

THINK Before You Post Girl Scout Patch Program



For: Brownies, Juniors, Cadettes, Seniors and Ambassadors

Objectives: Designed by Kayla Repasky, Miss Greater Carlisle 2018; This program was created to:

- To explore of the different types of bullying and cyber bullying,
- To develop ways to combat bullying and cyber-bullying,
- To learn how to be responsible and positive internet users,
- To promote character development through kindness and responsibility.

Activity Requirements:

1. All levels must visit www.thinkfirstamerica.com to take the THINK Before You Post Pledge
2. Identify and discuss your forms of bullying
3. Research bullying statics and share with your troop
4. Have Compliment Circle where you take turns saying something nice about your fellow scouts.
5. Write a story of a time when you said or thought something judgmental or when someone wrongly judged you.
6. Create a skit to role play different bullying situations and discuss how to handle the situations.
7. Make a collage of words that depict the negative affects of bullying.
8. Develop an Internet hashtag campaign against cyber bullying. (ex. #THINKBeforeYouPost)
9. Produce video on how to use social media in a positive manner. Share on various social media outlets.
10. Invite an expert on bullying and/or cyber bullying to speak to your troop.
11. Understand how social media sites can affect relationships and hurt others. With a group of your peers make a set of "Social Media Etiquette rules".
12. Host an anti-bullying event during October, which is National Bullying Month
13. Make a poster about bullying and display in your school, church or community organization.
14. Host an anti-bullying poster contest.
15. Research the anti-bullying and cyber-bullying laws in your state
16. Arrange a Kindness Day of Service project to give back to your community
17. Organize a community seminar about anti-bullying for parents and kids
18. Visit www.pacer.org and watch a video from their National Center for Bullying Prevention
19. Research 5 national and state statistics on bullying and cyber bullying
20. Create a brochure take you can distribute to your peers. Be sure to include:
Definition of cyber bullying, Information on the different forms cyber bullying can take, Statistics on cyber bulling, Steps for dealing with cyber bullies, including going to an adult for help.

Activity Minimum Requirements	
Brownie	8
Junior	9
Cadette	10
Senior/Ambassador	12

Completed the THINK Before You Post Patch Program? Email thinkfirstamerica@gmail.com with how many patches and the address you'd like them sent to!