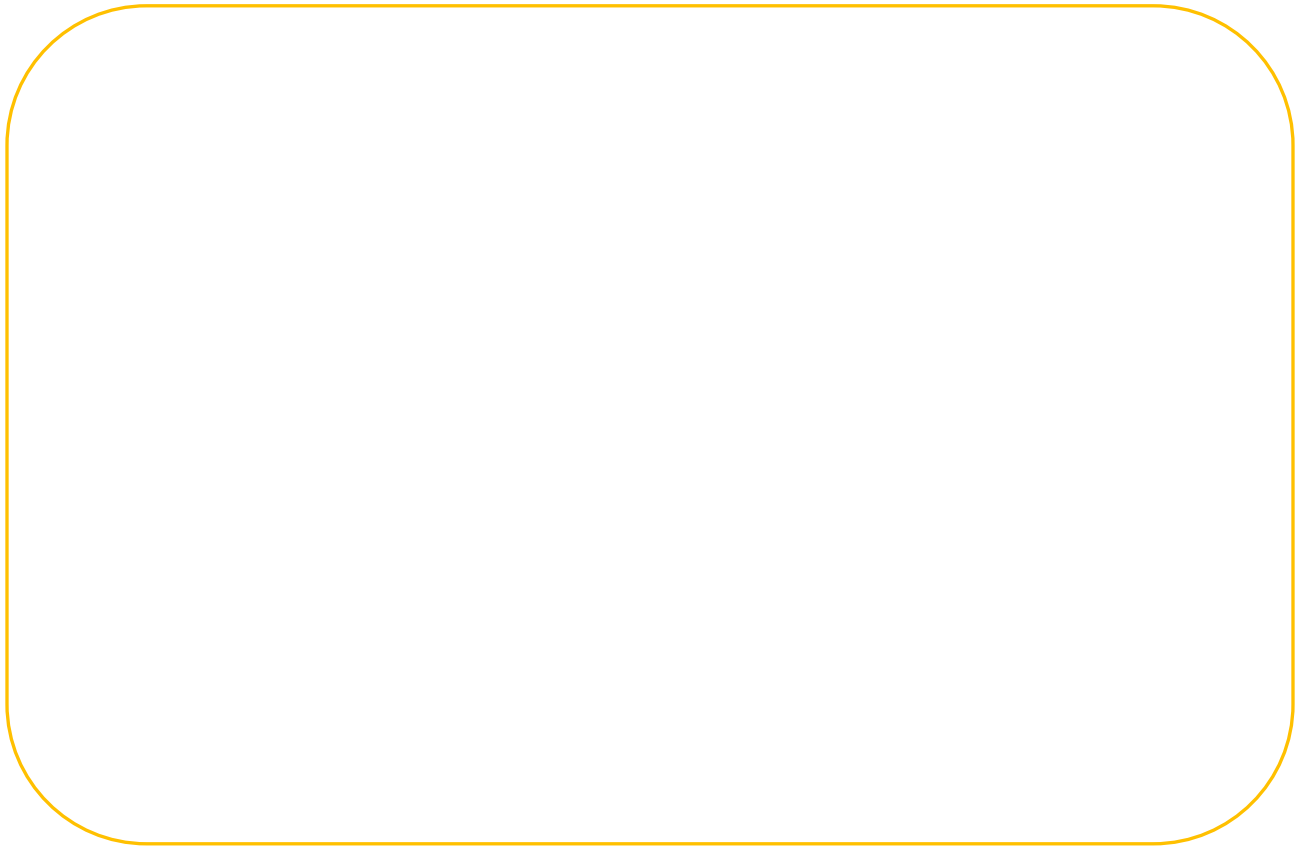
1. Have all the girls participate in clean up.
2. Bring the girls back into a friendship circle and do a friendship squeeze.
 - a. Put right arm over left. Hold hands. One person gently squeezes her neighbor's hand and the squeeze gets passed around the circle.
3. Dismiss the circle.

All About Me!

I like to _____ and _____.

My favorite animal is _____.

Here's what it looks like:



All About Me!

Bonus Question

Let a family member or friend help you answer this:

My name means.....

Meeting Three: Connect

Goals:

1. To understand the “Considerate and Caring” and “Respect for myself and others” lines from the Girl Scout Law.
2. To understand how to care for animals and themselves.
3. To develop healthy relationships.
4. To promote cooperation and team building.

Group Leader Preparation:

1. Read and reread the outline for this week.
2. Make sure you have all the supplies listed below.

Equipment/Supplies:

- Tell Your Story Handouts
- Animal Need Care and So Do You handout
- 3 Cheers for Animals Girl Book, pages 72-73 and 76-77
- Slips with Animal written on them
- Paper plates
- Craft sticks
- Feathers
- Paint
- Construction Paper
- Scissors
- Glue
- Green balloons
- Markers
- Make New Friends Lyrics

Welcome (5 mins)

1. Gather girls into a Daisy circle.
2. Recite the Girl Scout Promise

Start Up Activity: Act It Out (15 mins)

1. Help girls see how they can help people at all times in everyday life.
2. Give small groups or pairs of girls situations to act out. Examples:
 - a. Someone drops their crayon.
 - b. A new girl comes to your school and she looks scared.
 - c. A brother or sister is crying.
 - d. Your friend falls down.
3. Have them think of what they could do to help the person in the situation, and then show the group.

Activity 1: Tell Your Story (15 mins)

1. Work with the girls to complete the “Tell Your Story” handouts which will get them thinking more about themselves as well as different animals around them.

2. Allow the girls to share some of their ideas and encourage them to share their work with their families.

Activity 2: Animals Need Care (15 mins)

1. To get the girls thinking about the different needs animals have, have them complete “Animals need care and so do you” handout.
2. Then read the four mini articles from the “3 Cheers for Animals” book (Pages 72-73 and 76-77) to the girls about how people help animals and how animals help people.
3. Have a mini discussion to see how the girls felt after hearing the stories.

Activity 3: Animal Masks (20 mins)

1. Tell the girls you have pictures of many animals on slips of paper.
2. Ask each girl to pick two slips.
3. Then ask each girl to say the two animals and say one or more ways they are different.
4. Too add extra challenge, you might ask girls to say one way the animals they’ve picked are the same and one way they are different.
5. When everyone has had a chance to compare their animals, make the point that just as animals are different, people are also different from one another.
6. Give each girl a paper plate with a craft stick. Have each girl choose one of the two animals she picked, but not to reveal her choice. Now have the girls make masks representing the animal they selected.
7. When all masks are made, and as time allows, invite each girl to perform in front of the group using her mask.

Activity 4: Leapfrog Game (10 mins)

1. Inflate a number of green balloons.
2. Then use markers to draw a frog face on each one.
3. As you throw the balloons in the air, encourage the girls to keep the balloons hopping and not to let them land in the pond (on the ground).

Closing: (10 mins)

1. Have all the girls participate in clean up.
2. Bring the girls back into a friendship circle and sing Make New Friends.
 - a. Make new friends, but keep the old, one is silver and the other gold.
 - b. A circle’s round, it has no end, that’s how long I want to be your friend.
3. Sing the song once and then ask girls to repeat each line after you say it.
4. Then sing the whole song as a group.
5. Dismiss the circle.



TELL YOUR STORY!

Make It True...

I became a Daisy Girl Scout when I was _____.

My Daisy group meets at _____.

My favorite things to do as a Daisy are _____.

And _____.

Now, Make It Pretend!

One day, my friend and I took a walk to the park.
On the way, we met a big, polka-dotted hippo.

Finish this story any way you want, in pictures or words!

If I were a bird

If I were a bird, my feathers would be the color _____.

I would fly to _____.

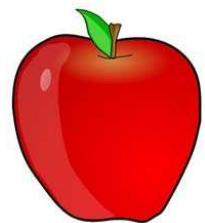
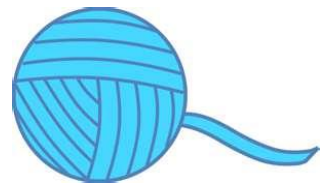
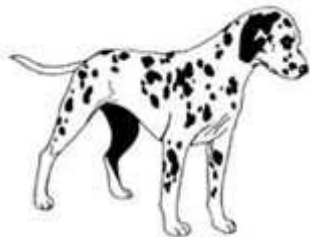
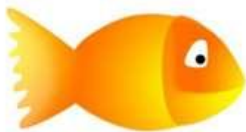
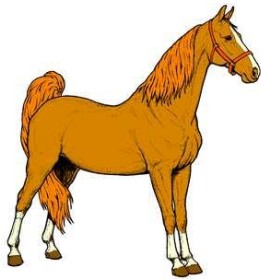
I would look like this:

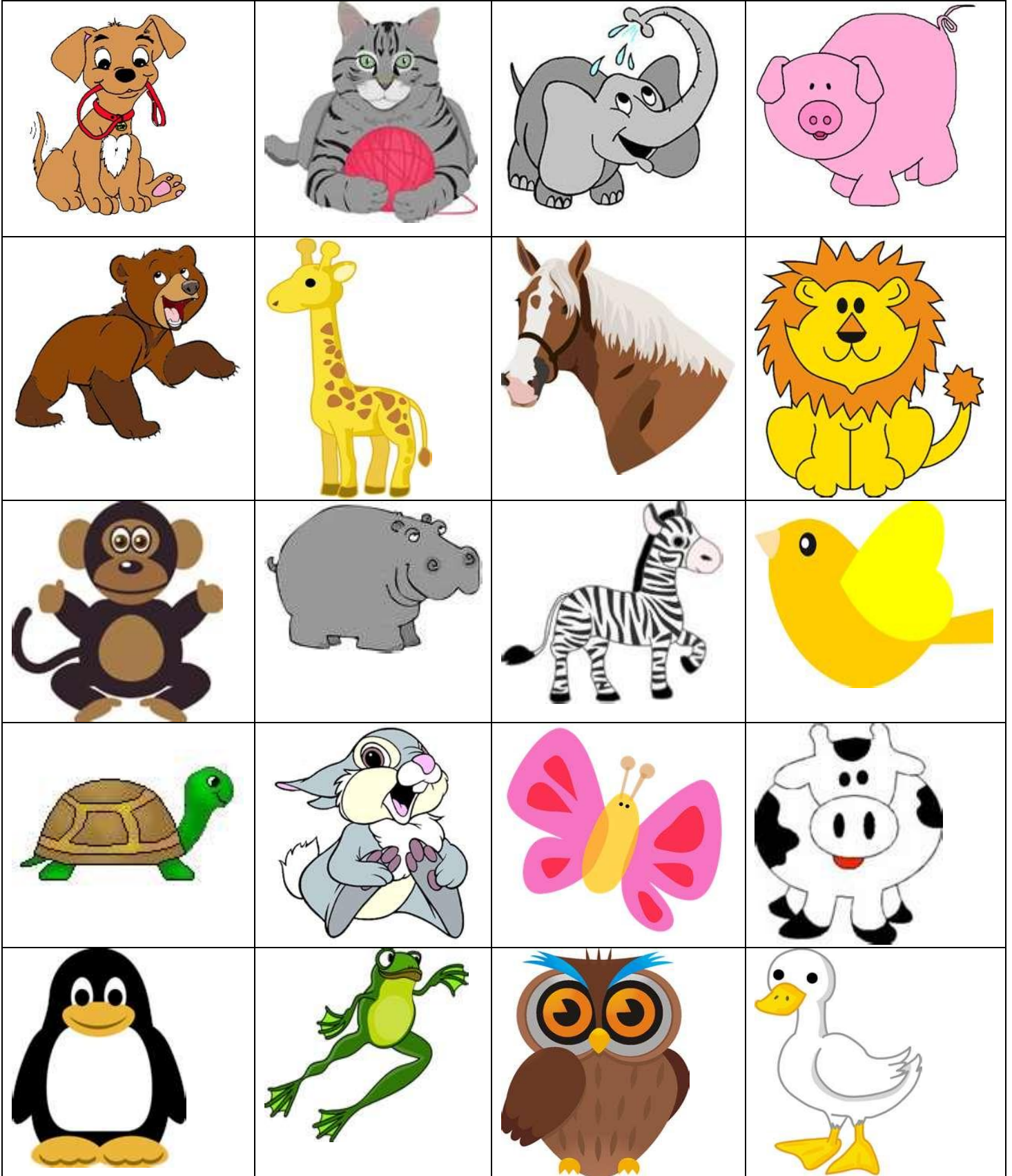


Animals need care and so do YOU

Animals need food, water, and exercise to stay healthy.

Match each animal with anything that helps it stay healthy.





Meeting Four: Take Action

Goals:

1. To understand the “Use Resources Wisely” line from the Girl Scout Law.
2. To understand how to care for the Earth.
3. To know the meaning of reduce, reuse, recycle
4. To become resourceful problem solvers.
5. To feel empowered to make a difference.

Group Leader Preparation:

1. Read and reread the outline for this week.
2. Make sure you have all the supplies listed below.

Equipment/Supplies:

- White Paper
- Crayons
- Markers
- Canvas bag
- Fabric markers

Welcome (5 mins)

1. Gather girls into a Daisy circle.
2. Recite the Girl Scout Promise

Start Up Activity: Community Pictures (15 mins)

1. Ask the girls to name some places they go to often near where they live. Tell them that all these places make up their community.
2. Now ask the girls to think of a person who helps the community and draw them in their surroundings (at work).
3. Remind them that a community works best when there are a variety of people.
4. When their pictures are done, place them together to create a mural of a community.

Activity 1: A Walk in Nature to find Textures (20 mins)

1. Prior to taking a walk, talk to the girls about how things are smooth, rough, soft, or hard depending on what they are and what they are made of.
2. Tell the girls that how something feels is called its texture.
3. Ask the girls to name a texture, if possible use items that are found in your meeting place so the other girls can see it and feel it.
4. Make a master list of all the textures they name so you can take it with you on your walk.
5. During the walk, girls will try to find as any textures as they can. Be sure to remind the girls that they will not be removing anything from nature, and why.
6. If you cannot go outside, but can see the outdoors through the windows group together or continue the texture find indoors.

Activity 2: Girl Scout Daisies Reduce, Reuse, and Recycle (30 mins)

1. Explain to the girls that recycling is very important to ensure the survival of our planet earth. Each year thousands and thousands of materials are thrown away which end up in landfills. One item that can be recycled that ends up in landfills is plastic bags. During this activity, the girls are going to decorate their own canvas bag that can be used instead of a plastic bag.
2. Distribute a bag to each girl.
3. Have each girl decorate their canvas bag any way that they would like.

Activity 3: The Next Journey (10 mins)

1. Give each Girl Scout Daisy a piece of paper and ask them to either draw a picture and/or write a note to their family telling them what they loved about Girl Scout Daisies and what they would like to do as a Girl Scout Daisy in the future.
2. Also ask them how they can teach others about Girl Scout Daisies.

Closing: (10 mins)

1. Have all the girls participate in clean up.
2. Gather the girls into a horseshoe (open-ended circle). Ask each of them to name one thing they have learned the last few weeks as a Daisy Girl Scout.
3. Sing Make New Friends and then do the Friendship Squeeze.
4. Dismiss the circle.

Additional Activities

Girl Scout Songs:

Daisy Song

I'm a Girl Scout Daisy! Take a look at me.
I'm a Girl Scout Daisy, happy as can be.
We're having fun and sharing,
Each and every day.
I'm a Girl Scout Daisy,
Hip, Hip, Hurray!

Daisy Smile Song

I've got something in my pocket, it belongs across my face.
I keep it very close at hand, in a most convenient place.
I'm sure you couldn't guess it if you guessed a long, long while.
So I'll take it out and put it on, it's a Great Big Daisy Smile!

Baby Duck

Wasn't it a bit of luck
That I was born a baby duck
With yellow socks and rubber shoes
I can go wherever I choose
Quack, quack, waddle, waddle, waddle
Quack, quack, waddle, waddle, waddle

Hippopotamus Song

What can make a hippopotamus smile?
What can make him walk for more than a mile?
It's not a party with a paper hat.
Or cake and candy that will make him fat.
That's not what hippos do!
They ooze in the gooze without any shoes.
They wade in the water 'til their lips turn blue.
That's what hippos do!
What can make a hippopotamus smile?
What can make him walk for more than a mile?
It's not the song on the old violin.
Or listenin' to the whistlin' wind.
That's not what hippos do!
They ooze in the gooze without any shoes.
They wade in the water 'til their lips turn blue.
That's what hippos do!

Games/Other Activities:

Daisy to Daisy

An active game to get the girls moving and interacting with each other! Girls pair up and wait for your direction. Call out directions such as “elbow to elbow”. Partners touch elbows. Continue play with various calls. Every few turns call “Daisy to Daisy”. When Girls hear this, they switch partners.

Story Time

Read a story of courage and strength such as The Little Engine That Could, discuss a time when you were scared or had a challenge to over come. Let them know how you felt before and after you over came the challenge. Ask if they ever feel the same.

Name and Likes

Girls stand in a circle. The leader can start. She says: “My name is ___, and I like to... (Act out something obvious like, “sleep”). And now I pass it on to you... (Everyone acts out what she did)

Squirrels In Trees

Girls are in groups of three. Arrange the girls as follows: two girls are a tree, they hold hands. The third girl is a squirrel. She stands in the middle of the tree. There is a girl or two without a tree. When the leader calls out “Squirrels in trees” all the squirrels must find a new home, including the extra squirrels. Occasionally switch trees so that everyone has a turn to run.