



# Social Butterfly Virtual Troop Meeting



**While you wait for this meeting to begin  
please grab the following materials:**

- 🍀 Paper
- 🍀 Pen or Pencil
- 🍀 Envelope



# How will this Virtual Troop Meeting Work?

- On the right side of your screen, there is a control panel. You should see a microphone, a video camera and a chat bubble.
- When we sing together, you will want to click on your microphone so it is green. Then everyone will be able to hear you.
- If you have a webcam, clicking on it will let everyone else in the meeting see you too.
- The Chat Log looks like a cartoon thought bubble...see it underlined in red? You can type questions or comments into the chat log and everyone will be able to see what you write!



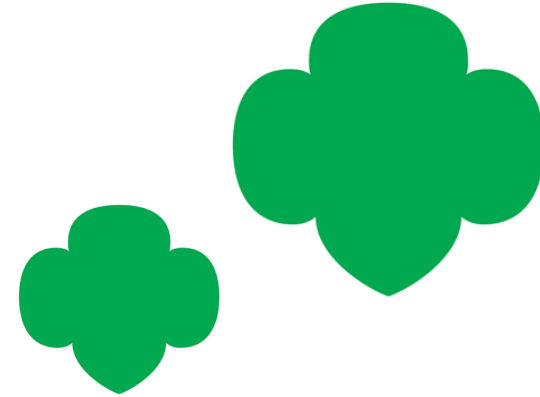
# Opening

## Girl Scout Promise

**On my honor,  
  
I will try, to serve  
God, and my  
country, to help  
people at all times,  
  
and to live by the  
Girl Scout Law.**

## Girl Scout Law

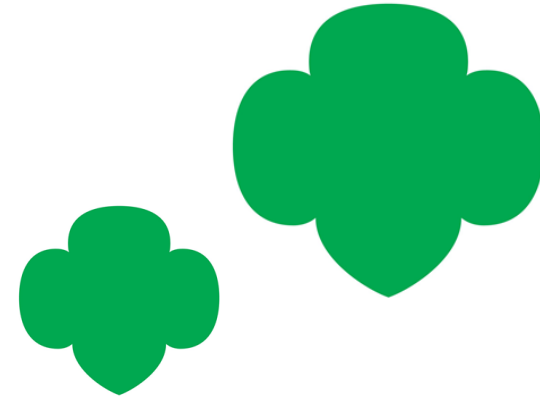
**I will do my best, to be honest and fair,  
friendly and helpful,  
  
considerate and caring, courageous and  
strong,  
  
responsible for what I say and do, to  
respect myself and others, respect  
authority,  
  
use resources wisely,  
  
make the world a better place and be a  
sister to every Girl Scout.**



# Earning the Badge

## Badge Requirements:

- 1. Hold a conversation*
- 2. Use table manners*
- 3. Be prepared for special occasions*
- 4. Say thank you*
- 5. Practice being at ease*



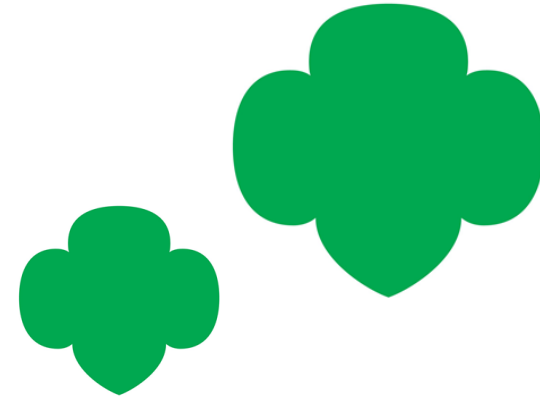
# Hold a Conversation

## What are some ways to have a conversation?

- ✿ In Person
- ✿ Over the phone
- ✿ Through Text Messages
- ✿ Email
- ✿ Snail Mail
- ✿ Sign Language

## Helpful Tips to Hold a Conversation!

- ✿ Talk about things you are passionate about: activities, hobbies, projects, goals, ideas or jobs.
- ✿ Ask open ended questions... Not just “Yes” or “NO” questions
- ✿ Listen don’t just continue to talk over the other person
- ✿ Try not to “Blurt” out.. What does it mean to Blurt?
  - ✿ saying whatever you’re thinking about in that moment



# Sending a Letter in the mail.

## How to Address and Envelope

Mrs. Carin Johnson  
330 Manor Road  
Miquon, PA 19444

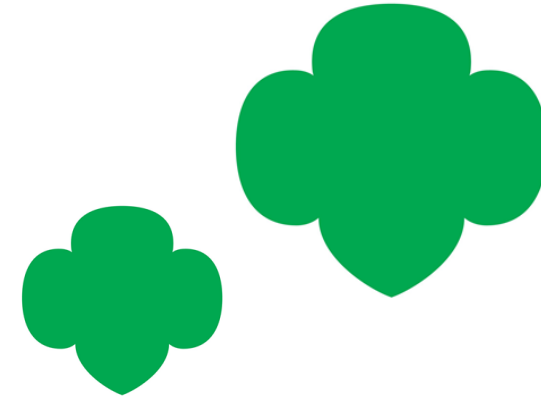
Return Address:  
This is your address

Stamp!



Mrs. Stephanie Vighetti  
1234 Girl Scouts Avenue  
Miquon, PA 19444

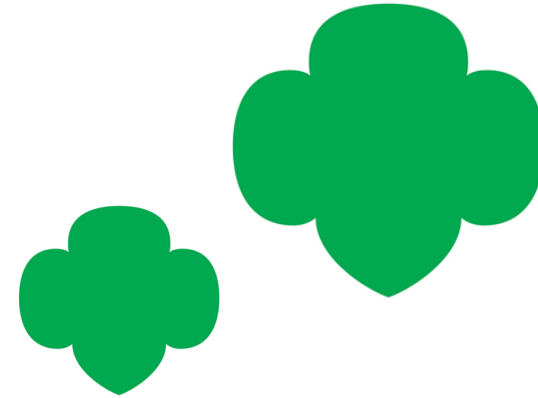
Address: Who are you  
sending your letter to?!



# Use Table Manners

## Good Manners:

*Showing good manners at home will give you practice so you'll be able to do it around others. Add that to the fact that you'll make your parents happy, and you have a win-win situation! Following through with proper etiquette will have your family smiling, and the extra benefit may be that they trust you more with other decisions.*



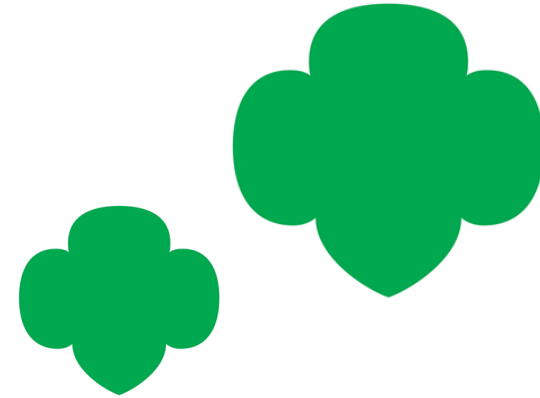
## Helpful Table Manners:

- 🍀 Help Set and Clear the table
- 🍀 Keep your elbows off the table
- 🍀 Chew with your mouth closed
- 🍀 Always say “Please” and “Thank you” when asking for an item on the table.

# Be Prepared For Special Occasions

## Going to a Birthday Party!

- ✚ Dress Appropriately
- ✚ Have your gift ready
- ✚ Clean up if you make a mess
- ✚ Be on your best behavior
- ✚ Thank the host for having you at the party



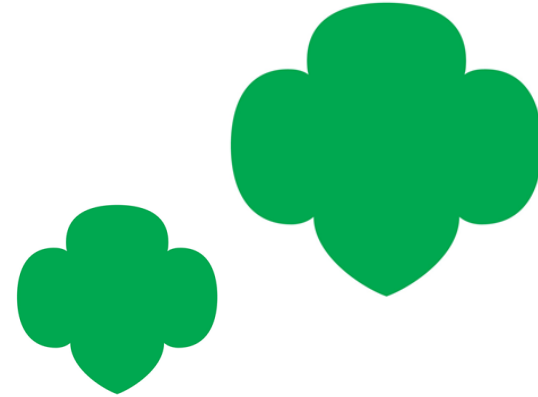


# Say Thank You

## What is the definition of Thank you



a polite expression used when acknowledging a gift, service, or compliment, or accepting or refusing an offer.



## What are the benefits of saying thank you?



People who are kinder and more grateful are more self confident  
Can brighten someone's day

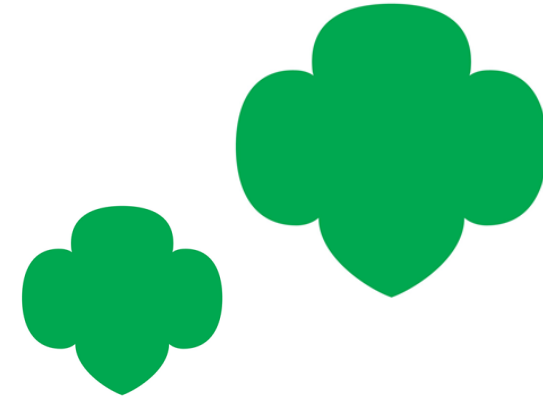
Thank you in Sign Language!



# Practice Being at Ease

## Helpful tip to be at ease

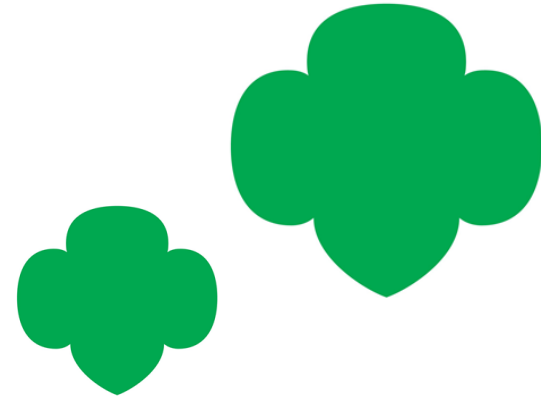
- Yoga
- Meditation
- Write in Journal
- Breathing Exercise
- Workout
- Start a hobby; sewing, singing, puzzles



# Closing

## Make New Friends Song:

Make new friends, But keep the old.  
One is silver, And the other, gold.  
A circle's round  
It has no end That's how long  
I want to be your friend!





# Girl Scouts *at home*

Thank you for joining us!

We hope you come back for  
another Virtual Meeting next  
week!

