

## GSUSA First-Aid and CPR Approved Providers

A First-Aider is an adult volunteer who has taken both First Aid and CPR training using Girl Scout approved providers, which include specific instructions for child CPR when appropriate. First-aid offerings listed in this chart have been approved by GSUSA and therefore are considered approved providers. GSEP offers First-Aider courses periodically throughout the year, however adult volunteers are encouraged to take advantage of trainings offered in their local community or by these approved agencies

**Caution:** Some First Aid and CPR training is available entirely online but does not satisfy Girl Scouts' requirements. Several of these sponsoring organizations offer a partially online course, with a face-to-face participant skills assessment. Such courses may be accepted as meeting the recommendations.

Upon receiving their certification, volunteers are asked to forward a copy of their certification card/certificate either by mail or e-mail to the Volunteer Management Coordinator, Teresa VanArsdale at [tvanarsdale@gsep.org](mailto:tvanarsdale@gsep.org).

For more information regarding what level of training is needed for different activities, and when it is needed, please consult the Safety Activity Checkpoints (found here, <http://www.gsep.org/volunteers/safety-activity-checkpoints.php>).

National First-Aid Programs Organization	Accepted First-Aid Courses	Additional First-Aid Courses**
<b>American Red Cross</b>	<ul style="list-style-type: none"> <li>Community First Aid and Safety including CPR</li> <li><b>OR</b> Standard First Aid including CPR Child Care (for Girl Scout Daisy leaders) including CPR</li> </ul>	<ul style="list-style-type: none"> <li>Sport Safety Training</li> <li><b>OR</b> Standard First Aid including CPR, plus First Aid, When Help Is Delayed,</li> <li><b>OR</b> First Aid Responding to Emergencies</li> <li><b>OR</b> Emergency Response*</li> </ul>
<b>American Safety and Health Institute</b>	<ul style="list-style-type: none"> <li>Basic First Aid plus CPR for School and Community or the Workplace</li> <li><b>OR</b> Basic Wilderness First Aid plus CPR for the School and Community or Workplace</li> </ul>	CPR Training and one of the following: <ul style="list-style-type: none"> <li>Wilderness First Aid</li> <li>Wilderness EMT Upgrade*</li> <li>Emergency Medical Response (EMR)</li> <li>Advanced First Aid</li> </ul>
<b>Emergency First Response</b>	<ul style="list-style-type: none"> <li>Primary Care (CPR) plus Secondary Care (First Aid)</li> </ul>	
<b>Medic First Aid International, Inc.</b> (Formally EMP America)	<ul style="list-style-type: none"> <li>Basic Plus CPR, AED, and First Aid for Adults</li> <li>Basic CPR and First Aid for Adults</li> <li>Pediatric Plus CPR, AED, and First Aid for Children, Infants, and Adults</li> <li>Pediatric CPR and First Aid for Children</li> <li>Care Plus CPR and Automated External Defibrillator (AED) for Adults, Children, and Infants</li> <li>Emergency Care First Aid</li> </ul>	
<b>National Safety Council</b>	<ul style="list-style-type: none"> <li>Standard First, CPR and AED</li> <li><b>OR</b> Pediatric First Aid, CPR and AED</li> </ul>	
<b>Stonehearth Open Learning Opportunity (SOLO)</b>		Any standard CPR with one of the following: <ul style="list-style-type: none"> <li>Wilderness First Aid (WFA)</li> <li>Wilderness First Responder (WFR)</li> <li>Wilderness Emergency</li> <li>Medical Technician (WEMT)</li> </ul>
<b>American Heart Association</b>	Heartsaver First Aid and CPR	For CPR Training
<b>American Academy of Orthopedic Surgeons</b>	CPR and First Aid Training	Wilderness First Responder
<b>EMS Safety Services</b>	<ul style="list-style-type: none"> <li>CPR and First Aid Training</li> <li><b>OR</b> Pediatric First Aid and CPR</li> </ul>	

\*These courses far exceed the requirements for Girl Scout first-aiders but may be used.

\*\*These additional First-Aid courses can serve as Wilderness First Aid (WFA) or Wilderness First Responder (WFR) training referenced in Chapter 4 of Volunteer Essentials. It is required to have someone trained in WFA or WFR when traveling with groups in areas that are greater than 30 minutes from EMS. Although standard first-aid training provides basic incident response, wilderness-rated courses include training on remote-assessment skills, as well as the emergency first-aid response, including evacuation techniques, to use when EMS is not readily available.

**Note:** The following healthcare providers may also serve as First-Aiders: physician, physician's assistant, nurse practitioner, registered nurse, licensed practical nurse, paramedic, military medic, and emergency medical technician. Simply send a copy of your certification to the Volunteer Management Coordinator, Teresa VanArsdale at [tvanarsdale@gsep.org](mailto:tvanarsdale@gsep.org).