

Dear Girl Scout Volunteers,

Welcome to the third leadership Journey! *It's Your Story—Tell It!* introduces a storytelling theme in a fun and relevant manner so that girls may better understand themselves and their potential. Building a strong sense of self is the underlying goal of the series, which was made possible in part by a generous grant from the Dove Self-Esteem Fund.

When girls hear, share, and build their own stories, they gain confidence and see that they can make a difference in their own lives and the lives of others. Girls develop and gain self-esteem and confidence through taking action and trying new things. The goal of this journey series is to get girls active, to get them doing things that build their skills and let them accomplish goals, whether personal or project-related. Girls want to do things and it is by doing that they derive their greatest sense of accomplishment.

The Journey 3 activities get girls moving and thinking in creative and physically challenging ways, through role-play. This allows them to become comfortable and competent as they take part in real-life, age-appropriate social situations. Through recipes and general health and well-being content and discussion, this Journeys program helps develop healthy attitudes toward physical, social, and emotional health.

Woven into each grade-level Journey are activities and discussions designed to get girls thinking critically about the media, including its portrayal of girls and women. *It's Your Story—Tell It!* offers a comprehensive, multidisciplinary approach to building leadership and self-esteem for the girls.

EXPLORE A THEME

Each of the three leadership Journeys invites girls at each grade level of Girl Scouting to explore a theme through many experiences and from many perspectives. In this way, girls build leadership skills and confidence as they gain new skills and knowledge, and widen their view of the world. Each Girl Scout Journey features a book for girls and a guide for the adults who partner with the girls in a group setting. Girls can now choose from three themes including, *It's Your World—Change It!*, *It's Your Planet—Love It!*, and *It's Your Story—Tell It!*

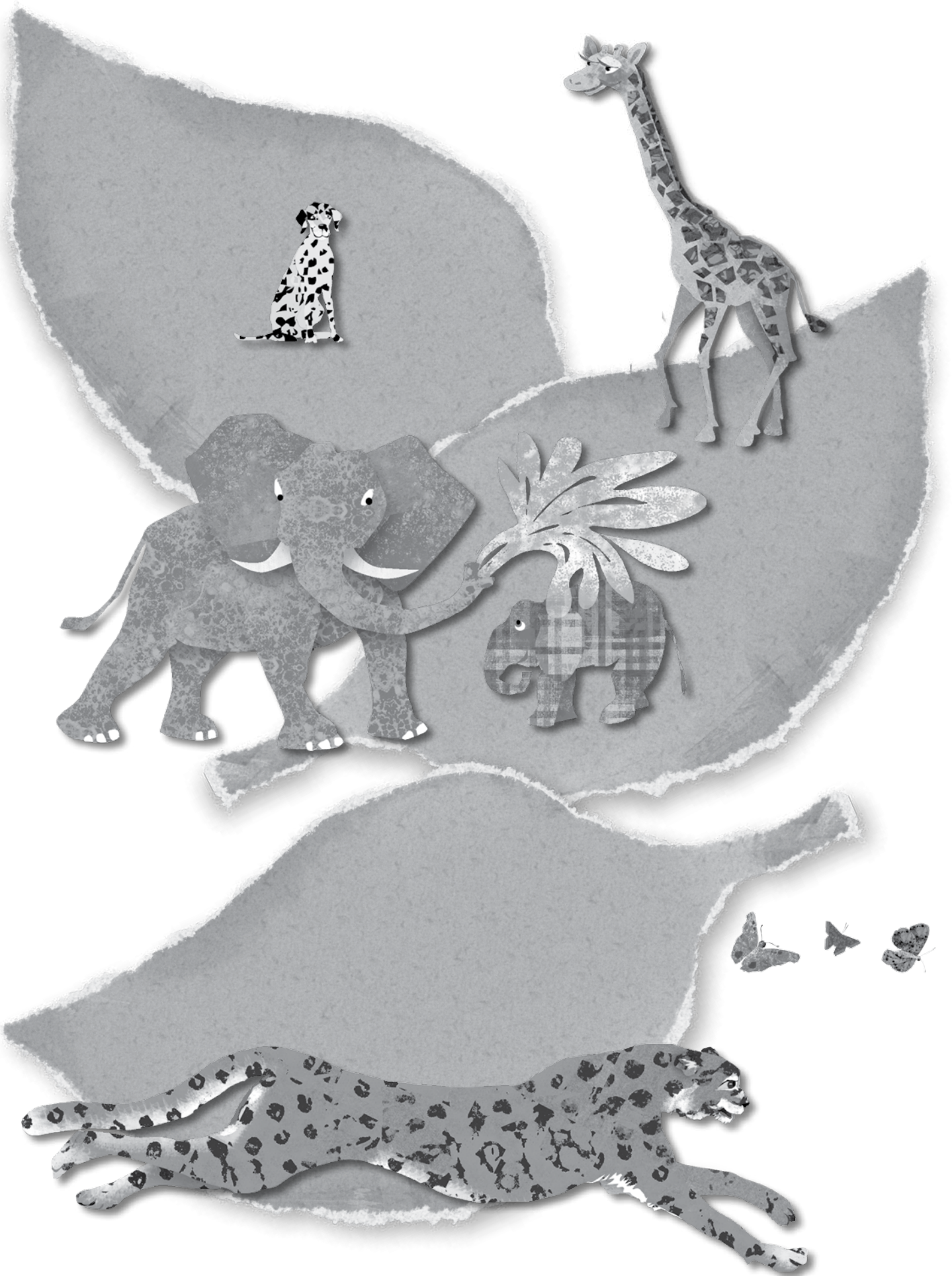
Girl Scouts of Eastern Pennsylvania developed the Journey Toolkits to support the work you do with your girls. Each toolkit (Journey 1, 2,3) has an intro to the themes and awards for each, as well as detailed meeting planning help.

JOURNEY TOOLKIT HOTLINE

In addition to the Toolkits, call or email the Journey Toolkit Hotline at 1.800.355.3847, ext. 1459 or 484.920.3055 or journey@gsep.org. Your call will be returned within 24 hours with help and suggestions about facilitating Journeys!

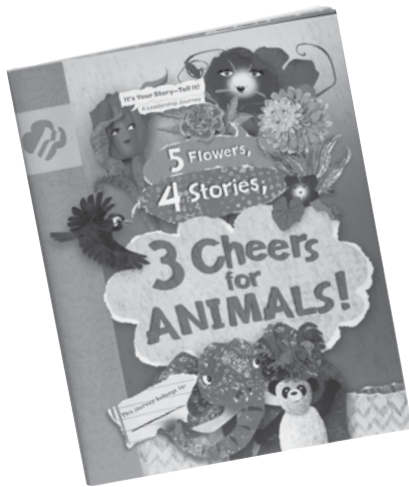
We are thankful for all you do to support Girl Scout mission of building girls who lead with courage, confidence and character to make the world a better place.

—Girl Scouts of Eastern Pennsylvania



Welcome to Girl Scout Daisies

How to Guide Girl Scout Daisies Through
5 Flowers, 4 Stories, 3 Cheers for Animal
It's Your Story—Tell It! A Leadership Journey



This Girl Scout leadership journey is part of a series that invites girls into the fun and friendly world of storytelling. Throughout this journey, the Daisies hear the flower friends' stories and tell their own stories. A story time is built into each sample session, so invite a range of guests to serve as readers—older girls, family members and professionals in the community.

Stories + Creativity = 2 Fun Ways to Build Girls' Confidence as leaders

WELCOME TO THIS AMAZING ANIMAL ADVENTURE

Creative Expression is one of the best ways to strengthen young girls' self-esteem. So along this journey, the Daisies create and add to three big animal-themed projects built right into the sessions.

1 TEAM ANIMAL MURAL

can also serve as a color backdrop for the Daisy gathering. Bring it back out for the final ceremony, or present it to incoming Daisies as an invitation to this animal-filled journey.

2 TEAM BIRDBATH

stores all the animal-care ideas the girls learn along the journey.

3 ALL ABOUT ME NESTS

gives each girl a place to keep items that show how she cares for herself on this journey and in life.

These projects let the Daisies express themselves and experiment, lift up one another through encouragement and teamwork and have fun and let their creativity flow!

What Girl Scout Daisies Can Earn...

Along the way, Girl Scout Daisies earn petals and Leadership Awards— plus they will now have the opportunity to earn Financial Literacy and Cookie Business “LEAVES”. (See graphic on p. 5)

3 LEADERSHIP AWARDS—ONE COLORFUL PATCH!

The three awards that girls earn on this journey fit on a colorful garden patch background that can be placed on the Daisies’ tunics—wherever they like.

Birdbath Award

What it means for Daisies: They can say: “Animals need care; I need care. I can do both.”

How Daisies earn it: They name one way they can care for animals and one way they can care for themselves. (Sessions 1–3)

When Daisies receive it: Session 4

Red robin Award

What it means for Daisies: They can use their new knowledge and creativity to teach others how to care for animals.

How Daisies earn it: They choose animal care tips to share with others and then tell this “story of animal care” in a creative way with a Red Robin Project (Sessions 4–8)

When Daisies receive it: Session 9

Tula Award

What it means for Daisies: They have gained courage and confidence in teaching others about animal care.

How Daisies earn it: They share with one another the good feelings they experienced as they taught others in their community about animal care.

When Daisies receive it: Final Celebration

Other Thoughts or Helpful Hints

- Every session in this journey has been created to help girls become confident leaders – in their own lives and in the world. The activities give you, the leader the opportunity to give the girls the chance to lead, team up and learn by doing!
- There are sample Daisy meetings provided in the Journey Toolkit for the first two journeys. You can find them at www.gsep.org (click on for Volunteers and you will see it there). Meetings for this journey will be coming out before fall, once the new badge book becomes available.
- The focus of this journey is self esteem and helps each girl understand how she feels about herself, her abilities, her body and her capacity to seek and meet challenges in the world.
- Promote well-being along the journey! Girl Scouting is guided by a positive philosophy of inclusion that benefits all. On this journey, the various activities help the girls to increase their feelings of being powerful, capable, and strong as they enhance personal skills and develop new ones.
- In this journey, the flower friends tell stories of visits to their homelands. This is a great opportunity to explore various cultures, and invite guests to share about their homelands.

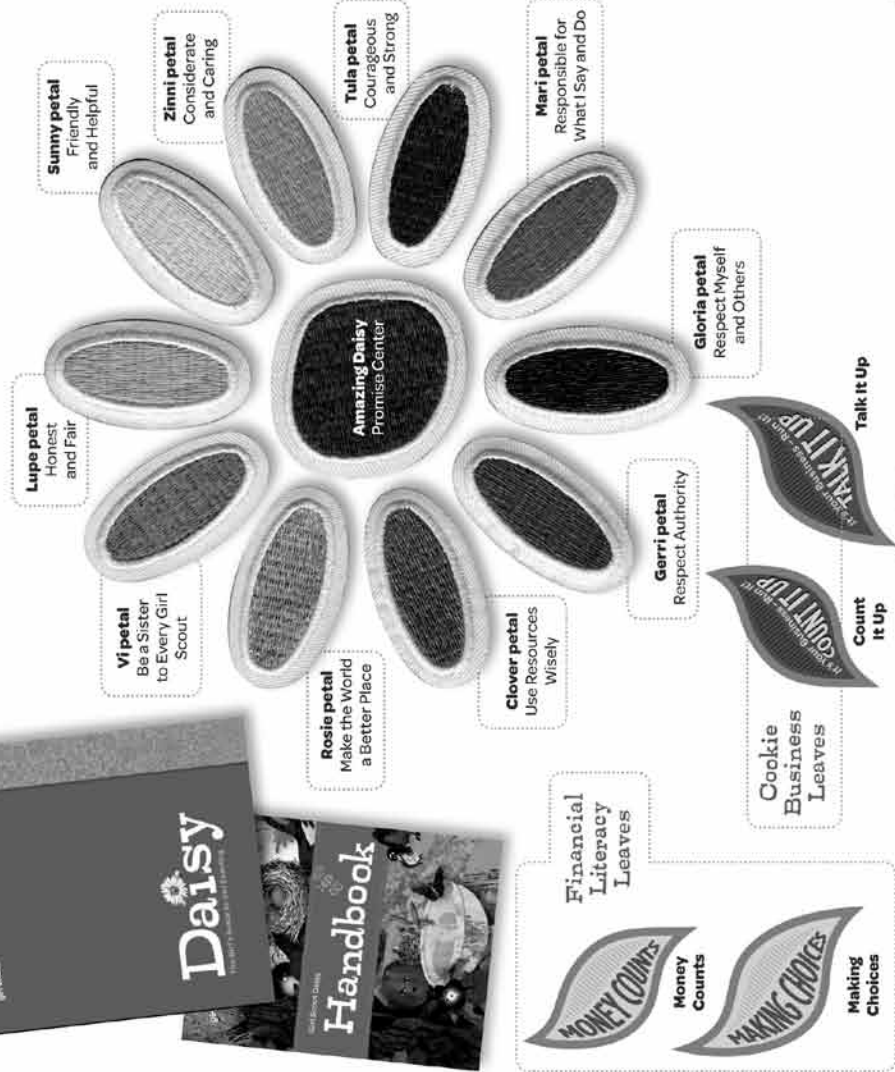
NATIONAL PROGRAM

What Daisies Do*

Choose a Journey



Use The Girl's Guide to Girl Scouting



* Remember to add in trips, outdoor adventures, the cookie sale and more! See Ideas in all the girl's books.

- It is recommended that each girl have her own copy of the journey book so she may personalize the book as she likes.
- Daisy age children love hearing stories in full, so consider reading the whole story at once and then go back to enjoy section by section.
- The creative activities throughout the adult guide encourage creativity, self-expression and teamwork.

POSSIBLE FIELD TRIPS AND COMMUNITY PARTNERS

- Field trip to the local animal shelter, farm or zoo.
- There are built in opportunities to invite guest readers into the friendship circle every week, so consider inviting older girls, family members, community members.
- Visit the community library and have a storyteller read to the girls. Or invite a storyteller to your gathering.
- Visit a nature center, bird sanctuary, nature science museum or a local park to enjoy a scavenger hike.
- Connect to the Mural Arts program in Philadelphia, or see if there is one in your town, and take a tour.

HOW TO PLAN JOURNEY ACTIVITIES

Please refer to pages 57 and 58 to see a sample of how to plan Journey activities. Use the blank form to start planning activities with your girls.

ADDITIONAL PROGRAMMING IDEAS FOR TROOP MEETINGS

- The first Daisy gathering can be a family kickoff event where everyone joins in to make the Team Birdbath. Use the Friends and Family Network letter found in your adult guide, to get things started, and build your volunteer support team!
- Daisies enjoy seeing you “perform”. Try telling stories with hand gestures, different voices for characters, and pauses for the Daisies to react to what is going on. This way, they will learn fun storytelling techniques that they can use when telling their own stories.
- Invite an artist to work with them on the Team Animal Mural and Team Birdbath.
- Create Animal sculpture from found objects—using twigs, stones, shells, bottle caps, paper packaging or anything you can find.
- Don’t forget to create handmade thank you’s for those who visit your gatherings, like your guest readers, who helped you along the journey.
- Do some of the activities at camp or a retreat instead of troop meetings.
- Have the girls interact with older girls who can provide a new perspective.

Take Action Project

All Journeys Guide Girls Through a Take Action Project. When girls pursue Take Action projects, they take time to identify and understand the root cause of the issue they are addressing. Girls also must make sure that each project is sustainable and that the impact is measurable.

SUSTAINABLE

Girls must make arrangements (such as collaborating with community leader and/or organization's; building alliance with mentors) to ensure that the project creates lasting change and is not a one-time event.

MEASURABLE

The success of the project can be determine based on the number of people the project helped, the number of people who were involved, any reduction in the community's need, and other concrete numbers.

TAKE ACTION PROJECT

A Take Action project picks up from where a short-term project leaves off. Here are three great examples:

- 1 Book of Clothing Drive** Make it a Take Action project by holding the drive annually and getting a sponsor to advertise and organize every year.
- 2 Graffiti Cover-up** Girls who paint a wall to cover up graffiti can create a club that travels around the city painting beautiful murals on buildings that have been defaced.
- 3 March or Fair** Girls who held a march or fair could expand the event to include community artisans and make it an annual gathering.

IS YOUR PROJECT A TAKE ACTION PROJECT?

Here is how you find out!

- YES! It addresses a need, immediate or otherwise
- YES! It addresses the root cause of the problem
- YES! It creates lasting impact in the community that can be measured
- YES! It includes provision to ensure sustainability long after the girl has finished her project



Daisy Journey Awards Record

Name: _____

Troop/Group Number: _____

Fill in the date completed and activities completed.

AWARD	ACTIVITIES COMPLETED	DATE COMPLETED
Watering Can Award		
Golden Honey Bee Award		
Amazing Daisy Award		

NOTES: