

## **Olivia's Story – Overcoming Her Fears**

I am 12 years old, and this summer will be my sixth year at camp.

Camp Laughing Waters is one of my favorite summer experiences each year. At camp, I love to go horseback riding, do archery, high ropes, and a lot more camp activities. Camp is a place where girls can express their own opinions, learn new things, and enjoy camp traditions.

Something I learned at camp was getting over my fear of heights. This was a big phobia of mine, and the counselors at Laughing Waters helped me. Last summer, during my two weeks at the Katniss Kampers program, I had to do the high-ropes challenge course. As I mentioned, I am really afraid of heights. So, what happened? As soon as I climbed up, I climbed back down. But the counselors helped me and encouraged me to try again.

I climbed back up, and that time, I actually went through the entire course and conquered my fear. That's just one way camp has had an impact on me.

I believe that Camp Laughing Waters is a great place for girls who want to make friends, try new things, and, most of all, have fun.