



**Adult Leadership Development Day**  
**March 3<sup>rd</sup>, 2012**  
**Spring-Ford 9th Grade Center**  
**400 S. Lewis Road; Royersford, PA 19468**  
**8:00 am to 5:00 pm**

**Welcome to Pot of Gold!**

Girl Scouts of Eastern Pennsylvania invites you to attend our premiere one day learning event for adult volunteers. Whether you are brand new to Girl Scouts or you have been a volunteer for a few years, we hope that you will enjoy perusing our terrific array of workshop opportunities! Take a look, select your workshops (please provide all four choices) and mail or fax your registration form today! First registered, first placed!



A few special notes about the day:

- **Registrations** will be accepted until **February 17<sup>th</sup>, 2012**. Confirmation of workshops will be emailed to all registrants on **February 24<sup>th</sup>, 2012**.
- The **Council Shop** is hitting the road! Place your orders now at the Valley Forge Retail Shop!! Journey Books, Girl Guides, Badges, Pins— anything we carry! Email your order to the Valley Forge Retail Shop at [sgonzales@gsep.org](mailto:sgonzales@gsep.org) or by calling 610-933-7555. You may also fax your order to 610-935-2714. Pre-orders will need to be **paid for in advance** and placed by noon on Friday, **February 24<sup>th</sup>, 2012**.
- **Please bring a bagged lunch!** No lunches will be for sale; however there are several locations for quick lunches nearby.
- If you are interested in **Carpooling** to this year's Pot of Gold event, please indicate your name, phone number, email, location and note if you need a ride or are able to provide a ride. We will send out an email list of everyone interested in carpooling. It will be your responsibility to contact someone in your area to arrange for a ride and make arrangements. Please put your email where indicated on the registration form.

***The Pot of Gold Committee and the Volunteer Management Staff  
look forward to seeing you at Pot of Gold!***

**Pot of Gold Mission Statement:**

**To afford leaders and adult volunteers the opportunity to participate in program, enhancement, and training sessions enabling them to understand and utilize the Girl Scout Leadership Experience with the girls of their troops/groups.**

# Pot of Gold Workshop Overview and Schedule

**Check-In**  
7:45-8:30am

**Opening Ceremony**  
8:30-8:45am

**Session 1**  
9:00-10:30am

**Session 2**  
10:45-12:15pm

**Lunch**  
12:15-1:00pm

**Session 3**  
1:15-2:45pm

**Session 4**  
3:00-4:30pm

**Closing Ceremony**  
4:45-5:00pm

**Patches**  
5:00pm

## SESSION 1

Code #	Workshop Name
101	Daisy Grade Level Essentials
102	Flat Juliette
103	Go For The Bronze!
104	Hands On Science
105	Stained Glass T-Shirts
106	SWAPS
107	Paper Bead Jewelry
108	Zip, Zap, Zoop
109	Someone in my Troop was Bullied!
110	Beaded Pins
111	Flower Power!
112	Step1: GS101 and Step 2: GSEP Volunteer Essentials
113	It's Your Story – Tell It!
114	Owl Pin Fabric Yo-Yo's with the Fashion Patrol

## SESSION 2

Code #	Workshop Name
201	Cadette Grade Level Essentials
202	Junior Grade Level Essentials
203	Go For The Silver!
204	Catholic Recognitions
205	Birds of a Feather
206	Geocaching
207	Weave a Tri-Angled Beaded Bracelet
208	Rhythm Games
209	Someone in my Troop is a Bully!
210	Getting the Help You Need: Recruitment Strategies for Leaders
211	Three Processes: One Great Program
212	Journey Toolkit Essentials
213	WOW! The World of Water Journey
214	Learn How to Make Your Own Stencil
215	Sewing Pillowcases for Charity

## SESSION 3

Code #	Workshop Name
301	Senior/Ambassador Grade Level Essentials
302	Outdoor 101 (part 1 of 2)
303	Go For the Gold!
304	Catholic Recognitions
305	Badge Marathon
306	Iron On Appliqué
307	Tree and Plant ID
308	Sing, Sing, Sing
309	Conflict Resolution
310	Expand Your Service Unit: Find New Helpers to do the Jobs
311	Three Processes: One Great Program
312	Fairy Beaded Bottles
313	Let's Take a Trip!
314	Stencil Your Own T-Shirt
315	Nutrition, Girl Scouts and You!

## SESSION 4

Code #	Workshop Name
401	Brownie Grade Level Essentials
402	Outdoor 101 (part 2 of 2)
403	Sidewalks to Treetops
404	Younger Girl Crafts
405	Stained Glass T-Shirts
406	Bookbinding 1953
407	Leave No Trace
408	Never Tell Games
409	Conflict Resolution
410	Outdoors With a Map!
411	Up in the Air!
412	Decoupage T-Lights
413	From Volunteer to Volunteer
414	Ignite!
415	Conduct a Camping/Outdoor Inventory



## POT OF GOLD COURSE DESCRIPTIONS (In alphabetical order)



### 110 **Beaded Pins** – Cyndi Mascibroda

Learn how to make fun, simple and exciting beaded pins that can be used for gifts, swaps and much more. This craft is adaptable to different grade levels based on the size of the pins and beads used.

*Bring: Needle nose pliers, reading glasses if you need them*

### 205 **Birds of a Feather** – Michele Burke

Birds of a Feather help each other through shared knowledge and experiences with the Journey Program, GSLE, badges and all that is new! Come network, share great ideas, learn new ideas for programs for troops and service units. (This is an informal sharing session, no program or presentations)

*Bring: your business card, best practices in your service unit/troop, ideas to share*

### 305 **Badge Marathon** – Michele Burke

Learn how to present, organize and run a Journey or Badge Marathon for your troop! A fun-filled 24 hours for the girls to earn badges or focus on a Journey in a fast based, energetic atmosphere. It is a great way to knock out Journey/Badge/IP requirements for Bronze, Silver, and Gold Awards

### 406 **Bookbinding 1953** – Barb DeSantis

What did Girl Scouts do in the 1950's to earn a badge? Look at the Bookbinding badge requirements from the 1953 Girl Scout Handbook and make a journal.

*Bring: Ruler, scissors, 2 pieces of medium weight cardboard (the back of a legal pad is perfect)*

### 109 **Bullying: Someone in my troop was bullied** – Cindy Sattizahn

What is a bully? What do you do if someone in your troop is being bullied? Learn general information about bullying behaviors and strategies to help girls who are bullied.

### 209 **Bullying: My troop has one!** – Cindy Sattizahn

Why is someone a bully? What makes a bully and why? Learn general information about being a bully, how to diffuse a situation and how to work with a bully to change behaviors.



### 204 **Catholic Recognitions Coordinator Training** – Pat Antonacci (Archdioceses of Philadelphia)

This is a preparation course for volunteers who are willing to undertake a special spiritual journey of faith with girls through programs from the Catholic Committee for Girl Scouts.

*Bring: \$8.00 book fee for facilitator – to be paid at time of class*

**304 Catholic Recognitions Coordinator Training** – Pat Antonacci (Archdioceses of Philadelphia)

This is a preparation course for volunteers who are willing to undertake a special spiritual journey of faith with girls through programs from the Catholic Committee for Girl Scouts.

*Bring: \$8.00 book fee for facilitator– to be paid at time of class*

**415 Conduct a Camping/Outdoor Inventory** – Peggy Labosh

How can you design outdoor activities to be interesting and challenging, and, at the same time, age appropriate and skill level appropriate? Developing and enhancing our skills and experiences in camping and the out-of-doors is a process of progression. This workshop is a MUST for any groups planning outdoor/camping activities in the next few months.

Please note: Completion of this workshop does not satisfy any of the GSEP Outdoor Training requirements.

*Bring: Note-taking materials and a piece of handmade camping equipment/gear/caper-chart if you would like to share*

**309 or 409 Conflict Resolution** – Cindy Sattizahn (two separate workshops)

Conflict happens. Tried and true strategies to resolve conflicts between girls, between leaders, and between adults will be discussed. Learn conflict resolution coaching and resolution techniques from an experienced Girl Scout volunteer!



**412 Decoupage Tea Lights** – Diane Nordmark

Girls love to make these beautiful globes for ceremonies or gifts. Each one turns out differently with the choice of paper used and most level of girls can handle these simple decoupage projects.



**310 Expand Your Service Unit: Find New Volunteers to do the Job** – Chrissy Mittura

Does your service unit need some new faces? Learn about ways to spread out the roles and get more involvement. Get new recruitment tactics to lead the ultimate service unit growth!



**102 Flat Juliette** – Theresa Santalucia

Flat Juliette? Who is that? Learn how to create and take Flat Juliette with you and your troop on all your 100<sup>th</sup> Anniversary Activities. It's fun, easy, and inexpensive. Honor our founder by including her in your troop activities!

*Bring: scissors, glue stick, ruler, and markers*

### **312 Fairy Beaded Bottles** – Diane Nordmark

Adorable bottles that can be used for tray favors, bud vases or just grace your windowsill. Each bottle has its own charm and personality and can be adapted to any age level.

*Bring: Wire tools if you have them: wire cutters, round or needle nose*

### **111 Flower Power!** – Elizabeth Kilcullen

Learn how to make flowers from paper, felt, and fabric with a few surprises thrown in! Make your own Daisy Flower Garden or flowers to accompany your troops' activities.

*Bring: Scissors (to cut fabric), fabric scraps, glue gun, hand towel to dry hands.*

### **413 From Volunteer to Volunteer** – Susan Donahue-Sinback

Learn some fun, easy and inexpensive ways to show appreciation to the volunteers in your service unit. Get ideas on engaging and inspiring leaders and other volunteers to create a sense of team, pride and inclusiveness.

*Bring: Glue gun, scissors, and ruler*



### **210 Getting the Help YOU Need: Recruitment Strategies for Leaders** – Chrissy Mittura

Do you need some more helping hands? Come brainstorm ways to get the adult help you need. Whether you're a fairly new leader or have been in the game for a while, come brush up your recruitment tactics for getting that much needed help!

### **103 Go For The Bronze!** – Sonia Foderaro

Junior Girl Scout leaders will learn how to help their girls review the steps needed to earn the Bronze Award. Learn how to help them explore their community and select a team. Includes project ideas and what to include in your Bronze Award plan

*Bring: Note taking materials*

### **203 Go For The Silver!** – Sonia Foderaro

Cadette Girl Scout leaders will learn how to help their girls review the steps needed to earn the Silver Award. Learn how to help them explore their community and select a team. Includes a few project ideas and what information to include in your Silver Award plan.

*Bring: Note taking materials*

### **303 Go For The Gold!** – Sonia Foderaro

Senior/Ambassador Girl Scout leaders will learn how to help their girls review the steps needed to earn the Gold Award. Learn how to help them explore their community and project advisor and leadership team. Includes some project ideas, what to include in their Gold Award plan including budget and timeline.

*Bring: Note Taking materials*

### **101 Step 3: Daisy Grade Level Essentials**

Come experience the new Grade Level Essentials course, just introduced at GSEP. This workshop will help the new leader understand the developmental characteristics, how to engage parents, and what resources are available to use.

*Bring: Journey book (adult and girl)*

### **401 Step 3: Brownie Grade Level Essentials**

Come experience the new Grade Level Essentials course, just introduced at GSEP. This workshop will help the new leader understand the developmental characteristics, how to engage parents, and what resources are available to use.

*Bring: Journey book (adult and girl)*

### **202 Step 3: Junior Grade Level Essentials**

Come experience the new Grade Level Essentials course, just introduced at GSEP. This workshop will help the new leader understand the developmental characteristics, how to engage parents, and what resources are available to use.

*Bring: Journey book (adult and girl)*

### **201 Step 3: Cadette Grade Level Essentials**

Come experience the new Grade Level Essentials course, just introduced at GSEP. This workshop will help the new leader understand the developmental characteristics, how to engage parents, and what resources are available to use.

*Bring: Journey book (adult guide and girl book)*

### **301 Step 3: Senior/Ambassador Grade Level Essentials**

Come experience the new Grade Level Essentials course, just introduced at GSEP. This workshop will help the new leader understand the developmental characteristics, how to engage parents, and what resources are available to use.

*Bring: Journey book (adult and girl)*

### **206 Geocaching - Barb DeSantis**

Learn about the new high-tech scavenger hunt called Geocaching! This is a worldwide activity that can be done anywhere with the help of a GPS unit. Have fun outdoors in your neighborhood, local park or camp!

### **112 Step 1: GS 101 and Step 2: GSEP Volunteer Essentials – Shawna DiFilippo**

Still trying to fit the first two step of your leadership training into your scheduled? This integrated workshop focuses on completing both and is a great way to set aside time to conquer these important steps of your volunteer experience!

*Bring: Note taking materials*



### **104 Hands On Science! – Nancy DeHaven**

Hands on Science experiments that will teach observation, prediction, and, of course, FUN! Gain new understanding of color, sound, air flow, water, etc.

*Bring: Foam egg carton*



#### 414 Ignite! – Tanya Couch

Did you hear the new Girl Scout song “Ignite” that was written for the 100<sup>th</sup> Anniversary of Girl Scouting? Did you know that there is a dance to go with the song? Did you know the song and dance is going to be highlighted at Rock the Mall? Start to learn the song and dance here. We won’t be able to get through the entire song but you will get a head start here and go home with the song/dance and tools to teach your girls!

*Bring: Wear comfortable clothing and sneakers*

**113 It’s Your Story-Tell It! and Legacy Badges for Brownies** – Amy Fields and Leslie Monahan  
Learn make and take activities to integrate the It’s Your Story-Tell It! Journey for Brownies and Legacy Badges.



#### 212 Journey Toolkit Essentials – Shawna DiFilippo

Have FUN organizing your troops Journey programs with confidence and success! A complete how-to plan for Journeys, tracking the girl awards, planning meetings, incorporating badges and traditions. The Journey Toolkit was developed by GSEP to help you get a better understanding of how the Journey Program benefits your troop and your girls!

*Bring: Note taking materials*



#### 407 Leave No Trace – Jennifer Smythe and Valerie Niedrist

What is Leave No Trace? How can you introduce this concept and way of life to your troop? Learn the philosophy and basics and ways to introduce LNT to your girls. Ideas on how to incorporate LNT into It’s Your Planet—Love It! Journey

*Bring: A sense of humor and a funny bone*

#### 313 Let’s Take a Trip! – Denise Kennedy

Get Ready! Permission, Safety Activity Checkpoints, insurance – oh my! Get set! Learn how to determine the purpose, planning, progression needed to take your troop on a trip. Go! Take your troop on local, regional and national destinations

*Bring: Volunteer Essentials, Safety Activity Checkpoints*



#### 214 Make Your Own Stencil – Tanya Couch

Stencil making is easy to learn and teach. Learn how to create your own custom stencil. Your stencil can then be used to enhance many things. It’s easy to learn and easy to teach your girls!

*Bring: Plain T-Shirt to Stencil*



### 408 **Never Tell Games** – Faith Koons

These games have a secret, but we'll never tell! Learn some fun games with unexpected twists or secret tricks that participants have to figure out on their own as they play.

### 315 **Nutrition, Girl Scouts and You!** – Angie Reimert

Local, sustainable creative ideas for food and meals, tools to give the girls for lifetime good nutritive habits, as well as debunking common nutritional myths, and specific info on allergies of all types.

*Bring: Scrapbooking supplies and/or "crafty" embellishments (for personal use)*



### 302 & 402 **Outdoor 101** (double session, must attend both) – Marj Eby

This is the first step in your outdoor training experience. Included in this course is information about safety, planning, progression, equipment, packing, how to register for a GSEP campsite, camp etiquette, and how to get along safely with the camp's permanent residents.

### 114 **Owl Pin-Fabric Yo-Yo's with the Fashion Patrol** – Karen Zimmerman

Learn how to stitch simple fabric Yo-Yo's and turn them into a fashion accessory. Find out more about the Fashion Patrol.

*Bring: Scissors for cutting thread*

### 410 **Outdoors with a Map! Orienteering vs. Geocaching** – Mary Frank

Learn how to read a map, discuss how to use one without a compass and learn about orienteering and Geocaching.



### 107 **Paper Bead Jewelry** – Audrey Schaeffer and Marie Lord

Learn how to create paper beads using ordinary paper, magazines, or origami paper and then design your own bracelet, earrings, or necklace.

*Bring: Ruler, scissors, clear nail polish*

### 215 **Pillowcases for the Sick and Elderly** – Barb Melnyk

Learn how to create simple colorful pillowcases to donate to children's hospitals or elderly patients. Easy service project for older girls. Suggestions on how and where to donate the pillowcases once completed.

*Bring: One yard prewashed and ironed cotton fabric, 1 spool of matching thread, straight pins and scissors. \*\*\*MUST be able to operate a sewing machine!*



## 208 Rhythm Games – Faith Koons

Learn how to teach girls several fun rhythmic games to play while camping or at a troop meeting using only your hands or cups while seated at a table



## 105 or 405 Stained Glass T-Shirts – Amy Hasselman (two separate workshops)

Learn how to make a goof proof, unique, and one of a kind t-shirt/sweatshirt/tote bag with a stained glass effect. This technique can be used on tote bags, aprons, or camp pj's (sweats). All age levels can enjoy this craft and create unique troop items.

*Bring: Dark colored T-Shirt (sweatshirt) with cardboard insert (to prevent bleed through)*

## 403 Sidewalks to Treetops – Lee Carr

Learn how to discover the wildlife and plants in your community-even if your community is a 'concrete jungle'. Help your girls discover nature around them.

*Bring: Note taking materials.*

## 308 Sing, Sing, Sing – Faith Koons

Have you ever seen a penguin drinking tea? Who Stole My Chicken? Learn a variety of silly songs, action songs, and some traditional Girl Scout songs and how to teach them to girls.

## 314 Stencil Your Own T-Shirt – Tanya Couch

Explore ways to use your own custom stencil to create unique T-Shirts and other items. Learn ways to adapt and modify the activity to appeal to girls of all ages. Get great tips and ideas on taking this activity back to your girls.

*Bring: T-Shirt to Stencil*

## 106 SWAPS – Barb DeSantis

Special Whatchamacallits Affectionately Pinned Somewhere...what they are, how to make 'em and how to trade 'em.

*Bring: scissors*



## 211 or 311 Three Processes, One Great Program – with Dale Moelter (two separate workshops)

GSUSA pilot training – here in GSEP just for you! How do you make Journey activities "Girl Led"? Grade level, experiential workshop designed to help you see how "learn by doing" and "cooperative learning" can be identified and supported by volunteers. Participants will be asked to complete a survey from GSUSA after the workshop and provided in return with a voucher good for one "Skill Building Activity Set" – available onsite at the GSEP Retail store.

*Bring: Journey books (adult and girl)*

## 307 Tree and Plant ID – Nancy Thompson

What Tree is that? Learn tree and plant identification so you can give your girls the ability to recognize and identify the trees they encounter in their neighborhood, the local park, or at camp. Learn how to create a "Human Tree"

*Bring: Be prepared to go outside*



**411 Up in the Air!** – Elizabeth Kilcullen

Science that flies, 'explodes', or is blown into the air. Create air bubbles, use air pressure and more to amaze and delight your girls

*Bring: Glue gun, hand towel, scissors for cutting heavy paper, pencil*



**207 Weaving a Tri-Angled Beaded Bracelet** – Marie Lord and Audrey Schaeffer

Learn how to weave a simple but attractive pearl bracelet. Once you try this pattern it's addictive and you will want to teach your girls and learn more patterns.

*Bring: Magnifying eye glasses (if you need them), small scissors--tiny beads and tiny needles will be used.*

**213 WOW! Experiments for an Amazing Journey** – Leslie Monahan and Amy Fields

Hands on ideas/lesson plans to include the new Brownie Skill Builder Badges into the It's Your World-Change It! Journey for Brownies. Make and take experiments that Discover and Connect to the World of Water Journey.



**404 Younger Girl Crafts – simple with no mess** – Nancy DeHaven

Do you need a simple craft for your meeting time? Do you want to have a take home reminder of the girl's experience at a meeting but you don't have time for paint or glue to dry? Fun, inexpensive and impressive ideas!

*Bring: Scissors*



**108 Zip, Zap, Zoop** – Faith Koons

Learn and play some fun ice-breakers and get acquainted games as well as additional silly games girls will enjoy.

# POT OF GOLD

Adult Leadership Development Day

March 3, 2012

Spring-Ford 9<sup>th</sup> Grade Center

400 S. Lewis Road; Royersford, PA 19468

8:00 am to 5:00 pm

*Please print your name as you would like it to appear on your name tag - no camp names, please*

**First name** \_\_\_\_\_ **Last name** \_\_\_\_\_

**Service Unit Name and/or #:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Day Phone:** \_\_\_\_\_ **Eve Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

\*confirmation and workshop assignments to be sent via email

(Please Circle) **Girl Scout Position:** Leader Co-Leader Other \_\_\_\_\_  
**Grade Level:** Daisy Brownie Junior Cadette Senior Ambassador

Is this your first Pot of Gold?  YES  NO How did you hear about Pot of Gold? \_\_\_\_\_

Do you want to be on the carpool list?  Need a Ride  Can Give a Ride

Will you be taking public transportation?  YES  NO

**Please bring a bagged lunch; *no lunches* will be for sale this year.**

Workshops: Please give your first four choices for each of the workshop sessions.

Choice- Use Code #'s	Session 1	Session 2	Session 3	Session 4
1 <sup>st</sup> Choice				
2 <sup>nd</sup> Choice				
3 <sup>rd</sup> Choice				
4 <sup>th</sup> Choice				

**Register now! Registration deadline is February 17, 2012.**

By completing and mailing your registration form early, your chances of being placed in your first choice workshop selection increases. It is *imperative* to list your 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> choices, so that in case your 1<sup>st</sup> choice is filled, you will still be placed in a workshop that interests you.

*Turn over to complete other side*

Payment Information

Event cost is \$20.00 which includes 4 workshops and a patch.

Fees are due in their entirety with your registration. Registrations without complete payment will not be processed.

- I have enclosed my check payable to GSEP
- Please charge my credit card (complete information below)

### Credit Card Charge Authorization Form

Credit Card (circle) VISA / MC / AmEx / Discover Card # \_\_\_\_\_

Expiration Date: \_\_\_\_ / \_\_\_\_ CW/CID code \_\_\_\_ (last 3 number of back of card)

Name as it appears on your card \_\_\_\_\_

Signature: \_\_\_\_\_

### ***SEND PAYMENT AND THIS FORM TO:***

Devon Miller, Girl Scouts of Eastern PA, PO Box 814; Valley Forge, PA 19482  
FAX: 610-935-2714

- Event fee is non-refundable once you are placed in the event. Your fee is not transferable to any other GSEP course or event. Registrants who are not placed in the event will receive a complete refund.
- You will receive your workshop assignments and other pertinent information via email prior to the event.

FOR OFFICE USE ONLY: Date processed \_\_\_\_\_

Registrant # \_\_\_\_\_ Committee \_\_\_\_\_ Presenter \_\_\_\_\_

Amount received \_\_\_\_\_ Check # \_\_\_\_\_

Credit Card? YES NO