



# CAMP MOSEY WOOD

## OPEN HOUSES

Sunday  
May 16, 1 to 4pm

Sunday  
June 20, 1 to 4pm

Camp Mosey Wood is located on 425 scenic acres in the Pocono Mountains. Campers enjoy a wide variety of activities including swimming and boating on the 13-acre lake, adventure sports on a high ropes course and climbing wall, and hiking on miles of trails in camp and to nearby attractions Split Rock and Boulder Field. Girls will bring home a special memory of floating her "candle boat" on Mosey Wood Pond during the Thursday night Wishing Candles Ceremony.

## Half-week Programs

COST: \$160

Perfect for girls entering grades 1–3 who are ready to explore their first overnight camping experience. Programs combine themed projects and traditional camp activities, to acclimate girls by letting them do what they already love, and introducing new interests that will keep them coming back for more!

Themes for all Half-week Programs correspond to One-week Program descriptions below. Campers attending Half-week programs do not earn Brownie Try-its.

### June 27–29

Art To Wear

### July 4–6

Ooze and Gooze

### July 11–13

Bakers Bunch

### July 18–20

Outdoor Adventure

### July 25–27

Little Mermaids

### August 1–3

Where the Wild Things Are

### August 8–10

Under The Big Top

## One-week Programs

### FOR GIRLS ENTERING GRADES 2–3

#### Art to Wear

June 27–July 2

COST: \$280

EARN: Art to Wear Try-It

Get crafty! Campers design and tie-dye T-shirts, experiment with face paint, and make bracelets.

#### Baker's Bunch

July 11–16

COST: \$275

Get cooking! Perfect for girls who love to experiment in the kitchen. Campers learn to cook over a campfire and work alongside our camp cooks to get a taste of food preparation for lots of people! Girls also create recipe books to take home.

#### Little Mermaids

July 25–30

COST: \$275

EARN: Water Everywhere Try-It

Where are the Little Mermaids? Swimming, of course! Girls get extra time in the water for swimming and games, and enjoy a picnic on the beach.

#### Activities

Aqua Tower (Blob) and Canoeing

Kayaking and Sailing

#### Prerequisites

Successful completion of American Red Cross Level 2 swimming instruction.

Successful completion of, or current enrollment in, American Red Cross Level 4 swimming instruction, AND successful completion of an endurance test.

*The endurance test consists of swimming the length of the swimming area twice, fully clothed, and treading water for two minutes.*

### Ooze and Gooze

July 4–9

COST: \$275

Eureka! Girls discover the science of fun making goo, playdough, bubbles, lava lamps, and experiment with a world of other wacky, weird and wonderful experiments.

### Outdoor Adventurer

July 18–23

COST: \$275

EARN: Outdoor Adventurer Try-It

Calling all Adventurers! Perfect for girls looking to discover or who already love all that camp has to offer—cookouts, hiking, swimming, arts and crafts, boating, games and more!

### Under The Big Top

August 8–13

COST: \$275

This camp is for the clowns! Girls enjoy a week of exciting and zany activity, which caps off with a camp carnival—complete with balloon animals, face painting, games, and a counselor dunk-tank!

### Where the Wild Things Are

August 1–6

COST: \$275

Girls who enjoy the outdoors and the creatures that live there will explore Mosey Wood to discover what plants and animals live at camp. Girls also enjoy crafts, swimming, boating and other camp favorites.

### FOR GIRLS ENTERING GRADES 4–5

#### All About Art

July 4–9

August 1–6

COST: \$285

EARN: Art in 3-D Badge

Budding artists will experiment with abstract techniques, sculpture, origami—and even mobiles. Girls take home many projects to decorate their rooms.

#### Be Green

July 11–16

COST: \$275

Girls Go GREEN! Campers discover ways they can help protect the environment, connect with others who share their interest, and take action to encourage others to do the same—all to make and keep the world a better place to live.

### For Girls Entering Grades 6–12

Each week, Mosey Wood campers have the option to participate in a guided rafting trip on the Lehigh River for an additional \$35 dollars. Further information is included in the camp confirmation packet.



### Beach Party

August 8–13

**COST:** \$275

Surf's up! Girls enjoy sand castles, water games, swimming, and plenty of time to lounge at Mosey Wood Beach. A lakeside cookout completes the week!

### Bull's Eye

August 1–6

**COST:** \$275

Girls who like archery will be right on target with this week of camp! Campers test and improve their skills and focus, learn the proper care of equipment, and compete in an archery tournament.

### Can U Canoe

July 18–23

**COST:** \$275

**EARN:** Small Craft Safety Badge

**PREREQUISITE:** See p. 31

With plenty of time on Mosey Wood Lake, girls practice and improve their canoeing skills. Campers swamp a canoe and paddle across the lake on a wonderful overnight excursion!

### Hotwheels

July 11–16

**COST:** \$280

**PREREQUISITE:** Girls must bring a fat-wheeled mountain bike and helmet to camp.

Great for girls who like to bike and 'blade! Hotwheelers ride around camp to get ready for their off-site biking trip on the Lehigh Gorge, and spend time rollerblading on-site—complete with a skating party!

### Kayak – itty – yak

July 11–16

**COST:** \$275

**EARN:** Small Craft Safety Badge

**PREREQUISITE:** See p. 31

Girls learn basic paddling and control techniques for kayaking. Campers explore the lake and the overflow—paddling all the while!

### Masterpiece Makers

July 18–23

**COST:** \$295

**EARN:** Making Hobbies Badge

Girls learn new hobbies and improve upon their favorites. The result: beautiful, take-home creations! Campers can choose from jewelry making, knitting, sketching, photography, painting, decoupage, weaving, sewing and T-shirt design.



### Night Owls

June 27–July 2

August 1–6

**COST:** \$275

**EARN:** Sky Search Badge

SLUMBER PARTY! Girls stay up late and sleep-in to explore the night. Star-gazing, night hikes and an all-night turkey roast are just a few of the things that only happen after dark. (Night Owls still see the light of day to enjoy other traditional camp activities!)

### Outdoors & S'mores

June 27–July 2

July 11–16

July 25–30

**COST:** \$275

**EARN:** Outdoor Fun Badge

Perfect for girls looking to discover or who already love all that camp has to offer—cookouts, hiking, swimming, crafts, archery, boating, sports and more!

### Rock On

August 8–13

**COST:** \$280

What's more fun than getting down and dirty? Girls enjoy the dirtier side of camp—playing with mud, making goo, and exploring the banks of the lake for creatures that thrive there. Campers go off-site for a water hike that includes a scenic waterfall!

### Shipwrecked

July 18–23

**COST:** \$275

Ahoy, Mates! Campers are in store for plenty of swashbuckling fun recovering from their mock shipwreck along the shores of Mosey Wood Island. Girls learn basic survival skills, hunt for the Mosey Wood treasure, and take part in an all-camp Pirate Hunt. The week culminates with counselors walking the plank after their capture!

### Slimy Science

August 8–13

**COST:** \$275

Science is a blast! Girls experiment with everyday ingredients for some fun and ... well, interesting mixtures. Scientists create slime, playdough, goo, and—EWWW!—snot!

### Sporty Girl

June 27–July 2

**COST:** \$275

**EARN:** Fun and Fit Badge

Active girls and sportsters will enjoy basketball, rollerblading, archery, volleyball, hockey, lacrosse, swimming and more!

### Spy Camper

July 25–30

**COST:** \$275

**EARN:** Creative Solutions Badge

It's a mystery! As investigators, campers gather evidence, interview witnesses and build their case to solve it!



## Wilderness Chefs

July 25–30

COST: \$275

Campfires and cookouts are where it's at! Chefs learn new cooking techniques, compile recipes for their original outdoor cookbook, and prepare many of their own meals. For some welcome time away from the heat, campers take some meals in the dining hall!

## X Marks the Spot

July 4–9

COST: \$275

EARN: Finding Your Way Badge

This introductory session teaches girls to use a compass to orienteer. With new skills, explorers get more technical using the Global Positioning System to locate geocaches hidden throughout the camp!

## FOR GIRLS ENTERING GRADES 6–8

### Art-tastic

August 1–6

COST: \$285

Girls who enjoy time being creative will like this week at camp. Crafty campers spend the week making jewelry, wire sculptures and a basket, and screen-printing a shirt. While much time is spent making crafts, girls have time to enjoy all that Mosey Wood has to offer.

### Backpack Primer

July 25–30

COST: \$275

**PREREQUISITE:** No prior experience is necessary, but campers must bring well-fitting, broken-in hiking boots, and be in good physical condition. Framed backpacks are available at camp, or girls may bring their own.

Get ready for the big trips! Girls learn the basics of backpacking, hiking safety, and cooking on the trail. Backpackers spend a day and night out on the trail, which could lead to backpacking enjoyment for the rest of their lives.



### Boat A Rama

June 27–July 2

August 8–13

COST: \$275

PREREQUISITE: See p. 31

Paddle, row, canoe, and kayak! Mosey Wood has them all! Girls of all skill levels—including beginners—can get their feet wet with any of the water craft, or build and improve upon their skills.

### Café MW

August 1–6

COST: \$280

EARN: Creative Cooking IPA

Cooking al fresco! Outdoor chefs-in-training cook over a fire, in a box oven, and with other outdoor techniques. Girls experiment with food from different cultures, invent new recipes for a classic dish, and spend time with camp chefs to cook up a treat for everyone at Mosey Wood.

### Choose Your Own Adventure

June 27–July 2

July 11–16

July 25–30

August 8–13

COST: \$275

Perfect for adventurous girls looking to discover camp, or who already love everything it has to offer! Campers pick their own adventure each day—from the high ropes course or the climbing wall, from boating to archery, from swimming to hiking, and more. It all adds up to the ultimate adventure!

### Club Mo Wo

July 11–16

COST: \$275

Summer time ... and the living is easy. Girls relax with swimming, safe sunbathing, boating and yoga, and get the latest scoop on taking care of their teenage minds, bodies and souls. Campers learn

about natural cosmetics, proper nutrition, health and fitness, and hair care.

### Day Hiker

August 8–13

COST: \$275

PREREQUISITE: Campers must bring well-fitting, broken-in hiking boots, and be in good physical condition.

Their boots are made for walking! Each day, girls set out for a new destination on-site and learn the basics of hiking and outdoor equipment. The week culminates with a day-trip off-site to explore the beautiful Pocono Mountains.

### Fun 4 Sail

July 4–9

COST: \$275

PREREQUISITE: See p. 31

What do a bilge, boom, daggerboard, gooseneck and a guy have in common? Girls spend a week on the lake, learning how they're all part of

“I got more than  
I wanted out of camp.”

—‘09 GSEP CAMPER, Grade 4–5

sailing. Perfect for beginners and seasoned helmswomen—and even salty dogs!

### Go Green

July 18–23  
COST: \$280

Girls Go GREEN! Girls make reusable grocery bags, learn about the ecosystem and how to cultivate a garden, and visit a local farmers market to buy food for a cookout.

### Hide and Go Seek

July 11–16  
COST: \$275  
EARN: High Tech Hide and Go Seek IPA

It's a high-tech treasure hunt! Using a GPS unit to geocache on- and off-site, girls create their own geocache for future campers to find at Mosey Wood. Appropriate for all skill levels.

### Mega Swimmers

July 11–16  
COST: \$275

Calling all swimmers! Dive into a wet and wild week at Mosey Wood. With extra time at the lake, girls get more instruction to improve swimming strokes and free time to splash around with friends. Girls have the chance to do the MEGA SWIM—once across the lake and back!

### Midnight Madness

July 4–9  
July 25–30  
COST: \$275

It's after midnight! Girls stay up late and sleep-in to explore the night. Star-gazing, night hikes and an all-night turkey roast are just a few of the things that only happen after dark. (Girls still see the light of day to enjoy other traditional camp activities!)

### Road Trip

June 27–July 2  
July 25–30  
COST: \$375

Time for a road trip! A series of one-day trips is the perfect way to explore the Pocono Region. Girls raft on the Lehigh River, explore an old jail in the borough of Jim Thorpe, shop the outlets, and spend a day at Knoebels Amusement Park.

### Vertical Limits

July 4–9  
July 18–23  
August 1–6  
COST: \$275

Girls tackle all the high adventure that Mosey Wood has to offer—sharing a meal atop Jacob's Ladder, working as a team to conquer challenges, going it alone on the rock wall, and with an ultimate test on the high ropes course (with plenty of support from above and below!)



## FOR GIRLS ENTERING GRADES 9–12

### Choose Your Own Adventure

July 4–9

COST: \$275

Perfect for adventurous girls looking to discover camp, or who already love everything it has to offer! Campers pick their own adventure each day—from the high ropes course or the climbing wall, from boating to archery, from swimming to hiking, and more. It all adds up to the ultimate adventure!

### Extreme Adventure

June 27–July 2

July 11–16

COST: \$275

Camp? Routine? Not here! Extreme Adventure presents girls with a series of mental and physical challenges! Activities include the climbing wall and the high ropes

course—and extreme versions of archery and basketball!

### Humming Birds

August 8–13

COST: \$300

The camp comes alive with the sound of music! Girls learn campfire songs—and can even compose their own song to share with other campers during CMW's traditional Wishing Candle ritual. The week includes a day-trip to Musikfest in Bethlehem!

### Midnight Madness

July 25–30

COST: \$275

Every creature is stirring this week! Girls stay up late to explore the night, then sleep-in the next morning. Night hikes, star-gazing, dance parties, and an all-night turkey roast are just a few of

the things that only happen after dark. (Girls still see the light of day to enjoy other traditional camp activities!)

### MW Makeover

July 18–23

COST: \$275

Girls who know and love Mosey Wood make a difference at camp—working on trails, painting buildings, and tackling other projects to spruce up the site. Work hours may be applied toward volunteer and community service programs at school. (All work and no play? No way! Campers have plenty of time for traditional activities including swimming, boating, crafts, archery, climbing and more.)



## On Canvas

July 11–16

COST: \$285

It's a creative explosion! Girls paint, draw, sculpt, make jewelry and more to express themselves artistically. Get ready to make some masterpieces!

## Paddle Power

August 1–6

COST: \$275

PREREQUISITE: See p. 31

Paddle, row, sail, canoe, and kayak! Mosey Wood has them all! Girls of all skill levels—including beginners—can get their feet wet with any of the water craft, or build and improve upon existing skills.

## Two-week Programs

*NOTE: Girls spend the weekend at camp.*

### FOR GIRLS ENTERING GRADES 4–5

#### Explorers

June 27–July 9

COST: \$560

EARN: Rocks Rock and Hiker Badges

Head for adventure! Explorers hike, rock climb, cook outdoors, learn and practice camp craft skills and day-trip to dig for fossils—all in preparation for a one- to two-day, overnight backpacking trip off-site!

#### Lights, Campfire, Action!

July 18–30

COST: \$570

Who's got talent? Girls can share and practice their singing, dancing, acting, magic, and other talents for an all-camp

performance—and they're the stars! This two-week preparation includes a trip to a local theater performance, and a chance to meet the actors back-stage.

### FOR GIRLS ENTERING GRADES 6–8

#### Hanging Around

July 18–30

COST: \$570

EARN: High Adventure IPA  
PREREQUISITE: Campers must be in good physical condition and have some experience with rock climbing.

Girls spend two weeks improving their climbing skills—conquering the ropes course and the climbing wall before tackling more technical challenges at nearby Split Rock Resort and Ralph Stover State Park.

“ I got a lot of memories and friends. ”

—'09 GSEP CAMPER, Grade 6–8

### Mosey Wood Adventure

June 27–July 9

August 1–13

**COST:** \$560

For some campers, one week is never enough! MW Adventurers enjoy all the activities they love—hiking, cookouts, crafts, swimming, boating, games and sports—and day-trip off-site to explore the scenic Pocono Mountains.

### Set Sail

July 18–30

**COST:** \$570

**EARN:** Smooth Sailing IPA

**PREREQUISITE:** See p. 31

Jibe-O! Girls spend a week at camp learning to rig, navigate, and captain a Sunfish—all the skills needed to sail. On Week Two, girls set sail on other nearby lakes to master their technique. Sailors work towards or earn Red Cross Small Craft Safety: Sailing Certification.

### FOR GIRLS ENTERING GRADES 9–12

### Canoe Tripper

June 27–July 9

**COST:** \$620

**PREREQUISITE:** See p. 31

Can you canoe? Want a bigger adventure? This is it! Girls learn, practice and perfect canoeing techniques on- and off-site, and enjoy a two- to three-night trip on the Delaware River. Canoers work towards or earn Red Cross Small Craft Safety: Canoeing Certification.

### Kayaking

August 1–13

**COST:** \$620

**PREREQUISITE:** See p. 31

Girls spend two weeks improving and mastering kayaking skills, learning new strokes and rescue techniques, and taking two trips down the Lehigh—one rafting, and another in inflatable kayaks!

Kayakers work towards or earn Red Cross Small Craft Safety: Kayaking Certification.

### On the Loose

August 1–13

**COST:** \$570

**EARN:** Backpacking IPA

**PREREQUISITE:** No prior experience is necessary, but campers must bring well-fitting, broken-in hiking boots, and be in good physical condition. Framed backpacks are available at camp, or girls may bring their own.

After several days of learning basic backpacking and wilderness survival techniques, girls head for adventure two- to three-night trip—with nothing but the supplies on their backs.

“The counselors were all kind and nice... I loved them!”

—‘09 GSEP CAMPER, Grade 4–5

### Pocono Extravaganza

June 27–July 9

August 1–13

**COST:** \$720

Two weeks of Pocono adventure and sight-seeing! Through a series of day-trips, girls raft on the Lehigh, bike in the gorge, take a mule ride, visit Bushkill Falls, taste-test at a pretzel and candy shop, shop the outlets in Tannersville, and spend a day at a water park. Whew!

### Rock & Roll

July 18–30

**COST:** \$615

**EARN:** Paddle Pole and Roll IPA

**PREREQUISITE:** See p. 31

Step it up! Rock climbing and kayaking combine for a dynamic duo of adventure. After mastering climbing techniques on the rock wall at camp, girls tackle new challenges on rock faces off-site. When they're not in the air, they'll be paddling by kayak—first on Lake Mosey Wood, then on a guided tour down the Lehigh River.

## Three-week Programs

### Adventure Bound

July 11–30 (*Girls stay at camp for the full three weeks; no weekends are spent at home.*)

**COST:** \$850

**EARN:** Camping IPA

**PREREQUISITE:** See p. 31.

No prior backpacking experience is necessary, but campers must bring well-fitting, broken-in hiking boots, and be in good physical condition. Framed backpacks are available at camp, or girls may bring their own.

For girls who enjoy rock climbing, backpacking and canoeing, this is it! On-site practice in canoeing on the lake, climbing on the rock wall, mastering the high ropes course, and the basics of backpacking and primitive camping get adventurers ready for a series of off-site trips.

