

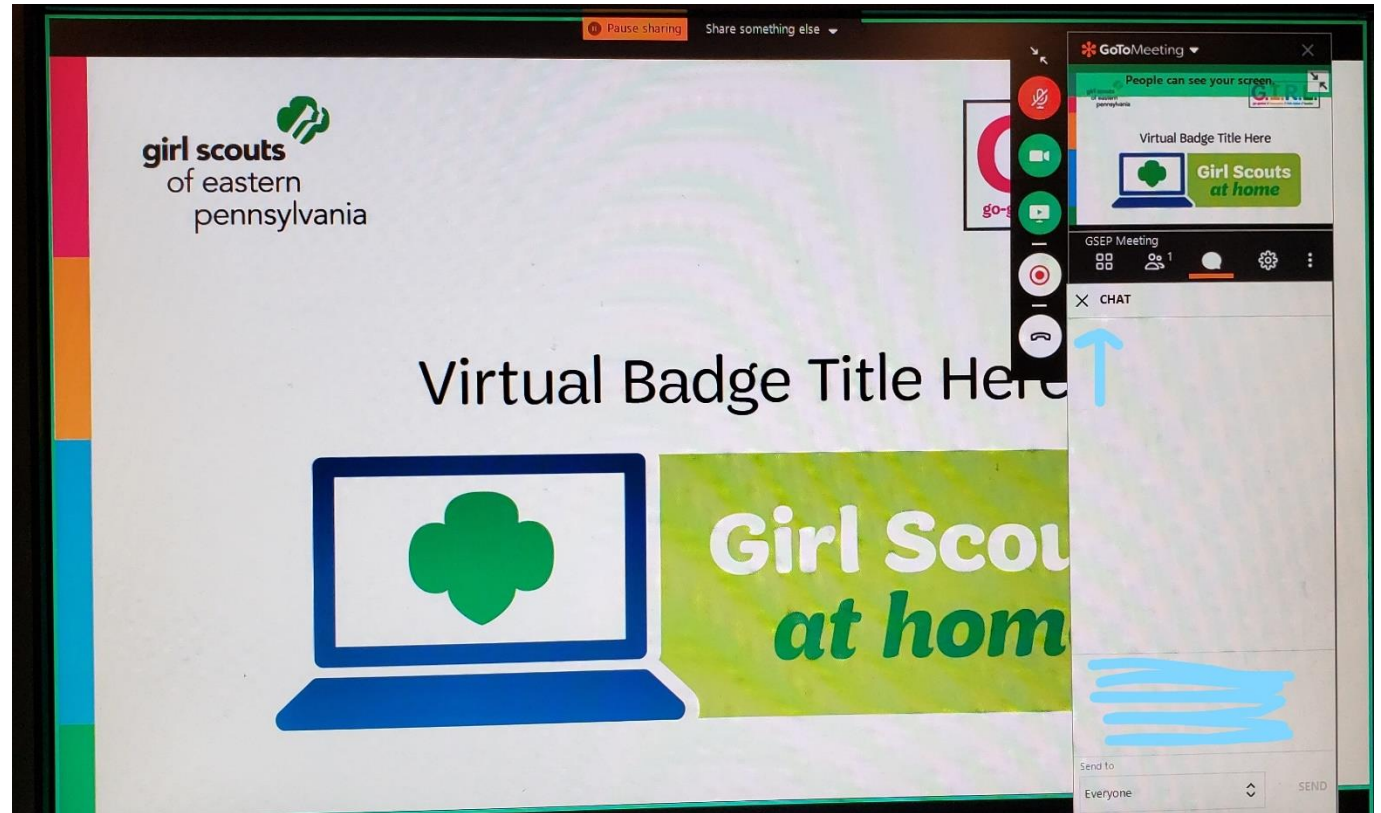
Tula's Petal



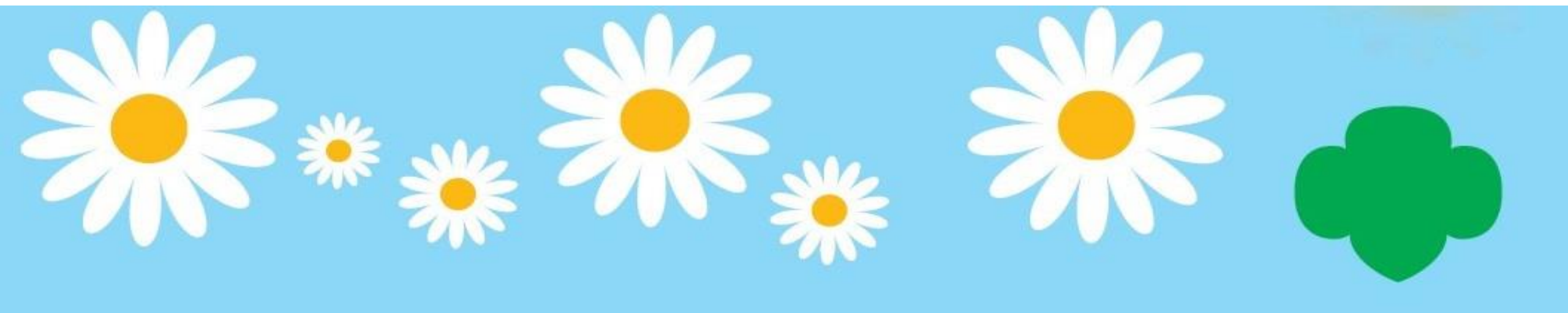
Girl Scouts
at home

How will this Virtual Troop Meeting Work?

- On the right side of your screen, there is a control panel. You should see a microphone, a video camera and a chat bubble.
- When we sing together, you will want to click on your microphone so it is green. Then everyone will be able to hear you.
- If you have a webcam, clicking on it will let everyone else in the meeting see you too.
- The Chat Log looks like a cartoon thought bubble...see it underlined in red? You can type questions or comments into the chat log and everyone will be able to see what you write!



Courageous and Strong



Here's what we're going to do today!



- Opening: Girl Scout Promise and the Girl Scout Law
- Petal Earning: Tula's Story – Standing Up for Darla
- Song: Can a Woman?
- Activity: Courageous and Strong Women Art Project
- Closing: Girl Scout wishes for others

The Girl Scout Promise

On my honor
I will try
to serve God
and my country,
to help people at all times,
and to live by the Girl Scout Law.


The Girl Scout Law

I will do my best to be
Honest and Fair,
Friendly and Helpful,
Considerate and Caring,
Courageous and Strong,
Responsible for what I say and do,
and to
Respect myself and others,
Respect authority,
Use resources wisely,
Make the world a better place,
and be a sister to EVERY Girl Scout.





Story Time!



Tula's Story

Standing Up for Darla

Ring! Ring! Ring!

The morning bell had just rung at Petal Elementary School. It was time for recess! The Flower Friends headed outside to the playground.

"Who wants to play hopscotch?" Tula the Tulip asked the Flower Friends.

"I do," Zinni replied.

"Me too!" Gerri added.

The Flower Friends ran over to the hopscotch board.

"You go first, Tula," Gerri said.

"Okay," Zinni said. "Ready, set, hop!"

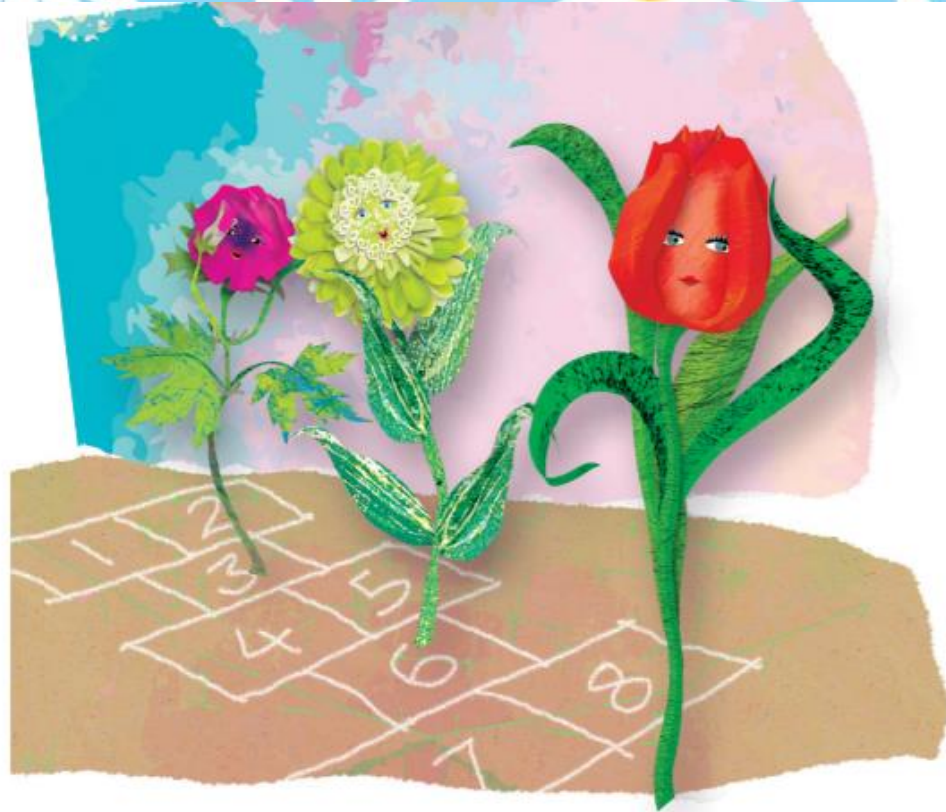
Giggling as they took turns, the Flower Friends began to play.

Hop!

Hop!

Hop!





Then Tula noticed some dandelions playing
kickball nearby. A few of them were teasing
Darla, one of the smaller dandelions.

**Tula didn't like to see anyone
treated unkindly.**

I should tell them to stop, she thought.

But what if they start being mean to me?

Maybe I should pretend I didn't see anything.

Then Tula saw a tear trickle down Darla's face.

*I have to say something,
she thought.*

*Even if I'm a little scared, I know I can act with
courage.*

She marched over to the dandelions.

"Hey, everyone," Tula said. "I can see that Darla
is sad. How about if everyone plays together?"





"You **can't** tell us what to do!" one
of the dandelions said.

"Yeah!" another one chimed in.

Tula knew she didn't have to fix this by herself. She turned to go find an adult. But the school principal, Miss Evergreen, had walked over. She had overheard everything that Tula and the dandelions had said.

"Tula's right," Miss Evergreen said. "Remember, teasing hurts people's feelings."

The dandelions hung their heads.

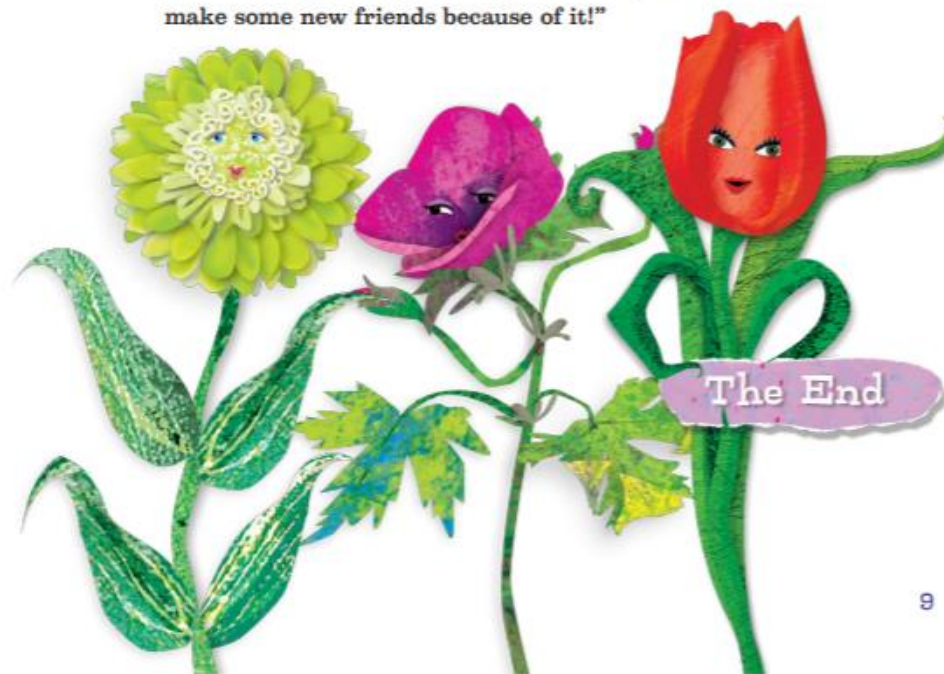
*"We're **sorry**, Darla," the
dandelions said.*

"Do you and Tula and your friends want to play kickball with us?"

"Sure," Darla replied. "That would be fun."

Tula went back to Gerri and Zinni and told them that the dandelions had invited them to play kickball.

"That sounds great," Gerri said. "We're glad you were courageous and strong enough to ask the dandelions to stop teasing Darla. Maybe we'll make some new friends because of it!"



Can a Woman? Yes, She Can!



Materials you'll need for our activity!

- At least 3 pieces of paper
- Crayons, Markers, and Colored Pencils
- Tape
- Your brain!



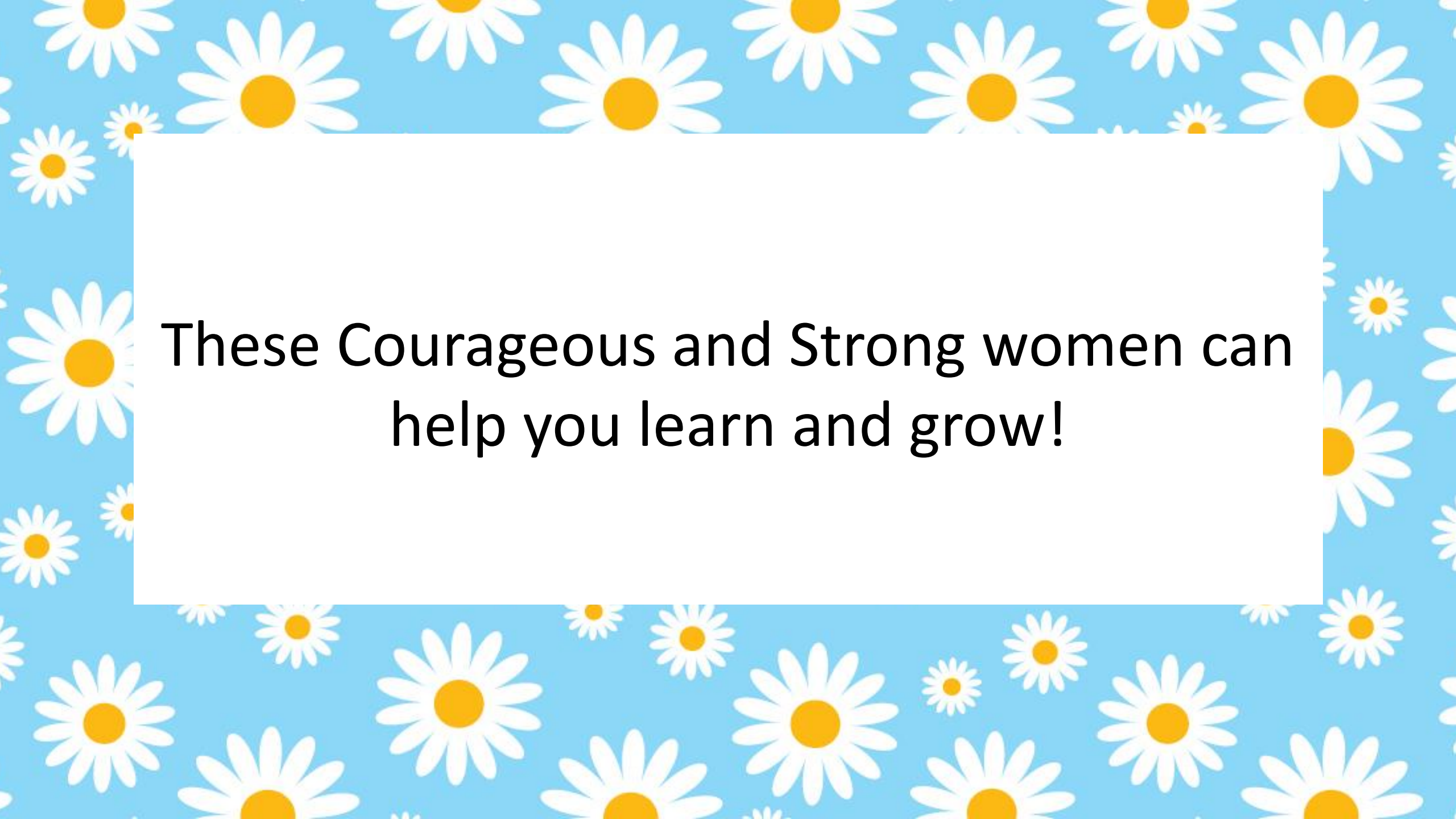


Activity Time!

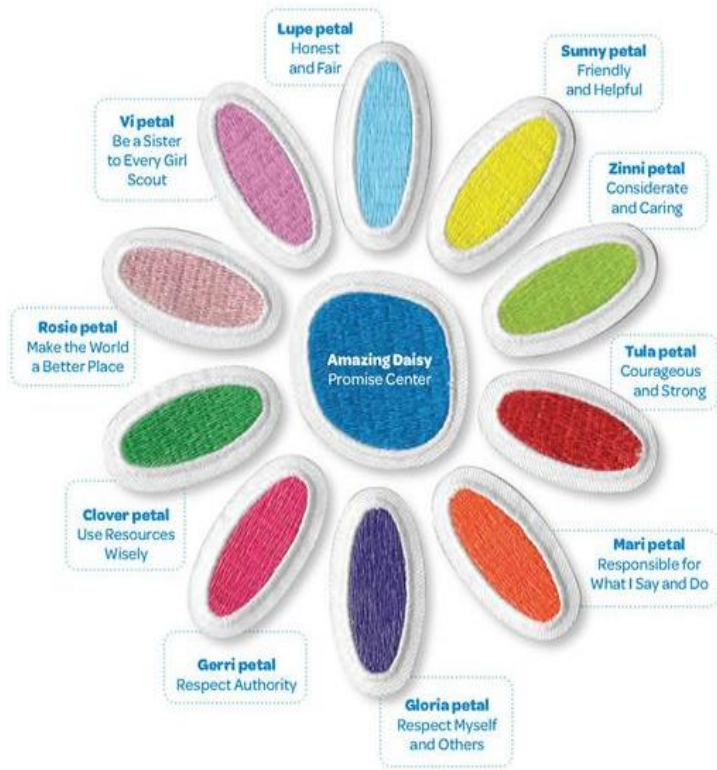
It's drawing time! Think of at least three women that you know who you think are Courageous and Strong!

Draw each woman on a piece of paper.

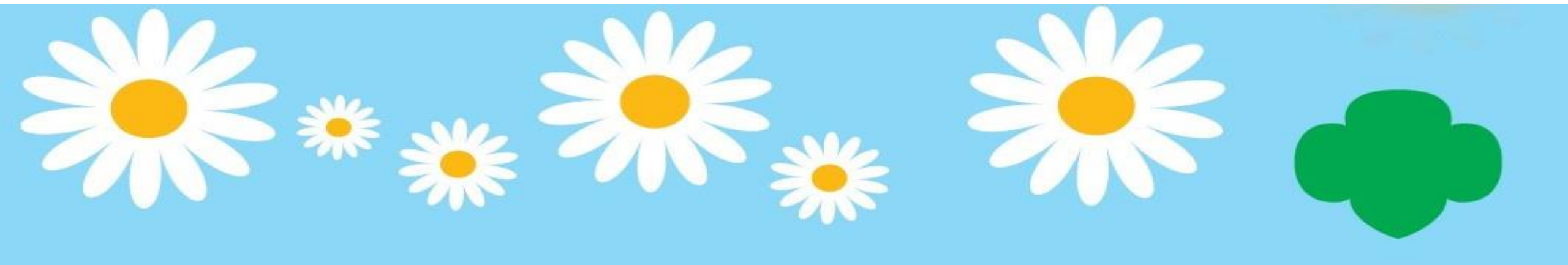
Tape those pictures up somewhere in your house to remind yourself of the Courageous and Strong women in your life!



These Courageous and Strong women can
help you learn and grow!



Congrats!
You've
earned the
Tula petal!





Join now at www.gsep.org

**Sign up
and take
adventure
to the
next level!**

