

A PUBLICATION OF THE GIRL SCOUTS OF EASTERN PENNSYLVANIA

Speak

18 under 18

**GSEP's Girl Advisory
Committee speaks up
and speaks out**

2018 ANNUAL ISSUE

Ways to Shop



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Check out gsep.org/shop for store hours.

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To place your Mobile Shop order, download the order form at gsep.org and email it to retail@gsep.org. Attending a GSEP event? The Mobile Shop will be at many council functions! Check the Program Guide to see where we'll be next. Place an order via email before your event or visit the shop on-site to see all the latest goods!

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Browse shop offerings, uniforms, books, awards, Girl Scout gifts, and other Girl Scout items. You'll find something for every Girl Scout grade level or volunteer.

www.girlscoutshop.com

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Look for our monthly retail updates, events, and special offers in GSEP News. If you haven't subscribed yet, go to gsep.org and opt in to receive email updates from us.

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▲ on the cover

Photograph by Marco Calderon

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▲ program guide

Everything all in one publication! Flip this magazine over to read about all the fun activities happening this fall and winter!

spark

2018 annual issue

Spark is a publication of the Girl Scouts of Eastern Pennsylvania and is published yearly.

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NOTES from Kim



Kim E. Fraites-Dow
Chief Executive Officer
Girl Scouts of Eastern Pennsylvania



/KFraites



@KimFraitesDow



/kim.e.fraites

What we call ourselves tells the world who we are, what we do, and who is at the center of our work.

What's in a name? When it comes to Girl Scouts, nothing is more important. What we call ourselves tells the world who we are, what we do, and who is at the center of our work.

You, the girls.

Every day, we see Girl Scouts who stand up to bullying, protest gun violence in schools, and lead sustainable projects to address a community need.

That's what this issue of *Spark* is all about. Just flip through the pages and you'll find a Girl Scout in action on almost every page.

In our cover story, "18 Under 18", the **Girl Scout Says** group are making sure their voices are helping shape the future of our Girl Scouts Movement (page 17). In our older girl travel piece, we feature a Girl Scout who packed up and headed to London for her first overseas adventure (page 29). And in our Take the Lead recap (page 42), read about women role models who serve as mentors to our girls and to the community.

So what does our name say about us? That girls are always the stars, never the supporting cast. That girls can identify a sense of community and belonging through Girl Scouts, one that lasts a lifetime.

The world needs more go-getters, innovators, risk-takers, and leaders (**G.I.R.L.S**) like you. I hope you enjoy this issue of *Spark* and that you are inspired to continue to take the lead!

Yours in Girl Scouting,

Kim Fraites-Dow

CALENDAR

OCTOBER 2018

01-31	Take the Lead Registration Open
12	Service Unit Cookie Program Training
13	Service Unit Cookie Program Training
15	Service Unit Cookie Program Training
15	Winter/Spring 2019 Troop Camping Registration Opens
24 & 25	Registrar Roundtables
31	Juliette Gordon Low's Birthday

NOVEMBER 2018

TBD	Girl Governance Applications Open
01	Scholarship Applications Open
17	Thanks-A-Lot Trot
22	Thanksgiving: All Shops and Service Centers Closed

DECEMBER 2018

01	Round 1 GSUSA Destination Applications Due
18	Gold Award Ceremony
DEC 24 - JAN 02	All Shops and Service Centers Closed

JANUARY 2019

TBD	Girl Governance Applications Due
04-14	Cookie Program Mega Drops and Initial Deliveries
11	Service Unit Camporee Lottery Opens for Fall 2019
17	Cookie Program Begins and Kickoff
23 & 24	Registrar Roundtables
27	Silver Award Ceremony
31	Scholarship Applications Deadline

FEBRUARY 2019

02 & 03	Cookie Program's Wawa Weekend
15	Round 2 GSUSA Destination Applications Due
22-24	National Girl Scout Cookie Weekend

MARCH 2019

TBD	Delegate Meeting
05	Take the Lead Greater Philadelphia
10	Cookie Program Ends
10-17	Girl Scout Week
14	Early Bird Camp Deadline
30	Gold Award Proposal Deadline for current 12th graders

APRIL 2019

Volunteer Appreciation Month

03	Take the Lead Berks County
13	Thin Mint Sprint
22	Girl Scout Leader Day
24 & 25	Registrar Roundtables
30	Take the Lead Lehigh Valley

MAY 2019

01	Silver Award Proposal Deadline for Current 8th Graders
27	Memorial Day: All Shops and Service Centers Closed

JUNE 2019

15	500 Club Celebration
17-24	Camp Begins
30	Early Bird Registration Deadline

JULY 2019

04	All Shops and Service Centers Closed
24 & 25	Registrar Roundtables

AUGUST 2019

TBD	Adult Camping Weekend
TBD	Fall Kickoff

SEPTEMBER 2019

TBD	Fall Delegate Meeting
02	Labor Day: All Shops and Service Centers Closed
30	Deadline for Leaders to Register Girls for "Bronze Award Completion" for Membership Year 2019
30	Gold Award Final Report and Interview Deadline for 12th Graders (Just Graduated)
30	Silver Award Reflection Deadline for 8th Graders (Following 8th Grade Year)



Check us out online! Visit the events calendar on our website for a full and updated list of our council-wide events.



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We apologize in advance for any incorrect listings, misspellings, or omissions.

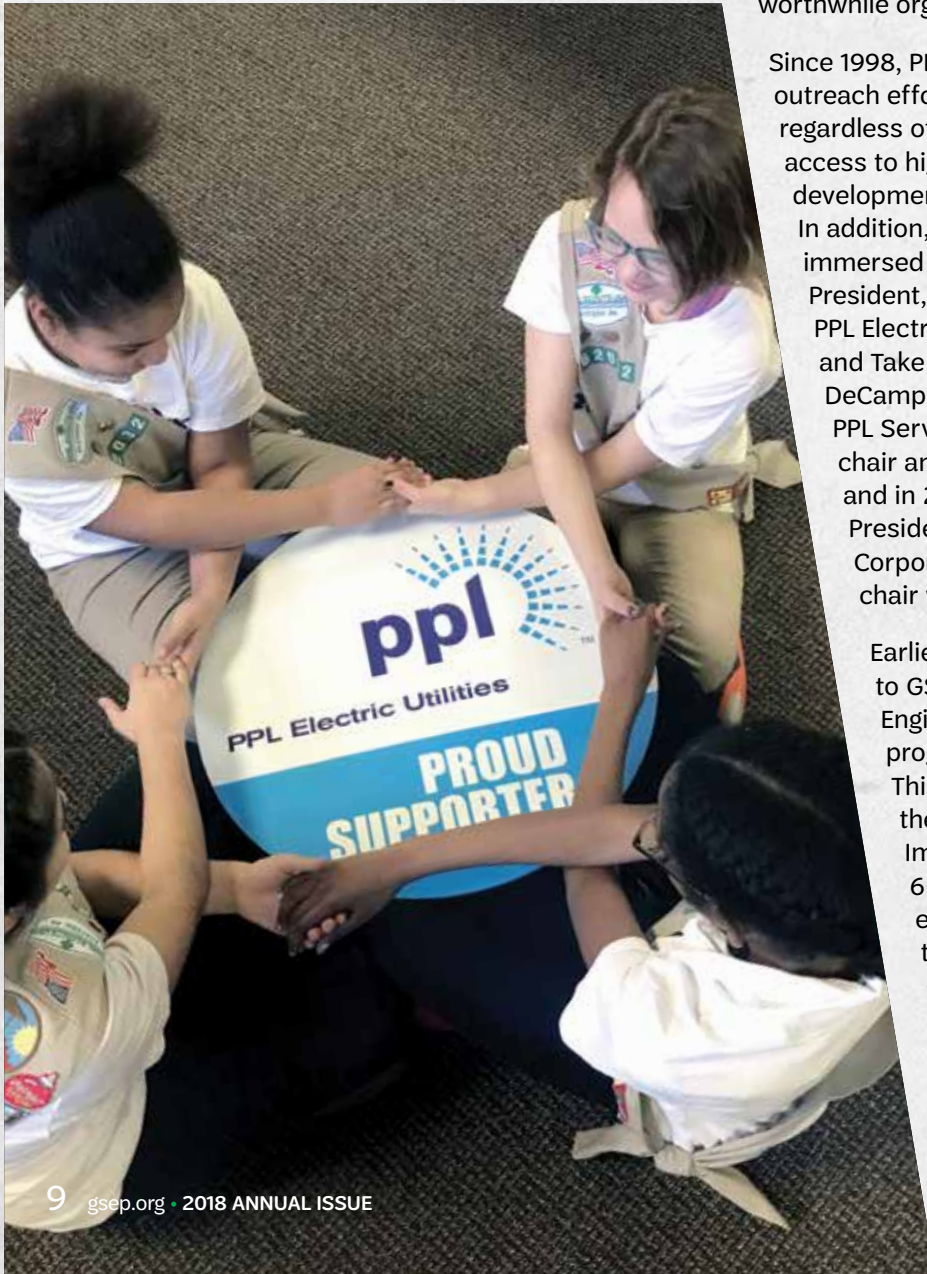
A Spotlight on PPL

For more than 20 years, PPL has been a dependable and dedicated partner to Girl Scouts of Eastern Pennsylvania. PPL always steps up to support our girls throughout the Lehigh Valley. It offers funding for outreach and STEM programs in Allentown, Bethlehem, and Easton, and provides volunteers to facilitate girl programs and GSEP's annual Take the

Lead girl training. Carol Obando-Derstine, regional affairs director, PPL Electric Utilities, and Girl Scout troop leader, has been a part of the ongoing partnership for many years. "We at PPL want the communities we serve to be vibrant and thriving. Organizations like the Girl Scouts do so much to educate girls and revitalize communities. We are pleased to be able to provide support for such a worthwhile organization."

Since 1998, PPL has supported GSEP in its outreach efforts to ensure that all girls, regardless of socioeconomic status, have access to high-quality meaningful leadership development programming and experiences. In addition, their executive leadership are immersed in the mission. Marlene Beers, Vice President, Finance and Regulatory Affairs at PPL Electric Utilities is a GSEP Board Member and Take the Lead committee member, Dave DeCampi, Global Chief Compliance Officer, PPL Services is a past Take the Lead co-chair and a long-time committee member, and in 2019 Vincent Sorgi, Senior Vice President and Chief Financial Officer at PPL Corporation will serve as Take the Lead co-chair with his wife, Michelle.

Earlier this year, PPL made a contribution to GSEP's Science, Technology, Engineering, and Math (STEM) programming in the Lehigh Valley. This curriculum, which includes the Imagine Your STEM Future and Imagineer Series, gives girls in grades 6 through 12 valuable STEM career exploration opportunities. Through this investment, PPL enabled GSEP to expand Outreach STEM programming and reach more girls in the Lehigh Valley, igniting their passion for a career in a male-dominated field.



In March, a group of volunteers from the PPL Women's Network hosted the Take the Lead Lehigh Valley Girl Training for the fourth consecutive year. (Learn more about Take the Lead on page 42.)

"When the Girl Scouts approached us a few years ago about Take the Lead training, we were happy to assist. GSEP supports the development of young women into future leaders, and believes in helping the community—two things we care very much about," said Sue Drabic, senior talent management consultant at PPL. The PPL Women's Network spent the day helping the girls develop their presentation and public speaking skills, and teaching them how to network with leaders from across the city.

"We've had volunteers from the Power Network, one of PPL's employee resource groups, return each year to help with this program because they enjoy working with the girls so much," Drabic continued. "And I think it's very important to expose young girls to careers in STEM. Many of our volunteers are young engineers who are very engaged in their work here at PPL, and this

training gives the girls the opportunity to ask them questions about their jobs and why they chose their career paths."

On behalf of our Board of Directors, staff, volunteers and girls, we would like to thank PPL for its continued support in building girls of courage, confidence, and character, who make the world a better place.

Organizations like the Girl Scouts do so much to educate girls and revitalize communities.

Local Girl Scouts accepted a check for \$5,000 from PPL to support outreach programs in the Lehigh Valley. ▼



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- Junior Ghosts & Goblins Party with Animal Habitats (10/20/2018-10/21/2018)
- Teen Ghosts & Goblins Party with Going Batty (10/27/2018 -10/28/2018)
- Junior Geocacher and Geology Rocks (11/03/2018-11/04/2018)
- Brownie WOW-Love Water & Save Water (11/10/2018-11/11/2018)
- Teen Directions Matter and/or Geology Rocks (11/16/2018-11/18/2018)
- Brownie Letterboxer and Going Batty (12/01/2018-12/02/2018)
- Teen Going Batty and/or Geology Rocks (02/22/2019-02/24/2019)
- Junior Animal Habitats and Geology Rocks (03/02/2019 -03/03/2019)
- Brownie WOW-Love Water & Save Water (03/09/2019-03/10/2019)
- Brownie Fossil Fun and Rocks Rock (03/23/2019-03/24/2019)
- Teen Directions Matter and/or Going Batty (03/29/2019-03/31/2019)
- Brownie Going Batty OR Junior Animal Habitats (03/30/2019)
- Junior Geocacher and Animal Habitats (04/06/2019-04/04/2019)
- Brownie WOW-Love Water & Save Water (04/13/2019-04/14/2019)

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Starter kits include everything you need to have a great year in Girl Scouting. Simply select your official uniform item (sash, vest, or tunic), troop numerals, your choice of a *Girl's Guide to Girl Scouting* or *Journey* book, an American flag patch, an insignia tab, council ID set, and items from a list of official essentials. Spend \$50 and add a **FREE** Girl Scout adventure bag!



Squad Goals

Design and build a robot that can swim?
“No problem,” says the Engineering Girl Squad.

Since November, this group of Cadettes from Troops 9629 and 5565 have been preparing for a competition called the Seaperch Challenge.

The Seaperch Challenge, a program run by Jefferson University and the U.S. Navy, is an event designed to increase middle school and high school students' interest in STEM (science, technology, engineering, and mathematics). To win the challenge, teams must design and build a robot that can "swim" a lap the fastest, as well as complete tasks within a maze.

With their eyes on the prize, the Engineering Girl Squad met twice a week to design and build their robot. The team was coached by a college student studying STEM, who introduced the girls to STEM

concepts and sparked their interest in the topic.

The Engineering Girl Squad worked tirelessly each week to ensure their robot was competition ready.

The day of the challenge, the girls confidently took to the water with their robot. They placed sixth out of 35, and proudly represented Girl Scouts! Beyond STEM, the girls learned valuable life skills, like public speaking (they had to give a presentation about their robot), teamwork, and problem solving.

These **G.I.R.L.s** can't wait to attend STEM camp this summer to hone their skills, and we bet they'll be back in the water next year with a new Seaperch robot!



Interested in learning more? Contact Morgan Robinson at 215.564.2030 or mrobinson@gsep.org to find out more about the Engineering Girl Squad and Seaperch.

Signature Events

We can't wait to connect you with new friends and help you experience all that Girl Scouts has to offer. Whether it's adventures at camp or mastering the skills of a #cookieboss, when you work together through the global sisterhood of Girl Scouts, there's no limit to the amazing things you can do!

Family Camp ●●●●●●

FRIDAY, AUGUST 31, 7PM –

MONDAY, SEPTEMBER 3, 10AM

Camp Mosey Wood, Lake Harmony

Grades: All ages

Cost: \$95/person
(Children under 2 are free)

Enjoy a weekend of fun and relaxation with your entire family! Parents, sisters, brothers, grandparents, and other relatives are invited to Camp Mosey Wood to swim, boat, hike, play games, create crafts, and enjoy other activities independently.

Tough Cookie Adventure Race ●●●●●●

SATURDAY, SEPTEMBER 8,
7:30–9AM REGISTRATION
10AM RACE START

Camp Laughing Waters, Gilbertsville

Grades: All ages

Cost: \$30/person through August 15
\$40/person through August 29

Bring your friends! Grab your parents and siblings, too! Get a taste for adventure racing as you maneuver the trails of Camp Laughing Waters with your team of two to four people.

Sundae Sunday ●●●●

SUNDAY, SEPTEMBER 30, 12–3PM

Camp Laughing Waters, Gilbertsville

Grades: 6–12

Cost: \$15/girl

Calling all girls who want to create GSEP's Halloween extravaganza for younger Girl Scouts! Join us and help plan for Autumn Adventures and Spooky Waters, where you'll learn details about your volunteer role and help prepare for the big day.

Autumn Adventures ●●●●●●

SATURDAY, OCTOBER 27, 11AM–3PM

Camp Laughing Waters, Gilbertsville

Grades: All ages (families welcome)

Cost: \$18/girl
\$8/adult

Celebrate the changing seasons at Camp Laughing Waters. Start the day with a rousing camp sing-a-long, then head out on an autumn adventure. This is a family event.

Spooky Waters ●●●●●●

SATURDAY, OCTOBER 27, 4:30–8PM

Camp Laughing Waters, Gilbertsville

Grades: 2 and up (families welcome)

Cost: \$18/girl
\$8/adult

Prepare to be spooked at GSEP's annual Halloween festival at Camp Laughing Waters! Bring your flashlight for a walk along dark trails haunted by older Girl Scouts performing spooky skits! See how far apples can fly when you go apple chunking. This is a family event.

Thanks-A-Lot Trot ●●●●●●

SATURDAY, NOVEMBER 17, 10AM START

Camp Laughing Waters, Gilbertsville

Grades: All ages

Cost: \$30/person

Experience Camp Laughing Waters like never before. This race is perfect for beginners and experienced runners alike. 5k Run/Walk and 1 Mile Fun Walk options available.

Real Girls Code ●●

SATURDAY, DECEMBER 8, 9AM–12PM

Camp Shelly Ridge, Miquon

Grades: K–1

Cost: \$10/girl

Learn how coding changes and enhances our lives, from solving problems to connecting people around the world. Start thinking like a coder as you play games both on and off the computer.

Real Girls Code ●●

Saturday, December 8, 1–4PM

Camp Shelly Ridge, Miquon

Grades: 2–5

Cost: \$10/girl

Learn how coding changes and enhances our lives, from solving problems to connecting people around the world. Start thinking like a coder as you play games both on and off the computer.



Check
out the full
descriptions of these
Signature Events in the
Program Guide.



ICON GUIDE

-  GSEP Signature Event
-  Core Camping
-  Adventure & Water
-  Health & Wellness
-  Arts & Culture
-  STEM
-  Leadership
-  Environmental
-  Mobile Shop
-  G.I.R.L. Agenda

Cookie Captains ●●●

SATURDAY, DECEMBER 8, 10AM–12:30PM

Camp Laughing Waters, Gilbertsville

Grades: 6–12

Cost: \$5/girl

Cookie season is almost here, and we need your #cookieboss skills! Older girls are needed to help lead activities at the Cookie Camp-In at Camp Laughing Waters on Saturday, January 5–Sunday, January 6. At this training, learn how to lead activities and teach girls how to talk to customers, remember cookie flavors, and create goals.

Winter Camp ●●●●●

**THURSDAY, DECEMBER 27, 1:30PM–
SUNDAY, DECEMBER 30, 6:15PM**

Camp Mosey Wood, Lake Harmony

Grades: 1–12

Cost: \$140/girl

This is a girl-only event! Leave your parents and leaders behind as you make new friends and meet up with summer camp buddies. GSEP summer camp staff treats you to the traditional camp experience with a winter twist.

Cookie Camp-In ●●●

**SATURDAY, JANUARY 5, 6PM–
SUNDAY, JANUARY 6, 8AM**

Camp Laughing Waters, Gilbertsville

Grades: K–5

Cost: \$30/girl

Cookie time is almost here! Get pumped up and ready to go with a night filled with cookie-themed fun! Create a custom cookie snack, work as a team to answer cookie trivia questions, compete in a relay race and so much more! You'll learn #cookieboss skills all while having a blast!

Maple Sugaring Program Leaders ●●●

SUNDAY, JANUARY 27, 10AM–4PM

Camp Laughing Waters, Gilbertsville

Grades: 6–12

Cost: \$20/girl

Put your leadership skills to work! Help teach younger girls all there is to know about maple syrup. Whether you enjoy writing scripts, acting, making crafts, singing songs, or helping others, there is something for everyone.

Maple Saplings ●

SATURDAY, FEBRUARY 23, 8:30AM–5PM

Camp Laughing Waters, Gilbertsville

Grades: K–1

Cost: \$13/girl
\$7/adult

Travel through time as you learn the story and discovery of maple syrup from older Girl Scouts! Play games, enjoy a snack, and even do a taste test of sap and syrup!

Maple Sugaring ●●●

SATURDAY, FEBRUARY 23, 8:30AM–5PM

Camp Laughing Waters, Gilbertsville

Grades: 2–5

Cost: \$18/girl
\$13/adult

Experience everything from the discovery of maple sugar to how maple syrup is produced today. Taste test sap and syrup to learn which one is your favorite and even enjoy a maple snack!

Real Girls of the World ●●●

SATURDAY, FEBRUARY 23, 1–3PM

Camp Shelly Ridge, Miquon

Grades: K–5

Cost: \$20/girl

Did you know that you are part of a global sisterhood that is 146 countries strong? Learn about WAGGGS and our world centers located in Mexico, England, Switzerland, India, and Africa. Experience different cultures as you sample foods and try fun activities.

Register for these programs and you'll be one step closer to filling your vest! For a complete list of programs where you can complete badge and/or Journey requirements, visit our website.



FALL in love with our new programs!

Check out a sample of our new programs, where you'll complete badge and Journey steps. Then, flip over this magazine to read more about all our programs in the Fall/Winter Program Guide!



Voice Your Vote ●●

SATURDAY, SEPTEMBER 22, 9AM-12PM
Camp Valley Forge, Valley Forge



Hydro Explorers ●

SATURDAY, OCTOBER 6, 12-2PM
The Nature Place
575 St. Bernardine Street, Reading



GSEP Journey Day: Amaze ●●

MONDAY, OCTOBER 8, 8AM-4PM
Camp Mountain House, Allentown



Ecocampers ●

SATURDAY, OCTOBER 13, 9AM-3PM
Pool Wildlife Sanctuary
3701 Orchid Place, Emmaus



Girls Auto Learn ●●

SATURDAY, OCTOBER 13, 10AM-12PM
AAA Car Care, Insurance, and Travel Center
105 Quarry Road, Downingtown



Be a Citizen Scientist! ●●

SATURDAY, OCTOBER 20, 9AM-12PM OR 1-3PM
Pool Wildlife Sanctuary
3701 Orchid Place, Emmaus



Be a Good Neighbor ●

SATURDAY, OCTOBER 20, 3:30-5PM
Please Touch Museum
4231 Avenue of the Republic, Philadelphia



GSEP Journey Day: Think Like an Engineer ●

SUNDAY, OCTOBER 21, 10:30AM-1PM
Camp Mountain House, Allentown



Financing My Dreams ●

SATURDAY, OCTOBER 27, 9AM-12PM
Penn Community Bank
219 S 9th Street, Perkasie



Fall Festival 2.0 ●●●

FRIDAY, NOVEMBER 2, 5PM - SUNDAY, NOVEMBER 4, 10AM
Camp Mosey Wood, White Haven



Be An Artsy Girl Scout ●●●●

SATURDAY, NOVEMBER 10, 10AM-2PM
The Art Institute of Philadelphia
2300 Market Street, Philadelphia



Brownie Robotics ●

SATURDAY, NOVEMBER 17, 9AM-3PM
Alvernia University O'Pake Science Center (Main Lobby)
400 St. Bernardine Street, Reading



Junior Robotics ●

SATURDAY, NOVEMBER 17, 1-3PM
The Reading Public Museum
500 Museum Road, Reading



Engineer It! ●

SATURDAY, DECEMBER 1, 10AM-12:30PM
Engineering for Kids @ Camp Shelly Ridge
Camp Shelly Ridge, Miquon



Me and My Buddies ●

SATURDAY, JANUARY 5, 10AM - SUNDAY, JANUARY 6, 12PM
Camp Shelly Ridge, Miquon



Space Adventurers ●

SATURDAY, JANUARY 12, 1-3PM
Camp Valley Forge, Valley Forge



First Aid Day ●●

SATURDAY, FEBRUARY 9, 10AM-2:30PM
Camp Laughing Waters, Gilbertsville



DAISIES



CADETTEs



BROWNIES



SENIORS



JUNIORS



AMBASSADORS



Register for these programs and you'll be one step closer to filling your vest! For a complete list of programs where you can complete badge and/or Journey requirements, visit our website.



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18 under 18



Flip through the pages of "18 Under 18" and you'll meet some fearless change makers. From campaigning local officials for stricter traffic laws to protesting gun violence, Girl Scouts across our region are raising their voices about issues that matter to them.

One group of young women speaking up is Girl Scout Says (GSS), GSEP's girl advisory committee. GSS inspires the types of programs we offer, helps create girl leadership opportunities, and even influenced *Spark* magazine! This year, they're making new tools to ensure even more older girls' voices are heard. (Be on the lookout for an older girl survey.) Learn more about GSS on page 65. Their desire to make the world a better place earns this group the cover spot in "18 Under 18."

Read on to meet GSS and other **G.I.R.L.s** in our council. Learn how they find courage to speak up and why they think girls can change the world. Prepare to be inspired!



Girl Scout Says

GSEP's Girl Advisory Committee
(See below for a full list of committee members)

Ages: 12-18

Grades: 6-12

Who inspires you to stand up and raise your voice about things that matter to you?

Tahlia C.: Olga Negron inspires me. She is the only Latina city councilwoman in Bethlehem. I find courage by surrounding myself with people who support me.

How do you find the courage to raise your voice?

Samantha R.: My friends lift me up. When I feel something needs to be said but I'm nervous, my friends give me courage to stand up and voice my opinion. Sometimes, being young, we feel shy and get overlooked, but your friends are there to support you and that is what counts.

I make sure my friends know that, if it matters to you, it matters to me. Girls should stand together to speak up.

Tell us about a time when you stood up for something you believed in:

Devan G.: I stood up for a boy at my school because he was being bullied because he is part of the LGBTQ community. I spoke to the people bullying him about the importance of acceptance and letting him be him. I felt good about standing up for someone else, and learned that I can make change!

What is an issue that matters to you?

Jenaye S.: An issue that matters to me is stereotyping. Many people judge, disregard, or treat people differently based on stereotypes. They might not get to know someone who could be an amazing friend because they don't understand something about the person. People need to be treated based on who they really are, not who we think they are. Everyone is special and we all must embrace our unique qualities and individuality.

Christian R.: Self-esteem is an issue that matters to me. All girls should be comfortable in their own skin. If I see someone looking down on themselves, I try to cheer them up. Everyone is perfect the way they are and I help them to see it.

How can girls be a powerful force for good?

Isabelle C.: There is strength in numbers. You can always find a small group of people who care about the same issues and work together.

Brigid O.: Girls need to know that we support each other. I make sure my friends know that, "if it matters to you, it matters to me." Girls should stand together to speak up about injustice.



Girl Scout Says committee members: Emma A., Tahlia C., Brianna D., Mckinley F., Shaely G., Jamie H., Joscelyn H., Cynthia M., Alicia M., Brighid O., Kaylee O., Mikayla R., Christian R., Samantha R., Adalyn S., Jenaye S., Janys S., Emily S., Melissa T., Emma C., Lauryn B., Isabelle C., Sherri G., Tayten K., Nialah M., Tkeyah S., Kenne W.



Scootaloo L.

Age 6, Kindergarten
Home School
Troop 6169

What is an issue that matters to you?

The environment is a big issue that I try to help with on a daily basis. I started around the age of 3 going around the neighborhood picking up trash. I couldn't believe how much was thrown on the ground!

Tell us about a time you stood up for what you believe in:

I went to the March for Our Lives this year because I believe children like myself should be able to go somewhere without being afraid that someone will come in with a gun and hurt people. I went to show support and to tell the adults in charge that something needs to change.



I earned my Daisy courageous and strong petal by trying something new.



Sydney V.

Age 8, 3rd Grade
Home School
Troop 7891

What is an issue that matters to you?

It is hard to say the one issue that matters to me. Bullying, homeless families, and families with sick children are three issues that all matter to me. I volunteer through my church, Girl Scouts, community, and karate school to learn more and do more for all three issues.

How do you find the courage to stand up for what you believe in?

Standing up for what I believe in is sometimes scary. Especially when I have to stand up in front of a group to speak or sing. I find my courage and build my confidence by saying a quiet prayer asking God to give the listeners "good ears." I also remember I earned my Daisy courageous and strong petal by trying something new. And, my mom and dad give me lots of hugs.



“My mother always encourages and gently pushes me to speak up respectfully. Girl Scouts helps me do that even more.”

15

Dianne A.

Age 10, 5th Grade
Resurrection Regional
Catholic School
Troop 91415

Who inspires you to speak up?

My mother always encourages and gently pushes me to speak up respectfully. Girl Scouts helps me do that even more.

Tell us about a time you stood up for what you believe in:

My friend was being mistreated by an adult and she felt ashamed and started to cry. I told the principal of my school who often encourages us to come talk to him. I learned that speaking up is nice and after I spoke up my friend felt better too.



14

Maia L.

Age 8, 3rd Grade
The Montgomery School
Troop 4029

What is an issue that matters to you?

I think people should be accepted for who they are no matter what. People don't have any say in how they are born, like skin color or disability. I think that is how people are unique and special. What if everyone was the same? It would be boring talking to the same person all the time. Differences are cool!

How do you find courage to stand up for what you believe in?

I find courage because I think kids can be heroes. If something is wrong, you must try and change it. Kids are strong and independent thinkers just like adults and sometimes we are even better than adults. For example, there is a 10-year-old girl trying to cure cancer and she even interns in a lab working with adults. Kids can change the world.





Jessica H.

Age 14, 8th Grade
Charles F. Patton
Middle School
Troop 4711



Who inspires you to speak up?

I've always found strength and inspiration in book characters. One of my favorite characters is Hermione from the *Harry Potter* series by JK Rowling. Not only did she participate in class and speak her mind, but she always stood up for her friends and she never took sass from anyone.

How do you find courage to stand up for what you believe in?

I feel like this is such a cliché answer, but if you don't stand up for your beliefs, who will? I've found that if I see something I want to change (even the little things) and I don't do anything, I'll end up regretting not making a move. I stand up for my beliefs because I trust them.



Shannon A.

Age 13, 7th Grade
Tamanend Middle School
Troop 21031

What is an issue that matters to you?

Gender equality is an issue that matters to me.

Tell us about a time you stood up for what you believe in:

In January 2017, I marched in the Women's March in Washington, D.C., with my mom and my cousin. I learned that anyone can make their voice heard if they have enough confidence and courage. I also learned that women are just as powerful, maybe more powerful, than men.

Anyone can make their voice heard if they have enough confidence and courage.



Anyolee U.

Age 10, 4th Grade
Union Terrace School
Troop 61

Who inspires you to speak up?

My mom. She is a really good person and she loves to sing!

How can girls be a powerful force for good?

Girls can clean up the world. They can ride bikes instead of drive cars, and not pollute the environment.



Someone needs to be the voice for people who can't be the voice for themselves.



Jamie H.

Age 15, 10th Grade
Marple Newtown High School
Troop 5042

Tell us about a time you stood up for something you believe in:

After witnessing a deadly traffic accident, I spoke to my township planning committee about problems and things I thought could help make the streets safer (better lighting, lower speed limits, and possibly a traffic light placed in the heavily crossed area). I learned that two teenagers could make a difference to a township planning committee. I also learned that someone needs to be the voice for people who can't be the voice for themselves.

How can girls be a powerful force for good?

Girls can be a powerful force in the world to create great change. My sister and I identified an issue, researched solutions, and presented them to an organization that could change a problem traffic area into a safer place. There is now a traffic light at the corner. I don't know if we were the sole reason for the new light, but I do know that it was not there for years, and it is there now less than a year after we pitched our idea to the committee. Our outcome was certainly good. Our community is now a safer place to live.



Elizabeth F.

Age 9, 3rd Grade
Ardmore Avenue
Elementary School
Troop 59

Tell us about a time you stood up for something you believe in:

I stood up in a fight between my friends and two bullies because I believe in helping my friends when they are in need. I learned that coming up with a plan to protect friends in trouble and to turn away the bullies let us have more time for me and my friends to spend playing together.

How can girls be a powerful force for good?

Girls can be powerful by spreading the word about women's rights, by speaking up, and by educating others by example. Girls can make posters to share their thoughts about women's rights. Troops can gather to march for women's rights in their home town.



There's moments where you might feel like what you're doing won't help, but trust and believe there's always someone watching who's inspired by what you do.



Janeice B.

Age 17, 11th Grade
Reading Senior High
Troop 1353

Tell us about a time you stood up for what you believe in:

In March, I put together the March for Our Lives right here in Reading. Not only did our voices get heard, but we also opened eyes to the situation. Since then, I've given more speeches, even at the state capitol! It's shown me no matter who you are, big or small, your voice matters just as much as the person in a high position.

How can girls be a powerful force for good?

Stand up for what you believe in. Just because you're a girl doesn't make you any less important. There's moments where you might feel like what you're doing won't help, but trust and believe there's always someone watching who's inspired by what you do. Everyone won't agree with what you're doing, I know from experience. Keep doing what you're doing and show them that you're stronger than what they think you are.



07

Aiyonna S.

Age 15, 9th Grade
School of the Future
Troop 91

How do you find the courage to stand up for what you believe in?

I know what is right so I have the courage and the confidence to stand up for what I believe in.

Tell us about a time you stood up for what you believe in:

I was in 6th grade and an older student was teasing me and my friend. I told him to stop and leave us alone. I learned that I can take a stand and speak up for myself!

06

Sheila U.

Age 13, 8th Grade
Lehigh Valley Christian Academy
Troop 6231

What is an issue that matters to you?

Mental health awareness and suicide prevention are issues that matter to me.

How can girls be a powerful force for good?

Girls are caring and they can help people. I usually go to a senior home during the holidays, and make things for the residents and spend time with them.



05

Kamille D.

Age 12, 7th Grade
The DePaul Catholic School
Troop 98010

Tell us about a time that you stood up for what you believe in:

Once in school, a boy was getting shamed for his size. I spoke up and talked to everyone around me about what it feels like to be picked on and shamed for things. It isn't a good feeling.

How do you think girls can be a powerful force for good?

Girls can do anything! I see girls always overcoming the opinions of others. By working together and helping each other, we can show that there is still good in this world.



04

Cassidy R.

Age 12, 7th Grade
Perkiomen Valley
Middle School East
Troop 741

Tell us about a time you stood up for what you believe in:

There is an autistic kid in my science class. People would tease him and make fun of him, but he didn't know. One day, I got tired of watching him being made fun of and told the kids to stop. What they were doing was not right. They stopped and every time they do it again, I am right back on their case telling them to stop.

How can girls be a powerful force for good?

Girls have a say in the world. If girls with good ideas, positive attitudes, and teamwork skills work together to make a change for the better, we will override people that feel they are higher than us. We can change the world. Not just one of us, but all of us combined.



“Not just one of us, but all of us combined.”



03

Shelby K.

Age 16, 10th Grade
Avon Grove High School
Troop 41824

What is an issue that matters to you?

An issue that matters to me is the nationwide decrease in volunteer firefighters. I am a third-generation firefighter, so I grew up around the fire station. As I got older, I saw the need for more members grow and grow. The numbers are dwindling but the need for them is greater than ever.

How can girls be a powerful force for good?

Girls should have a strong will and determination to do what they believe in. They can show the world that women are strong

and brave. In 2016, only 4.1 percent of all firefighters were female. I think that with enough grit and willpower, we can introduce the idea of firefighting to young girls. Then, they can see that they can do the things society says are impossible for women to do or are just for men.



Leslieann P.

Age 13, 7th Grade
Conrad Weiser Middle School
Troop 1814

Who inspires you to stand up for what you believe in?

Katherine Johnson, an African American mathematician whose calculations of orbital mechanics as a NASA employee were critical to the success of the first and subsequent U.S. manned spaceflights. She was a very persistent and very intelligent woman, but was judged because of the color of her skin. I am interested in the science world, but I was afraid that people would judge me because I am a girl. But I learned from Katherine Johnson that if you love what you do no one can take it away from you.

Tell us about a time you stood up for what you believe in:

Once I walked from downtown Brooklyn to downtown Manhattan and across the Brooklyn Bridge to help bring awareness to domestic violence. I wanted to support women who have been in abusive relationships. It was about showing them that they had a voice.



I want to be strong like her.



Logan M.

Age 6, Kindergarten
Cheltenham Elementary School
Troop 7142

Who inspires you to stand up for what you believe in?

I read a lot! One story that I read was called *Malala's Magic Pencil*. It was a story about Malala Yousafzai who made a difference by standing up and speaking up for other girls in Pakistan who weren't allowed to go to school. Even though she was a kid like me, people listened to her and she made a difference. She even opened schools so girls could have the chance to go to school. I want to be strong like her.

Tell us about a time you stood up for what you believe in:

One time, some of my friends were not being nice to my other friend and they kept running away from her and wouldn't play with her at recess. I saw that she was really sad and even though I told my friends that they weren't being very nice, they still wouldn't play with her. I really liked all my friends but my friend that was being treated badly needed me more and I chose to play with her instead at recess. The next day everyone started playing together again. That really made me happy!

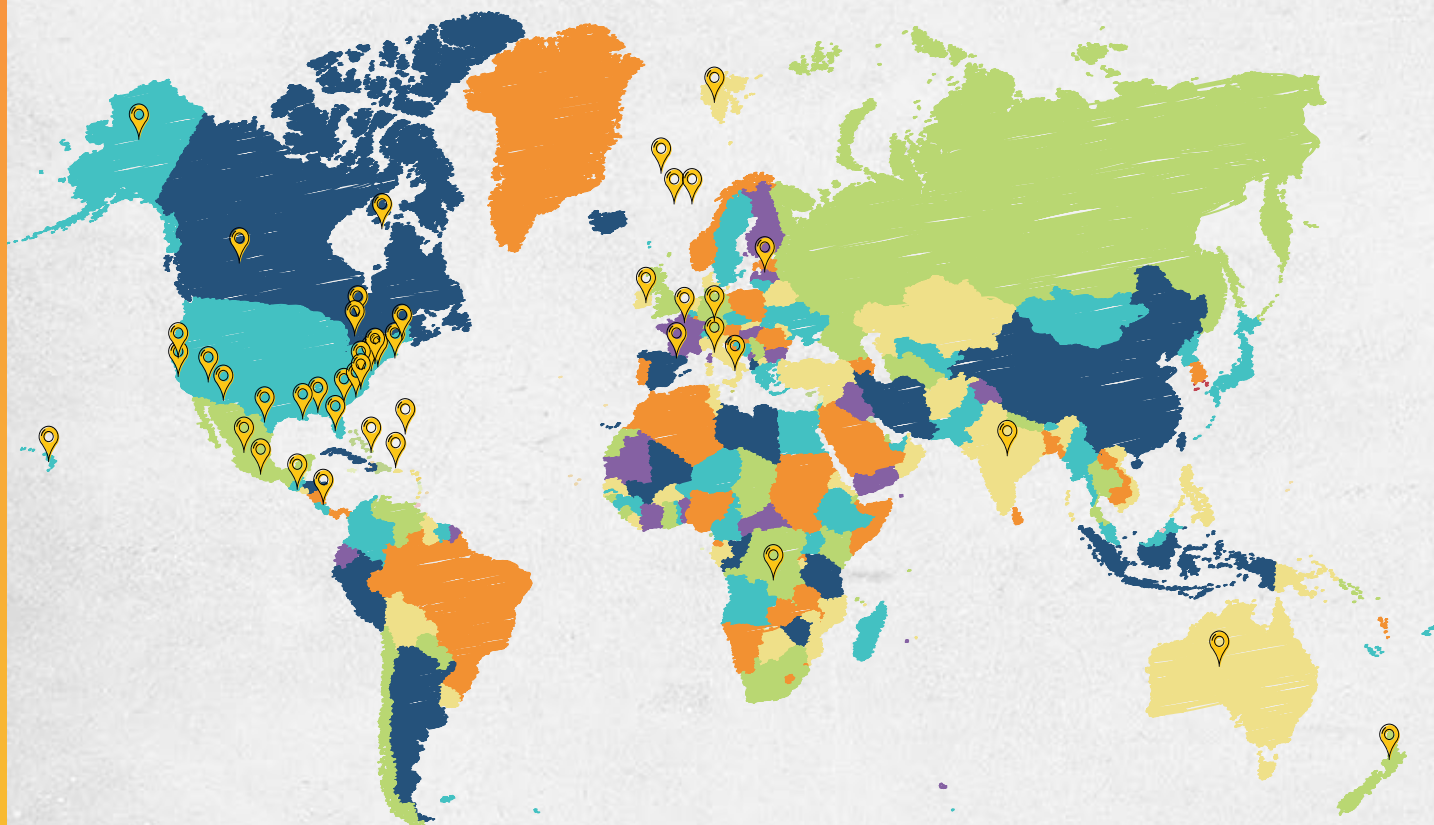


Exploring Travel Pathways

Being a Girl Scout automatically makes you part of a worldwide club, and it can serve as your passport to exploring the world. Girl Scouts has endless travel opportunities for girls!

Between countless GSUSA Destinations and annual GSEP Sponsored Trips, exploring Girl Scouting's Travel Pathways offers girls a new way to see the world, and there is truly something for everyone!

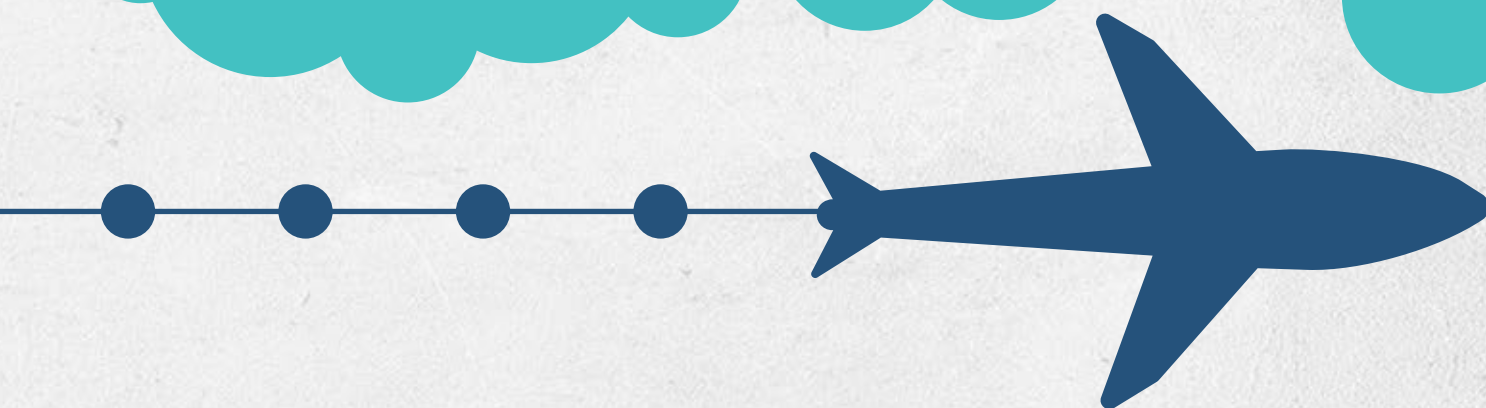
Need proof? Check out the map below to see where some of our girls traveled in 2017, including Belize, Costa Rica, Italy, Australia and more!



We ♥ your travel stories!

Share your photos and stories with us at travel@gsep.org.

The Impact of Girl Scout Travel



84%

of girls researched their destination and would tell a friend to travel

78%

of girls said they will use this experience on college applications

75%

of girls remain in Girl Scouts longer after they've traveled

50%

of girls said they are more confident navigating new places

Ready to plan your own adventure?

Decide which type of trip is for you, then visit gsep.org/travel to get started!

Troop Trips

Troop trips are planned by individual troops to locations within the USA or internationally. Leaders submit paperwork through GSEP. All forms are located on GSEP's website. For more information about troop travel, forms, and resources for planning a trip, check out the Travel Pathway Appendix in Volunteer Essentials.

GSEP Sponsored Trips

GSEP Sponsored Trips are trips that are planned and run by GSEP. Most of these trips are girl-only, meaning that individual girls are invited to attend with GSEP-provided chaperones. Trips are usually available for Cadettes and older, but requirements vary by trip.

GSUSA Destinations & Getaways

Destinations are one-to-two-week travel events sponsored by Girl Scout councils or partner organizations with GSUSA. These trips are girl-only and interest-specific. Getaways are Destinations with a twist: Trips are planned by another group or organization, but troops are invited to attend as a group.

Pack your bags!

We're traveling to the Colorado National Parks in August 2019. Details coming soon.





Journey Through London

Isabelle C., Troop 21309

In Summer of 2017, I traveled "across the pond" to the historic city of London for one of the greatest adventures of my life. I had never been that far away from my family, let alone traveled internationally!



Before we get into the details, let's start at the beginning. Almost a year before I journeyed through London, I was reading the list of available destinations on GSUSA's website. I had just returned from my very first destination to Puerto Rico and could not wait to start planning my next exciting adventure.

The process of applying for a Destination is so simple: All I had to do was fill out an application for the trip I chose, submit two letters of recommendation, and write about myself in a short essay.

Finally, the day arrived and I was beyond excited. The first thing

we did once we arrived was take a taxi to Pax Lodge, a WAGGGS World Centre, and our home during our time in London. While staying there, we participated in team building activities and programs to learn about Girl Scouting around the world.

Throughout the week, we visited historic sites such as the Tower of London, London Bridge, Big Ben, Buckingham Palace, and Stonehenge. We even got to ride London's version of the subway called "the tube." In addition to visiting these places, we got to experience the local cuisine at an authentic British pub!

A lesson I learned on the trip was that, especially when traveling, it is important to be flexible. Due to the unpredictable and often-changing weather that London is known for, we sometimes had to rearrange our plans. Although that sounds troubling, it ended up being a great learning experience.

My favorite part of the trip, hands down, was making so many new friends! I became close friends with many of the girls and a few of us still keep in contact. We are even planning to attend another Destination together!

Through the 10 years I have spent in Girl Scouts, I have made new friends, participated in community service, and



developed an array of skills necessary for life after high school and beyond college. I have also earned the privilege of traveling to Puerto Rico and London through attending GSUSA Destinations, which allowed me the opportunity to learn and grow unlike any other experience. I learned so much about the world, about traveling, but also about myself. Participating in two GSUSA Destinations has been an unforgettable, life-changing experience, and I am so glad that I was able to attend. My hope is to inspire other Girl Scouts, especially younger girls, to someday do the same.





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“I never realized how important international travel is and the effect it has on girls, not only in the U.S. but also around the world. The experience is one that I will never forget.”

BLAINE, TRAVELER

At EF Tours for Girl Scouts, we believe that every girl deserves the opportunity to experience new countries, cultures and perspectives. Which is why we partner with councils and with Troop Leaders to provide Girl Scouts with the chance to go beyond their community and create life-long travel memories with their troop. Our team of travel experts is here to help with every step of planning your all-inclusive tour. Imagine your girls attending pinning ceremonies at a WAGGGS World Centre or meaningful service projects in Peru, returning home with newfound courage and character—and the confidence to change the world.

To learn more about our tours,
visit eftours.com/gdiscover or call 800-457-9023



NASA Space Camp

Elizabeth W., Troop 9517

NASA Space Camp changed my life in more ways than one. From making lifelong friends to being put in the position of captain on our lunar mission, there are so many highlights of the trip. I would not have been able to have this experience without Girl Scouts, and am honored to share about my first GSUSA Destination.

When learning about space in my science classes, I was always intrigued by the wonder and mystery of it, but I never thought I would know as much as I do now! My troop leader helped me

choose NASA Space Camp as my first GSUSA destination. Honestly, choosing which Destination I wanted to go on was the hardest part! Traveling by plane on my own was a new experience, but overall was smooth and easy.

As I waited for the flight to Alabama, other kids that were headed to the camp joined my group. Everyone was talking about how popular the camp was this year. Hearing about the camp, I started imagining what I was going to learn. When we got to camp, I was amazed! It was 10 times better than what I imagined. There were many action-packed simulations and information stations. Taking all of this in, I didn't know what to be excited for first; there were so many great things!

After a few hours with my teammates, we realized it was easy to relate to each other because we were all brought together by one thing: space. I made three great friends, Lauren, Ellie, and Reese. The incredible experience brought all of us close together, and I found an especially awesome friend (and fantastic future astronaut) in Ellie.

Our team also traveled to the Girl Scout SWAPs exchange. At first, Ellie and I were a little disappointed because neither of us brought SWAPs, but we turned the experience into a great one! Remembering that we both loved the same musical movie, I suggested that, if a person offered us one of their SWAPs, we could offer to sing them a song from the movie. Thankfully, many girls thought it was a funny, good idea and chatted with us about their love for the movie, too.

At Space Camp, I was chosen to be the captain of our lunar mission. Although I enjoy taking a leadership role and really wanted the position, I was still shocked when I was picked! I had to get over the shock quickly though, because we went straight into training. On the day of the mission, I was a little nervous because I did not want to mess up the mission for my team. In the end, the mission was successful. This memory became my favorite of the whole trip. Every time I think back, I smile, becoming warmed up from fond and funny conversations between the rocket crew and myself.

Throughout my whole stay at NASA's Space Camp, I learned a great deal about space and the astronauts who traveled there, which really spiked my interest. Our night counselor, Brittney, gave us space logs titled, *Space Academy – Your Journey Starts Here*. The book was filled with stories about space pioneers and how they made discoveries that still help astronauts today. On our last night, we had a trivia night about all the information we learned. I was surprised when my team got second place, but I shouldn't have been, because my team was full of smart girls!

I had so much fun going to camp and will never forget the memories. I can't wait until next year to apply to more GSUSA Destinations and create even more great memories!



did you know

You can use older girl travel credits to fund your very own “trip to space,” or other locales on a GSUSA Destination.



2018-19 Season

Girl Scouts Year Round Fun!

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Feb. 23 & 24, 2019

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or call: 717-432-9631 x 3723

roundtopmountainresort.com/scoutweekend

Run Like a Girl

by Isa A., Troop 9999

Hey there, sister Girl Scouts!

I am Isa, a Cadette in Troop 9999. I've been a Girl Scout since I was a Daisy, and am working on my Silver Award. Girl Scouts is a BIG part of my life.

Running is also a big part of my life. I run cross country and track, and I do some 5Ks with my family. Some I run alone, like the Girl Scout Trefoil Fitness Challenge, although I wasn't really alone. I ran with my sister Girl Scouts and their families. The Trefoil Fitness Challenge is a three-part race series consisting of the Tough Cookie Adventure Race, Thanks-A-Lot Trot, and Thin Mint Sprint. The races are open to Girl Scouts of all ages as well as their families and friends.

During the Thin Mint Sprint, I tripped over something on the trail, and hit my arm and head. I felt disappointed and was frustrated with myself, but eventually I regained perspective and kept going. While I got neither the time nor the place I was hoping for, I did get back up and finish the race, even if I finished it walking! This taught me perseverance, and this specific race also taught me that even if you don't do so great in something, don't beat yourself up. There will always be another race and another chance to improve.

Out of all the races that I have done, none are as supportive as Girl Scout races. The Girl Scout Law says to be friendly and helpful, and everyone at the Trefoil Fitness Challenge adheres to that law.

Failure is a part of life, and we have to learn how to handle it with grace and grit. It is easy to be happy when things go your way, but the true test of character is how we handle it when things don't. I would like to leave you with a quote that helped me feel better after the race.

Life will knock us down, but we can choose whether or not to stand back up.

-Jackie Chan

▼ Here I am at the Thanks-A-Lot Trot with my younger brother.





TREFOIL FITNESS CHALLENGE



Whether you're a race enthusiast or just a beginner, we want you to get moving! Join your sister Girl Scouts, family, and friends for three fitness events taking place from fall 2018 through spring 2019.



TOUGH COOKIE ADVENTURE RACE

SATURDAY, SEPTEMBER 8, 10AM

Camp Laughing Waters, Gilbertsville

Grades: Boys and girls, 5 and older

Cost: \$30/person through August 15
\$40/person through August 29

Bring your friends! Grab your parents and siblings, too! Get a taste for adventure racing as you maneuver the trails of Camp Laughing Waters with your team of two to four people. Run, bike, and use a map to navigate your way from point to point during this two-hour race. You may get wet or muddy, but you're guaranteed to have fun. Afterward, spend the day at camp from 1-4PM for a Camp Fun Day! Try your hand at archery, disc golf, gaga, and volleyball. Enjoy a picnic lunch (self-provided) while you listen to the sounds of our house DJ. Check out our awesome partners at the partner pavilion and meet Girl Scouts from all areas of our council. Register at www.gseptoughcookieadventurerace2018.eventbrite.com.



THANKS-A-LOT TROT

com.

SATURDAY, NOVEMBER 17, 10AM

Camp Laughing Waters, Gilbertsville

Grades: All ages with a current
GS membership

Cost: \$30/person

Experience Camp Laughing Waters like never before. This race is perfect for beginners and experienced runners alike. Take in the crisp autumn air with your troop as you demonstrate your **G.I.R.L.** (Go-getter, Innovator, Risk-Taker, Leader) spirit. After the race, celebrate with a traditional Girl Scout campfire and s'mores. 5k Run/Walk and 1 Mile Fun Walk options available. Register at www.gsepthanksalottrot2018.eventbrite.com.



THIN MINT SPRINT

SATURDAY, APRIL 13, 9AM

Forbidden Drive

200 Northwest Avenue, Philadelphia

Grades: All ages, boys and girls, open to
the public

Cost: \$30/person

Set your sights on the finish line in the third and final race of the Trefoil Fitness Challenge. The Thin Mint Sprint will take place along Forbidden Drive in Fairmount Park. Get ready for this course, which is perfect for running, by gathering your sister Girl Scouts, your biggest supporters, and running enthusiasts to show the community your inner **G.I.R.L.** (Go-getter, Innovator, Risk-Taker, Leader). Register at www.gsepthinmintsprint2019.eventbrite.com.



sponsorship opportunities available!

Visit gsep.org/trefoilfitnesschallenge or call 215.564.2030 for more info.

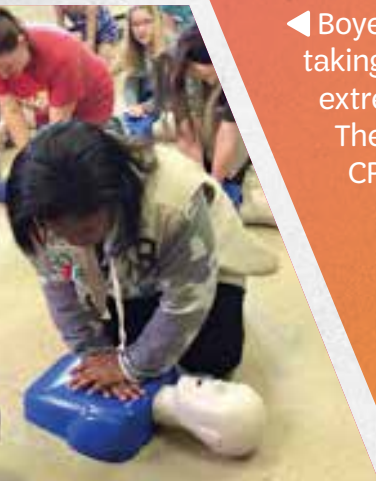
What's missing from *Spark*? you!

Want to see you and your troop in the pages of next year's *Spark* or across our digital platforms? Send us your photos! Show us the amazing things your troop is doing out in the community and beyond.

Mahogani T. of **Troop 9647** braved the cold winter temperatures during Cookie Month in Manayunk to sell cookies outside of a Nicole Miller store. Mahogani showed such dedication. She ran her booth even after spending all day at the Eagles' victory parade. ►



◀ Boyertown **Service Unit 744** spent a Saturday taking a Super Sitter class! Forty-six girls learned extremely important life-saving skills, including CPR. The Juniors and Cadettes who participated became CPR and First Aid certified and certified babysitters!



Service Unit 520 completed a Journey in a Day at the John Heinz National Wildlife Refuge in April. The girls learned all about outdoor safety and what to take on a camping trip. The girls created fun art projects out of materials they found in nature. Chloe K., a Brownie in the unit, even completed her Take Action project in the process! ►



◀ **Brownie Troop 2209** redecorated and updated two rooms at a local women's domestic violence shelter. They held a bake sale, made giving banks to collect change, and brought letters to local businesses asking for donations. Through their efforts, they raised approximately \$2,000 in money and goods, which they used to purchase items for the shelter. The girls and their parents completely redid the playroom and a bedroom over the course of 11 hours!



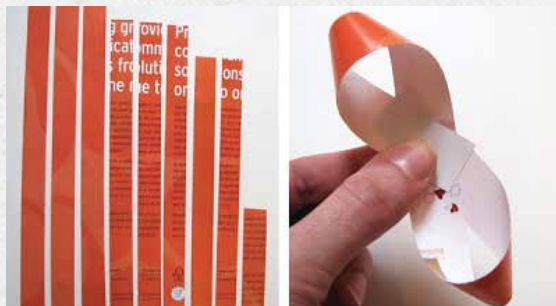
Send us your pictures!

✉ communications@gsep.org • [f /GirlScoutsEPenn](https://www.facebook.com/GirlScoutsEPenn)

🐦 [@GirlScoutsEPenn](https://twitter.com/GirlScoutsEPenn) • [@GirlScoutsEPenn](https://www.instagram.com/GirlScoutsEPenn)

creative corner

Recycle your *Spark* magazines the crafty way!



gift bows

In gift wrap emergencies, when you've got the present but need some wrapping, here's an idea for turning *Spark* pages into a bow. Get creative with different colors, patterns, and textures.



SUPPLIES

Old *Spark* magazines
Scissors
Glue dots
Staples



- 1 Cut a magazine page lengthwise into nine strips, $\frac{3}{4}$ " wide. Leave three of the strips their full length. Cut one inch off three of the strips. Cut two inches off two of the strips. Cut the last strip down to $3\frac{1}{2}$ " long.
- 2 Twist each strip to form a loop at both ends and staple it in the center. Shape the last short strip into a circle and secure it with a glue dot.
- 3 Layer the three longest pieces on top of each other, spacing them evenly and securing each with a glue dot. Add the next two groups of pieces, doing the same. Finally, stick the loop into the center.
- 4 Secure to your gift using a glue dot.



Have a crafty idea to recycle old *Sparks*? Share it with us! Send us pictures of your bow! [f](#) /GirlScoutsEPenn [t](#) @GirlScoutsEPenn [i](#) @GirlScoutsEPenn

5 Reasons Every Girl Should be a #CookieBoss



1

Join the largest girl-led business IN THE WORLD

This 101-year-old program is a Girl Scout tradition. Who'd want to miss out on this?

2

Become your own boss

Learn the determination, confidence, and vision it takes to set goals and reach them.

3

YOU decide how to use your cookie proceeds

Travel the world, help out a charity or those in need, take on adventures at Girl Scout camp, or set your sights on some amazing prizes! It's up to YOU!

4

Be VIP for a day

Sell 500 boxes of cookies or more and enjoy a special event in June with a guest!

5

Sell 1,000+ boxes and enter the Cookie Boss Class of 2019

As a Cookie Boss, you'll be celebrated throughout the year (and with a very special party in June). Who knows, you may even be on TV!

Beyond all that, you'll gain skills in money management, learn how to talk to people, and build business ethics. The 2019 Cookie Program begins on Thursday, January 17, and ends on Sunday, March 10. And don't forget, Individually Registered Members and Girl Scouts of all ages can participate in the Cookie Program! Check out the 2018 Cookie Bosses on the next page!



mark your calendars

OCT. 12, 13, & 15 Service Unit
Cookie Program Trainings

JAN. 4-13 Mega Drops and Initial Order Deliveries

JAN. 17 Cookie Program Starts

FEB. 2-3 Wawa Weekend

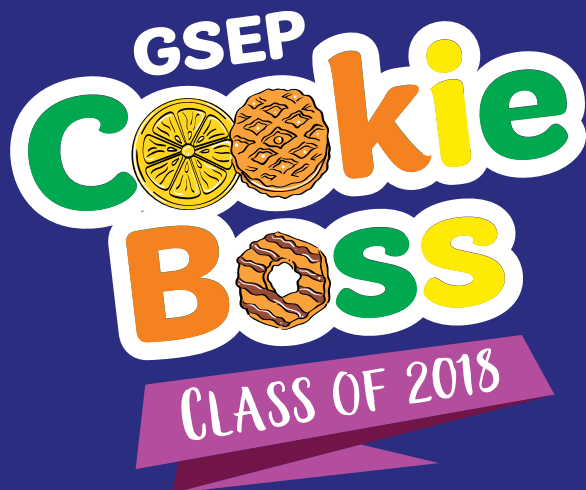
FEB. 22-24 National Girl Scout Cookie Weekend

MAR. 10 Cookie Program Ends

JUN. 15 500 Club Celebration



Learn more! Visit the cookie section of our website for more info.



In the following pages, you'll meet 239 of our top cookie sellers. These go-getters each sold 1,000+ packages of cookies, earning a spot into the prestigious Cookie Boss Class of 2018. From traveling the world to earning their Gold Award, these #CookieBosses deserve a shout out!

DAISIES



Sophia L., Troop #6169
Nyomi W., Troop #618
Brianna T., Troop #7130
Lydia N., Troop #9221
Kiera M., Troop #956
Natalie H., Troop #5429
Giordana C., Troop #9363
Dakohta H., Troop #91253

Collette T., Troop #6244
Samantha T., Troop #701
Magdalena B., Troop #7036
Blascyk A., Troop #956
Isabella G., Troop #956
Madison C., Troop #7043
Charlotte C., Troop #2018
Raven V., Troop #4063

BROWNIES



Jaylynn P., Troop #5429
Stella P., Troop #93546
Joy W., Troop #2142
Anna Grace H., Troop #406
Caralyn G., Troop #5429
Isabel A., Troop #7275
Sydney B., Troop #768
Maia L., Troop #4029
Ashlyn H., Troop #41552
Abigail C., Troop #9712
Nina G., Troop #93273
April B., Troop #562
Madison G., Troop #7208
Ella S., Troop #730
Jessica S., Troop #5407
Ashley S., Troop #210

Gabriella P., Troop #247
Jordan H., Troop #5407
Charlotte C., Troop #7275
Gabryella S., Troop #91297
Jahyrah B., Troop #800
Dakota E., Troop #800
Christine M., Troop #21422
Isabella G., Troop #7104
Isabella G., Troop #7123
Simra S., Troop #70827
Ariana M., Troop #5411
Caitlyn K., Troop #21744
Madelyn C., Troop #2209
Isabelle H., Troop #11137
Samantha M., Troop #21422

JUNIORS

Madison B., Troop #9674
Vanessa H., Troop #51922
Briana C., Troop #9454
Emma P., Troop #5047
Madison J., Troop #9241
Jessica B., Troop #71768
Taylor C., Troop #9315
Zohra F., Troop #51129
Emily F., Troop #72055
Kara O., Troop #72055
Makena S., Troop #671

Julia A., Troop #4920
Caroline G., Troop #51129
Samantha G., Troop #6294
Kirsten M., Troop #2057
Chloe C., Troop #5502
Abigail S., Troop #70621
Aurie B., Troop #91572
Carly D., Troop #51922
Ava K., Troop #21041
Liana S., Troop #7100
Nicole M., Troop #51129

Madison R., Troop #8860
 Anna R., Troop #9090
 Faith G., Troop #6984
 Christine M., Troop #7360
 Isabella N., Troop #5502
 Mykayla Y., Troop #5357
 Charlotte C., Troop #21240
 Gisele A., Troop #7157

Mary Ashlyn W., Troop #21303
 Lucille C., Troop #2762
 Peyton B., Troop #71768
 Emma B., Troop #9090
 Virginia S., Troop #6810
 Autumn H., Troop #6038
 Gianna G., Troop #2066
 Abigail M., Troop #7063



Jessica T., Troop #7157
 Jada M., Troop #7753
 Katie O., Troop #4143
 Maya K., Troop #21041
 Sara E., Troop #6294
 Olivia B., Troop #72055
 Ava Z., Troop #7063
 Ava F., Troop #72055
 Lauren K., Troop #9392
 Janice H., Troop #21240

Arabella L., Troop #7063
 Mia F., Troop #7063
 Taniyah D., Troop #7063
 Emma C., Troop #9674
 Julia M., Troop #4254
 Sadie W., Troop #6294
 Serena B., Troop #7100
 Abigail C., Troop #72055
 Ciani S., Troop #93547

CADETTES

Simone J., Troop #91326
 Christine J., Troop #91326
 Samantha P., Troop #2241
 Alexia S., Troop #5357
 Kayla E., Troop #9629
 Molly N., Troop #8497
 Isabella A., Troop #51129
 Paris G., Troop #91326
 Kayleigh B., Troop #2866
 Anna M., Troop #91009
 Kylie P., Troop #9744

Alyssa N., Troop #9744
 Olivia S., Troop #4662
 Aniya B., Troop #91053
 Samantha D., Troop #5281
 Emma S., Troop #7643
 Emily F., Troop #21105
 Lydia E., Troop #21105
 Mikayla P., Troop #91531
 Natalie D., Troop #21603
 Elizabeth H., Troop #51251
 Meghan R., Troop #51251

Anna W., Troop #51873
 Leilani E., Troop #51129
 Kaia B., Troop #61025
 Shanir F., Troop #9069
 Tatiana D., Troop #91326
 Alivia T., Troop #4180
 Emma R., Troop #51129
 Tatiana R., Troop #9455
 Danielle T., Troop #5976
 Isabella S., Troop #7643
 Gabryella N., Troop #51129
 Charlize G., Troop #77135
 Maya S., Troop #51129
 Riley B., Troop #7819
 Samantha R., Troop #9943
 Zayna J., Troop #71159
 Sanaa A., Troop #71159
 Kirsten B., Troop #91009
 Kaylyn P., Troop #51129
 Alyssa M., Troop #6589
 Andi B., Troop #4864
 Kaelyn G., Troop #8497
 Leela R., Troop #9412
 Olivia M., Troop #4079
 Morgan M., Troop #21638
 Laura A., Troop #91504
 Jessica M., Troop #9744

Elizabeth S., Troop #6851
 Grace S., Troop #72059
 Amanda M., Troop #21178
 Grace B., Troop #21178
 Samantha T., Troop #21178
 Isabella H., Troop #2974
 Emily L., Troop #9934
 Halle M., Troop #21105
 Melanie T., Troop #91326
 Devyn H., Troop #9997
 Brendalynn B., Troop #71975
 Gianna M., Troop #2974
 Kaylee O., Troop #5565
 Lauren D., Troop #7018
 Tayten K., Troop #7018
 Madison K., Troop #1648
 Emily S., Troop #5300
 Maliha L., Troop #71159
 Tasneem A., Troop #71159
 Isis J., Troop #9999
 Leah T., Troop #5976
 Chloe H., Troop #21131
 Lydia G., Troop #21638
 Hailey H., Troop #51251
 Annalee K., Troop #7206
 Katherine S., Troop #7206
 Shayna Marie W., Troop #7206



Rebecca D., Troop #9744
 Gabrielle G., Troop #682
 Mia G., Troop #57
 Iyonna R., Troop #9999
 Kyleigh M., Troop #5357

Bridget C., Troop #7643
 Ashley L., Troop #9629
 Leila W., Troop #9957
 Sophia L., Troop #6169
 Nyomi W., Troop #618

Brianna T., Troop #7130
 Lydia N., Troop #9221
 Kiera M., Troop #956
 Natalie H., Troop #5429
 Giordana C., Troop #9363
 Dakohta H., Troop #91253
 Collette T., Troop #6244

Samantha T., Troop #701
 Magdalena B., Troop #7036
 Blascyk A., Troop #956
 Isabella G., Troop #956
 Madison C., Troop #7043
 Charlotte C., Troop #2018
 Raven V., Troop #4063

SENIORS



Nialah M., Troop #5251
 Rachael T., Troop #9517
 Brianna D., Troop #9014
 Shana B., Troop #51129
 Elizabeth W., Troop #9517
 Taylor H., Troop #91444
 Grace M., Troop #9744
 Phebe Anne W., Troop #874
 Rachel O., Troop #2012
 Noor B., Troop #7102
 Temani M., Troop #914
 Serena W., Troop #9445
 Meghan G., Troop #7090
 Jane M., Troop #21275
 Elise G., Troop #910
 Megan P., Troop #5042
 Kara H., Troop #874
 Melliah S., Troop #9362
 Taylor B., Troop #794
 Nayeli V., Troop #91531
 Korbyn C., Troop #644

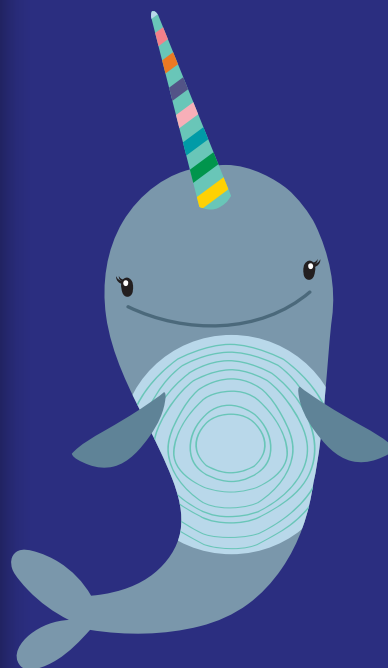
Ashlyn F., Troop #794
 Gillian P., Troop #91531
 Samantha C., Troop #7774
 Trinity P., Troop #2974
 Danielle L., Troop #9934
 Destiny H., Troop #9014
 Ann H., Troop #5251
 Aiyonna S., Troop #9014
 Sasha C., Troop #9014
 Sereina W., Troop #9014
 Myah Y., Troop #9014
 Tagianna F., Troop #9014
 Vashti V., Troop #9014
 Adrienne K., Troop #5042
 Jillian M., Troop #297
 Alicia M., Troop #9014
 Janiyah D., Troop #9014
 Nyleeah S., Troop #9014
 Alessandra L., Troop #910
 Demaya A., Troop #914

AMBASSADORS



Ariana P., Troop #9020
 Arieanna S., Troop #9020
 Aileen Z., Troop #502
 Crystal L., Troop #615
 Abigail C., Troop #41163

Hope W., Troop #2974
 Kyra H., Troop #91433
 Kelly S., Troop #2974
 Elaina T., Troop #77160
 Abbie G., Troop #77160



Want to join
 this group of
 inspiring
G.I.R.L.s?
 Participate in
 the 2019
**Cookie
 Program** and
 make sure to
 bring your
A-game and
Girl Scout
 smile to every

cookie-selling opportunity you find. With hard work and determination, you could be featured in these pages next year as a member of the Cookie Boss Class of 2019!

GOOD FUNdraising

Goodwill Donation Drives



Collect donations and earn money for your troop

Get a patch for your participation

Keep clothing & household goods out of landfills

Help fund job training services for people in your community



We look forward to partnering with you! Contact us for details.
drives@yourgoodwill.org • 1.877.585.0135 • yourgoodwill.org

TAKE THE LEAD

LEAD WITH COURAGE CONFIDENCE & CHARACTER

WHAT IS TAKE THE LEAD?

Take the Lead is the Girl Scouts of Eastern Pennsylvania's signature fundraising event, honoring our community's most distinguished women whose leadership and professional achievements make the world a better place. Girl Scouts of all ages produce this unique leadership program and develop the skills necessary to become the future leaders of tomorrow.

A true highlight of the Girl Scout experience, Take the Lead enables girls to forge long-lasting, valuable mentorships with honorees and connect directly with their community. Proceeds from Take the Lead support our Girl Leadership Experience programs, camp scholarships and outreach programs for girls in underserved areas.



▲ Honoree Dr. Jodi Radosh and presenter Sophia at Take the Lead Berks County!

TAKE THE LEAD 2018 SHADOW DAY SPOTLIGHT: JODI & SOPHIA

After completing the application and interview process, Sophia earned the role of presenter at Take the Lead 2018 Berks County, and was paired with honoree Dr. Jodi Radosh. In February, Sophia spent the day shadowing Dr. Radosh and learning about her career. Sophia said, "Upon meeting Dr. Radosh, I was prepared to present my most professional hand shake, but instead she went right in for a warm hug, which set the tone for the day." Dr. Radosh told Sophia about her start in the industry as the founder, anchor and producer of CNN Headline News Local Edition in Ephrata, and her career path to where she is today. Sophia saw many aspects of Dr. Radosh's

career at Alvernia University, as a professor and Associate Director of the Holleran Center for Community and Global Engagement. During the shadow day, Sophia participated in Dr. Radosh's media class and visited an after-school program Dr. Radosh helps run through the Holleran Center. Dr. Radosh told Sophia about the joy she gets from pairing students with exciting internships in the news and media industries. On April 4, 2018, Sophia presented Dr. Radosh with the Take the Lead Award. Sophia is grateful to have met Dr. Radosh, and gained a mentor who helped her realize the importance of caring about others and working hard to achieve your dreams.

FIND YOUR INNER G.I.R.L.

(Go-getter, Innovator, Risk-Taker, Leader)

Starting October 1, you can apply to be a girl participant or volunteer at Take the Lead 2019 using our Program/Event Registration System!

GIRL LEADERSHIP OPPORTUNITIES:

PRESENTER: Be a RISK-TAKER by spending the day shadowing and interviewing one of the Take the Lead honorees. At Take the Lead, you'll honor your new mentor and present her the award on stage!

EMCEE: Be a LEADER by grabbing the mic and taking the stage! Narrate the event and get the crowd on its feet.

CHORUS: Be a GO-GETTER and join your friends on stage in the Take the Lead chorus! Chorus Lead role available as well.

GREETER & USHER: Show off your Girl Scout kindness as a LEADER, welcoming and directing guests throughout the event.

RAFFLE ROVER: Are you a #CookieBoss? This is the role for you! Be an INNOVATOR and come up with your best pitch to sell raffle tickets.

COLOR GUARD: Represent GSEP as a LEADER in this ceremonial tradition to honor and respect the United States flag.

GIRL PHOTOGRAPHER: Do you have an eye for photography? As a GO-GETTER, help us capture all the unforgettable memories leading up to and during the event. (Camera not provided.)

SOCIAL MEDIA GIRL EXPERT: Have you mastered the art of social media? We want YOU to be an INNOVATOR and take our combined 14,000 followers on a behind-the-scenes journey of Take the Lead.

CAMPERSHIP AUCTION LEAD: As a LEADER, share your camp experience and inspire the crowd to donate camperships as you lead a live auction to help send sister Girl Scouts to camp!!

MARK YOUR CALENDAR!



TAKE THE LEAD 2019
GREATER PHILADELPHIA*
Tuesday, March 5
Crystal Tea Room

TAKE THE LEAD 2019
BERKS COUNTY
Wednesday, April 3
DoubleTree Hotel

TAKE THE LEAD 2019
LEHIGH VALLEY
Tuesday, April 30
ArtsQuest™ Center
at SteelStacks™

**Includes Bucks, Chester, Delaware, Montgomery, and Philadelphia counties.*



Interested in getting involved with Take the Lead in your area?

Visit gsep.org/takethelead or call 215.564.2030 to get involved, nominate amazing women, or sponsor our 2019 events!

Do YOU know someone who

- Exemplifies extraordinary civic, professional, and philanthropic leadership and achievement?
- Showcases the Girl Scout values of courage, confidence, and character?
- Acts as a positive role model for girls and is committed to making the world a better place?
- Lives or works in Greater Philadelphia, Berks County or the Lehigh Valley?

Nominations are now open for the 2019 Honorees for Take the Lead!

Nominations due Wednesday, September 5



THANK YOU TO OUR 2018 TAKE THE LEAD SPONSORS!

Your support enables GSEP to provide these mentorship opportunities to the Girl Scouts in our area and to empower girls to unleash their inner **G.I.R.L.**

Thank you for investing in, inspiring, and empowering our Girl Scouts.

PRESENTING SPONSORS



Chris and Toni
Miller



From Brownies to the Board Room

A Young Alum Story

Girl Scouts fuels the female leadership pipeline, and our alums are doing amazing things!



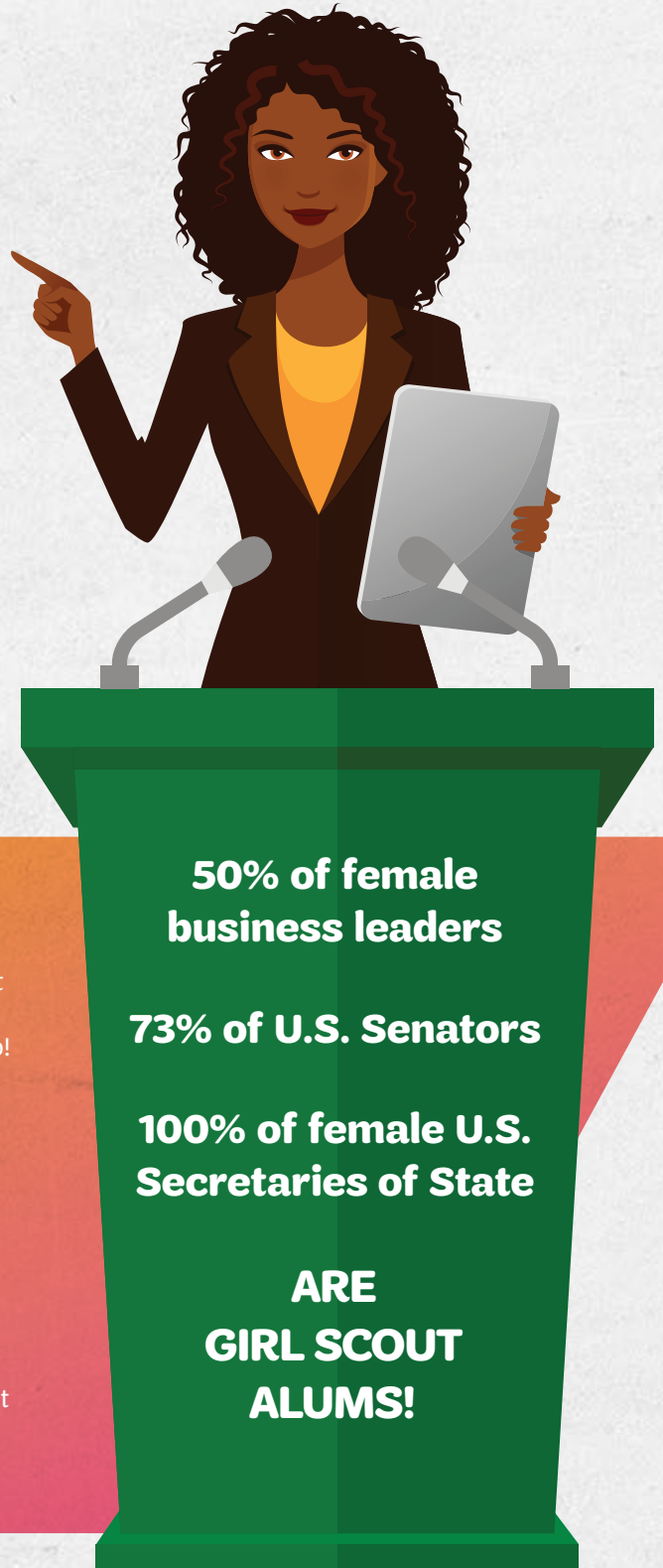
▲ Lauren and her mom at Take the Lead.

Take local alum Lauren Sauers for example. Lauren, a Trifecta Girl Scout (earning Bronze, Silver, and Gold Awards), was extremely active at GSEP, participating in Take the Lead, earning scholarships, traveling around the globe, and more. Through these experiences, Lauren learned about community service and discovered her interest in the medical profession. She also learned about leadership, the importance of character, and the support that women and girls can provide each other.

Lauren took these skills and insights with her to Bryn Mawr College, where she recently graduated with a major in biology. She currently works at Lankenau Hospital as an emergency room technician. Continuing to give back to the community, Lauren volunteers with Narberth Ambulance as an EMT and is a member of their Board of Directors.

“Having positive women role models in Girl Scouts, introducing girls to community service, and providing varied opportunities for girls to go out of their comfort zone — these are some of the essential aspects of Girl Scouting that I have benefited from.” — Lauren Sauers

Lauren is one of the 50 million Girl Scout alum making significant contributions around the world. Congrats, Lauren, on all that you’ve accomplished as a **G.I.R.L.** We’re proud to call you a sister Girl Scout.



**50% of female
business leaders**

73% of U.S. Senators

**100% of female U.S.
Secretaries of State**

**ARE
GIRL SCOUT
ALUMS!**

Calling all Girl Scout Young Alums!

Are you a former Girl Scout, age 18-35, and miss your Girl Scout experience? Are you interested in growing your network and connecting with sister Girl Scouts? Join our Young Alums Group!

Get ready to:

- Reconnect with your Girl Scout roots
- Participate in community service activities

Follow the Girl Scout Network on LinkedIn to connect with millions of other Girl Scout alums and if you earned the Gold Award, add #GoldAwardGirlScout to your LinkedIn profile!

Visit gsep.org/alums to check out upcoming events and contact Trish Corvo at tcorvo@gsep.org to join the Young Alums Group!



Troop Life Not Your Life?

THERE'S ANOTHER WAY TO BE A GIRL SCOUT!

If you're looking to reap the rewards, recognition, and skills of being a Girl Scout, but being part of a troop isn't for you, become an individually registered member (IRM), also known as a "Juliette," and make your Girl Scout experience work for you!

As an IRM, you will customize your Girl Scout experience around your interests, goals, and schedule. Whether you have a few hours, a few weeks, or a few months, Girl Scouts is flexible and fun. There are no limits to what you can do as an IRM. Participate in everything that is open to your grade level.

Begin your new adventure by completing your Girl Scout membership registration at gsep.org/join and emailing Member Services (memberservices@gsep.org) with the Subject Line: IRM. Someone from our team will reach out to welcome you and help plan your year.

You can:

- Attend council-sponsored programs, events, year-round camp experiences, and travel opportunities.
- Work on Journey awards and badges with a parent or adult mentor.
- Earn the Bronze, Silver, and Gold Awards.
- Apply for governance and committee opportunities to be a change-maker and have your voice heard!

And, of course:

- Participate in the Cookie Program to earn cool recognitions and credits towards GSEP camps, programs and travel opportunities!

Older Girl Scout Awards!

Calling all Cadettes, Seniors, and Ambassadors! Looking to strengthen your leadership skills, get involved with an organization you care about, or be recognized for community service? Take your Girl Scout experience to the next level with Girl Scout awards! (Bonus: Your college application will stand out with these awards on your resume!)

Leader in Action (LiA)

Share your organizational skills, grow your leadership development, and reflect on your experiences as a leader in action. Earn a Leader in Action award by assisting a Brownie troop on a Journey program. Earning the LiA award is a pre-requisite for the Program Aide pin.

Service Bars

To earn a Community Service Bar, choose an organization to volunteer with for at least 20 hours. To earn a Service to Girl Scouting Bar, support Girl Scouts, either by helping another troop, service unit, or GSEP for at least 20 hours. You can earn each bar once per age level.

Torch Awards

To earn a Torch Award, first complete one age-level Leadership Journey. Then, serve one term in a leadership position at your school, town council, church, or a similar organization. There are three Torch Awards to earn. The Silver Torch Award recognizes Cadettes, the Silver and Gold Torch Award recognizes Seniors, and the Gold Torch Award recognizes Ambassadors.



Head over to gsep.org/leadership&service to learn more about these awards and others. Oh, and don't forget to save some space on your sash for all these great accolades!

Not quite old enough to earn these awards? Visit gsep.org/leadership&service to learn about awards for girls of all ages, such as the President's Volunteer Service Award and the WAGGGS Global Action Award.

Service Opportunities for Older Girls

Looking for ways to give back to your community? Trying to find an organization to partner with to complete your Silver or Gold Award project?

Go to gsep.org/serviceopportunities to check out our new service opportunities resource guide. This tool will help you find ways to get involved based on your interests. Get ready to change the world!

Want to lead the way for younger Girl Scouts? Check out our fall/winter program aide opportunities below, where you can help plan and run programs for girls in grades K-5. Register for these opportunities using the Program/Event registration system!



Sundae Sunday ●●●

SUNDAY, SEPTEMBER 30, 12-3PM

Camp Laughing Waters, Gilbertsville

Grades: 6-12

Cost: \$15/girl

Calling all girls who want to create GSEP's Halloween extravaganza for younger Girl Scouts! Join us and help plan for Autumn Adventures and Spooky Waters, where you'll learn details about your volunteer role and help prepare for the big day.



Cookie Captains ●●●

SUNDAY, DECEMBER 8, 10AM-12:30PM

Camp Laughing Waters, Gilbertsville

Grades: 6-12

Cost: \$5/girl

Cookie season is almost here, and we need your #cookieboss skills! Older girls are needed to help lead activities at the Cookie Camp-In at Camp Laughing Waters on Saturday, January 5-Sunday, January 6. At this training, learn how to lead activities and teach girls how to talk to customers, remember cookie flavors, and create goals.



Camp Play Day Program Aide ●●

MONDAY, OCTOBER 8, 8AM-4PM

Camp Valley Forge, Valley Forge

Grades: 7-9

Cost: \$15/girl

Summer went by way too fast and we miss camp! Spend your day off from school using your leadership skills at Camp Valley Forge. Assist younger campers with arts and crafts, lead games and songs, and more. Girls must have successfully completed Program Aide Training. Please bring a packed lunch. *Includes afternoon snack.



Maple Sugaring Program Leaders ●●●

SUNDAY, JANUARY 27, 10AM-4PM

Camp Laughing Waters, Gilbertsville

Grades: 6-12

Cost: \$20/girl

Put your leadership skills to work! Help teach younger girls all there is to know about maple syrup. Whether you enjoy writing scripts, acting, making crafts, singing songs, or helping others, there is something for everyone.



Psssst! Service opportunities aren't just a great way to make the world a better place. You can also earn awards! Check out page 47 for more information about Leadership and Service Awards.

Want to
embrace the
outdoors but
don't know
where to
start?

THE Outdoors ARE IN!

Check out the Outdoor Progression chart for tips!

Progression is the process of developing or moving gradually toward a more advanced state. Outdoor progression allows girls to learn the skills they need to become competent and confident in the outdoors, including how to plan and organize outdoor activities. Once you've mastered an outdoor skill, don't stop there! Challenge yourself further by taking the next step up. Outdoor fun is endless when girls lead!



Get Outdoors!



Challenge

All Ages:		Daisy:		Brownie:	
	Watch the sunset		Go for a walk		Hike 1/2 mile
	Attend an outdoor sporting event		Watch the clouds		Make a birdfeeder
	Build a fire (with an adult)		Have a picnic		Pitch a tent
	Visit a nature center		Visit a zoo		Go on a pony ride
	Play in the rain		Watch ants		Go on a bug hunt
	Visit a farm		Sing a song on a walk		Learn your trail markers
	Put your toes in the sand at a beach		Make up a game outside		Build a fort
	Attend a ranger talk/hike		Jump rope outside		Swim in an outdoor pool
	Swim in a creek or lake		Blow bubbles in your yard or park		Watch fireflies at night
	Volunteer to take a shelter pet for a walk		Meet a park ranger		Create a letterbox
	Learn how to use a compass		Make a leaf rubbing		Play your favorite sport outside
	Send GSEP pictures/videos of your outdoor adventures to memberservices@gsep.org		Explore your (or a family member's) backyard		Measure the rainfall during a storm
	Ride on a boat		Play on a playground outside		Learn how to identify a bird call
	Learn about your home watershed		Hug a tree		Draw and play on a hopscotch court
	Visit a state park				
	Visit a national park	Junior:		Cadette:	
	Cook over a fire		Hike 1 mile		Hike 2-3 miles
	Create art inspired by nature		Make a slip-and-slide		Make a flower crown
	Hike to an overlook/vista		Tie-dye something outside		Learn about archery
	Stay overnight at a GSEP camp		Go geocaching		Complete a ropes/challenge course
	Go to a GSEP resident camp		Go horseback riding		Go stand-up paddle-boarding
	Learn about the trees that grow in your neighborhood		Host a backyard campout with your family		Go backpacking for a night
	Go whitewater rafting		Climb a tree/explore a treehouse		Ride your bike on a rail trail
	Volunteer at a park clean-up day		Sing songs around a campfire		Help clean up a trail
	Learn about wildlife rehabilitation		Take someone on a "tour" of your favorite outdoor space		Learn pocket knife safety and how to whittle
	Play outside with a pet		Complete a National Park Service Junior Ranger badge		Spend some time meditating outdoors
	Earn the Naturalist badge for your GS level		Have a water balloon toss and/or play in a sprinkler		Beautify a garden
	Plan and/or complete a scavenger hunt		Draw a sidewalk chalk masterpiece		Take a night hike
	Play an instrument outside		Write a poem about your favorite outdoor space		Draw a map of your favorite park/camp/outdoor space
Turn the page for more "All Ages" activities!			Swing on an outdoor swing-set		Read a book outside

Get Outdoors!



Challenge

All Ages continued...	Senior:	Ambassador:
Tag #GSEPGetOutdoors on your social media posts about these challenge activities	Hike 3-4 miles	Hike 5-6 miles
Go fishing	Mountain bike on a trail	Hike a trail with at least 1000' elevation change
Play disc golf	Go on a zip line	Guide a younger troop on a hike
Go on a walk/hike with your whole family	Hike to see a sunrise or sunset	Take a wilderness first aid class
Make a s'more over a campfire	Become a CIT	Make a video/song about Leave No Trace
See a waterfall	Take photos outside	Go rock climbing
Tour a botanical garden	Go primitive camping	Explore a cave or cavern
Visit a state forest	Go kayaking/canoeing	Help clean-up a water way
Visit a state park from another state	Learn the stories behind three constellations	Ride a bicycle 10+ miles
Play mini-golf	Play a game outside with younger girls	Read the writings of a famous environmentalist
Hike a portion of a National Scenic Trail (North Country Trail, Appalachian Trail, etc.)	Go for a walk/jog/run in a park	Take a friend/sibling to your favorite park
Attend a GSEP outdoor program	Take a "nature selfie"	Learn how to use a camping stove and cook a meal or snack
Complete a Journey activity outside	Create a journal to track the changes of the seasons (plants, animals, weather, etc.)	Volunteer/work at a GSEP camp/ outdoor program
Observe a wild animal (from a safe distance)	Pick fruits/vegetables from a local farm	Go to an amusement park
Plant some herbs to keep in your kitchen		
Talk to a family member about their favorite childhood memories of the outdoors		
Find out about careers that involve outdoor recreation, restoration, etc.		
Swim in an ocean		
Camp at a campground		
Learn about spiders		
Ride a skateboard/bike/rollerblades outside		

From October 1 to June 1, complete as many activities as possible from the list above.

Complete at least 10 activities from your grade level (two can be from a younger grade level) and 30 activities from the all ages list, and you'll earn the Get Outdoors Challenge patch for your age level!

Many activities can be completed at the same time. For example, a Brownie can hike a half-mile (grade-level activity) to an overlook (all ages activity) to watch the sunset (all ages activity), and she's completed three activities at once and can check off all three. See, this is easier than you think!

Girls can also substitute two activities from a younger grade level to count toward their grade level activity requirements. For example, an Ambassador can go stand up paddle-boarding, even though that activity is listed under a younger grade levels (Cadette). Or, she can help some younger girls work on an activity for their grade level, and the Ambassador can still count it towards her checklist.

And the award goes to...

GSEP is pleased to offer a variety of scholarship opportunities to our girls! Check out the Scholarships page of our website for more details and to apply. All scholarship applications and references must be submitted no later than **January 31, 2019**, at 11:59 p.m.!

The Dotti Martin Educational Scholarship and Destination Fund recognizes a Girl Scout who exemplifies courage, confidence, and character, just as Dotti Martin did.

Award amount: \$1,000

The Elizabeth G. Dorsett Memorial Scholarship provides funds for continuing education to one Ambassador graduating from high school. The applicant must be a Gold Award Girl Scout and demonstrate high academic achievement.

Award amount: \$500

The GSEP Graduating Senior Scholarship is given to several graduating high school seniors who demonstrate leadership within the community. The funds must be utilized for continuing education beyond the high school level. This scholarship is supported by Adult Camping Weekend.

Award amount: \$1,000

The Helen Bartberger Award is awarded to one Senior or Ambassador who feels that her Girl Scout experience has influenced her life.

Award amount: \$200

The Janet and Solomon Eshner Scholarship provides funds for continuing education to one Ambassador who is graduating from high school.

Award amount: \$450

The Judy Borie Scholarship provides funds for continuing education to one Ambassador who is graduating from high school.

Award amount: \$1,000

The Kiwanis Scholarship provides funds for continuing education to one or more Ambassadors graduating from high school.

Award amount: \$1,000

The Monae Ragsdale-Mabrey Scholarship is awarded to one graduating Ambassador who is a model student and gives to those in need. The applicant must be a resident or troop member in the one of the following zip codes: 19082, 19104, 19132, 19138, 19139, 19140, 19141, or 19143.

Award amount: \$250

The Renee Carol Harper Memorial Scholarship

honors one graduating senior who is an active member of a troop in Philadelphia, is active in her school and community, and plans to continue her education beyond high school.

Award amount: \$500

Friends of Camp Sunset Hill Scholarship provides funds to a Gold Award Girl Scout whose project educated the public about the environment/outdoor science or improved the environment. Or, the applicant may be a Gold Award Girl Scout who also attended a GSUSA Destination with a focus on the outdoors or environmental science.

Award amount: \$500

Margaret Glenn Estey Award offers an award to a girl who has taken on projects that enhance the self-esteem of girls under 18.

Award amount: \$100

The following applications are completed by an ADULT who wishes to nominate a girl for one of these scholarships.

The Maurice Seltzer Science and Math Award recognizes one Senior or Ambassador working in the fields of science and math while performing community service.

Award amount: \$50

The Muriel E. Lehman Award honors one Senior or Ambassador who has promoted friendship among persons of different ethnic backgrounds.

Award amount: \$200

Check the Scholarship page of our website often for additional scholarship opportunities!



RACHEL A.



AKANKSHA B.



GRACE C.



ALLIE C.



ALLISON D.



EMILY A.



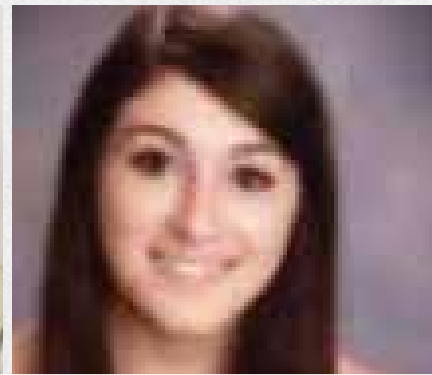
ROBIN B.



CHRISTINE C.



ELIZABETH C.



JACLYN D.



EVELYN A.



COURTNEY B.



CAROLINE C.



JENA D.



SARAH D.



HALLE B.



KAITLYN B.



EMILY C.



ALEXSIS D.



LILLIAN D.



MARGO B.



ALISON B.



CHLOE C.



CARA D.



MARIAH E.

MEET THE 2017 Gold Award Girl Scouts!

The Girl Scout Gold Award represents the highest achievement in Girl Scouting. It recognizes girls in grades 9 through 12 who demonstrate extraordinary leadership through remarkable Take Action projects that have sustainable impact in their communities and beyond. Since 1916, girls have successfully answered the call to “Go Gold!” an action that indelibly marks them as accomplished members of not only their communities but also the world.

GSEP proudly presents the 91 incredible Gold Award Girl Scouts who joined the ranks of the most prestigious Girl Scouts and were celebrated at the 2017 Gold Award Ceremonies!

Not pictured: Sophia H.

**Ready to
Go Gold?**

Visit gsep.org/highest-awards
for more information and
requirements.



HALLY E.



ASHLYN F.



KATIE F.



DOROTHEA F.



EMMA G.



KRISTEN G.



KATHERINE H.



CRYSTAL K.



ALLISON L.



OLIVIA M.



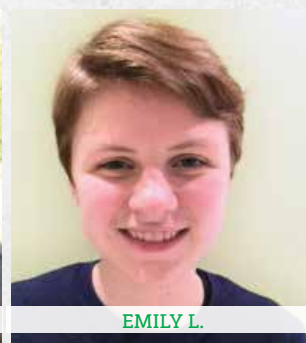
MARLOWE G.



CAROLINE H.



KARLIE K.



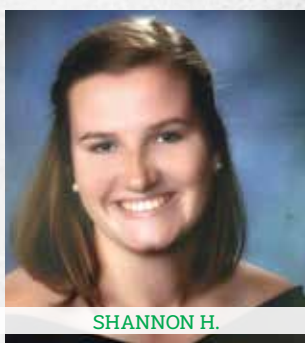
EMILY L.



MEGAN M.



MAYA G.



SHANNON H.



KATELYN K.



MACEY L.



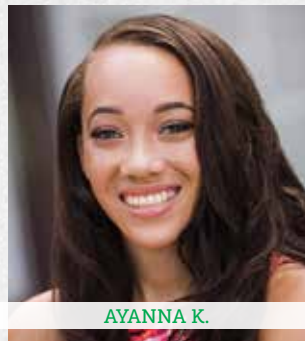
BRIGID M.



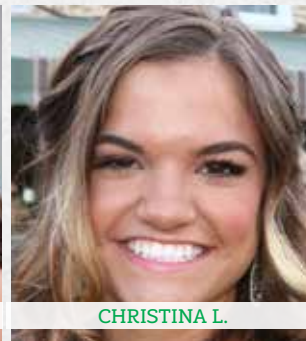
ALEXIS G.



EMILY H.



AYANNA K.



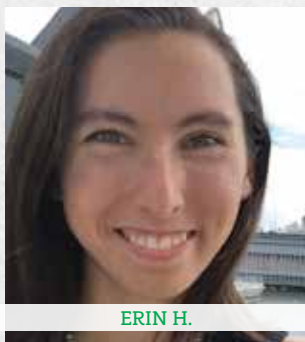
CHRISTINA L.



KATIE M.



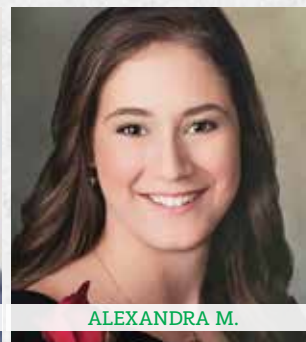
MARGARET G.



ERIN H.



NICOLE L.



ALEXANDRA M.



ADRIANNA M.



JULIA G.



EJIN J.



KATHERINE L.



ERIN M.



FRANCESCA M.



AMY M.



JESSICA P.



JULIA R.



KERRY S.



KATHARINE W.



MIKAYLA O.



GRACE P.



VICTORIA R.



SAMANTHA T.



KYMBERLY W.



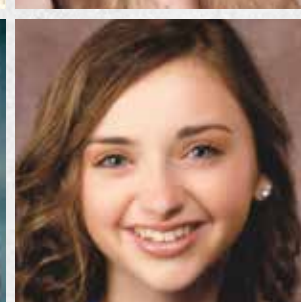
AMANDA O.



RIPLEY P.



SHANNON R.



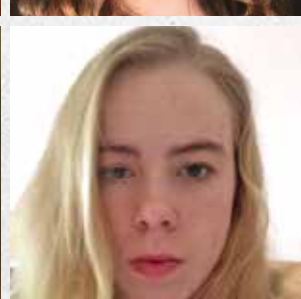
JENNA U.



NICOLE W.



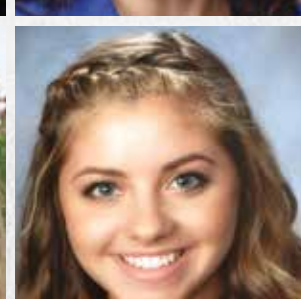
ABIGAIL O.



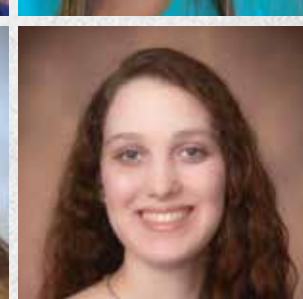
CAROLYN P.



JULIA S.



HANNAH V.



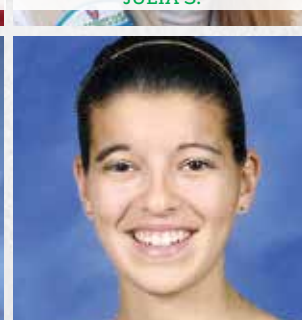
REBECCA W.



BRITTANY P.



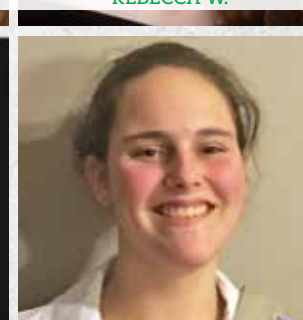
JESSICA R.



RACHAEL S.



VICTORIA V.



AMY W.



MICHELLE P.



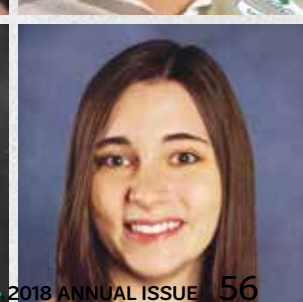
SARAFINA R.



SANJNA S.



EMILY W.



RACHEL Z.



WITH SARAH J., A GOLD AWARD GIRL SCOUT



What inspired you to earn the Gold Award?

I was inspired to earn the Gold Award by my older sister, a Gold Award Girl Scout. She encouraged me to look for ways that I could also contribute to the community. I have always had a deep appreciation for nature, so that tied in well with my goal.

What did you do to earn your Gold Award?

My project, Community Bat Houses, addressed the lack of awareness around the importance of bat populations in our community. Bats help to pollinate plants and keep the insect population controlled.

However, bat populations have declined significantly. The bat houses that I built will help repopulate the area with a species that is extremely beneficial to the environment.

How do you think your skills have grown because of this project?

My leadership skills have grown due to this project. I learned that things do not always turn out as planned, but it is important to keep a positive attitude. The way a person conducts themselves affects how their team works. Patience is a virtue when trying to organize people to come together. There were so many challenges and I had to rely on the support of my family and friends. I realized I need to be aware of personal limits and should never underestimate the importance of collaboration and support. In the future, I will be able to apply these new skills to other projects.

What would you tell girls who aren't sure if the Gold Award is for them?

Don't be afraid. Earning the Gold Award is a great opportunity, not only to help your community, but also to develop your communication, leadership, and planning skills. I would not want any Girl Scout to look back and regret not seizing that opportunity.



Advice from GSEP's Silver and Gold Award Committees

Behind the scenes of GSEP's Highest Awards are two committees of dedicated Girl Scout volunteers. The women who serve on the Silver and Gold Award Committees spend countless hours helping girls find a project they'll love, facilitating information sessions, pouring over packets of paperwork, providing encouragement and solutions to girls that need a helping hand, and mentoring girls to project completion.

These committees have seen it all, and they have some great advice for girls interested in earning their Silver or Gold Award!



Take advantage of the Silver and Gold Award Information Sessions! The proper training can set you off on the right path and help you avoid a lot of frustration. **Info sessions are for girls, parents, and adult volunteers!** Don't be afraid to reach out to Silver and Gold Committee members. We are passionate about highest awards and want to help girls earn them!

Christine Reber | Silver Award Committee, 2 years



You will never be sorry you earned a Girl Scout Gold Award, but you may be sorry you did not. The Girl Scout Gold Award can help you land a job, get into college, or secure a scholarship, and earns you a higher rank in the military, plus provides many other valuable assets.

Sonia Foderaro | Silver & Gold Award Committees, 38 years



Don't be afraid to jump into a Gold Award project. The Gold Award Committee is here to coach you to success!

MaryAnn Rodda | Silver & Gold Award Committees, 2 years



You never know what you are capable of **until you try!**

Diane Bartlett | Silver & Gold Award Committees, 32 years



Just remember, when filling out your paperwork: **who, what, when, where, why, how many, and what size.**

Nancy Bowker | Gold Award Committee, 30 years



Want to join the Silver or Gold Award Committees? Or both?

Contact girlawards@gsep.org to learn how you can help girls make the world a better place through the Highest Awards.



*We can do
anything!*



Girl Scouts

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- Delicious and abundant meals
- World-class nightly entertainment
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The Secrets of STEAM Revealed

Erin H., Troop 51194
Gold Award



When I was the new kid in my school district, Girl Scouts provided a tight-knit community where I could adjust to my new environment. At the time, I had no idea how much Girl Scouts would affect my life. I have made lifelong friends and have grown as an individual, volunteer, and leader. Through Girl Scouts, I have helped my community in many ways. My most significant achievement is earning the Girl Scout Gold Award.

I have always wanted to spread my passion for science, technology, engineering, art, and mathematics (STEAM) so others can discover these wonders. My Gold Award project consisted of three elements. The first was leading a team in creating a website to educate students and their parents on the different STEAM career options. I formed a team with volunteers from all the STEAM related clubs across my high school. Under my direction, each club took responsibility to describe related careers such as a doctor, scientist, or computer programmer. Our hope was to educate students and connect them to STEAM through these different careers and local opportunities.

The second element of my project was related to the Society of Women Engineers (SWE). I previously attended an event hosted by SWE, which sparked my passion for STEAM. While researching SWE, I learned that high schools could begin their own SWE chapters. My school did not have a chapter yet, so I mentored underclassmen in creating



and leading a SWE chapter. Every three weeks, the club met and focused on a different engineering career, learning about the career, trying it out through hands-on activities, and hearing from a female professional working in the field.

Though I had already conducted enough hours to earn my Gold Award, I wanted to do more! Thus, as a third element to my project, my team and I held a STEAM Night for students of all ages. STEAM Night allowed us to introduce kids to STEAM in a fun environment through hands-on activities and presentations from professionals in different fields. Students from grades K-12 could sign up for different tracks associated with a career. In total, between attendees, volunteers, and presenters, there were over 800 people at our very first STEAM Night!

It was important to me that the initiatives I worked on for my Gold Award would continue next year and for many years into the future. I identified underclassmen who were passionate about STEAM and spent the final months of school mentoring them. In addition to preparing them to continue on to manage the website and STEAM Night, I gained a lot of personal satisfaction as I watched them mature and begin to learn leadership skills.

The Girl Scout Gold Award (and Bronze and Silver Awards) allowed me to gain confidence in myself, develop leadership skills, and, most importantly, share my passion with students across my school district. There are so many opportunities out there, and I believe everyone should have the chance to experience them.



Want to learn more about the Gold Award?

Visit gsep.org/highest-awards or email girlawards@gsep.org.

Agriculture for the Animals at Chenoa Manor

Molly W., Troop 450
Silver Award

When I began to research needs in my community for my Silver Award Project, I knew that I wanted to work with animals. When I found a farm animal sanctuary in Avondale just 30 minutes from my house, I knew I was in luck. Chenoa Manor is home to many domestic and exotic animals, including horses, cows, pigs, rabbits, goats, sheep, turkeys, tortoises, and even an emu and a parrot! Many of these animals came from abusive homes or hoarding situations and were rescued to now live out their lives at the sanctuary.

For over a year, I focused on improving and maintaining Chenoa Manor's garden. Donations from West Chester Agway, Baker Creek Seed Company, Burpee Seeds, and the Keg family of West Chester helped make my project a success! I acquired donations of bamboo, plant trays, starter soil, and plenty of seeds, and with my team, I built a permanent trellis for growing peas and beans.



Throughout the year, I worked with my team to shovel compost, lay wood chips, plant, weed, and harvest, and we ended up with a huge payoff! Notably, we grew several wheelbarrows full of kale, spinach, and tomatoes. By the end of the project, we produced about 200 pounds of produce!

My favorite part of the project was taking our harvest and feeding the animals at Chenoa Manor. I could spend time with many different species that I otherwise would not have had contact with, and it was wonderful to get to know the distinct personalities of each animal and help care for each of them. Although I initially reached out to Chenoa Manor to earn my Silver Award, I could not help but to fall in love with it, and I now volunteer there weekly!

My advice to a girl about to start her Silver Award would be to stay on top of documenting your project. Over the course of the year, sometimes I would get so caught up in actually doing the project that I forgot to take pictures and document my progress.

My Silver Award project involved long hours and hard work all year long, but it was the most amazing feeling in the world to help all of the animals at Chenoa Manor and to know that I was making a real difference in their lives.



Interested in learning more about the Silver Award?

Visit gsep.org for information and resources, or email girlawards@gsep.org.



Caring for Coventry Woods

Troop 41330
Bronze Award

For our Bronze Award, we wanted to complete a project that would help the community where we lived. We decided to care for a piece of nature we all visit and enjoy called Coventry Woods Park. Coventry Woods Park is part of the northern Chester County Iron Ore Heritage region and the Big Woods Project of Southeastern PA, the largest contiguous forest on the Northeast Coast. The Woods has a lot of history, dating back to the Underground Railroad. In the 1930s, it was a camp for girls known as Camp Adahi for Camp Fire Girls, and later became known as Camp Fernbrook. The grounds have camp cabins, a lodge, and pavilions, which are home to the Coventry Woods Festival in North Coventry Township, an annual event that brings the community together to celebrate its history.

Our troop loves nature and helping our community, so this was the perfect project. We were contacted by a local group called Peace Love Missions that was leading a project to help revive interest in the park.

We painted the former camp buildings to prepare them for refurbishing to be reintroduced as nature centers and educational buildings. We then adopted the flower beds by the Pigeon Creek Bridge at the Fernbrook Access of Coventry Woods.

We spent time researching the kinds of native flowers that are indigenous to the natural park environment and would look nice at the entrance. We purchased flowers with troop money we earned from fundraising. We prepared the gardens for planting, which included weeding, grating, re-stoning the perimeters, and mixing different dirt and soils to help the flowers grow. After planting, we mulched to protect and nourish the beds.

It was a lot of hard work, but we learned what it means to take pride in our community, and our community couldn't be prouder of us, too!



Interested in learning more about the Bronze Award?

Visit gsep.org for information and resources, or email girlawards@gsep.org.

Random Act of Kindness Week

Calise W., Troop 21852
Bronze Award



Random Act of Kindness Week was a very special time for Troop 21852. It meant that we were one step closer to receiving our Bronze Award! We wanted to make our school a kinder and happier community so we decided to start a Random Act of Kindness Week.

We started out by making kindness jars. Kindness jars are decorated jars that have slips of paper with acts of kindness written on them. Together, we wrote out each slip and put them into the jars. One jar was delivered to every classroom in the school. We made a lot of jars! Every day, the teacher would choose two people to pick out a kindness slip and read it aloud to the class. The class was then challenged to do the act on the slip. For example, one slip said, "Give a nice compliment." For the rest of the day, the students would try and give nice compliments to each other.

Another thing we did for Random Act of Kindness Week was spread quotes of kindness throughout the school. To accomplish this, every day, a member of our troop would go on the school loud speaker and read a quote of kindness. We each took turns reading, once in the morning and once in the afternoon.

The last part of our project was the donation of a buddy bench to our school. A buddy bench is a place that can help kids that might feel a little lonely at recess. The lonely kid can sit on the bench to signal that she is lonely. Somebody

will see her and ask if she wants to play. The buddy bench was a great finale to Random Act of Kindness Week and will hopefully help continue the kindness at our school.

In addition to having a ton of fun earning our Bronze Award, our troop was also able to brighten the school community through kindness.

It was so fun doing this project with all of my best friends and my amazing troop leader/mom! We could not have done this without her! In addition to having a ton of fun earning our Bronze Award, our troop was also able to brighten the school community through kindness.



Trifecta Award



Bronze. Silver. Gold. These represent the highest honors a Girl Scout can earn. The Trifecta Award honors girls who have earned all three. Girl Scouts of Eastern Pennsylvania celebrates 22 amazing Girl Scouts who have accomplished this incredible feat in 2017 and continuously strive to make the world a better place!

Alison B.	Allison D.	Katelyn K.	Megan M.	Michelle P.	Samantha T.
Margo B.	Ashlyn F.	Macey L.	Olivia M.	Shannon R.	Jenna U.
Emily C.	Erin H.	Adrianna M.	Amanda O.	Kerry S.	
Grace C.	Crystal K.	Francesca M.	Mikayla O.	Rachel S.	



Earn a Highest Award, or all three, to join the ranks of the most elite Girl Scouts. Visit gsep.org or email girlawards@gsep.org to take action!

WANTED: Girls Ready to Make Change

Are you or do you know a girl interested in a leadership role that determines the future of GSEP's girl experiences? Do you want to get involved in helping improve GSEP's programs and events, summer camp, and the Cookie Program? We want to hear from you!



Interested girls must be able to:

- Commit to one year of service (through September 2019)
- Attend a mandatory kick-off meeting Sunday, November 11, from 11 a.m. – 2 p.m. at Camp Shelly Ridge (Lafayette Hill, PA)
- Attend three additional in-person meetings
- Participate in conversations through email and Rallyhood, our virtual platform

Meet the 2018 Girl Scout Says members on page 18.



Cadettes, Seniors, and Ambassadors are eligible to apply to join Girl Scout Says, GSEP's Girl Advisory Committee.



To apply, visit www.goo.gl/y1j6k1
The application deadline is **September 17, 2018**.



Making Shopping Easier for You!

The Retail team is on a mission to sell more items that support girl leadership development, help each #Cookieboss reach her business goals, and let members show off their Girl Scout pride. We are dedicated to providing you the best customer service!

We have a new process to handle back orders in a more efficient way. We can't carry everything in the store, but as long as an item isn't 'online only', we are happy to place special orders for you. HOW? Email retail@gsep.org with the item details and we'll order it for you!

LEADER TIP

Skip the frustration! If you are shopping for more than 10 girls, place your order in advance via retail@gsep.org.

Going to a program? We can deliver orders there! Attending a night time training at a service center? We can arrange for your order to be delivered there, even if the shop is closed! HOW? Email retail@gsep.org with your order, location where you'd like to pick up your order, and the date and we'll arrange delivery.



Live on Power99: Troop 98010

Girl Scouts Take to the Airwaves!

Ask any of the members of Troop 98010 their favorite memory of this year, and we bet they'll tell you the same thing: the trip to iHeart radio. In March, the troop met Loraine Ballard-Morrill, GSEP Board member and host on iHeart radio, for a tour of the studios and a behind-the-scenes look at how a radio show works. They also met their favorite Power99 female DJ, Roxy Romeo, who spoke to the girls about how she started out in the male-dominated business, all the ups and downs of her career, and how she persevered to get where she is today.

Loraine interviewed Troop 98010 on live radio, and after shaking off a few jitters, the girls confidently spoke about the positive impact Girl Scouts has had on their lives. Ajaylah, a 14-year-old who recently joined Girl Scouts, stated, "Girl Scouts is a great

opportunity. I get the chance to be here on the radio. I would usually be so nervous I'd almost pass out talking in front of people, but Girl Scouts made me come out of my shell and feel comfortable speaking on the radio."

Kamille, who joined Girl Scouts in 2014, said, "I wouldn't have met my best friend if it wasn't for Girl Scouts. It has taught me how to communicate with people and now I know other girls who can relate to what I am going through. Girl Scouts has taught me that I am not always alone."

What a great experience for Troop 98010 and what a unique opportunity for all the listeners of WDAS and Power99 to hear about the impact Girl Scouts can have on a girl's life!



GIRL SCOUT DAYS *at the*

NATIONAL CONSTITUTION CENTER



Independence Mall ★ 525 Arch Street ★ Philadelphia, PA 19106

The National Constitution Center is the best place for Girl Scouts to discover more about American history, government, and citizenship. Girl Scout Days feature guided tours, engaging trivia games, outdoor flag ceremonies, hands-on artifact workshops, activity tables, and more, all designed to help Girl Scouts earn Legacy Badges and fulfill Journey requirements.

Personalized agendas and Girl Scout Day activity packets will guide Girl Scouts through the day's programs and events.

PLUS: All Girl Scouts receive a great National Constitution Center Scout Day Fun Patch!

PRICING

GIRL SCOUTS: \$14 ADULTS: \$12

One free adult for every 10 Girl Scouts.

Includes museum admission and special Scout Day Programs; Lunch is not included.

GIRL SCOUT DAYS:

★ **NOVEMBER 3, 2018**

★ **MARCH 9, 2019**

Visit constitutioncenter.org/scouts for a list of Legacy Badges and Journeys offered, sample agendas and other helpful information.



BOOK YOUR GIRL SCOUT DAY EXPERIENCE TODAY!

Call **215.409.6800** or email groupsales@constitutioncenter.org.

Passion for Freedom

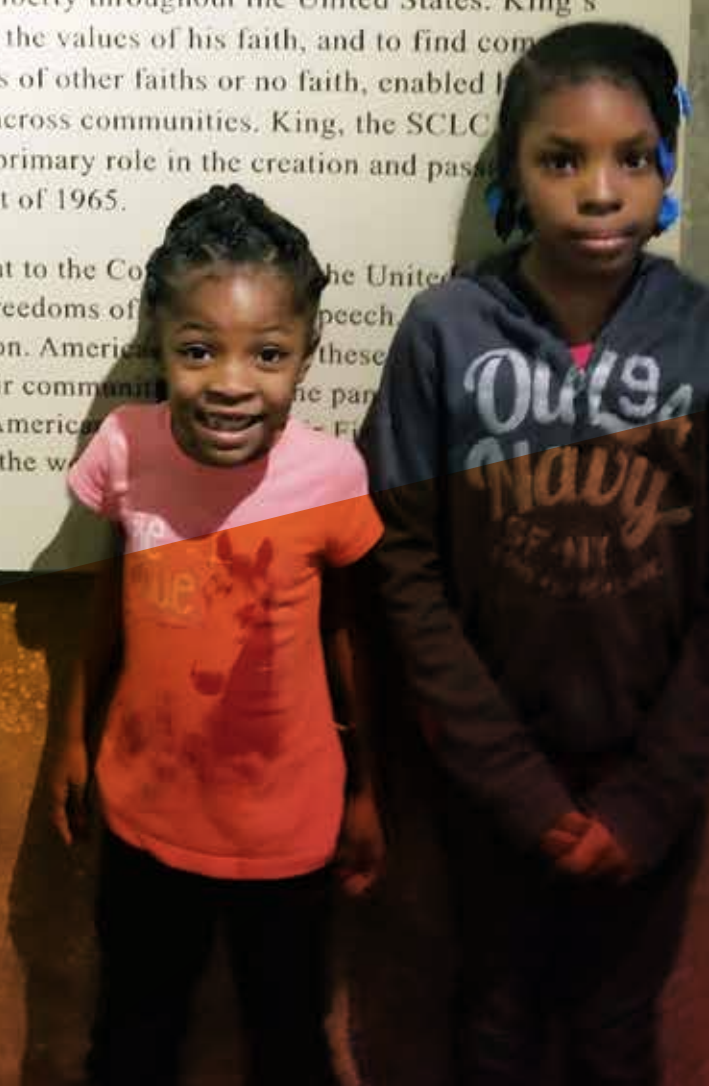


[Rights March on Washington, D.C. [Dr. Martin Luther King, Jr. and Mathew Ahmann in a crowd.]
 Our Unknown, U.S. Information Agency
 News and Publications Service, August 28, 1963.

Martin Luther King, Jr.'s incredible story of perseverance and social change illustrates the importance of the First Amendment—including its protection of religious freedom. As president of the Southern Christian Leadership Conference (SCLC), King was able to build a diverse coalition of allies who worked to

desegregate public spaces, restore voting rights for blacks, and remove obstacles to liberty throughout the United States. King's fight to be guided by the values of his faith, and to find common ground with members of other faiths or no faith, enabled him to create strong bonds across communities. King, the SCLC, and their allies played a primary role in the creation and passage of the Voting Rights Act of 1965.

The First Amendment to the Constitution of the United States also protects other freedoms of speech, assembly, and petition. Americans use these freedoms to create change in their communities. To learn about four American freedoms to change the world, visit www.gsep.org.



Save the Date:

“We’re All In, Let’s Help Out” MLK Day of Service 2019

Troop 98010 will host the first annual “We’re All In, Let’s Help Out” MLK Day of Service at Camp Shelly Ridge this winter. Participate in service activities, get creative with an MLK Day craft project, and learn about MLK’s legacy and the importance of being “all in” to make the world a better place.



*mark your
calendars*

**MONDAY,
JANUARY 21, 2019**

9 a.m. – 12 p.m.

Admission: Canned good item or blanket (new or gently used)

More information to come on gsep.org.

G.I.R.L. AGENDA

go-getter/innovator/risk-taker/leader



Girl Scouts are **Go-Getters**, **Innovators**, **Risk-Takers**, and **Leaders** who have a right and a responsibility to change the world. The G.I.R.L. Agenda helps highlight all the amazing work of Girl Scouts!

The G.I.R.L. Agenda is a nonpartisan initiative powered by Girl Scouts to inspire, prepare, and mobilize girls and those who care about them to lead positive change through civic action. The multiyear effort celebrates the Girl Scout legacy of civic engagement programming—which now includes new badges for girls at every age level, even as young as five—and provides girls



and adults with tools to be catalysts for change who strengthen their communities and the world.

Really, the G.I.R.L. Agenda is what we do. It is a new way to tell the world how our girls' voices and actions are changing the world to make it a better place.

Girl Scouts have been empathetic leaders advocating for positive change since Girl Scouting was founded in 1912. Civic involvement is a hallmark of the Girl Scout Leadership Experience, and it can be realized in countless ways! Making the world a better place can mean so many things, e.g., being a good neighbor by helping your local food bank; doing an energy audit for your own home; or working on your highest award by creating a sustainable solution to a common issue, such as building a handicap accessible playground at a community park. This is the G.I.R.L. Agenda.

The G.I.R.L. Agenda is the response to over a century of hard work! All the amazing Gold, Silver, and Bronze Award projects and other good deeds our Girl Scouts do can be told through one amplified voice.



◀ GSEP Board Chair Deborah Hassan, Philadelphia City Councilmember Helen Gym, GSEP CEO Kim Fraites-Dow, GSUSA CEO Sylvia Acevedo, GSUSA Board Chair Kathy Hopinkah Hannan, Councilmember Al Taubenberger at G.I.R.L. Agenda 2018: Leading Change Through Civic Action. The event featured a keynote speech from Dr. Jill Biden and two inspiring panels led by change-makers who've taken action locally, nationally, and globally to impact civic issues.

These Gold Award Girl Scouts took action to help make their communities, country, and world a better place.

Sanjna, a Girl Scout from Troop 7670 in Blue Bell, worked with Children's Hospital of Philadelphia to create car seat belt cushions for breast cancer patients at Fox Chase Cancer Center. Sanjna's goal was to help patients who have undergone surgical procedures protect their tender surgical area, as well as provide added comfort while traveling to and from post-operation procedures.

Emma, an Individually Registered Member from Limerick, worked with Spring-Ford Intermediate to create a lunch buddy program, where students with special needs are paired up with other students during their lunch period two to three times a week. Emma's goal was to help improve communication and social skills for students with special needs by giving them an opportunity to interact one-on-one with other students and to create an environment of inclusivity for the general school population.

Lillian, from Troop 61094 in Allentown, worked with Wildlands Conservancy to create nesting shelters for native bees in her community. Lillian's goal was to help increase the bee population, as well as spread awareness about the importance of native bee species.

Here are some other great projects our girls have completed:



Troops from Service Unit 728 collected canned goods and other non-perishable food items for a food bank in Palmerton.



Troop 4121 in West Chester crafted Valentine's Day cards for a Salvation Army meal program.



Theresa K. received the Girl Scout Medal of Honor for attempting to save her mother while caring for her brothers.



More than 400 Brownies and Juniors, led by a group of 15 Ambassadors in Kennett Square, collected 875 pounds of food for the Kennett Food Cupboard and over 600 pairs of socks for local veterans and the homeless.



A Reading High School Cheerleading Squad is also a Girl Scout troop! They work together to combat bullying and discrimination in their school, discuss current events, and serve the community through Take Action projects.

More than 25,000 Girl Scouts across our council have donated countless hours and cookies to Operation Cookies from Home to ensure military troops get a taste of their favorite desserts from home while serving their country.



What have you done to make the world a better place? Submit your G.I.R.L. Agenda stories to: bit.ly/2FgzevS. All

girls who submit their story will receive this awesome, new patch!

Check out the Program Guide for GSEP's programs that align with the G.I.R.L. Agenda. Attend those events, submit your story, and receive the patch. Help us tell the story of how Girl Scouts are changing the world through civic engagement!

Disconnect to Reconnect

Philadelphia
Outward Bounds School
said, "Our staff had a blast at
Camp Shelly Ridge! It was a
perfect learning environment for
our four-day training and the
accommodations were
fantastic!"

Looking to host a leadership retreat, corporate training, team-building, or social event? With our six locations across Eastern Pennsylvania, GSEP is sure to have the perfect place for you. Visitors enjoy a variety of indoor and outdoor meeting areas, comfortable accommodations, and unique outdoor venues for groups large or small to pursue physical, spiritual, and educational interests. Our highly trained staff will work with you to create the perfect meeting, conference, or social gathering for the outcome you envision.

Contact us for availability at campfacilities@gsep.org!





TAKE CAMPING TO THE NEXT LEVEL

We are going back to basics this fall, with the addition of a new, yet very old, way of experiencing the outdoors, primitive camping! In addition to Conestoga at Laughing Waters, we've added Barn at Camp Wood Haven, Tuscarora at Camp Shelly Ridge, and Rondelay at Camp Mosey Wood. Each of these sites has room to pitch your own tents and up your troop's adventurous camping skills! The amenities at each site vary slightly, from a kitchen shelter at Laughing Waters and Shelly Ridge to just a fire circle at Wood Haven and Mosey Wood. Progression in camping helps build confident girls who courageously take on new challenges, building their character along the way.

Registration for fall troop camping is open now and runs through Thursday, December 20!

Spring and Fall 2019 Dates

Service Unit Camporee lottery opens for Spring 2019: September 10

Winter/Spring 2019 troop camping registration opens to all members: October 15

Service Unit Camporee lottery opens for Fall 2019: January 11, 2019

Learn more at
gsep.org/rentacampsite



September 21-23, 2018 SAVE THE DATE for F.A.L.L. Weekend

GSEP's Fall Adult Learn & Lead weekend at Camp Laughing Waters is an annual event where volunteers can get away for the weekend, or just Saturday, to network, share best practices, have fun, and head home with new ideas to share with their troop.

Fall Adult Learn and Lead is open to all registered Girl Scout adult (female & male) volunteers. Interested in joining the volunteer event planning committee or leading a workshop? Email training@gsep.org.

Register now via the Program/Event Registration System!

Volunteer Training Opportunities

Visit the Volunteer Training section of our website to check out the Council Course Schedule and register for trainings through the Event/Program Registration.

Are you a new leader looking for information on how to run a troop? Start with the required New Leader Trainings, and then check out the many other options that GSEP offers!

Are you an experienced leader? We have topics for you too! We have trainings to increase your skills with troop administration and trainings that will enhance activities with your girls.

New Leader Training

GSEP's New Leader Training is a three-step process. Completion of all three steps is required for all leaders and must be completed within three months of volunteer placement. Below are the details on the three steps.

Step 1: GS 101

This online introduction to the Girl Scout program provides background information on Girl Scouts of the USA and covers the program goals.

Step 2: Volunteer Essentials

This online workshop introduces new volunteers to their roles and responsibilities as troop leaders. The goal of this training is to familiarize new leaders with the Volunteer Essentials (VE) manual, which is our comprehensive volunteer guide, published on the Volunteer Resources page of our website.

Step 3: New Leader Training

(Pre-requisites: Step 1 and Step 2)

This online workshop will build on core leadership knowledge gained in the first two steps of New

Leader Training. Step 3 introduces leaders to age specific factors that directly affect girls and dives into Journeys and the Girl's Guide to Girl Scouting.

Step 4: Jump into Leading

Meet other new leaders, ask questions to a skilled trainer, experience some Girl Scout traditions, and learn fun games and activities you can take back to your troop. This in-person opportunity is optional, but is a great way to get extra hands-on support at the beginning of your new volunteer adventure.

October 11 - Shelly Ridge Service Center

November 8 - Lehigh Valley Service Center

January 23 - Delaware Valley Service Center

Visit the Volunteer Training section of our website for more dates.

First Aid/CPR Training

First Aid and CPR training is required for the adult acting as the primary first-aider for troop or group activities. While volunteers may obtain certifications from other providers (please check our listing of approved providers), GSEP offers these courses periodically throughout the year, typically at a much more affordable cost.

Indoor Overnight Skills

This course is a free, two-hour classroom course. It is required before taking girls on an overnight trip where they will stay indoors at a modern facility. During Indoor Overnight Skills, volunteers learn progression and guidelines of overnight experiences, and understand how to incorporate the GSLE in programs. After this course, volunteers will be able to instruct girls and adults on appropriate gear and learn how to pack for an indoor overnight trip.

Basic Outdoor Skills

(Pre-requisite: Indoor Overnight Skills)

Volunteers who took an earlier version of Indoor Overnight Skills must take the most recent Indoor Overnight Skills before attending Basic Outdoor Skills.

Held at one of GSEP's camp properties, this course prepares volunteers to work cooperatively with girls to plan and carry out a camping trip, apply the GSLE to outdoor programs, learn proper fire-starting methods, build a small wood fire, and prepare a meal outdoors. This course is required before taking girls on an outdoor overnight trip, fire-building and other camping activities, or staying at a GSEP property. Due to both seasonal weather conditions and summer camp occupancy at our properties, this course is typically scheduled in April, May, September, and October. Basic Outdoor Skills is a 20-hour, hands-on course where volunteers will cook outdoors, build fires and experience an overnight at camp. The cost of the training is \$35. Basic Outdoor Skills is valid for five years.

Troop Finance Basics

This one-hour video will help volunteers take charge of their troop's finances! In Troop Finance Basics, leaders will:

- Review the responsibilities of the troop treasurer role
- Develop an understanding of GSEP's financial policies and procedures
- Be prepared to make their troop's financial plan
- Explore best practices for troop money management

Troop Travel Basics

This one-hour video is a crash course in troop travel! In Troop Travel Basics, leaders will:

- Define progression and readiness factors for girls as related to trips
- Learn the troop trip approval process
- Learn the steps to plan, implement and evaluate a trip or overnight with girls

Service Unit Manager Training

The service unit manager (SUM) role is vital to the success and support of service areas throughout our council. To best equip SUMs, GSEP developed a non-sequential series of trainings, offering relevant seasonal content when it matters most.

SUM training: Set for Success

This two and a half hour in-person session is a beginning-of-the-year course that will help volunteers start their year off with confidence. Here is just a snapshot of some of the topics covered in the training:

- Seasonal expectations of the SUM
- Delegation
- Building Your Team
- New Leader Orientation
- Planning Your Year

Set for Success Training Dates:

August 9 - Lehigh Valley Service Center

August 21 - Jane Seltzer Service Center

September 6 - Shelly Ridge Service Center

September 17 - Delaware Valley Service Center

October 23 - Valley Forge Service Center

SUM training: Maintaining Momentum

This two and a half hour in-person session is offered to SUMs in the winter and early spring months. Here is just a snapshot of some of the topics covered in the training:

- Seasonal expectations of the SUM
- Planning effective meetings, conflict resolution, and recruitment/retention
- Service unit atmosphere and volunteer retention
- GSEP's policies and procedures for troop support

Volunteer Enrichment Training

These are specialty topics offered by GSEP's volunteer trainers. They cover a wide variety of topics, but are provided by an instructor who is especially knowledgeable and passionate about the topic. Check the Council Course Schedule on our website for a list of upcoming topics and let us know if you have any ideas for trainings!



Find out more!

Visit the Volunteer Training section of our website to check out these trainings.



THE VOLUNTEER TOOLKIT:

YOUR DIGITAL TROOP ASSISTANT

Are you excited to be a Girl Scout leader, but concerned about the time commitment? The Volunteer Toolkit (VTK) gives you meeting plans right at your fingertips!

The VTK is a comprehensive digital tool accessible on your computer, smartphone or tablet. For Daisy through Junior level troops, the VTK has several years' worth of meeting plans already created! Once your troop picks their Journey or badges for the year, you can access all the content you will need! Customize the VTK to add your own activities or pull alternate activities from the Resource Tab.

With the VTK, you can:

- Manage troop contacts, track awards and badges, track attendance, and communicate with parents/guardians
- Help your Daisy, Brownie, and Junior troops choose from many Journey Year Plans, a year plan for petals/badges, or a "Create Your Own" Year Plan. Cadette through Ambassador leaders will see a limited number of Journeys and the "Create Your Own" Year Plan. Multilevel troops will have a choice of Daisy, Brownie and/or Junior levels to choose activities from
- Use meeting plans directly from the VTK, or customize them by deleting activities your girls don't want to do and replacing them with new ones
- Each meeting plan gives you a Meeting Overview, an Activity Plan with details of each activity, a Materials List, Meeting Aids, like worksheets and songs, and a Meeting Agenda, with recommended times for each activity
- Change the order of activities by simply "dragging and dropping," or delete activities by clicking on the activity title. You can also edit the times allowed for each activity. There are even activities with both indoor and outdoor options
- Send meeting emails and record attendance and achievements right from the meeting plan
- Search for meeting aids and activities to customize your meeting plans

Visit gsep.org to find the VTK!

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2019 VOLUNTEER AWARDS NOMINATIONS

Do you know an adult who has made a difference in the lives of girls, or has had another significant impact on GSEP during the 2017-2018 membership year? These volunteers give themselves and their time to Girl Scouts and their dedication emphasizes the qualities that we value.

Thank and recognize the amazing volunteer you know by nominating her/him for a council or service unit level award.

Awards range from local service unit recognitions to annual council-level and even national awards. Any Girl Scout troop, service unit, or individual can nominate a volunteer for an award. It's easy—just follow the instructions on the next page!





2018 Volunteer Awards

In May of 2018, GSEP honored 104 volunteers, 7 service units and 6 organizations at the Volunteer Awards.

29	The Go-Getter Awards	3	Leadership Knots
24	Appreciation Pins	2	Diversity Awards
10	Super Service Unit Award	2	President's Awards
8	The Innovator Awards	2	The Risk-Taker Awards
7	The Leader Awards	1	Gertrude K. McGonigle Award
6	Friend of Girl Scouts of Eastern PA Awards	1	Girl Scouts of Eastern PA Award
4	Free Spirit Awards	1	Governance Award
4	Lights of Loyalty Awards	1	Honor Pin

For a complete list of awardees, visit the Volunteer Events page of our website.

The 2019 Volunteer Awards recognition window opens Thursday, November 1, 2018!

Nominating a volunteer is easy!

- 1** Review full award descriptions & requirements in the 2019 Chart of Awards, located on our website
- 2** Recruit endorsers to complete and submit the required recommendation
- 3** Review the Nomination How-To Guide & submit the online nomination form via Smarter Select

The presentation of national and council awards takes place at GSEP's annual spring Volunteer Awards Celebration. Check out the Volunteer Events page of our website for more details!

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2018-2019 Girl Scout Program Schedule

Date	Type	Age/Level	Title
Dec. 8	Camp-in	All Ages	Wizards World
Jan. 26	Camp-in	Juniors and up	Abbie's Space Party Sleepover
March 2	Day	Juniors and up	Women in Science Career Day
March 16	Camp-in	Juniors	Get Moving Journey
March 22	Camp-in	Brownies	Wonders of Water Journey
March 30	Camp-in	Cadettes	Breathe Journey
April 6	Camp-in	Juniors	Robotics Badge 1
April 13	Camp-in	Brownies	Robotics Badge 1
May 4	Day	Daisies	Robotics Badges 1 & 2
May 10	Camp-in	All Ages	Da Vinci Unlocked

See website for program times and details

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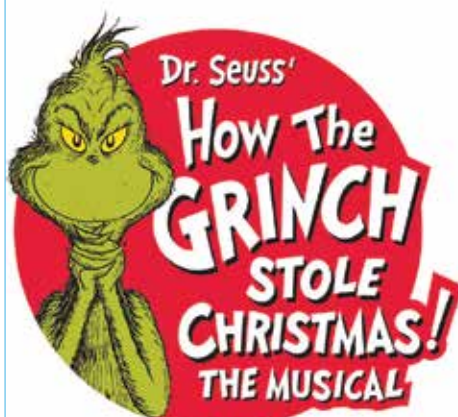
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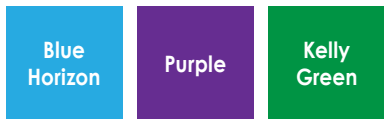
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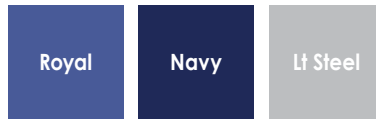
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These programs are made possible in part by funds from the New Jersey State Council on the Arts, a Partner Agency of the National Endowment for the Arts, and The Geraldine R. Dodge Foundation.

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To register your troop or join us as a Juliette, email Melissa Tevere at mtevere@appelfarm.org or call 856-358-2472.



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For more information, contact Mylin Batipps at mbatipps@picpa.org, call (888) 272-2001, or visit www.picpa.org/scouts.

A woman is hanging upside down from a rope in a forest. She is wearing a purple helmet, a blue long-sleeved shirt, and blue pants. She is smiling and looking up. The background is a dense forest with green leaves. A large, diagonal, semi-transparent pink and orange graphic is overlaid on the right side of the image.

*flip the magazine
over for our
2018-2019
Program
Guide*

*you'll flip over
our programs*