

STEM

A PUBLICATION OF THE GIRL SCOUTS OF EASTERN PENNSYLVANIA

GSEP's S.T.E.M.
Girl Scouts think
outside the box
to experience
new opportunities!

18 under 18


girl scouts
of eastern
pennsylvania

2019 ANNUAL ISSUE

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Visit a Pop Up Shop near you! The Mobile Shop currently holds regularly scheduled Pop Up Shops in the Reading area, Doylestown, Kennett Square, Linwood and Lansdowne, with additional locations to come. For a complete list of all Pop Up Shop locations, dates, and times, check out the Mobile Shop tab on the Shop page on gsep.org. Visit a Pop Up Shop on-site to see all the latest goods!

Email us an advance order and pick it up at any given Pop Up Shop location. Request an order form or just send us your order 24/7 to retail@gsep.org.

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Having a Service Unit or Large event? You can request a Pop Up Shop come to your event. Just email us at retail@gsep.org so we can add it to our schedule.

GIRL SCOUT ONLINE SHOP

Browse shop offerings, uniforms, books, awards, Girl Scout gifts, and other Girl Scout items. You'll find something for every Girl Scout grade level or volunteer at girlscoutshop.com.

SUBSCRIBE FOR UPDATES

Look for our monthly retail updates, events, and special offers in GSEP News. If you haven't subscribed yet, go to gsep.org and opt in to receive email updates from us.

TEAMAPP!

The GSEP Retail Team invites you to join the GSEP Shops TeamApp group!

On TeamApp, you can find out about last minute closures, extra hours to shop, sales and promotions and much much more!

Already using TeamApp for Cookies? Just search GSEP and click on Shops. Choose what you want to follow and we'll do the rest! TeamApp is available on Google Play or the App Store. Anyone can download TeamApp and join the Retail Team to keep updated on the very latest on shop hours.

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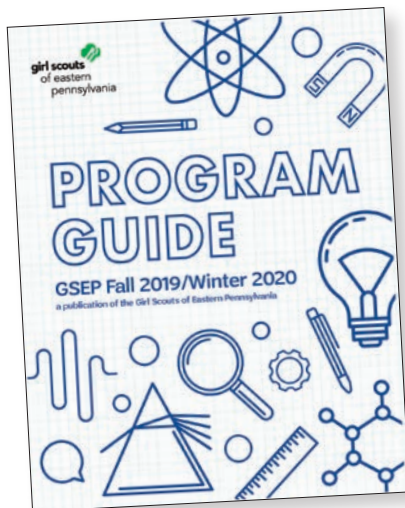
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Photograph by Marco Calderon

Cover girl Simone J. was a member of SeaPerch this past year. Hear more about her S.T.E.M. journey and meet all of our incredible “18 Under 18” girls.



◀ program guide

Everything all in one publication! Flip this magazine over to read about all the fun activities happening this fall and winter!

SPARK

2019 Annual Issue

Spark is a publication of the Girl Scouts of Eastern Pennsylvania and is published yearly.

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Girl Scouts of Eastern Pennsylvania (GSEP) serves close to 40,000 girls, ages 5–17, in Berks, Bucks, Carbon, Chester, Delaware, Lehigh, Montgomery, Northampton, and Philadelphia counties. We are a volunteer-based, nonprofit organization with more than 15,000 adult volunteers. Nationally, nearly 2.8 million girls and adult volunteers enjoy the Girl Scout experience.

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GSEP NEWS

Would you like to receive our monthly e-newsletter and other GSEP updates via email? It's a great way for you to stay up-to-date on upcoming events. To ensure you receive these updates please login to your MY GS account, click on the "Family Profile" tab and make sure the "Email Opt In" box is checked and that the email address we have on file is accurate. Please add gsep@email.girlscouts.org to your accepted senders list to keep email updates from us out about your spam.

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 Chief Executive Officer
 Girl Scouts of Eastern Pennsylvania

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“We are in a continuous state of change and learning, and each of us has the power to make choices that will impact ourselves, our communities, and the world.”

That's me as a Brownie! →



NOTES from Kim

Reflecting on the Mission of Girl Scouts, it's important to remember that we are in a continuous state of change and learning, and each of us has the power to make choices that will impact ourselves, our communities, and the world.

Whether you are new to Girl Scouts or have grown up in this great sisterhood, everyone can share in the traditions and learn new skills while getting the most out of the Girl Scout Leadership Experience. Now more than ever, being a **G.I.R.L.** (**G**o-getter, **I**nnovator, **R**isk-taker, and **L**eader) is necessary and important.

In this year's *Spark* magazine, our cover story, “18 Under 18” focuses on “thinking outside the box,” in the areas of Entrepreneurship, Leadership, Outdoor Adventure, and S.T.E.M. Please take the time to read and be inspired by each of the individual interviews (beginning on page 14). This year alone, new Girl Scout Journeys and badges will be introduced in Cybersecurity, College Preparation, and Environmental Stewardship. In our Older Girl Scout Awards article (page 64), we invite Cadettes and Seniors to share their special talents and earn a Leader in Action award. And in our Discover section, (page 80) we highlight a team of Girl Scouts who built a fully operational SeaPerch robot while learning valuable life skills.

This issue of *Spark* is full of inspiring stories and upcoming programs. And I hope you enjoy the *Family Packet* which contains valuable GSEP council information including the event calendar (page 5) and a section to record your Girl Scout activities (page 18-19).

I encourage each of you to “bring your best self to everything you do,” and continue to lead with service to yourself and others on your personal journeys to growth.

Yours in Girl Scouting,

CALENDAR

OCTOBER 2019

01-31	Take the Lead Registration Open
05	Service Unit Cookie Program Training
15	Winter/Spring 2019 Troop Camping Registration Opens
31	Juliette Gordon Low's Birthday

NOVEMBER 2019

TBD	Girl Governance Applications Open
01	Scholarship Applications Open
17	Thanks-A-Lot Trot
12	Volunteer Awards Event
25	Deadline for Troop Home Delivery Requests
29	Thanksgiving: All Shops and Service Centers Closed

DECEMBER 2019

01	Round 1 GSUSA Destination Applications Due
02	Troop Initial Order due in ABC Smart Cookies
07	Deadline for SUCM's to Edit or Enter Troop Initial Orders in Smart Cookies
Dec 25 - Jan 01	All Shops and Service Centers Closed

JANUARY 2020

TBD	Silver Award Ceremony
TBD	Gold Award Ceremony
TBD	Girl Governance Applications Due
TBD	2020 National Council Session Delegate applications due
02-14	Home Deliveries and Mega Drops
04	GSEP Leadership Summit
04-05	Cookie Lock-in at Camp Laughing Waters
11	Service Unit Camporee Lottery Opens for Fall 2020
16	Cookie Program Begins and Kickoff
20	GSEP MLK Day of Service
31	Scholarship Applications Deadline
31	Deadline for girls to earn Go-Getter Patch

FEBRUARY 2020

15	Round 2 GSUSA Destination Applications Due
22	World Thinking Day
21-23	National Girl Scout Cookie Weekend



Check us out online!

Visit the events calendar on our website for a full and updated list of our council-wide events.

MARCH 2020

03	Take the Lead Greater Philadelphia
08	Last day of Cookie Program
07-14	Girl Scout Week
14	Early Bird Camp Deadline
18	Spring Delegate Meeting
22	GSUSA Destinations with rolling admission begins
25	Troop Recognition Orders Due in ABC Smart Cookies
29	SUCM's Deadline for Recognition Orders in Smart Cookies
30	Gold Award Proposal Deadline for current 12th graders

APRIL 2020 Volunteer Appreciation Month

04	Pot of Gold
07	Take the Lead Berks County
13	Thin Mint Sprint
22	Girl Scout Leader Day
28	Take the Lead Lehigh Valley

MAY 2020

01	Early Bird Registration begins
01	Silver Award Proposal Deadline for Current 8th Graders
02	Annual Meeting
25	Memorial Day: All Shops and Service Centers Closed

JUNE 2020

17-24	Camp Begins
30	Early Bird Registration Deadline

JULY 2020

04	All Shops and Service Centers Closed
----	--------------------------------------

AUGUST 2020

TBD	Adult Camping Weekend
TBD	Fall Kickoff

SEPTEMBER 2020

TBD	Fall Delegate Meeting
07	Labor Day: All Shops and Service Centers Closed
24	Delegate Training
30	Deadline for Leaders to Register Girls for "Bronze Award Completion" for Membership Year 2019
30	Gold Award Final Report and Interview Deadline for 12th Graders (Just Graduated)
30	Silver Award Reflection Deadline for 8th Graders (Following 8th Grade Year)

MY GIRL SCOUT KIT

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Choose 1



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OPTION 2

Choose 1



+

Add This



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Add One More Additional Item

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Daisy **Brownie** **Junior** **Cadette** **Senior** **Ambassador**

* Earned Awards and Badges are not included in My Girl Scout Kit. Brownie age level shown. Kit bag valued at \$15.

SHOUT OUTS!



A special shout out to our generous donors! Your investment helps us bring the Girl Scout Leadership Experience to more girls, enabling them to discover what makes them sparkle, connect with their community, and take action to make the world a better place. Help us say thank you to these contributors of \$5,000 and above, whose investment helps Girl Scouts ensure that every girl reaches her full potential.*

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**Contributions made between June 2018 - May 2019
We apologize in advance for any incorrect listings, misspellings, or omissions.*

A SPOTLIGHT ON THE UNITED WAY OF BERKS COUNTY (UWBC)

For the past 10 years, the United Way of Berks County (UWBC) has made a significant impact on people and organizations within its area. And as the largest funder of the Girl Scouts of Eastern Pennsylvania (GSEP), UWBC most notably has become the champion of **G.I.R.L.'s** (Go-Getter, Innovator, Risk-Taker, Leader).

Girl Scouts who reside in Berks County are fortunate to have the UWBC cheering them on, and their much-appreciated support provides access to the Girl Scout Leadership Experience for many who would not otherwise be able to participate.

Tammy White, President of United Way of Berks County, says:

"United Way of Berks County is proud to support Girl Scouts and their work in developing strong, smart and successful girls and young women throughout Berks County. We value the emphasis Girl Scout programming places on building courage, confidence and character while providing positive youth development and leadership opportunities. Together, we are helping girls develop talents and skills for success in school and life."

Members of the Reading High School (RHS) cheerleading team shared how UWBC funding impacted their team while providing the opportunity to dedicate one day a week to Girl Scouting. One girl expressed that, "Girl Scouting has allowed us to be part of an organization where we can be girl leaders, not just cheerleaders."

The RHS cheerleading team enjoyed a special bond as teammates and "sisters" in Girl Scouting. They helped each other achieve their goals and dreams both on and off the field and recognized that they could also be open to each other and relate if a difficult situation arose.

Truly these young women have developed and grown through their Girl Scout experience. Last summer, several of the girls attended camp and learned first

hand how to challenge their courage, confidence, and character by participating in and mastering outdoor adventure activities such as the high ropes course.

These girls and thousands of others within GSEP's nice-county footprint depend on supporters like the United Way of Berks County to gain access to the Girl Scout Leadership Experience. We are grateful that the UWBC is setting a precedent and in turn, encouraging others to prioritize girl-led programs as well.

Now in their senior year, the RHS cheerleading team reminisced about their time together, and the positive impact being together in Girl Scouting has had on them individually and as a community. They will miss their Girl Scout troop days and look forward to remaining connected with GSEP as they get on with their lives.

"It's fun to just act silly sometimes with your Girl Scout sisters!"



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SIGNATURE EVENTS

We can't wait to connect you with new friends and help you experience all that Girl Scouts has to offer. Whether it's adventures at camp or mastering the skills of a #cookieboss, when you work together through the global sisterhood of Girl Scouts, there's no limit to the amazing things you can do!



Check out the full descriptions of these Signature Events in the Program Guide. (back of the magazine)

ICON GUIDE

- GSEP Signature Event
- Core Camping
- Adventure & Water
- Health & Wellness
- Arts & Culture
- S.T.E.M.
- Leadership
- Environmental
- Mobile Shop
- G.I.R.L. Agenda

- DAISIES
- CADETTES
- BROWNIES
- SENIORS
- JUNIORS
- AMBASSADORS

Family Camp

FRIDAY, AUGUST 30, 5PM-MONDAY, SEPTEMBER 2, 10AM

Camp Mosey Wood, White Haven

Grades: All Ages

Cost: \$95/person*
(Children Under 2 Free)

Enjoy a weekend of fun and relaxation for your entire family! Parents, sisters, brothers, grandparents, and other relatives are invited to Camp Mosey Wood to participate in organized activities, such as swimming, boating, hiking, games, and crafts. Attendees can also enjoy other activities independently. Activity specialists will be on hand to guide you through archery (2nd grade and above) and the high-ropes challenge course (6th grade and above), with lifeguards overseeing swimming and boating. Adults must supervise children during the event; one adult must register for every three children.

*includes accommodations and all meals served in the Dining Hall. Register at: gsepfamilycamp2019.eventbrite.com.

Tough Cookie

Adventure Race

SATURDAY, SEPTEMBER 7

7:30-9AM REGISTRATION

10AM RACE START

Camp Laughing Waters, Gilbertsville

Grades: All Ages

Cost: \$30/person through August 15
\$40/person through August 29

Come to the 3rd annual Tough Cookie Adventure Race! Whether it's your first year participating in the race, or your third, the adventure is sure to be new for everyone! Grab your parents and siblings, too! With your team of two or four people, run, bike, and use a map to navigate your way from point to point during this two-hour orienteering race. While traveling point to point, seek out adventure challenges to gain more points. You may get wet or muddy, but you are

guaranteed to have fun. Afterward, enjoy a picnic lunch (self-provided). Spend the day at camp from 1-4pm for a Camp Fun Day! Try your hand at archery (2nd grade and up), disc golf, gaga, volleyball or rock climbing (4th grade and up). Note: An adult must be registered and participate with a team when the team members are under 12. Register at gseptoughcookieadventurerace2019.eventbrite.com.

Looking for the full camp experience? Stay at camp the night before! Space is limited, so register early.

Family Tents: \$40/tent for 4 people

Troop Tents: \$80/2 tents for 4 girls and up to 4 adults

Cabin: \$100/cabin for 1 family/troop unit up to 10 people

* Adults must be present for overnight camping.

Autumn Adventures

SATURDAY, OCTOBER 26, 11:30AM-2:30PM

Camp Laughing Waters, Gilbertsville

Grades: All Ages - Families Welcome

Cost: \$20/girl
\$8/adult

Be your own tour guide as you travel around camp to various autumn activities. Parents, sisters, brothers, cousins, and friends-join your Girl Scout for a captivating autumn adventure. Create fall crafts, play Halloween games, and sparkle with glitter tattoos. See how far your apples can fly when you go "apple chunking." Enjoy a thrilling game of Gaga or make your own scarecrow! Choose what you want to do when you want to do it. Lunch will be served from 12:30-1:15pm, and activities will be open 11:30-2:30pm. Event is rain or shine, warm or cold. This event is scare free. All troops must meet girl-adult ratios for their group. FAMILIES ARE WELCOME: Adults must supervise their children during the event and one adult must register for every three children. Cadettes, Seniors, and Ambassadors interested in helping to plan

and run Autumn Adventures must register for and attend Sundae Sunday. *Includes lunch meal, activities and event patch.

Spooky Waters

SATURDAY, OCTOBER 26, 4-7:30PM

Camp Laughing Waters, Gilbertsville

Grades: All Ages

Cost: \$20/girl

\$8/adult

Spooky adventures abound at GSEP's annual Halloween festival at Camp Laughing Waters! Parents, sisters, brothers, cousins, and friends -join your Girl Scout for a spooky evening. Choose your own adventure, from "apple chunking", Halloween crafts, glow-in-the-dark GaGa, and Spooky Skits put on by other Girl Scouts. Pick the activities you want to do! Dinner will be served from 5:30 -6:15pm followed by a costume parade and contest! All activities will be open from 4-7:30pm. This event is rain or shine, warm or cold. This event is our spooooky event. For Halloween fun without the spooky atmosphere, attend Autumn Adventures earlier in the day. If you are coming as a troop, all troops must meet Safety Activity Checkpoint ratios. **FAMILIES ARE WELCOME:** Adults must supervise their children during the event and one adult must register for every three children. Cadettes, Seniors, and Ambassadors interested in helping to plan and run Spooky Waters must register for and attend Sundae Sunday. *Includes dinner meal, activities and event patch.

Thanks A Lot Trot Troop Fundraiser!

SATURDAY, NOVEMBER 23, 10AM RACE START

Camp Laughing Waters, Gilbertsville

Grades: All Ages

Cost: \$30/person

Race around camp, while earning your troop some extra money. This year's Thanks-A-Lot Trot will be a fundraiser to help G.I.R.L.'s set, reach, and achieve their goals and dreams with Girl Scouts. Girls will have the option to collect sponsorships and use the donations toward troop and other Girl Scout activities. With both 5k and 1-mile options, you can choose your difficulty level and build up your skills. After the race enjoy a campfire and s'mores. This is a family event, fundraising is optional. *1 Mile Fun Walk is an untimed event. Awards will be given to the top finishers of the 5k run. *More information on fundraising to follow!

Real Girls Code

SUNDAY, DECEMBER 8, 9AM-12PM

Camp Shelly Ridge, Miquon

Grades: 2-5

Cost: \$14/girl

You + coding = a whole new world! Join thousands of other participants from hundreds of countries at a global Hour of Code event. Learn how coding changes and enhances our lives, from solving problems to connecting with people around the world. Start thinking like a coder as you play games both on and off the computer. Hear from people who use code every day to make the world a better place and be inspired to do the same! All troops must meet girl-adult ratios for their group. Individual girls must be accompanied by a registered adult. *Includes event patch and Coding Basics badge.

Real Girls Code

SUNDAY, DECEMBER 8, 1-4PM

Camp Shelly Ridge, Miquon

Grades: K-1

Cost: \$14/girl

You + coding = a whole new world! Join thousands of other participants from hundreds of countries at a global Hour of Code event. Learn how coding changes and enhances our lives, from solving problems to connecting with people around the world. Start thinking like a coder as you play games both on and off the computer. Hear from people who use code every day to make the world a better place and be inspired to do the same! All troops must meet girl-adult ratios for their group. Individual girls must be accompanied by a registered adult. *Includes event patch and Coding Basics badge.

Winter Camp

FRIDAY, DECEMBER 27, 1:30PM-MONDAY DECEMBER 30, 6PM

Camp Mosey Wood, White Haven

Grades: 1-12

Cost: \$140/girl

Do you remember how fun summer camp was? Do you need your camp fix for the winter? Leave your parents and leaders behind and come to Mosey Wood to make new friends and meet up with your summer camp buddies! GSEP Summer Camp Staff will treat you to traditional camp activities with a winter twist! Activities include crafts, campfires, hiking, and weather permitting—ice skating and snowshoeing! While at camp all girls will work on an age-level appropriate badge. Stay in heated buildings and enjoy your meals in the Dining Hall.

Cookie Camp-In

SATURDAY, JANUARY 4, 6PM - SUNDAY, JANUARY 5, 8AM

Camp Laughing Waters, Gilbertsville

Grades: K-5

Cost: \$37/girl

Cookie time is almost here! Get pumped up and ready to go with a night of cookie-themed fun! Crafts, games, and excitement await you. You'll learn #cookieboss skills all while having a blast. Wind down for the night by watching a movie as you fall asleep inside the activity center. This is a girl-only event, that will be supervised by camp staff. No leaders or parent volunteers are able to attend. *Includes nighttime snack, light breakfast, and event patch.

Real Girls of the World

SATURDAY, FEBRUARY 23, 1-4PM

Camp Shelly Ridge, Miquon

Grades: K-5

Cost: \$22/girl

Girls of the world unite! Celebrate our WAGGGS sisterhood that spans around the world. Explore different cultures through fun activities and international snacks. Learn about global issues that affect girls everywhere and how you can take action to make change! All troops must meet girl-adult ratios for their group. Individual girls must be accompanied by a registered adult. *Includes Global Action Award, World Thinking Day Award, event patch, and snack.

Register for these programs and you'll be one step closer to filling your vest! For a complete list of programs where you can complete badge and/or Journey requirements, visit our website.

18 under 18

Flip through the pages of “18 Under 18” and you’ll meet some of our inspiring **S.T.E.M. Stars, Adventure Seekers, Community Activists, and Cookie Bosses**, including our cover girl, Simone J. who dove head first into the world of S.T.E.M. with our SeaPerch robotics team!

18

Simone J.

Age 14
Philadelphia County
Troop 91362

S.T.E.M. is a little word with a big meaning. What does S.T.E.M. mean to you?

S.T.E.M. means so many things to me. As a program it is forever changing and allows a shift in thinking and doing. With S.T.E.M., things are always growing and flowing. This is my third year participating in SeaPerch and each year we do something a little different and more innovative.

Tell us a little bit about SeaPerch and the part you played this year.

SeaPerch is a national program that supplies teams of students with the resources they need to build an underwater Remotely Operated Vehicle (ROV). Teams spend almost a whole year constructing their ROV and then they compete in local competitions with it. Our team here at Girl Scouts of Eastern Pennsylvania (GSEP) had six members this year! I was assigned the role of Mechanical Engineer, which meant I was responsible for helping to control the unit and make certain it was operating correctly.

What interested you about getting involved in S.T.E.M. outside of the classroom and joining SeaPerch?

I have been interested in SeaPerch since first getting introduced to S.T.E.M. through a Girl Scout program at Jefferson University. I enjoy how it allows me to grow while learning new things and having fun. I also really enjoy how S.T.E.M. encourages me to communicate, collaborate, and interact with other Girl Scouts.

What is one of the most important things you learned throughout SeaPerch?

For starters, I learned how to use the SeaPerch ROV and work with the controls. I am proud of the commitment that came with accepting the challenge and I grew more confident and comfortable working with the project. I really didn't want to miss any part of it!

Describe how you felt on competition day? What was your favorite part?

I felt nervous at first and, even though we didn't win, I was happy to accomplish the obstacle course our ROV had to navigate. To me, it wasn't about winning an award, but about being part of the GSEP team as well as the larger S.T.E.M. community.

How would you like to use your S.T.E.M. knowledge when you grow up?

I would like to use it by making changes in my community. I love animals and science and I am looking forward to starting high school at Walter B. Saul (a local high school known for its agriculture programs) next school year.

Tell us about your favorite female S.T.E.M. leader and what impact she's had on your life.

Ms. Carly. She is a college student at Jefferson University and has been our SeaPerch team's volunteer advisor for a few years. She helped us so much with learning how to pace ourselves, to make sure we weren't rushing and that certain things were done correctly. She also taught us how to help each other and be patient, understanding, and thorough.

“ I also really enjoy how S.T.E.M. encourages me to communicate, collaborate, and interact with other Girl Scouts. ”



Helen L.

Age 6, Daisy
Philadelphia County
Troop 902

S.T.E.M. STAR

How would you like to use your S.T.E.M. knowledge to make the world a better place?

I would discover new flowers and insects for the planet because plants help the Earth and us live. Some plants have flowers that turn into fruit. I learned that on my field trip to Bartram's Gardens.

Tell us about your favorite female S.T.E.M. leader and what impact she's had on your life.

Amelia Earhart. She saved enough money to buy an airplane called "The Canary". Amelia makes me try new things that nobody has tried before.



Samara S.

Age 15, Senior
Philadelphia County
Troop 91402

ADVENTURE SEEKER

What is your favorite outdoor activity and why?

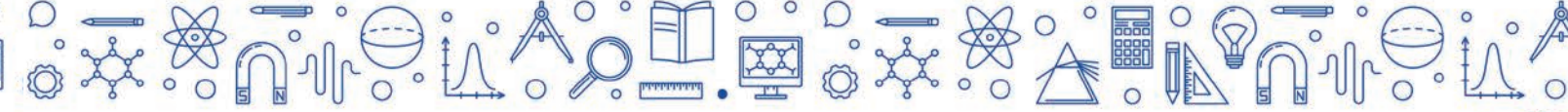
I recently completed a multilevel obstacle course with a zipline. Although, it was WAYYYY more challenging than anticipated, it has now become my favorite outdoor activity. The obstacle course forces you to use every muscle in your body and the zipline allows you to weightlessly soar through the air. It was a blast to experience this with my troop.

Tell us about your favorite outdoor experience and three things you learned because of it.

I will try to complete more obstacle courses and zip lines. This activity allows me to enjoy nature, exercise, socialize, and have fun. I learned that I won't know my strengths if I don't try new things to push my limits. I learned that sometimes the things that are the hardest most often yield the best results. Lastly, I realize that when I'm in the company of friends EVERYTHING IS AWESOME!!!!!!



“ The obstacle course forces you to use every muscle in your body and the zipline course allows you to weightlessly soar through the air. ”



15

Sydney V.
Age 9, Junior
Montgomery County
Troop 7891

S.T.E.M. STAR

S.T.E.M. is an acronym with a big meaning. What does it mean to you?

S.T.E.M. means to me that I can focus on topics that interest me in school and find ways to help my community. S.T.E.M. is great in school and in Girl Scouts because I enjoy thinking outside the box to try new possibilities.

How would you like to use your S.T.E.M. knowledge to make the world a better place?

Safe drinking water is becoming a concern, even in Montgomery County, Pennsylvania. People are polluting the Wissahickon Creek. Many communities across the country and world are experiencing pollution and unsafe drinking water as well. I would like to design a simple and cost-efficient system that would provide safer drinking water and help eliminate the use of bottled water.

14

Emma S.
Age 14, Cadette
Bucks County
Troop 2105

ADVENTURE SEEKER

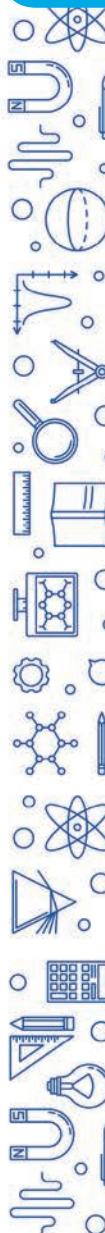
Tell us about a time you went outside of your comfort zone to participate in an outdoor activity.
In April, we took 40 younger girls and their leaders camping! Many of the girls and leaders had never been camping before. We taught them how to safely start fires, how to cook over an open fire, and how to set up tents.

When you're exploring the outdoors, what steps do you take to leave everything as you found it?
When we hike, we always hike with trash bags in our backpacks. At any campsite, right before we leave, we do a Leave No Trace sweep where we line up across the campsite and walk very slowly to make sure we don't leave anything behind. We also do Take Action projects when we can - we've reblazed trails and repainted campsite signs to help others stay on trails and know where to camp.



“I would like to design a simple and cost-efficient system that would provide safer drinking water....”

spark | discover





Amara D.

Age 7, Daisy
Delaware County
Troop 5408

COOKIE BOSS

Tell us how your confidence has grown through participation in the Cookie Program.

At first it was very scary to knock on the doors and I couldn't remember all the cookie names. But I learned to use my order sheet to practice! Once I knew what to say, it wasn't scary. I learned that being loud and confident helped people to want to buy them. Now I know my new neighbors too and I can go talk to them.

What is your Cookie Program goal for next year and how do you plan to hit it?

Next year my goal is to sell more cookies than this year. I want to join the 500 Club. I am going to do more sales with my wagon and order lots of cookies to carry around so that I am always ready. I will know more about cookies and selling next year, so I think I can do it!



Diamond M.

Age 14, Cadette
Delaware County
Troop 5565

S.T.E.M. STAR

S.T.E.M. is an acronym with a big meaning. What does it mean to you?

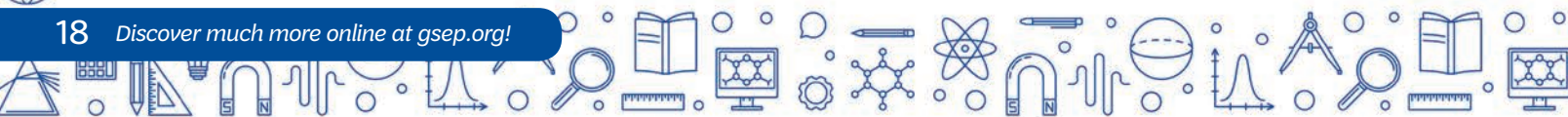
S.T.E.M. means to me an opportunity to explore a variety of topics that will be needed in my future career and life aspirations. Everywhere you look we are dealing with math and science. In today's society we are always utilizing technology, so being able to merge them all together will keep me engaged and up to date so I can be the best medical professional I can be.

Tell us about a time you used your S.T.E.M. skills outside of the classroom.

One time I had designed a project in Girl Scouts where I had to utilize the skills I acquired previously to design and develop a functional model roller coaster. I had limited supplies but was able to achieve that goal.



“Everywhere you look we are dealing with math and science.”





Julia H.

Age 14, Cadette
Bucks County
Troop 2020

COMMUNITY ACTIVIST

What is an issue that is important to you and why?

An issue that is important to me is that my school district, Quakertown Community School District, in Bucks County, Pennsylvania, does not offer French. Many of my fellow students and I would love to learn French. Quakertown offers three world languages: Spanish, German, and Mandarin (Chinese). I always thought once I got to middle school that I would be able to learn French. I was devastated when I found out that my school district does not offer French.

What is your favorite thing that you've done to help your community?

My favorite thing that I have done to help my school community is that I led a campaign to add French to the curriculum, and due to my perseverance and determination I am extremely proud to say that Quakertown Community High School will offer French for the 2019-2020 school year!

“ My favorite thing that I have done to help my school community is that I led a campaign to add French to the curriculum..... ”



Jessica C.

Age 17, Ambassador
Delaware County
Troop 53420

ADVENTURE SEEKER

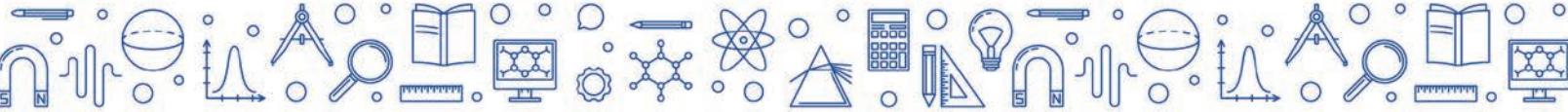
What is your favorite outdoor activity and why?

My favorite outdoor activity is horseback riding. I love feeling the freedom, like you could face anything at that particular moment. At first, it is hard to trust a 600 pound animal with a mind of its own. You learn to work together and become a team. You learn to overcome the fear of the unpredictable and learn to love how different each horse is. There is so much to build upon. There are always new skills to learn and perfecting the old ones. It may seem like hard work, but in the end your best friend is worth it.

When you're exploring the outdoors, what steps do you take to leave everything as you found it?

I try to keep nature as I found it or sometimes even better than I found it. There are woods in my backyard that is home to a lot of plant and animal life. It is unfortunate that people litter and it ends up in the woods. I try to pick-up as much trash out of the woods as I can each week and even try to repurpose some of the items so that not all of it ends up in landfills.





Pearl S.

Age 7, Brownie
Lehigh County
Troop 618

COMMUNITY ACTIVIST

What is your favorite thing that you've done to help your community?

All my projects this year have been my favorite because they helped people. I organized a sock drive. I collected almost 200 pairs of socks that were donated to schools and shelters. We've done several beach clean ups when we were on vacation. I prepared food bags for Sheridan Elementary School. I heard that other kids had no food, so I wanted to help and make sure they had healthy food for the weekend right away. I also stocked shelves at a food pantry in Allentown.

Tell us about a time you had to stand up for what you believe in and what the outcome was.

When I did my sock drive, I had to give a speech so people would understand what to do, and why this was important. I felt very nervous giving my speech. I got over it, by taking deep breaths, thinking about something happy, and knowing what I needed to do.



Devyn S.

Age 14, Cadette
Montgomery County
Troop 7188

S.T.E.M. STAR

Tell us about a time you used your S.T.E.M. skills outside of the classroom.

For the past three years, I have participated in my school and county science fairs, and won. Last year, I decided to do a unique project; I looked for the prevalence of Toxocara (a type of roundworm). Toxocara is one of the top five most neglected parasitic diseases in the world. I was the first person to look for roundworm in Pennsylvania. I submitted my abstract to IDWeek (the premier infectious disease meeting in the world) and I was honored to become the youngest presenter ever. My abstract also got published in a peer-reviewed scientific journal.

How would you like to use your S.T.E.M. knowledge to make the world a better place?

I want to help people know about how to avoid disease if they can. In my future, I hope to become a doctor, and help people who are ill recover. I know the research is important because I am spreading awareness of Toxocara, parasitic worms in general, and the role that hand washing can play in preventing the spread of diseases.



“ In my future, I hope to become a doctor, and help people who are ill recover. ”





Allison K.
Age 8, Brownie
Berks County
Troop 11099

COOKIE BOSS

What creative ways have you or your troop come up with to sell cookies?

We get creative at cookie booths! I also do walkabouts, promote selling to support the military and other hometown heroes, and also use social media to get the word out.

What is your Cookie Program goal for next year and how do you plan to hit it?

We want to see if we can do an overnight at the aquarium next year! We will schedule more cookie booths and promote our cookie sales. I hit over 800 cookies this year but, to help my troop, I want to get to 1,000 next year.

“ I think that every lady that has added to the S.T.E.M. world is important. It is hard to pick just one. ”



Lena C.
Age 9, Junior
Carbon County
Troop 3801

S.T.E.M. STAR

Tell us about a time you used your S.T.E.M. skills outside of the classroom.

My favorite thing to do is science experiments at home or at Girl Scouts! We have done so many Girl Scout badges this year that are based around the principal of S.T.E.M. and I loved it so much. Proving my brother wrong is also fun!

Tell us about your favorite female S.T.E.M. leader and what impact she's had on your life.

I think that every lady that has added to the S.T.E.M. world is important. It is hard to pick just one. Each person added something special in their own way which makes the world work!





La'Ara M.

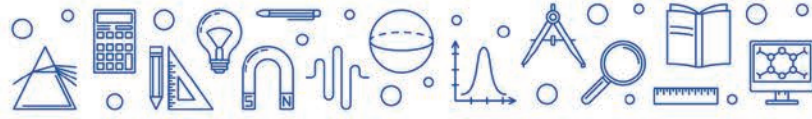
Age 15, Senior
Delaware County
Troop 55393

ADVENTURE SEEKER

Tell us about a time you went outside of your comfort zone to participate in an outdoor activity.
In Maine with my class, we did an activity called the HS Swing. This particular activity was out of my comfort zone, because I am afraid of heights and the HS Swing goes up 60 feet and I went all the way to the top.

When you're exploring the outdoors, what steps do you take to leave everything as you found it?
When I explore the outdoors, instead of breaking branches off of trees, or littering, or even picking flowers, I leave everything untouched, because I don't want to ruin the current environment or the nature of the place.

“ Three things that I learned were teamwork, new skills, and strategizing. ”



Mary M.

Age 8, Brownie
Chester County
Troop 4737

S.T.E.M. STAR

How would you like to use your S.T.E.M. knowledge to make the world a better place?

I would like to use S.T.E.M. knowledge to make the world a better place and engineer things that will make things that won't pollute the earth as much. I will also try to re-use my trash if I can't recycle it.

Tell us about your favorite female S.T.E.M. leader and what impact she's had on your life.

My favorite is Amelia Earhart, who not only was the first women to fly solo across the Atlantic and Pacific, but she also designed new clothes for women that weren't dresses. When she was a kid, she wanted to learn how to play basketball. Since there were no teams in her school for girls back then, she asked her neighbors to teach her. She inspires me to do things that women have never done before.



La'Ani M.

Age 11, Junior
Delaware County
Troop 55393

ADVENTURE SEEKER

When you're exploring the outdoors, what steps do you take to leave everything as you found it?

When I go to Maine with my school, we go apple picking and instead of throwing unwanted apples away in the field, we throw them in a pile where they will later turn into compost.

Tell us about your favorite outdoor experience and three things you learned because of it.

My favorite outdoor experience was rock climbing in Maine with my school. Three things that I learned were teamwork, new skills, and strategizing.





Kyra T.

Age 6, Daisy
Delaware County
Troop 5115

ADVENTURE SEEKER

What is your favorite outdoor activity and why?

I like to have fun with my Girl Scout friends no matter what we do, but my favorite outdoor activity is the Tough Cookie Adventure Race! I like to go hiking and also play the games along the route.

Tell us about your favorite outdoor experience and three things you learned because of it.

My favorite outdoor experience was the Tough Cookie Adventure Race. I learned not to take short cuts, to stay with my group and not leave anyone behind, and that you can have fun with other Girl Scout friends even if you don't know them yet.



Bella D.

Age 12, Cadette
Lehigh County
Troop 6675

COOKIE BOSS

Tell us how your confidence has grown through participation in the Cookie Program.

When I was a Daisy/Brownie, I used to be so shy and had a hard time asking people if they'd like to buy cookies. Now that I've been doing this for a long time, I have no problem asking, and can even up-sell a LOT. Reaching my goals through cookie sales has taught me that I am capable of anything.

What is your favorite thing that you or your troop have done with your cookie proceeds?

We do a lot of outdoor and camping trips. My favorite would be our recent trip to the West Point Scoutmasters Camporee in New York. It is run by West Point Cadets and we got to do so many cool activities with a big concert at the end of the weekend. I also get Adventure Credits as my cookie prize every year so I can feel proud of sending myself to summer camp. Camp Laughing Waters is my favorite!



“ Reaching my goals through cookie sales has taught me that I am capable of anything. ”



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2019-20 Girl Scout Program Schedule

Date	Type	Age/Level	Title
Sept. 21	Day	Cadettes	Robotics Badges Part 1
Oct. 5	Day	Daisies	Three Cheers for Animals
Nov. 9	Camp-in	Cadettes	Breathe Journey
Nov. 16	Day	Cadettes	Robotics Badges Part 2
Nov. 16	Camp-in	Brownies	Wonders of Water Journey
Nov. 22	Camp-in	Juniors	Get Moving Journey
Dec. 6	Camp-in	Daisies- Juniors	Wizardsing World
Jan. 25	Camp-in	Juniors & Up	Abbie's Space Party Sleepover
March 7	Camp-in	Cadettes & Up	Murder Mystery
March 13	Camp-in	Brownies	Wonders of Water Journey
March 20	Camp-in	Juniors	Entertainment Technology Badge
April 4	Camp-in	Brownies	Brownie Inventor Badge
April 18	Day	Daisies	Roller Coaster Design Badge
May 16	Camp-in	All Ages	Amusement Park Science

See website for program details

For reservations, call 610.841.1875
Email: scouts@davincisciencecenter.org

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UPCOMING DATES

- ★ November 2, 2019
 - ★ March 28, 2020
 - ★ November 7, 2020
- 8 A.M. TO 3 P.M.

PRICING

SCOUTS: \$14

ADULTS: \$12

- ★ One FREE adult for every 10 Girl Scouts!
- ★ Includes museum admission and special programs. Lunch is not included.

PROGRAM HIGHLIGHTS

CITIZEN LEGACY BADGE

Girls will learn more about America's history, explore our revolutionary system of government, and discover what it means to be an active citizen.

WOMEN'S HISTORY PROGRAMS

Go back in time to learn more about our nation's greatest women heroes, from suffragists to Supreme Court Justices! Girl Scouts will participate in exciting women's history programs, including trivia games, tours, and much more!

BONUS ACTIVITIES

Scouts can get a head start on their First Aid Legacy Badge by meeting police officers, fire fighters, and other first responders! We also offer select Journey programs.

PLUS: All Scouts receive the museum's special **Scout Day Fun Patch!**

RESERVATIONS

Reservations are required. Contact our Group Sales team to book your troop today! **Call 215.409.6800 or email groupsales@constitutioncenter.org.**

Visit constitutioncenter.org/scouts for a list of Legacy Badges and Journeys offered, sample agendas, and other helpful information.



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6 REASONS

EVERY GIRL SHOULD BE A #COOKIEBOSS



- 1 Join the largest girl-led business IN THE WORLD**
This 103-year-old program is a Girl Scout tradition. Who'd want to miss out on this?
- 2 Become your own boss**
Learn the determination, confidence, and vision it takes to set goals and reach them.
- 3 YOU decide how to use your cookie recognition and troop's cookie proceeds**
Travel the world, help out a charity or those in need, take on adventures at Girl Scout camp, or set your sights on some amazing prizes! It's up to YOU!
- 4 Be VIP for a day**
Join the 500 Club and enjoy a special event in June with a plus one!
- 5 Sell 1,000+ boxes and enter the Cookie Boss Class of 2020**
As a Cookie Boss, you'll be celebrated throughout the year (and with a very special party in June). Who knows, you may even be on TV!
- 6 And if you are our top seller, you will be named cookie CEO for a day!**

Beyond all that, you'll gain skills in money management, how to talk to people, and business ethics. The 2020 Cookie Program begins on Thursday, January 16th, and ends on Sunday, March 8th. And don't forget, individually registered girls and Girl Scouts of all ages can participate in the Cookie Program! Check out the Cookie Boss Class of 2019 on the next page!

mark your calendars

OCT. 05 Service Unit Cookie Program Training

OCT. 07 SUCM Training Materials to be delivered

OCT. 25 Gluten Free Order Due to Council

NOV. 25 Home Delivery Request Forms Due to Council

DEC. 02 Troop Initial Order due in ABC Smart Cookie

DEC. 07 Deadline for SUCM's to Edit or Enter Troop Initial Orders in Smart Cookies

JAN. 2-14 Home Deliveries and Mega Drops
(schedule to be announced)

JAN. 4-05 Cookie Lock-in at Camp Laughing Waters

JAN. 16 Cookie Program Begins and Kickoff

FEB. 21-23 ... National Girl Scout Cookie Weekend
(more information to be announced)

MAR. 08 Last day of Cookie Program

MAR. 25 SUCM's Deadline for Recognition Orders in Smart Cookies



Learn more! Visit the cookie section of our website for more info.

GSEP Cookie Boss CLASS OF 2019

In the following pages, you'll meet 436 of our top cookie sellers. These go-getters each sold 1,000+ packages of cookies, earning a spot in the prestigious Cookie Boss Class of 2019. From traveling the world to earning their Gold Award, these #CookieBosses deserve a shout out!

DAISIES

Addison L., Troop #6169	Juliette K., Troop #6249
Addison M., Troop # 7018	Katelyn K., Troop #621
Alexis B., Troop #7098	Lillian H., Troop #956
Alexis D., Troop #1709	Maci W., Troop #53
Audrey C., Troop #51686	Madeline M., Troop #617
Audrey T., Troop #6051	Madison C., Troop #7043
Autumn R., Troop #21321	Madison E., Troop #212
Ava M., Troop #5387	Makenzie E., Troop #212
Bella S., Troop #9115	Mikayla S., Troop #133
Brianna T., Troop #960	Paige P., Troop #6169
Brooklynn P., Troop #704	Peyton B., Troop #937
Cadence D., Troop #859	Rachel D., Troop #51922
Cassidy B., Troop #5374	Raena L., Troop #11098
Charlotte M., Troop #21722	Rhyan M., Troop #212
Dakota B., Troop #5387	Sariya J., Troop #22028
Danielle S., Troop #21277	Sofia G., Troop #21277
Devyn S., Troop #7043	Scotaloo L., Troop #6169
Elizabeth V., Troop #2692	Stellar R., Troop #6169
Emily D., Troop #5387	Taylor M., Troop #545
Emma S., Troop #937	Taylor M., Troop #71377
Emmeline C., Troop #902	Teagan J., Troop #21321
Hafsah N., Troop #71159	tiffany D., Troop #7776
Isabella G., Troop #956	Tiffany S., Troop #206
Isabella M., Troop #7639	Valentina L., Troop #9751
Isabella M., Troop #53383	Veronica A., Troop #71526
Isabelle K., Troop #6810	Zoey K., Troop #983
Jocelyn D., Troop #71512	

BROWNIES

Abigail C., Troop #7043	Isabella G., Troop #7104
Addison Q., Troop #690	Jamyia R., Troop #53
Adriana J., Troop #72050	Jocelyn B., Troop #5429
Aeryn H., Troop #51686	Jocelyn K., Troop #6021
Alaina B., Troop #5944	Jordan W., Troop #446
Alyssa B., Troop #690	Kassidy J., Troop #770
Amanda L., Troop #9576	Kathryn I., Troop #471
Amanda P., Troop #5944	Katrina R., Troop #5165
Amanda S., Troop #6244	Kaydence C., Troop #51686
Anna H., Troop #406	Kiera M., Troop #9363
Arianna J., Troop #2786	Kylee D., Troop #3506
Ashley S., Troop #22035	Lori A., Troop #5839
Audrey W., Troop #640	Mackenzie A., Troop #701
Audrie C., Troop #5839	Mackenzie G., Troop #51686
Brianna T., Troop #7130	Mackenzie M., Troop #617
Brielle B., Troop #7208	Madison V., Troop #72055
Brooke F., Troop #51686	Magdalena B., Troop #7036
Calianna S., Troop #3305	Makenna D., Troop #859
Casey L., Troop #7776	Mandy R., Troop #2074
Catherine G., Troop #9378	Melanie H., Troop #7013
Charlotte C., Troop #72055	Melody B., Troop #5393
Charlotte F., Troop #255	Molly R., Troop #5006
Christine M., Troop #21422	Natalie H., Troop #5429
Cianna C., Troop #9454	Nyomi W., Troop #618
Collette T., Troop #6244	Penelope H., Troop #730
Courtney M., Troop #8107	Percy B., Troop #72050
Emily I., Troop #7124	Peyton J., Troop #77138
Gabriella K., Troop #701	Phyona M., Troop #2553
Gabriella P., Troop #247	Raven V., Troop #4727
Gabrielle C., Troop #9115	Riley H., Troop #455
Gianna B., Troop #1380	Samantha T., Troop #701
Grace L., Troop #22035	SARA K., Troop #91378
Hailey C., Troop #5944	Shaina A., Troop #5429
Haley Br., Troop #455	Simone C., Troop #9712
Isabela L., Troop #7031	Stella P., Troop #93546
Isabella G., Troop #7123	Twyla R., Troop #6169



JUNIORS

Abigail C., Troop #9674
 Abigail C., Troop #72055
 Abigail S., Troop #70621
 Abigail W., Troop #671
 Adrianna H., Troop #5565
 Amaya R., Troop #7357
 April B., Troop #562
 Ariana M., Troop #5411
 Ashlyn H., Troop #41552
 Asiya B., Troop #71159
 Aubrey P., Troop #21740
 Autumn H., Troop #6038
 Ava F., Troop #7275
 Ava K., Troop #21041
 Briana G., Troop #9263
 Brianna C., Troop #5047
 Brianna H., Troop #5565
 Brooke G., Troop #9552
 Cadence G., Troop #784
 Caralyn G., Troop #51129
 Carley L., Troop #82136
 Carly D., Troop #51922
 Carolena G., Troop #42123
 Cerys J., Troop #4116
 Charlotte C., Troop #21240
 Ciani S., Troop #93547
 Cyneathia R., Troop #51922
 Danae O., Troop #98327
 Ella D., Troop #11068

Emily F., Troop #72055
 Emily G., Troop #7356
 Emily R., Troop #5047
 Emma H., Troop #9196
 Falyn J., Troop #21321
 Gianna R., Troop #42033
 Gisele A., Troop #7157
 Hannah M., Troop #82136
 Hannah W., Troop #9552
 Isabel A., Troop #72055
 Isabella D., Troop #9315
 Janice H., Troop #21240
 Jaylynn P., Troop #51129
 Jessica B., Troop #71768
 Jessica S., Troop #5407
 Jessica T., Troop #7157
 Jordan H., Troop #5407
 Jordan Z., Troop #5407
 Julia A., Troop #4920
 Julia M., Troop #4254
 Kara O., Troop #72055
 Kylie R., Troop #82136
 Lauren K., Troop #9392
 Liana S., Troop #7100
 Lilyian E., Troop #2049
 Mackenzie R., Troop #21321
 Madeline W., Troop #785
 Madison B., Troop #9674
 Madison G., Troop #73441



Madison M., Troop #7775
 Maia L., Troop #4029
 Makena S., Troop #671
 Maya K., Troop #21041
 Mckenzie T., Troop #7157
 Miabella G., Troop #9552
 Miley W., Troop #5357
 Morgan Z., Troop #7157
 Mykayla Y., Troop #5357
 Naila L., Troop #71159
 Olivia A., Troop #7264
 Olivia B., Troop #61088
 Paige F., Troop #513
 Rachel W., Troop #51129
 Rozaria K., Troop #7019
 Ryleigh T., Troop #8500
 Samantha B., Troop #1062

Sarah M., Troop #82136
 Sarah W., Troop #51129
 Savannah K., Troop #628
 Savannah R., Troop #2074
 Serena B., Troop #7100
 Simra S., Troop #70827
 Sofia L., Troop #7031
 Sophia A., Troop #61
 Sophie J., Troop #50220
 Sydney B., Troop #768
 Taylor C., Troop #9315
 Taylor C., Troop #1484
 Taylor D., Troop #51686
 Taylor H., Troop #1786
 Vanessa H., Troop #51922
 Virginia S., Troop #6810
 Vivian J., Troop #8500



CADETTES

Abigail M., Troop #7063
Alexia S., Troop #5357
Alison Q., Troop #502
Alivia T., Troop #4180
Alysa P., Troop #9629
Amani P., Troop #91176
Amber S., Troop #9629
Anna M., Troop #4254
Anyia W., Troop #9069
Ashley F., Troop #9629
Ashlie J., Troop #978
Aurie B., Troop #91053
Autumn H., Troop #8133
Ava D., Troop #11068
Ava S., Troop #8133
Bella D., Troop #6675
Bethany B., Troop #654
Briana C., Troop #91326
Brynn W., Troop #789
Ceara R., Troop #21321
Charlotte M., Troop #5929
Chloe H., Troop #21131
Christine M., Troop #7360
Dakotah M., Troop #9629
Daniela W., Troop #81107
Donaita K., Troop #71616
Elaina T., Troop #77160
Elizabeth S., Troop #6851
Ella Lily K., Troop #44123
Emily K., Troop #122
Emily M., Troop #41783
Emma B., Troop #9412
Emma C., Troop #9943
Erin W., Troop #91402
Evelina M., Troop #91531
Faith G., Troop #6421
Gabrielle G., Troop #682
Gianna M., Troop #5502
Grace F., Troop #21638
Grace H., Troop #9129
Haley R., Troop #5357
Hannah I., Troop #7210
Isabella C., Troop #207
Isabella C., Troop #1628
Isabella S., Troop #2099
Isis J., Troop #9999

Jada M., Troop #7753
Jada Y., Troop #5357
Jaidlyn S., Troop #2049
Julia B., Troop #57020
Kaitlynne J., Troop #7287
Kasey L., Troop #57
Katelyn K., Troop #41783
Kayla E., Troop #9629
Kaylee O., Troop #5565
Kayleigh B., Troop #2866
Kennedi P., Troop #81107
Kennis J., Troop #5976
Kiera M., Troop #5913
Kimberly M., Troop #51243
Kyleigh M., Troop #5357
Kylie P., Troop #9744
Laila T., Troop #9629
Latifah W., Troop #9629
Leah T., Troop #5976
Leila W., Troop #91
Lelia Tr., Troop #71734
Lila S., Troop #8133
Lillian K., Troop #7151
Lucille C., Troop #2762
Madelyn H., Troop #77160
Madison J., Troop #9629
Madison O., Troop #2553
Madison P., Troop #9744
Madison R., Troop #8723
Maliha L., Troop #71159
Mary W., Troop #2779
Maryam M., Troop #71159
Megan M., Troop #82136
Morgan M., Troop #21638
Myah Y., Troop #91
Natalie D., Troop #21603
Nevaeh B., Troop #9629
Nicole M., Troop #51129
Nicole M., Troop #8860
Nicole S., Troop #2779
Novalee B., Troop #1062
Olivia B., Troop #7275
Olivia D., Troop #1797
Olivia S., Troop #41536
Paris G., Troop #91326
Peyton B., Troop #71975

Piper J., Troop #21321
Rachel B., Troop #207
Rakiya M., Troop #91
Riley B., Troop #7819
Riley M., Troop #7018
Rilynn J., Troop #5103
Rosemary J., Troop #830
Sally M., Troop #8472
Samantha B., Troop #4063
Samantha P., Troop #2241
Shanir F., Troop #9069
Shelby K., Troop #44123
Sheleah F., Troop #91
Simone J., Troop #91326
Sky B., Troop #9069

Sophie W., Troop #81107
Susan M., Troop #2717
Tagianna F., Troop #91
Taniyah D., Troop #7063
Tara H., Troop #1473
Tasneem A., Troop #71159
Tatiana D., Troop #91326
Tatiana R., Troop #9455
Tayten K., Troop #7018
Trinity P., Troop #8133
Vashti V., Troop #91
Veronica M., Troop #5913
Vivian H., Troop #9934
Zayna J., Troop #71159
Zohra F., Troop #51129



SENIORS

- | | |
|-----------------------------|----------------------------|
| Aiyonna W., Troop #91 | Kailyn N., Troop #4079 |
| Alicia M., Troop #91 | Kara H., Troop #874 |
| Aliyah H., Troop #91504 | Kayla K., Troop #4079 |
| Alyssa H., Troop #91504 | Lydia E., Troop #21105 |
| Amanda M., Troop #21105 | Madisen B., Troop #6149 |
| Amatullah T., Troop #71159 | Maili M., Troop #9744 |
| Aniya B., Troop #91053 | Mason H., Troop #5103 |
| Anna M., Troop #91009 | Megan P., Troop #5042 |
| Arianna K., Troop #5539 | Melanie T., Troop #9696 |
| Ashley P., Troop #9744 | Molly M., Troop #9744 |
| Bethany B., Troop #71975 | Nialah M., Troop #5251 |
| Brendalynn B., Troop #71975 | Olivia H., Troop #9934 |
| Carly G., Troop #2103 | Phebe W., Troop #874 |
| Elizabeth J., Troop #8225 | Priya C., Troop #9445 |
| Elizabeth M., Troop #5032 | Rachael T., Troop #9517 |
| Emily F., Troop #21105 | Samantha R., Troop #97234 |
| Faith A., Troop #1518 | Sereina W., Troop #91 |
| Gillian P., Troop #91531 | Sophia V., Troop #1518 |
| Haley N., Troop #4079 | Stephanie M., Troop #21105 |
| Halle M., Troop #21105 | Suky L., Troop #5103 |
| Isabella H., Troop #2974 | Trinity P., Troop #2974 |
| Isabella R., Troop #1518 | Victoria M., Troop #91504 |

AMBASSADORS

- | | |
|---------------------------|---------------------------|
| Abigail A., Troop #4111 | Hope W., Troop #2974 |
| Abigail C., 41163 | Imani S., Troop #9934 |
| Adrienne K., 5042 | Jalynn J., Troop #91433 |
| Aileen Z., Troop #502 | Jamie H., Troop #5042 |
| Alanni H., Troop #91477 | Juliana M., Troop #9576 |
| Alexa P., Troop #5077 | Julianna P., Troop #2296 |
| Alicia M., Troop #91 | Kiah Z., Troop #7271 |
| Allyson M., Troop #2665 | Lena K., Troop #871 |
| Amber H., Troop #8614 | Lileilani V., Troop #9576 |
| Amy W., Troop #9012 | Lydia D., Troop #701 |
| Annabelle M., Troop #5398 | Madison K., Troop #2012 |
| Ariana P., Troop #9020 | Michelen D., Troop #5092 |
| Arieanna S., Troop #9020 | Nayeli V., Troop #91531 |
| Ashlyn F., Troop #794 | Nazhe M., Troop #9001 |
| Brianna B., Troop #2797 | Nevaeh V., Troop #9576 |
| Brianna D., Troop #91 | Noor B., Troop #7102 |
| Bridget G., Troop #9378 | Rachel O., Troop #2012 |
| Caitlyn S., Troop #7043 | Salimah B., Troop #71159 |
| Charlotte G., Troop #68 | Samya B., Troop #91649 |
| Courtney M., Troop #63415 | Serena W., Troop #91433 |
| Danielle L., Troop #9934 | Shana B., Troop #51129 |
| Delaney G., Troop #871 | Sumayah B., Troop #71159 |
| Dylan G., Troop #7983 | Sydney H., Troop #573 |
| Emily Q., Troop #502 | Taegan Z., Troop #7006 |
| Gianna W., Troop #71604 | Taylor H., Troop #91444 |
| Grace M., Troop #9744 | Zoe K., Troop #2012 |
| Hanna M., Troop #6846 | |



Want to join this group of inspiring **G.I.R.L.'s**? Participate in the 2020 Cookie Program and make sure to bring your A-game and Girl Scout smile to every cookie-selling opportunity you find. With hard work and determination, you could be featured in these pages next year as a member of the Cookie Boss Class of 2020!



FALL IN LOVE WITH OUR NEW PROGRAMS!

Check out this sample of our new *Spark* programs, where you'll complete Badge and Journey steps. Then, flip over this magazine to read about all our programs in the Fall/Winter Program Guide!

Daisy

Eco-Learner Badge

Hit the Trail
Saturday October 5 10am-12pm
Riverbend Environmental
Education Center (Gladwyne)

Model Car Design Challenge Badge

Model Car Mechanics
Saturday December 7, 10am-12pm
Mad Science (Philadelphia)

What Robots Do Badge

Airplane Rescue
Saturday January 11, 10-11:30am
Engineering For Kids @ Shelly Ridge

Brownies

Flying Flyer Design Challenge badge

Fling Flyer Fanatics
Sunday November 2, 12:30-3pm
Camp Mountain House

Race Car Design Challenge Badge

Risk Taker Racing
Saturday February 8, 10am-4pm
Camp Laughing Waters

Cybersecurity Basics Badge

Cybersecurity Super Sleuths
Monday February 17 9:30am-12pm
Security Risk Advisors (Philadelphia)

Juniors

Balloon Car Design Challenge

Junior Balloon Car Design Challenge
Saturday September 21, 2-4pm
Bryn Mawr College

Animal Habitats Badge

Happy Campers
Friday January 10 7pm-
Sunday January 12 10am
Camp Shelly Ridge

Cybersecurity Basics Badge

Cybersecurity Super Sleuths
Monday February 17 9:30am-12pm
Security Risk Advisors (Philadelphia)

Cadettes

Primitive Camper and Trail Blazing badge

Cadette Badge Blast
Friday October 4, 7pm-
Sunday October 6, 10am
Camp Mosey Wood

Think Like a Programmer Journey

Programmer Prodigies
Saturday November 9, 12-5pm
Temple University (Philadelphia)

Seniors

Locavore Badge

Local Locavores
Saturday October 5 10am-12pm
Nurture Nature Center (Easton)

Sky Badge

Fly, Fly Away
Saturday October 12 9:45am-
12:30pm
Pottstown Airport

Behind the Ballot Badge

Voice Your Vote
Sunday November 16, 9am-12pm
Camp Valley Forge

Ambassadors

Ultimate Rec Challenge Badge

Blue Mountain Adventurers
Saturday October 5 9am-5pm
Blue Mountain Resort (Palmerton)

Empowerment Hike

Saturday November 2 11am-1:30pm
Ridley Creek State Park

College Knowledge Badge

College All-Stars
Saturday January 25, 12-3pm
YSC Academy (Wayne)

Register for these programs and you'll be one step closer to filling your vest!

For a complete list of programs where you can complete Badge and/or Journey requirements, visit our website www.gsep.org.



OCT 4-6



DEC 26-29

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JAN 10-11



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Field Trip Information (610) 841-5919

G.I.R.L. AGENDA

POWERED BY GIRL SCOUTS



G.I.R.L. Agenda girl a-gen-da / noun / gərl ə'jəndə

A nonpartisan initiative to inspire, prepare, and mobilize girls and those who care about them to lead positive change through civic action.

Stand Up. Step Up. Get Involved.

At our core, Girl Scouts aims to inspire girls to be leaders in their own lives by building the courage, confidence, and character to raise their voices and be advocates for the issues and ideas important to them.

Girl Scouts use their determination to lead every day in the fight for a clean environment, racial and gender equality, safety issues, local concerns, and so much more. And leadership is why the effect of Girl Scouts remains so long after a girl leaves her troop meetings behind and moves on in the world.

You, too, can be part of the **G.I.R.L. Agenda**, a nonpartisan initiative to inspire, prepare, and mobilize girls and those who care about them to lead positive change through civic action. All the good deeds you do - the Bronze, Silver,

and Gold Award projects you complete or the Take Action community service you work on: this is the **G.I.R.L. Agenda**.

When you're a **G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)**[™] you do great things. You believe in taking action and in righting the wrongs you see. You believe we are more powerful together than we are apart.

Whether you're being a good neighbor, participating in school activities, addressing concerns in the community, or taking your quests for positive transformation to the local, state, national, or international level, you are the catalyst for change.

Get Inspired. Get Prepared. Get Mobilized.

It's our world. Let's change it for the better.

Check out how girls in our own region Stand Up, Step Up, and Take Action:

Girl Scout Troop 7886 inspires a town to become the first in PA to ban plastic straws.

It started in March 2018 as a Take Action project for the Brownie Wonders of Water Journey. The girls' interest in plastic's impact on the environment came from a group trip to the Philadelphia Zoo and further research on the region's waterways. Individually, the girls began noticing how many straws they used in a week. So, as a troop, they decided to speak up and ask family and friends to count how many single-use straws they could decline in a week... and then a month. They spoke with a neighbor who happened to be a Narberth Borough Council member about the project and she asked if their data could be shared with the Council. Once that happened, the girls decided that they could go bigger!

These Girl Scout Brownies and Juniors started asking restaurant owners to have only reusable glass and metal straws and also began a campaign for retail businesses to have reusable shopping bags, starting with 25 bags they themselves brought from home and put in a kiosk (a milk crate with signage) for public use. They continued collecting extra reusable bags, over 500 in total, and using cookie funds to purchase 100 Girl Scout green bags to be used in the four

kiosks they established in the community. This effort continues today.

In September 2018, Narberth Borough Council voted unanimously to say no to Single Use Plastics, the first town in the Commonwealth to do so. These Girl Scout Brownies and Juniors were able to change the behaviors in their entire community! Not only for themselves but for their families, friends, and township, they were able to:

Inspire / Prepare / Mobilize!



Girl Scout Troop 7886 visited State Representative Mary Jo Daley (a GS alum!) in Harrisburg when they received an award from the State Senate recognizing their community impact.



Girl Scout Junior Maddie F. checks one of the troop's kiosks in Narberth to see if it needs to be restocked with more reusable bags.

Are you ready to raise your voice, influence change, and speak up on behalf of girls?

Each year, three girls are selected as Girl Advisors to GSEP's Board of Directors. Girl Advisors hold seats at the table during meetings of the Board of Directors, where they provide girl insight and perspective on important matters. Thirty girls are also selected as Girl Delegates to represent the nearly 40,000 Girl Scouts in GSEP's nine-county footprint. Girl Delegates weigh-in on important issues at Delegate Meetings and vote on new policies and procedures at GSEP's Annual Meeting.

There are many benefits to becoming a Girl Advisor or Girl Delegate. You'll get a pin for your vest or sash, opportunities to network with volunteers and Board Members, plus hands-on experience practicing parliamentary procedure and public speaking. Additionally, Girl Governance positions look great on a college application or resume.

For Girl Advisor (and former Girl Delegate) Bridgette L., the opportunity to serve in these positions in Membership Year 2019 empowered her to raise her voice:

*"Being both a Girl Delegate and a Girl Advisor has allowed me to interact and observe governance on both the small and large scale. As a Delegate, I had the opportunity to work as a smaller unit in the big picture of GSEP governance. Now as a Girl Advisor, I get to see the behind-the-scenes processes of business and work. Serving in both of these roles has also allowed me to learn more about how the policies we legislate affect the Council, my Service Unit, and Troop. **If you want to be a force for change and the social good, participate in these programs!**"*

To be eligible, girls must be at least 14 years old by May 2, 2020 and must be registered as active members when they submit their application. Check out the Governance pages on GSEP's website later this fall for the link to the online application!



GSEP Board Chair Debbie Hassan and Girl Advisor to the Board Tamyah S. talk after a Board meeting.



Girl Advisors to the Board (L-R) Bridgette L., Sydney M., Nya C., and Emma C. before the 2019 Annual Meeting.

Join GSEP for the world's largest girl-led event for girls and young women and everyone who supports them! **It's going to be one epic celebration.**

Thousands of girls and their supporters will come together from around the world October 23–25, 2020, at **G.I.R.L. 2020** in Orlando, Florida.

Hosted by Girl Scouts of the USA, the mega event will provide attendees with unforgettable experiences as they gain inspiration, tools to empower themselves, and the know-how to lead change in their communities—connecting with some of the most influential women in the world along the way. So awesome!

Applications (for adults and girls who are at least 14 years old) to become GSEP's National Council Session Delegates will be accepted this winter. Check out GSEP's Governance pages later in the fall for more details.



TROOP LIFE NOT YOUR LIFE?

There's Another Way to be a Girl Scout!

If you're looking to reap the rewards, recognition, and skills of being a Girl Scout, but being part of a troop isn't for you, become an individually registered girl (IRG), also known as a **"Juliette"**, and make your Girl Scout experience work for you!

As a Girl Scout IRG, you can customize your Girl Scout experience around your interests, goals, and schedule. We have so much to offer! Whether you have a few hours, a few weeks, or a few months, Girl Scouts is flexible and fun.

There are no limits to what you can do as an IRG. Participate in everything that is open to your grade level.

YOU CAN:

- Attend council-sponsored programs, events, series opportunities, year-round camp experiences, and travel opportunities.
- Work on Journey awards and badges with a parent of another adult mentor.
- Earn the Bronze, Silver, and Gold Awards.
- Apply for governance and committee opportunities to be a change-maker and have your voice heard!

AND, OF COURSE:

Participate in the Girl Scout Cookie Program to support your troop activities, earn cool recognitions and credits towards GSEP camps, Spark programs and travel opportunities!

The future is yours, and your journey starts here. Begin your new adventure by completing your Girl Scout membership registration at gsep.org/join and emailing Member Services (memberservices@gsep.org) with the Subject Line: IRG, and someone from our team will reach out to welcome you and help plan your year.



TRAVEL PATHWAYS →

Being a Girl Scout not only automatically makes you part of a worldwide club, it can serve as your passport to exploring the world. Even better – you get to decide how you explore! From traveling with your favorite sister Girl Scouts on a Troop trip to making new friends all over the country on a GSUSA Destination, Girl Scouting’s Travel Pathways offers girls a new way to see the world!

Troop Trips

Troop trips are planned by individual troops to locations both national and international. Leaders submit travel paperwork to GSEP for approval. All forms are located on GSEP’s website. For more information about troop travel, forms, and resources for planning a trip, check out the Travel Pathway Appendix in Volunteer Essentials.

Read about a GSEP troop that traveled to India on page 38 and feel inspired to plan your own troop trip!

GSEP Sponsored Trips

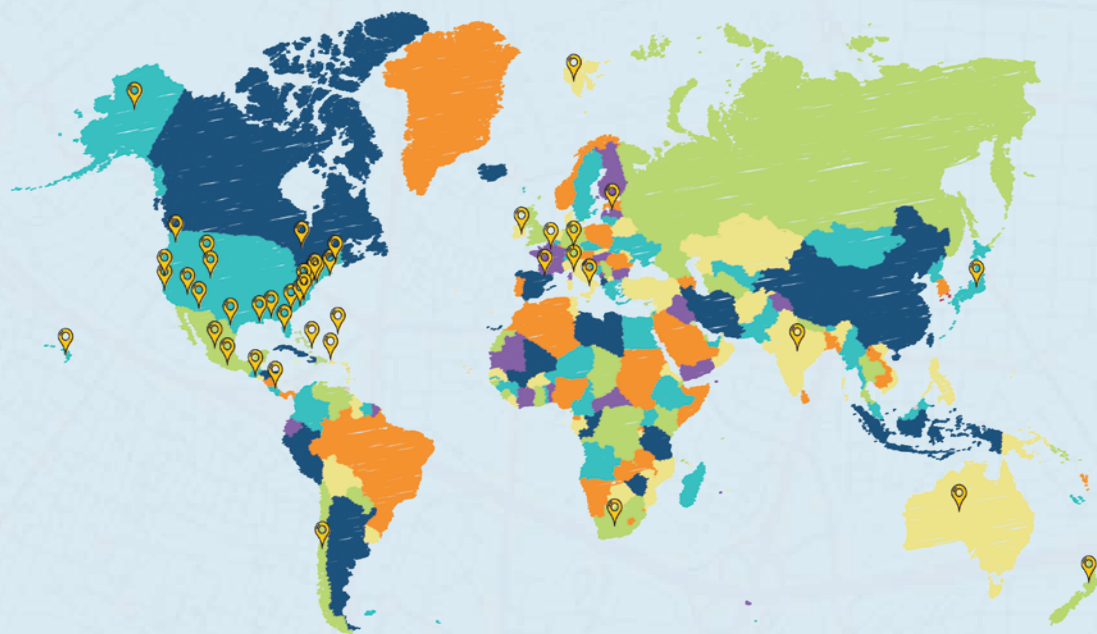
GSEP Sponsored Trips are trips that are planned and run by GSEP. Most of these trips are girl-only, meaning that individual girls are invited to attend with GSEP-provided chaperones. Trips are usually available for Cadettes and older, but requirements vary by trip.

Head over to page 39 to read about GSEP’s 2018 trip to London!

GSUSA Destinations & Getaways

Destinations are one to two week travel events sponsored by Girl Scout councils or partner organizations with GSUSA. These trips are girl-only and interest-specific. Getaways are Destinations with a twist: Trips are planned by another group or organization, but troops are invited to attend as a group. With GSUSA Destinations and Getaways, there really is something for everyone!

Learn about one Girl Scout’s incredible Destination experience to the Channel Islands on page 40!



84% of girls researched their destination and would tell a friend to travel

78% of girls said they will use this experience on college applications

75% of girls remain in Girl Scouts longer after they've traveled

50% of girls said they are more confident navigating new places

Get ready to explore the world!

Visit www.gsep.org/travel for more information!



Discover much more online at gsep.org |

TROOP TRAVEL

Ashlyn F., Troop 794

After months of planning, my troop embarked on our journey to Pune, India. The main focus of our trip was to attend the yoga-based program at Sangam, the WAGGGS (World Association of Girl Guides and Girl Scouts) center in India. During this program we explored the worlds of yoga, dance, and general health. Every day, we had an hour-long yoga session early in the morning and focused on another topic later in the day. These topics ranged from different kinds of meditation, Ayurveda (a type of alternative medicine commonly found in India), and learning more about local culture.

The opening ceremony was one of the highlights from the trips. We had a long few days of traveling, due to some weather mishaps. Arriving at the opening ceremony was just a moment of relief as we realized: we made it! Even just standing there, watching the ceremony, was refreshing and exciting. Later that day, we met Sister Lucy, founder of Maher, an orphanage that partners with Sangam. She is the most wholehearted and dedicated person I might ever meet.

After talking with Sister Lucy, she invited my troop to a wedding ceremony of one of her former orphans. My troop leader managed to surprise us all with punjab (a style of clothing) for this event so that we were properly dressed. When we arrived at the orphanage, where the ceremony was being held, we were taken on a tour of the orphanage and had the opportunity to meet all the kids there. Seeing the ceremony and touring the orphanage was such a unique moment of the trip.



Similar to other WAGGGS World Centers, Sangam reflected aspects of the local culture, which was a lot more laid back compared to other world centers. Due to this, we had a lot of time to shape our own experience with topics and activities that we were interested in. During our free time, my troop spent time together and truly bonded. I was able to talk and bond with people I wasn't yet close with, which is something I might not have accomplished in a traditional troop meeting or event.

One thing that Girl Scouts teaches is pushing yourself to do bigger and better things. During this trip, I was able to become more in touch with myself. Mental health was a topic of conversation during the week and I learned more about my own. Almost a year later, I still find myself thinking about the trip and using some of the methods of meditation I learned about. With these methods, I can be a better person and not be as stressed as I was before the trip. My time in Sangam taught me so much about myself and life. This trip was something I will treasure forever.



We love sharing travel stories! Send your travel stories, photos, and videos to travel@gsep.org to help inspire more Girl Scouts to travel!



GSEP SPONSORED TRAVEL

Lovin' London

Sofia B., Troop 6088

Traveling to London with GSEP in the summer of 2018 was one of the best experiences of my life. Not only was it my first time traveling abroad, it was also an opportunity to meet a bunch of new people and travel in a way that I haven't had the means to do before. Getting accustomed to a new, much older, part of the world that we don't have in America was really, really cool. Being the history and culture (and pop culture) lover that I am, I was pretty much freaking out at every turn. I've even had a lot of inspiration to write a few short stories based in London for my major this year. One of my stories ended up being, in the eyes of my teacher, "the best thing I've ever written for him," which was intensely high praise.

I think my favorite part of the whole trip was the amount of free time we had, which we got to decide how we would fill. With my love for history, I was excited that our group chose to go on a London ghost tour and to explore the city on our own. I remember that, during our visit to the Girlguiding Activity Centre, we were given a scavenger hunt activity. The scavenger hunt led participants through the whole city and was going to take many hours to complete. We did one or two of the list items, which led us to Oxford Circus. Once at Oxford Circus, we decided to go shopping instead! Later, we met the rest of our tour group at Trafalgar Square - which we had jokingly started to call "T-square" because no one was able to say "Trafalgar." That day was one of my favorites and I appreciated that we were able to choose an alternative itinerary based on our interests!

I think another favorite day of mine was when we visited the East End of London, which has experienced a renaissance that resulted in some of the most incredible street art in the world. In the East End, we went on a street art tour and chose a place to grab lunch (we got burritos!) Next, we visited this fantastic underground flea market. I found some of my favorite souvenirs from the city there!

Overall, the GSEP trip to London really opened my eyes to the concept of travelling more; I'm even looking at the option of a travel-related gap-year program!

I've gotten so much personal growth from visiting that wonderful city, and I would definitely go again if given the opportunity. I'm so thankful to Girl Scouts and GSEP for the experience of a lifetime!





GSUSA DESTINATIONS

Marley Y., Troop 11022

Traveling is a truly unique experience. Exploring new landscapes, meeting new people, and trying new foods can open up one's eyes to how large our Earth is. It can be an exhilarating and enthralling experience. Last summer, I had the opportunity to learn all of this when I attended a GSUSA Destination! I attended the *Channel Islands Adventure Expedition*. The experience helped me become more independent, meet girls from across the country, and push my boundaries.

On my Destination, I met many girls from around the country, many of whom shared interests with me. I spent the week learning about different parts of the country and sharing quality time with my new friends. Our counselors were inspirational, strong women who helped push us to follow in their footsteps. The counselors were also excited to meet the girls and had lots of knowledge and stories to share of their adventures. The lessons and opportunity to form new relationships helped me to widen my worldview and allowed me to build connections across our country.

I also learned a lot over the course of the trip. The Channel Islands were interesting to visit because of their secluded ecosystem. Certain animals exist there that exist nowhere else in the world. For example, the island fox lives only on these islands, but can be found all over them! We also explored the aquatic ecosystems around the island where we encountered seals, dolphins, and even a couple of blue whales!

Attending GSUSA Destinations helps girls like me to get out of their comfort zone and try something new. During the trip, we had the opportunity to explore the islands, go sea kayaking, try snorkeling, and go swimming. It was my first time sea kayaking and exploring sea caves, I was nervous at first, but my counselors and friends encouraged me and helped me have a wonderful time!

We also went on several hikes, including a stargazing hike. One hike involved visiting a secluded spot on the island for an afternoon swim in the waves. The next day brought another amazing hike, where we trekked the highest point of the island. The view from the highest point was amazing because we could look out over the ocean and the entire island! During the hikes, we pushed our physical limits, and every girl was proud of her accomplishments. All of the girls on the trip encouraged each other to keep pushing on, even when it felt impossible.

GSUSA Destinations have provided me with the opportunity to explore more of our Earth in an independent manner. Through my experiences with Destinations, I have learned to push my boundaries and take initiative, like when I flew across the country alone and had to navigate airports and coordinate with chaperones for pick up! I have also built my confidence and independence, made life-long friendships, and expanded my horizons. Traveling is an exciting experience, and I would recommend every girl try a GSUSA Destination at one time or another. I look forward to future adventures with Girl Scouts and the opportunities yet to come!





Looking for a new experience to host your next meeting or event?

Girl Scouts of Eastern Pennsylvania (GSEP) owns and operates six uniquely different properties throughout Eastern PA that are available to non-Girl Scout groups and organizations. With facilities close to urban centers of Philadelphia and Allentown, there is ample indoor and outdoor multipurpose space, that can accommodate small and large groups for every type of event.

- Corporate retreats
- School day and overnight trips
- Camping
- Outdoor programs
- Private catered affairs
- Teambuilding

To start planning your next event contact memberservices@gsep.org with the subject line: Facility Rentals, or call 215-564-2030



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DEADLINE FOR ORDERS WILL BE NOVEMBER 15, 2019 TO ENSURE DELIVERY

ITEMS FOR PRE-ORDER

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- Yard Signs
- Buttons
- Cookie Tote
- Car Magnet
- Thank You Bags (Bundles of 25)
- Cookie Costume
- Recognition Patches
- (New!) The Cookie Entrepreneur Family Pin

See an associate for details or email us at retail@gsep.org

ORDERS WILL BE READY FOR PICK UP JANUARY 6, 2020

*Design of the items shown are subject to change



Buttons



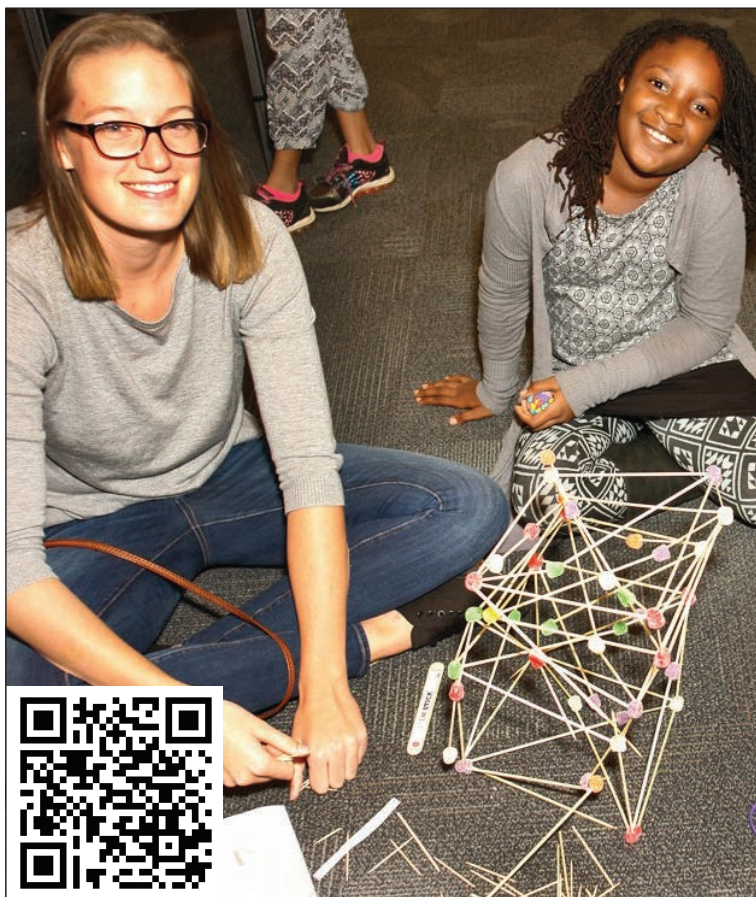
Car Magnet



Yard Signs



Cookie Tote



The American Helicopter Museum & Education Center supports girls' leadership development through the Girls in Science & Technology (GIST) program, an innovative, 10-week S.T.E.M. enrichment program for girls in grades 3-12.

For two hours on alternate Saturdays between October and March, participants deepen their knowledge of science through fun, hands-on activities and experiments in a supportive, nurturing environment.

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<https://form.jotform.com/90913817960161>
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- Cooking demonstrations
- Kids' activities

PCOM WELLNESSFEST

For more information, visit pcom.edu/wellnessfest

What's Missing from Spark?

YOU!

Want to see you and your troop in the pages of next year's Spark or across our digital platforms? Send us your photos! Show us the amazing things your troop is doing out in the community and beyond.



The Machaloha Service Unit hosted its second annual Rope Runner Derby. Rope Runners are small wooden figures that the girls put together and decorate themselves. They race down a rope on a single wheel using weights for balance. 65 girls raced against each other for the title of Fastest Rope Runner and also competed for creative design awards.



Service Unit 631 organized 125 girls to make 50 no-sew fleece blankets. The girls were paired up as one younger girl and one older girl and worked together to make blankets. The blankets were donated to the Cardiology Department at the Children's Hospital of Philadelphia to be handed out to patients.



Brownie Troop 1759 worked on their "It's Your Story, Tell It" Journey by writing a letter to the Mayor of Boyertown and expressing interest in participating in a project to beautify Boyertown. The Mayor met with the girls and together they decided to plant flowers in an area outside of Borough Hall. Throughout the summer, girls also helped pull weeds and maintain the flower bed.



Junior Troop 671 completed their Bronze Award project by working with a nonprofit organization called Helping Hearts & Handbags. The troop collected and filled over 450 lightly used handbags with necessity and personal hygiene items to be handed out to women in homeless shelters throughout the community. They also filled an additional 52 zip-lock bags with necessity items they had collected.

SEND US YOUR STORIES!

✉ communications@gsep.org | [f @GirlScoutsEPenn](https://www.facebook.com/GirlScoutsEPenn) | [@GirlScoutsEPenn](https://www.instagram.com/GirlScoutsEPenn) | [t @GirlScoutsEPenn](https://www.twitter.com/GirlScoutsEPenn)

CREATIVE CORNER

Combine S.T.E.M. and crafts to create beautiful art!

MARBLED MILK PAPER

Who knew milk, food coloring, and a little dish soap would create some beautiful works of art! This craft is super simple and will leave you with spectacularly science-filled artwork.

SUPPLIES

- Tray / Shallow Dish
- Watercolor Paper
- Food Coloring
- Toothpicks
- Milk
- Dish Soap



INSTRUCTIONS

1. Cut watercolor paper to size that easily fits in your dish or tray.
2. Pour 3-4 tablespoons of milk into the tray, or enough to create a thin layer of milk that covers the entire bottom of the tray.
3. Add in drops of food coloring throughout the milk.
4. Add a couple of drops of dish soap to the mix.
5. Using your toothpick, swirl the coloring and dish soap together.
6. Before the colors become too mixed, take one sheet of paper and lay it down on top of the milk, pressing down gently.
7. Lift the paper up slowly and set it aside to dry.

HOW IT WORKS

Dish soap reduces the surface tension of milk and reacts with the fat, which creates a swirling effect that becomes observable when coloring is applied. The watercolor paper will absorb the dye and once the milk and the dish soap dry off, you're left with a very beautiful marbled work of art.

TAKE THE LEAD

LEAD WITH COURAGE, CONFIDENCE & CHARACTER

WHAT IS TAKE THE LEAD?

Take the Lead is the Girl Scouts of Eastern Pennsylvania's signature fundraising event honoring our community's most distinguished women whose leadership and professional achievements make the world a better place. Girl Scouts of all ages produce this unique leadership program and develop the skills necessary to become the future leaders of tomorrow. A true highlight of the Girl Scout Leadership Experience, *Take the Lead* enables girls to forge long-lasting, valuable mentorships with honorees and connect directly with their community.



TAKE THE LEAD 2019 SHADOW DAY SPOTLIGHT: REGINA & JAMI WINTZ MCKEON

Regina is a Girl Scout with ambition, and her drive to reach her goals led her to apply for a **Presenter role** at Take the Lead. Selected Presenters are paired with one of the four Take the Lead honorees, who are honored for their leadership and achievement. Regina was selected

and paired with Jami Wintz McKeon (Chair, Morgan Lewis), who she shadowed during their day together. With Regina's interest in becoming a lawyer, this couldn't have been a more perfect match. Regina met many woman lawyers during her shadow day and learned about the endless opportunities in the field. **Perhaps the biggest takeaway for Regina was gaining a mentor.**

Since Take the Lead, she has heard from and kept in touch with countless lawyers from Morgan Lewis, including Jami, who have expressed their interest in helping her reach her goals. In addition, she was invited to sit at Jami's table for the highly regarded Paradigm Awards, at which Jami was being recognized.

Through Take the Lead, Regina gained a valuable mentor in Jami and was able to share her story in front of over 500 guests on Take the Lead event night. She closed her speech that night with advice from Jami, saying "work hard, learn the law, be kind to one another, and make sure your work-life values everything you are."



Jami Wintz McKeon and presenter Regina

FIND YOUR INNER G.I.R.L. (Go-getter, Innovator, Risk-Taker, Leader)

Register today to participate in Take the Lead 2020, or apply for a lead role using our Program/Event registration system. Fee: \$6



JOIN THE FUN, SIGN UP TODAY! AVAILABLE ROLES INCLUDE:

Chorus, Raffle Rover, Photographer, Social Media, Color Guard, Networking + Public Relations



APPLY FOR A LEAD ROLE!

Lead roles are available for girls in high school, and require an interview.

Presenter: Just like Regina (pg 46), have the opportunity to spend the day with a woman leader in YOUR community! Plus, build a lifelong mentorship!

Emcee: Be a leader by grabbing the mic and taking the stage! Narrate the event and get the crowd on its feet.

Campership Lead: Share your camp experience and inspire the crowd to donate camperships and send sister Girl Scouts to camp!

Chorus Lead: Use your talents to direct the Girl Scout Chorus in songs through the night!

Get involved with Take the Lead!

Sign up using the Program/Event Registration page at gsep.org. Or, contact us at 215.948.5123 | takethelead@gsep.org

MARK YOUR CALENDAR!

TAKE THE LEAD 2020
GREATER PHILADELPHIA*
Tuesday, March 3
Crystal Tea Room

TAKE THE LEAD 2020
BERKS COUNTY
Wednesday, April 7
DoubleTree Hotel

TAKE THE LEAD 2020
LEHIGH VALLEY
Tuesday, April 28
ArtsQuest™ Center
at SteelStacks™

**Includes Bucks, Chester, Delaware, Montgomery, and Philadelphia counties.*

Nominate women leaders in **YOUR** community!

Nominations due Thursday, August 29.



NOMINATE HERE

THANK YOU TAKE THE LEAD SPONSORS!

Your support enables GSEP to provide more leadership opportunities to Girl Scouts in Eastern Pennsylvania and to empower them to unleash their inner **G.I.R.L.** (**Go-getter, Innovator, Risk-Taker, Leader**).

Thank you for investing in, inspiring, and empowering our Girl Scouts.



Chris and Toni
Miller



For information on Take the Lead 2020 sponsorship opportunities, please contact us at 215.948.5123 or takethelead@gsep.org

NOMINATE OUTSTANDING WOMEN LEADERS MAKING A DIFFERENCE IN YOUR COMMUNITY TAKE THE LEAD 2020



Take the Lead is Girl Scouts of Eastern Pennsylvania's signature fundraising event that supports outreach programming and initiatives across our nine county footprint. Girl leadership is the theme of the night, and is celebrated by recognizing four women in Berks County, Greater Philadelphia and Lehigh Valley for their leadership and achievement. Do you know a woman who is making a difference? Nominate her today!



Nomination deadline: August 29, 2019

Nominate women leaders making a difference in your community by following the QR or contacting us:

215.948.5123 or takethelead@gsep.org

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MEET THE 2018

GOLD AWARD GIRL SCOUTS!

The Girl Scout Gold Award represents the highest achievement in Girl Scouting. It recognizes girls in grades 9 through 12 who demonstrate extraordinary leadership through remarkable Take Action projects that have a sustainable impact in their communities and beyond. Since 1916, girls have successfully answered the call to “Go Gold!”, an action that indelibly marks them as accomplished members of not only their communities but also the world.

GSEP proudly presents the 80 incredible Gold Award Girl Scouts who joined the ranks of the most prestigious Girl Scouts and were celebrated at the 2018 Gold Award Ceremony!

Ready to Go Gold?

Visit gsep.org/highest-awards for more information and requirements.



Jessica A.



Georgette A.



Emma B.



India B.*



Taylor B.



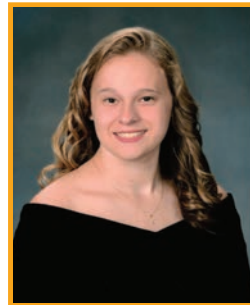
Aurora B.



Kelsey B.*



Alexis C.



Rachel C.*



Emma C.*



Nya C.



Sarah C.*



Ellery C.



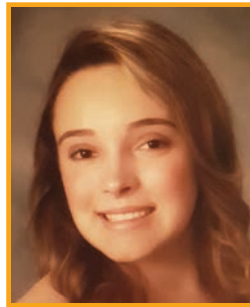
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Maia C.



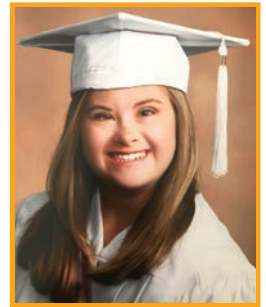
Crystal C.*



Aubrey D.*



Kayla D.*



Nicole D.



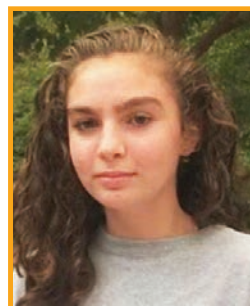
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Elizabeth D.*



Natalie D.*



Ashlyn F.*



Zoe F.*





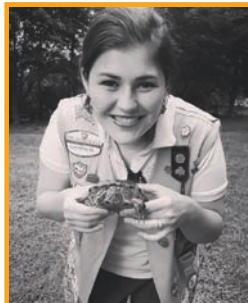
Grace F.*



Katelyn G.



McKenzie G.



Mackenzie H.*



Kailey H.*



Evelyn H.*



Elena H.*



Sarah J.



Abigail J.



Jacqueline J.*



Anna K.



Madison K.



Elise K.*



Stephanie K.*



Tatiana K.*



Marie L.*



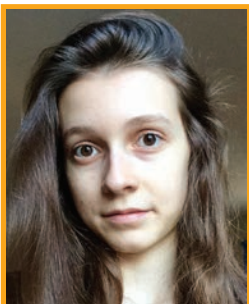
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Katherine L.*



Portia M.



Elizabeth M.



Zenia M.*



Madelyn M.



Julia M.





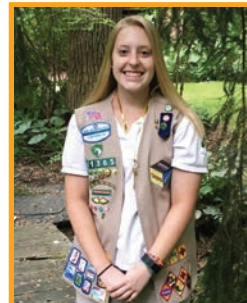
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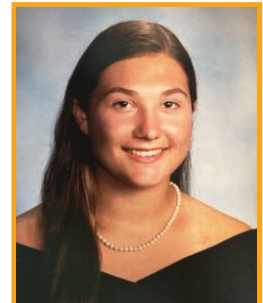
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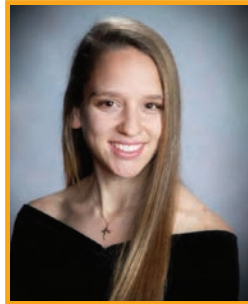
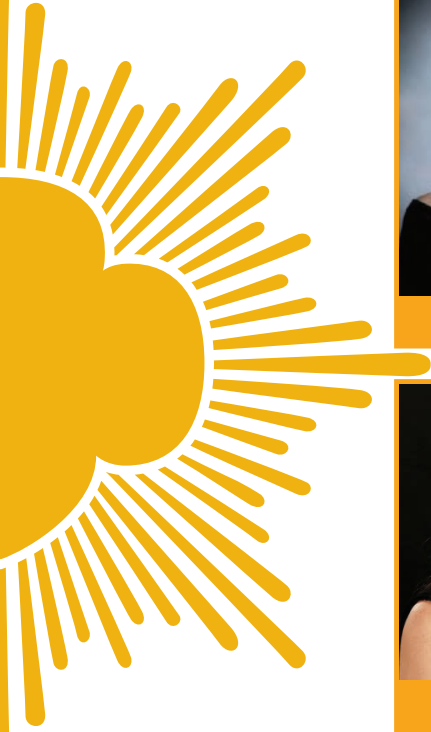
Madisyn M.*



Bridget M.*



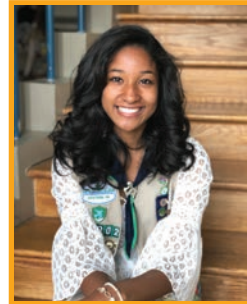
Laura N.*



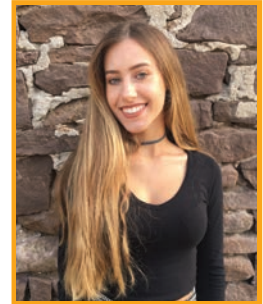
Serena P.*



Josephine R.



Mikayla R.*



Kareena R.*



Stephanie S.*



Danielle S.



Kelly S.*



Jasmine S.-T.*



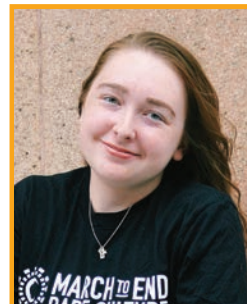
Margaret S.*



Nicole S.



Isabella S.*



Emma S.



Izabelle S.



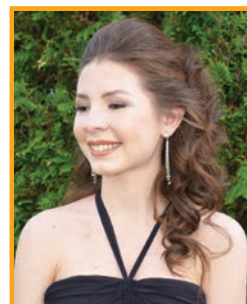
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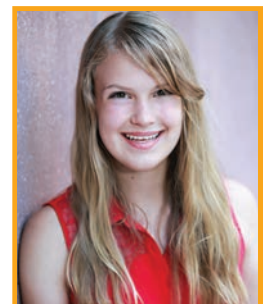
Laura T.



Alaina T.*



Alesandra T.

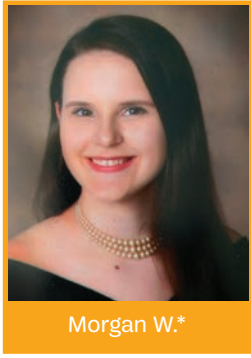


Katharine T.*

* Trifecta Award Girl Scouts



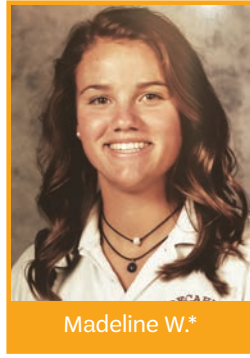
Nayeli V.



Morgan W.*



Hope W.*



Madeline W.*



Amanda W.



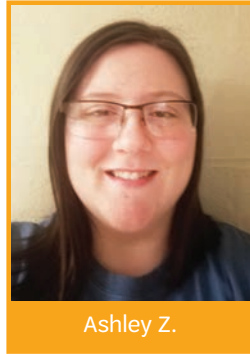
Lauren W.



Lauren W.*



Amanda Y.*



Ashley Z.

* Trifecta Award Girl Scouts

Trifecta Award



Bronze. Silver. Gold. These represent the highest awards a Girl Scout can earn.

The Trifecta Award honors Girl Scouts who have earned all three of these awards. Girl Scouts of Eastern Pennsylvania is proud to present the Trifecta Award to 44 deserving Girl Scouts in 2018. These incredible girls have spent years taking action to solve community issues, developing leadership skills, and making the world a better place. Earning all three of Girl Scout's highest awards to become a Trifecta Award Girl Scout is a tremendous accomplishment.



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GOLD AWARD SPOTLIGHT

Tackling the Issue of Religious Inequality

Kayla D., Troop 9517

While I used to despise being woken up early Sunday mornings to attend church as a child, I am now able to appreciate what I gained from being immersed in a religious community. I was taught the lessons of withholding judgement and offering help when possible, which continued to be perpetuated during my career as a Girl Scout. However, the most important message I absorbed was that no one was superior to anyone else; that everyone was equal in the eyes of God.

Thus, the advent of alarming polarization in America after the 2016 presidential election, particularly with religion, caused me a great cognitive dissonance. It was especially difficult to see the divisiveness among my peers due to their beliefs, even at the most diverse high school in the country. This trend extended into my community in West Philadelphia and was reinforced by nearly every media source.

So, I aimed to discourage the frequency of discrimination through my Girl Scout Gold Award. I began by implementing a club at my school to raise awareness for the issue plaguing people my age. With diversity in race and ethnicity comes religious diversity as well. Tension was imminent, and the large population of students who had immigrated to America or personally experienced discrimination need a safe space and a plan for equality.

As president of the Religious Equality Club, I met with a group of about fifteen students every Monday during the 2017-18 school year, when I was a sophomore, with the hopes of ascertaining sentiments towards the election's impacts. Each meeting, I had planned out a series of questions to facilitate our discussion, focusing on current events about religion. Although not as prevalent in Philadelphia, there is a general trend nationally showing an increase in hate crimes motivated by religious bias. As a result, there was a prevalence of fear among religious communities, a topic my church pastors often led prayer for. It was heartwarming to know that I was not alone in my concern.

This feedback inspired me to send a positive message to unify people with national identity, to stir hope for the future. As I wanted to reach a broad audience, my main source of outreach was through an art installation in Philadelphia. In an effort to promote peace and acceptance of immigrants, I deemed my masterpiece the "Peace Pole." To construct the eight-foot-tall sculpture located in front of Overbrook Presbyterian Church that reads "May there be peace on Earth" in eight languages including English, Spanish, Hebrew, and Arabic, I collaborated with Moore College of Art and Design. Simultaneously, I

raised money for the project by volunteering to rake leaves around my neighborhood. Finally, we were able to build and install the pole in June of 2018, where it would be seen by people entering or walking by the church on City Line Avenue.

In retrospect, I feel as though the Peace Pole has impacted the community in a positive way. It gives anyone who passes it an opportunity to reflect on how they are being treated and treating others. While I made a public difference, I saw the biggest transformation within myself. Through my Gold Award project, I became a 17 year-old active global citizen and matured by working with adults within relevant organizations. One of the greatest skills I acquired was learning how to be a leader within my club, which I was able to bring back to my Girl Scout troop. The Girl Scout Gold Award encouraged and allowed me to help an issue I care about while growing into the leader I always knew I could be!



Discover how to earn the Gold Award! Visit www.gsep.org/gold-award.

SILVER AWARD SPOTLIGHT

Nuts and Bolts about S.T.E.M.

Shaiyan F., Troop 6700

Lack of resources prevented many children in my old neighborhood from accessing and learning the fundamentals of science in a way that they could enjoy. Since they hadn't gotten the opportunity to learn and explore science in a fun and interesting way, some of these kids did not enjoy the subject and thought of it as boring. This problem was especially alarming considering there is a science center located conveniently close to the neighborhood where these kids lived. I wanted to find a way to encourage them to develop a love for science! And, that's where the Girl Scout Silver Award came in!

For my Girl Scout Silver Award project, I organized individual S.T.E.M. lessons for children using resources from the Da Vinci Science Center in Allentown, PA. First, I contacted children in my old neighborhood, from grades Kindergarten to fifth, and asked what they were interested in. Next, I recruited a few of my friends to help! I explained my vision to take each child's interest and turn it into a fun and educational science lesson. From there, we worked together and researched various S.T.E.M. topics, brainstormed ideas, and visited the science center to see what displays we could use to teach lessons to the children based on their individual interests. For example, if a child was interested in cars, we designed a lesson on motion.

For the science center visits, we created a pre-test, an actual lesson at the science center that was approximately two hours long, and a post-test. We used the pre-tests and post-tests to evaluate the impact of the project; we wanted to see what the kids learned and retained!

Another phase of my project was to secure funds to purchase tickets to the Da Vinci Science Center. We investigated several ways to raise money to buy tickets for the children. In the end, I had some leftover Adventure Credits from the Girl Scout Cookie Program, that I used to buy the tickets! Siblings and other family members were also given access to the Center, meaning the entire family could benefit from all the awesome resources at the center.

Through my project, I was able to provide individual lessons and visits for 15 curious and eager children who were thrilled with the many activities in which they participated. During the time I completed the Silver Award, the Center had a huge reptile and frog exhibit. The children were fascinated by the animals; many of them had never seen some of the reptiles that were there. I noted that the younger children (Kindergarten -2nd grade) enjoyed the aquarium and water exhibits the most, while the older children from (3rd-5th grade) were more attracted to the exhibits relating to Newton's laws of motion and magnetism.

The families of these children were grateful that their children were able to experience the diverse exhibits at the Da Vinci Science Center. And, likewise, the Da Vinci Science Center was also very happy that we used their facility to educate and inspire the children. My Silver Award project was highlighted to members of the Center!

Through my Silver Award project, I was able to learn many life skills for the future. The most important thing I learned was that earning the Silver Award isn't as scary as I thought it would be. Although it can take more than the 50 required project hours and there is an application process, the task became less intimidating with learning proper time management, budgeting, leading a helpful team, and overcoming a fear of public speaking skills.

Some advice I'd give to Girl Scouts that are interested in earning their Silver Award is to start the process and submit your Silver Award Proposal as early as you can so that you have enough time for approval and project completion! With proper planning you can space out the tasks that you have to complete to earn your Silver Award. Last, make sure that you document what you are doing throughout the course of your project. There were some days that I got so busy with my project that I forgot to take pictures. Documenting your project is very important and a required part of the project, so be careful to take pictures and keep records of everything you do!

Earning the Girl Scout Silver Award was a pleasant and rewarding experience, and it was all worth the effort when I saw the smile on the children's faces after they learned something new! I am glad I was able to make a difference in the lives of the families and the children by instilling a love of S.T.E.M. concepts and science subjects!



Discover how to earn the Silver Award! Visit www.gsep.org/silver-award.

BRONZE AWARD SPOTLIGHT

Community Wellness

Olivia C., Julia J., Catherine M., Lucy M., and Ashley W., Troop 407

Troop 407 wanted to focus on wellness for our Girl Scout Bronze Award Project. After brainstorming, we had many ideas but wanted to focus our project on something that would make a lasting impact in our community. We had just finished our Photography badge and thought we would put our new skills into action – we just had to figure out a way to combine our new photography skills with our love for wellness! As a troop, we decided to create a book that focused on yoga and healthy living. First, we picked out a yoga pose for each letter of the alphabet and photographed each other in those poses. Next, we found recipes, health advice, and exercise tips that started with each letter. Then, we put all the items together, from A to Z, into a booklet. Each page featured one letter and contained the corresponding yoga pose and other healthy living tips relating to that letter.

Our bigger hope for the book was to share what we learned with others at a community wellness fair. To prepare for the fair, we planned a simple yoga routine that we could lead others in completing with us. We also did extra research to learn how many calories participants would burn from the 30-minute routine.

We even made a poster illustrating how many Girl Scout Cookies participants could eat after they burned off the calories from the routine! All the participants had fun and particularly enjoyed our cookie poster.

We learned a lot during our project. We not only learned more about photography and how to make a book, but we also learned a ton of fun health facts. We got to introduce others to Girl Scouts and show them how fun it can be to be a Girl Scout! We grew closer as a troop as we worked together, too. But, we won't stop there, we are excited to continue with this project and have another opportunity to present our yoga and book at a local Wellness Fair!



Discover how to earn the Bronze Award! Visit www.gsep.org/bronze-award.

BRONZE AWARD SPOTLIGHT

Girl Scout Kit

Troop 9957

Members of Troop 9957 decided to do a project to benefit Girl Scouts for the Bronze Award. We earned the Bronze Award, the highest award for Junior Girl Scouts, by creating Girl Scout Kits with some traditional items for new troops. Each kit included a “birthday cake”, sit-upons, and a Juliette Gordon Low necklace SWAPS item (Special Whatchamacallits Affectionately Pinned Somewhere).

Our troop had a lot of fun creating the items out of recycled materials! The tier birthday cake decorations were made of recycled Girl Scout cookie boxes. Troops can use the birthday cake decoration at least twice a year: once in October to celebrate our founder, Juliette Gordon Low's birthday and again in March to celebrate Girl Scouting's birthday!

The sit-upons were made from recycled newspaper. To create them, we cut strips of newspaper and weaved the strips vertical and horizontal over and under. We wanted to make sure the sit-upons were waterproof for outdoor events, like camping, so we decorated each sit-upon with colorful duct tape.

The last item we created was a necklace SWAPS item. The necklaces were made of pearl white beads. We even attached a tag to each necklace, which stated, "Juliette Low sold her necklace to start Girl Scouts".

Completing our project and earning the Girl Scout Bronze Award was just one part of the unforgettable experience! Our troop also earned the Girl Scout Way Badge. Along the way, we learned traditional Girl Scout songs, hosted a Girl Scout party for Brownie and Daisy Girl Scouts, taught younger girls how to play Gaga, participated in the annual Philadelphia Spring clean-up near our meeting place (Ms. Carol's Center for Dance in Philadelphia), and even got to enjoy s'mores around the campfire at Camp Shelly Ridge! We also completed the “Get Moving” Journey as a prerequisite to earning the Bronze Award. Completing the Journey included a visit to The

Franklin Institute where we learned how to reduce our carbon footprints, make recycled newspaper, and even took an energy pledge! The Journey really helped inspire us and our project!

The entire process was fun for the entire troop and we are so proud of the project we completed to earn our Bronze Award!



WANTED: Girls Ready to Make Change

spark | take action

Are you or do you know a girl interested in a leadership role in determining the future of GSEP's girl experiences (Ex: programs, events)? Do you want to get involved in helping improve the Cookie Program, Spark programs, summer camp, and other events? We want to hear from you!



Interested girls must be able to:

- Commit to one year of service (through September 2020);
- Attend a mandatory kick-off meeting Sunday, November 10, from 11 a.m. – 2 p.m. at Camp Shelly Ridge (Lafayette Hill, PA)
- Attend three additional in-person meetings; and
- Participate in conversations through email and Rallyhood, our virtual platform.



Cadettes, Seniors, and Ambassadors are eligible to apply to join

GIRL SCOUT SAYS, GSEP's Girl Advisory Committee.

To apply, visit <https://smr.to/p59146>.
The application deadline is **September 21, 2019**.



Save the Date:

Troop 98081 will be hosting the 2nd Annual "We're All In, Let's Help Out" MLK Day of Service at GSEP's Shelly Ridge Camp. Girls will participate in service activities, get creative with an MLK Day craft project, and learn more about MLK's legacy and the importance of being "all in" to make the world a better place.

Mark Your Calendars!

WHEN:
Monday January 20, 2020

TIME:
9:00 am to Noon

ADMISSION:
New or gently used gloves, scarves, hats and socks

More information to come on gsep.org
and in the winter program guide.

OLDER GIRL

Service Opportunities

Looking for ways to give back to your community? Trying to find an organization to partner with to complete your Silver or Gold Award project? Check out our service opportunities resource guide at gsep.org/ServiceOpportunities. This tool will help you find service opportunities based on your interests. Get ready to change the world!



Want to lead the way for younger Girl Scouts? Check-out our fall/winter program aide opportunities below, where you can help plan and run programs for girls in grades K-5! Then, register for these opportunities using the Program/Event registration system!

Sundae Sunday, Sunday

September 29th, 12:30-3pm
Camp Laughing Waters

Cookie Captain, Sunday

December 15th, 10am-12:30pm
Camp Laughing Waters

Maple Sugar Program Leaders

Saturday January 25th, 10am-4pm
AND
Friday February 21, 7pm-
Saturday February 22nd, 7pm
Camp Laughing Waters

OLDER GIRL SCOUT AWARDS!

Ready to soar ABOVE and BEYOND? Calling all Cadette, Senior, and Ambassadors! Take your Girl Scout experience to the next level with Girl Scout awards! You'll enhance your leadership skills, give back to your community, and make your resume stand out among the crowd.

LEADER IN ACTION (LIA)

Share your organizational skills, use your special talents, grow your leadership development, and reflect on your experiences as a leader in action. Earn a Leader in Action award by assisting a Brownie troop on any of the Journey programs. Earning the LIA award is a pre-requisite for the Program Aide pin.

SERVICE BARS

To earn a Service Bar, either choose an organization to volunteer with for at least 20 hours or help Girl Scouts. You can earn one bar per age-level. Talk about demonstrating a commitment to community service. Now that's dedication!

TORCH AWARDS

To earn a Torch Award, first complete one age-level Leadership Journey. Then, serve one term in a leadership position at your school, town council, church, or a similar organization. There are three Torch Awards to earn. The Silver Torch Award recognizes Cadettes, the Silver and Gold Torch Award recognize Seniors, and the Gold Torch Award recognizes Ambassadors.

VOLUNTEER-IN-TRAINING (VIT)

Prepare for Girl Scouts after graduation! This award is for Seniors or Ambassadors who'd like to mentor a Girl Scout Daisy, Brownie, Junior, or Cadette troop. Just find a current adult volunteer mentor, complete Step 3: Grade Level Essentials Leader Training, and create and implement a thoughtful program based on a Journey or badge that lasts over four or more sessions. You'll be one step closer to becoming an adult volunteer after graduation.



SAVE SPACE ON YOUR SASH FOR ALL THESE GREAT PINS!

Head over to gsep.org/leadershipandservice to learn more about these awards and more!

Not quite old enough to earn these awards? Visit www.gsep.org/leadershipandservice to learn about awards for girls of all ages!

AWARDS & SCHOLARSHIPS

Attention Girl Scout Seniors and Ambassadors! The Girl Scouts of Eastern Pennsylvania is pleased to offer a variety of scholarship opportunities – all we're missing is you! Learn about our scholarships below, then check out the Scholarships page of our website to apply.

IMPORTANT DATES:

November 1, 2019Scholarship & award applications open

January 31, 2020.....All applications and references must be submitted no later than 11:59 pm!

March 2020Scholarship & award recipients are notified

May 2020Recipients are honored at GSEP's Annual Meeting

- **The Dotti Martin Educational Scholarship/Destination Fund** recognizes a girl who has been active in Girl Scouts and exemplifies courage, confidence, and character just as Dotti Martin did.
- **The Elizabeth G. Dorsett Memorial Scholarship** provides funds for continuing education to one Girl Scout Ambassador who is graduating from high school. Applicant must have earned the Girl Scout Gold Award and demonstrate high academic achievement.
- **Friends of Camp Sunset Hill Scholarship** provides funds to a girl who earned the Gold Award by educating the public about the outdoor environment/outdoor science or completed a project that physically improved the environment OR for a girl who earned the Gold Award and attended a GSUSA Destination with a focus on the outdoors or environmental science.
- **The Girl Scouts of Eastern Pennsylvania Graduating Senior Scholarship** is given to several graduating high school seniors who demonstrate leadership involvement within the community and is to be utilized for continuing education beyond the high school level.
Supported by Adult Camping Weekend (ACW).
- **The Helen Bartberger Award** is awarded to one Girl Scout Senior or Ambassador who feels that her Girl Scout experience has influenced her life.
- **The Janet and Solomon Eshner Scholarship** provides funds for continuing education to one Girl Scout Ambassador who is graduating from high school.
- **The Judy Borie Scholarship** provides funds for continuing education to one Girl Scout Ambassador who is graduating from high school.
- **The Kiwanis Scholarship** provides funds for continuing education to one or more Girl Scout Ambassadors who are graduating from high school.
- **Margaret Glenn Estey Award** offers an award to a girl who has taken on projects which enhance the motivation, aspiration, and self-esteem of girls under 18. Requires adult nomination.
- **The Maurice Seltzer Science and Math Award** recognizes one Girl Scout Senior or Ambassador working in the fields of science and math while performing community service. Requires adult nomination.
- **The Monae Ragsdale-Mabrey Scholarship** awarded to one graduating Girl Scout Ambassador who is a model student and gives of herself to family, friends, and those in need. Must be resident or troop member in the following zip codes: 19082, 19104, 19132, 19138, 19139, 19140, 19141, or 19143.
- **The Muriel E. Lehman Award** honors one Girl Scout Senior or Ambassador who has done the most to promote friendship among persons of different ethnic background. Requires adult nomination.
- **The Renee Carol Harper Memorial Scholarship** honors one graduating senior who is an active member of a troop in Philadelphia, is active in her school and community, and plans to continue her education beyond high school.
- **The Union League of Philadelphia Good Citizenship Award** offers awards for Girl Scouts who are juniors in high school and have shown marked evidence of good citizenship. Girl Scouts of Eastern Pennsylvania will select up to 16 girls who are nominated to receive this award. Recipients of the award will be invited and required to attend Good Citizen Day hosted by the Union League of Philadelphia. Recipients may apply for college scholarships administered by the Union League of Philadelphia in their senior year of high school.

THE YEAR 2020

marks the 100th Anniversary of the passage of the 19th Amendment, guaranteeing and protecting women's right to vote.

Be part of our 100 Troop Challenge as we celebrate this milestone throughout 2020. Participating Girl Scouts will earn a commemorative patch if they participate in one or more of our planned activities. Check out a sneak peek below, and be on the lookout in our December Program Guide.

Women 100 HERstory Hunt with Independence National Historical Park ●●●

Saturday, April 4, 10-11:30AM and 1-2:30PM

Saturday, April 18, 10-11:30AM and 1-2:30PM

Saturday, April 25, 10-11:30AM and 1-2:30PM

Location: Independence National Historical Park, Philadelphia

Grades: 2-8 Cost: Free

Commemorate 100 years of women's right to vote in the birthplace of American democracy by spending a Saturday morning or afternoon learning about women's history! The *Women 100* HERstory Hunt at Independence National Historical Park is a hands-on women's history scavenger hunt that encourages Girl Scouts to go beyond the traditional telling of history to uncover underrepresented women's contributions of the past.

Three hunts are open to Brownies and Juniors (both hunts on April 4, and the 10AM hunt on April 18), and three hunts are open to Cadettes (1PM hunt on April 18, and both hunts on April 25). All troops must meet girl/adult ratios. *Includes patch.

These *Women 100* HERstory Hunts are created in partnership with Drexel University's Vision 2020, Girl Scouts of Eastern Pennsylvania and Independence National Historical Park.

Registration information will be available in the December Program Guide.

Toast to Tenacity™

Wednesday, August 26, 2020

On this date 100 years ago, women in America won the right to vote through the passage of the 19th Amendment to the U.S. Constitution. August 26th is recognized annually as Women's Equality Day, and to celebrate, Vision 2020 will host its Toast to Tenacity to honor the suffragists who fought for this right and to encourage women to shape the future by exercising their right to vote.

Troops can participate in the Toast to Tenacity on August 26, 2020, in three ways: 1) attend the big celebration on Independence Mall that day with Vision 2020, Washington Memorial Chapel and Independence National Historical Park, 2) host their own complementary toast using Vision 2020's

event toolkit, or 3) post on social media a photo or video of themselves raising their glasses of grape juice – just as the suffragists did 100 years earlier – and using the hashtag #ToastToTenacity. Cheers!

UNLADYLIKE2020 Short Film Screenings

Starting in March 2020

UNLADYLIKE2020, a Vision 2020 Allied Organization, is developing 26 documentary shorts about the unsung women who changed America, from the first women adventurers, artists and athletes to the first women explorers, journalists, scientists, politicians and more.

The documentaries will be released throughout March 2020 for Women's History Month and in honor of the 100th anniversary of women's right to vote in 2020. Watch the trailer at www.unladylike2020.com.

Starting in March 2020, troops can use UNLADYLIKE2020's screening kits to organize their own viewing parties and discussions about the films. GSEP will also host viewing parties at camp.

Scout the Vote

There is no better way to celebrate women's right to vote than by learning all about the voting process and the importance of exercising your right to vote. Plan a troop activity to earn the GSEP Scout the Vote patch! Start here:

www.gsep.org/en/for-volunteers/volunteer-resources.html

Berks Suffrage 2020 Centennial Initiative

In Berks County, PA, a 2020 centennial celebration is being planned with the kickoff in March of 2020 during Women's History Month at The Berks History Center and a celebration dinner to be held in August of 2020 commemorating the ratification of the 19th Amendment.

Women's and girl's organizations, educational facilities and historical groups are encouraged to become part of the commemoration in the Greater Reading area of this important historical event by planning their own events and exhibits and share their information as part of the Berks Suffrage 2020 Centennial initiative. For more information visit www.berkssuffrage2020centennial.org.

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EVERY GIRL OUTDOORS!

Want to embrace the outdoors but don't know where to start?

Progression is the **process of passing successively from one level to the next in sequence**, which allows girls to learn the skills they need to become competent and confident in the outdoors, including how to plan and organize outdoor activities. When a girl masters an outdoor skill, don't just stop there! Encourage her to challenge herself further by taking the next step up and get outdoors! **The possibilities are endless when girls lead the way.**

Check out the Outdoor Progression chart for some tips.
Or complete the GSEP Get Outdoors Challenge patch.

Share the fun and show off your outdoor skills by submitting photos and videos to our Get Outdoors photo album! Post your photos to Facebook, Instagram, and Twitter using *#GSEPGetOutdoors*.

Look Out
Share past experiences from the outdoors.
Talk about favorite outdoor places and why they're special.

Meet Out
Step outside to look, listen, feel, and smell.
Share what was observed.
Learn more about what was discovered.

Move Out
Plan and take a short walk outside.
Discuss being prepared for the weather.
Do activities to explore nature.
Plan and carry out an indoor sleepover.

Explore Out
Plan and take a short and easy hike.
Discuss what to take in a day pack.
Dress for the weather.
Plan a healthy snack or lunch.
Learn how to stay safe in the outdoors.

Cook Out
Plan and cook a simple meal outdoors.
Make a list of gear and food supplies needed.
Learn and practice skills needed to cook a meal.
Review outdoor cooking safety.
Practice hand and dish sanitation.
Create a Kaper Chart for the cookout.

Sleep Out
Plan and carry out an overnight in a cabin/backyard.
Discuss what to pack for the sleep out.
Learn to use and care for camping gear.
Learn and practice new outdoor skills.
Plan a menu with a new cooking skill.
Discuss campsite organization.
Plan time for fun activities.

Camp Out
Plan and take a 1- to 2-night camping trip.
Take more responsibility for planning.
Learn and practice a new outdoor skill.
Learn a new outdoor cooking skill.
Plan a food budget, then buy and pack food.
Practice campsite set up.
Plan an agenda that includes fun activities.
Explore/protect the surrounding environment.

Adventure Out
Plan and take an outdoor trip for several days.
Learn and practice a new outdoor skill.
Learn a new outdoor cooking skill.
Develop first-aid skills and use safety check points.
Budget, schedule, and make arrangements.
Participate in an environmental service project.
Teach and inspire others about the outdoors.
Imagine new experiences to be had outdoors.
Practice all Leave No Trace principles.

LEAVE NO TRACE PRINCIPLES:

- Plan Ahead & Prepare
- Leave What You Find
- Respect Wildlife
- Minimize Campfire Impacts
- Travel & Camp on Durable Surfaces
- Be Considerate of Other Visitors
- Dispose of Waste Properly

Girl Scout Mariners and Trailblazers

Girl Scouts of the USA is reinvesting in its historic Mariner and Trailblazer troops in 2019 in order to provide more girls—especially older girls—high adventure on the water, on the trails, and in the wilderness. Here at GSEP, we're all about high adventure! Learn about how both girls and adults can get involved in Mariner and Trailblazer troops.

Mariner troops have had a bold history in Girl Scouts since 1924. This type of special interest troop develops girls' nautical skills in topics including boating, sailing, kayaking, canoeing, swimming, safety and rescue, weather and navigation, and taking action on the ocean, lakes, and rivers. GSEP has an awesome Mariner troop that is currently accepting new girls (you'll read about

the Mean Green Canoe Team below), but if you're interested in starting another Mariner troop, we're here for that, too!

Trailblazers have been blazing their story in Girl Scouts since the mid-1950's. This type of special interest troop develops girls' trail-based skills in topics including trail hiking, primitive camping, caving, rock climbing, and take action projects in parks and wilderness areas. GSEP doesn't have a Trailblazer Troop—yet. Are you an adventurous adult ready and wanting to help lead the Trailblazers of GSEP, or start a new Mariners troop? Please email memberservices@gsep.org with the subject line “Leading Trailblazers/Mariners” and someone will reach out to you!

Mean Green Canoe Team

GSEP has long had an active Mariners troop, in the Mean Green Canoe Team! The Mean Green Canoe Team is a flat water racing canoe team that meets during the months of March, April, and May on the Schuylkill River in Limerick. The goal is to prepare the team to compete in the General Clinton Canoe Regatta over Memorial Day Weekend.

2020 will be the team's 43rd season. It begins with an organizational meeting on the first Tuesday of March and ends on Memorial Day Weekend at the Regatta in Bainbridge, NY. The organizational meeting is a time for interested girls and, ideally, their parents to come and find out what it means to be a Mean Green, and if it's a great fit for you or your Girl Scout.

The only prerequisites, aside from being in 8th grade or above, are a willingness to learn and a commitment to attending all sessions (one pool practice on 3/8, one overnight on 3/14-15, and every Sunday afternoon thereafter except for Easter Sunday). You don't need to have prior experience in a canoe or be a strong

swimmer. Enthusiasm and commitment are much more important.

Girls who join the team must either already be a Girl Scout or join through the team. In addition, the team membership fee is currently \$110, and it covers all expenses for the season except for entry fees for local races and some meals during our trip over Memorial Day weekend.

At weekly practice on the Schuylkill River in Limerick, girls will be taught everything about flat water canoe racing (a little different from the recreational canoe skills you may have learned at camp). And as the season progresses, girls will be paired up with another paddler based on skill and physical ability. It may not be with a best friend, but rather with that person who is the best match from a canoeing and safety standpoint.

If this description has piqued your interest and you would like to get more information, please contact Barbara Curtin at 610-896-7365 or curtinbarb@aol.com.

Get Outdoors!



Challenge

All Ages:	Daisy:	Brownie:
Watch the sunset	Go for a walk	Hike 1/2 mile
Attend an outdoor sporting event	Watch the clouds	Make a birdfeeder
Build a fire (with an adult)	Have a picnic	Pitch a tent
Visit a nature center	Visit a zoo	Go on a pony ride
Play in the rain	Watch ants	Go on a bug hunt
Visit a farm	Sing a song on a walk	Learn your trail markers
Put your toes in the sand at a beach	Make up a game outside	Build a fort
Attend a ranger talk/hike	Jump rope outside	Swim in an outdoor pool
Swim in a creek or lake	Blow bubbles in your yard or park	Watch fireflies at night
Volunteer to take a shelter pet for a walk	Meet a park ranger	Create a letterbox
Learn how to use a compass	Make a leaf rubbing	Play your favorite sport outside
Send GSEP pictures/videos of your outdoor adventures to memberservices@gsep.org	Explore your (or a family member's) backyard	Measure the rainfall during a storm
Ride on a boat	Play on a playground outside	Learn how to identify a bird call
Learn about your home watershed	Hug a tree	Draw and play on a hopscotch court
Visit a state park		
Visit a national park	Junior:	Cadette:
Cook over a fire	Hike 1 mile	Hike 2-3 miles
Create art inspired by nature	Make a slip-and-slide	Make a flower crown
Hike to an overlook/vista	Tie-dye something outside	Learn about archery
Stay overnight at a GSEP camp	Go geocaching	Complete a ropes/challenge course
Go to a GSEP resident camp	Go horseback riding	Go stand-up paddle-boarding
Learn about the trees that grow in your neighborhood	Host a backyard campout with your family	Go backpacking for a night
Go whitewater rafting	Climb a tree/explore a treehouse	Ride your bike on a rail trail
Volunteer at a park clean-up day	Sing songs around a campfire	Help clean up a trail
Learn about wildlife rehabilitation	Take someone on a "tour" of your favorite outdoor space	Learn pocket knife safety and how to whittle
Play outside with a pet	Complete a National Park Service Junior Ranger badge	Spend some time meditating outdoors
Earn the Naturalist badge for your GS level	Have a water balloon toss and/or play in a sprinkler	Beautify a garden
Plan and/or complete a scavenger hunt	Draw a sidewalk chalk masterpiece	Take a night hike
Play an instrument outside	Write a poem about your favorite outdoor space	Draw a map of your favorite park/camp/outdoor space
Turn the page for more "All Ages" activities!	Swing on an outdoor swing-set	Read a book outside

All Ages continued...	Senior:	Ambassador:
Tag #GSEPGetOutdoors on your social media posts about these challenge activities	Hike 3-4 miles	Hike 5-6 miles
Go fishing	Mountain bike on a trail	Hike a trail with at least 1000' elevation change
Play disc golf	Go on a zip line	Guide a younger troop on a hike
Go on a walk/hike with your whole family	Hike to see a sunrise or sunset	Take a wilderness first aid class
Make a s'more over a campfire	Become a CIT	Make a video/song about Leave No Trace
See a waterfall	Take photos outside	Go rock climbing
Tour a botanical garden	Go primitive camping	Explore a cave or cavern
Visit a state forest	Go kayaking/canoeing	Help clean-up a water way
Visit a state park from another state	Learn the stories behind three constellations	Ride a bicycle 10+ miles
Play mini-golf	Play a game outside with younger girls	Read the writings of a famous environmentalist
Hike a portion of a National Scenic Trail (North Country Trail, Appalachian Trail, etc.)	Go for a walk/jog/run in a park	Take a friend/sibling to your favorite park
Attend a GSEP outdoor program	Take a "nature selfie"	Learn how to use a camping stove and cook a meal or snack
Complete a Journey activity outside	Create a journal to track the changes of the seasons (plants, animals, weather, etc.)	Volunteer/work at a GSEP camp/ outdoor program
Observe a wild animal (from a safe distance)	Pick fruits/vegetables from a local farm	Go to an amusement park
Plant some herbs to keep in your kitchen		
Talk to a family member about their favorite childhood memories of the outdoors		
Find out about careers that involve outdoor recreation, restoration, etc.		
Swim in an ocean		
Camp at a campground		
Learn about spiders		
Ride a skateboard/bike/rollerblades outside		

From October 1 to June 1, complete as many activities as possible from the list above.

Complete at least 10 activities from your grade level (two can be from a younger grade level) and 30 activities from the all ages list, and you'll earn the Get Outdoors Challenge patch for your age level! Patches can be purchased at any GSEP retail shop!

Many activities can be completed at the same time. For example, a Brownie can hike a half-mile (grade-level activity) to an overlook (all ages activity) to watch the sunset (all ages activity), and she's completed three activities at once and can check off all three. See, this is easier than you think!

Girls can also substitute two activities from a younger grade level to count toward their grade level activity requirements. For example, an Ambassador can go stand up paddle-boarding, even though that activity is listed under a younger grade levels (Cadette). Or, she can help some younger girls work on an activity for their grade level, and the Ambassador can still count it towards her checklist.

STOP BY OUR
POP-UP SHOPS!



TREFOIL FITNESS CHALLENGE

Whether you are a race enthusiast or just a beginner, we want you to get moving!
Join your sister Girl Scouts, family, and friends for three fitness events.



September 7th 10am
Camp Laughing Waters
Team Adventure Race



November 23rd 10am
Camp Laughing Waters
5K run, 5K walk, and
1 mile Fun Run.
With optional
troop fundraising.



April 2020
Fairmount Park
5K run

Special Thank You to our 2019 Sponsor **Independence**

Registration is open to the public, and can be found at gsep.org/en/events/trefoil-challenge.html.
Day of Registration will be available for the Thanks-A-Lot Trot and the Thin Mint Sprint.

Sponsorship opportunities available at gsep.org/trefoilfitnesschallenge or 215.564.2030.

For Volunteer opportunities please contact hhaseman@gsep.org

“The future belongs to those who believe in the beauty of their dreams.”

- Eleanor Roosevelt

The Penn Mutual Life Insurance Company is proud to support the empowerment of girls and women at every stage of life.

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VOLUNTEER

Training Opportunities

Are you a new leader, looking for info on how to run a troop? No worries! Start with the required New Leader Trainings, and then check out the many other options that GSEP offers!

Are you an experienced leader? We have topics for you too! We have trainings to increase your troop administration skills and trainings that will enhance your activities with your girls.

Check out our training listings and register online. Below is just a small selection of the dates available at our sites. Always check online for the most up-to-date schedule.

NEW LEADER TRAINING

GSEP's New Leader Training is a four-step process that builds on itself. Completion of the first three steps is required for all Leaders and must be completed before your first troop meeting. The first three steps are online courses that you can complete anytime.

Step 1: GS 101

Step 2: Volunteer Essentials

Step 3: New Leader Training

Step 4: Jump into Leading! (in person)

Meet other new leaders, ask questions to a skilled trainer, experience some Girl Scout traditions, and learn fun games and activities you can take back to your troop. This in-person opportunity is highly recommended and is a great way to get extra hands-on support at the beginning of your new volunteer adventure.

September 23, 2019

Shelly Ridge Service Center, Miquon, PA

October 3, 2019

Lehigh Valley Service Center, Allentown, PA

Steps 1-4: New Leader Start Up

We are now offering a quick-start opportunity for new leaders. Whether you want to connect with other leaders, or just don't want to be tied to your computer, this is the option for you. You will receive the same training as the online options, as well as a chance to ask your questions and learn some fun activities that you can take back to your troop. It's a great way to get some extra hands-on support at the beginning of your new adventure.

October 10, 2019

Jane Seltzer Service Center, Philadelphia

November 4, 2019

Lehigh Valley Service Center, Allentown

First Aid/CPR Training

Cost: \$50

First Aid and CPR training is required of the adult acting as the primary first-aider for Girl Scout troop or group activities. While volunteers may obtain certifications from other providers (for credit with Girl Scouts, please check listing of approved providers), GSEP offers these courses periodically throughout the year. We offer a 6 hour in-person training and a new, blended option that includes 3 hours of online learning that must be completed before attending a 2 hour in-person skills assessment.

6 HOUR IN-PERSON:

October 5, 2019

Lehigh Valley Service Center, Allentown

BLENDED COURSE:

November 15, 2019

Valley Forge Service Center, Valley Forge

December 10, 2019

Shelly Ridge Service Center, Miquon

January 9, 2020

Jane Seltzer Service Center, Philadelphia

Indoor Overnight Skills

This course is a free, two-hour online course. It is required to take girls on an overnight trip where they will stay indoors at a modern facility. During Indoor Overnight Skills, volunteers will learn progression and guidelines of overnight experiences, understand how to incorporate the Girl Scout Leadership Experience, be able to instruct girls and adults on appropriate gear, and learn how to pack accordingly. Indoor Overnight Skills must be completed prior to attending Basic Outdoor Skills.

Basic Outdoor Skills

Pre-requisites: Indoor Overnight Skills – If you took an earlier version of Indoor Overnight Skills, you must take the new Indoor Overnight Skills before you can attend Basic Outdoor Skills.

Cost: \$50

This course is required to take girls on an outdoor overnight trip, to do camping activities like fire-building, or to stay at a GSEP property. Basic Outdoor Skills is a 20-hour, hands-on participation course where you will cook outdoors, build fires and experience an overnight at camp. Basic Outdoor Skills certification is valid for 5 years.

November 1-2, 2019

Camp Laughing Waters, Gilbertsville

November 2-3, 2019

Camp Laughing Waters, Gilbertsville

November 9-10, 2019

Camp Shelly Ridge, Miquon

Troop Finance Basics

Register anytime online.

This 1 hour webinar will help you to take charge of your troop's finances.

Troop Travel Basics

Register anytime online.

This 1 hour webinar is a crash course in troop travel.

SERVICE UNIT MANAGER TRAINING

The Service Unit Manager (SUM) role is vital to the success and support of service areas throughout our council. To best equip our SUMs, we've developed a non-sequential series of trainings, offering relevant seasonal content when it matters most.

SUM Training: Set for Success

This 2.5 hour in-person session is offered to Service Unit Managers in the late summer and fall months. This beginning-of-the-year course will help you start your year off on the right foot.

September 17, 2019

Jane Seltzer Service Center, Philadelphia

September 25, 2019

Valley Forge Service Center, Valley Forge

October 7, 2019

Lehigh Valley Service Center, Allentown

SUM Training: Maintaining Momentum

This 2.5 hour in-person session is offered to Service Unit Managers in the winter and early spring months. This mid-year course will help you tackle the end of the year with confidence.

January 22, 2020

Lehigh Valley Service Center, Allentown

February 3, 2020

Jane Seltzer Service Center, Philadelphia

February 13, 2020

Valley Forge Service Center, Valley Forge

Positive Strategies for Working with Girls

This 2 hour hands-on course will provide leaders with positive behavior management strategies that work.

October 16, 2019

Shelly Ridge Service Center, Miquon

October 28, 2019

Lehigh Valley Service Center, Allentown

November 7, 2019

Valley Forge Service Center, Valley Forge

January 27, 2020

Jane Seltzer Service Center, Philadelphia, PA

Volunteer Enrichment Training

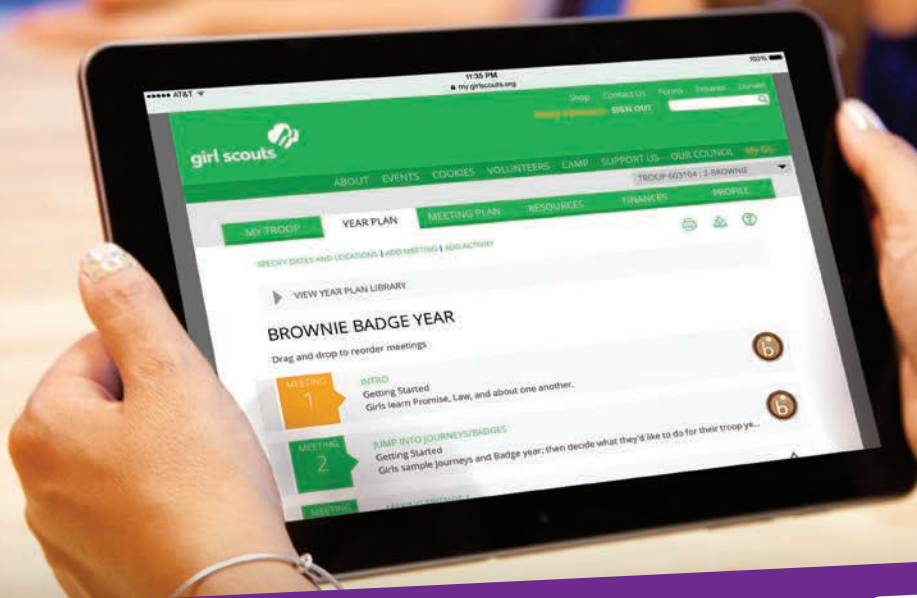
These are specialty topics offered by our own volunteer trainers. They cover a wide variety of topics. Search "Enrichment" using the Event/Program Registration portal for a listing of upcoming topics and let us know if you have any ideas for trainings!

September 21, 2019

Fun & Games in the Great Outdoors
- Hibernia Park, Coatesville

January 21, 2020

The Backyard Bird Count as Citizen Science
- Valley Forge Service Center, Valley Forge



THE VOLUNTEER TOOLKIT:

YOUR DIGITAL TROOP ASSISTANT

Are you excited to be a Girl Scout Leader, but concerned about the time commitment? The Volunteer Toolkit gives you meeting plans right at your fingertips!

What is it? The Girl Scout Volunteer Toolkit (VTK) is a comprehensive digital tool accessible on your computer, smartphone or tablet. For **all age levels**, the VTK has several years' worth of **meeting plans** already created! Once your troop picks their Journey or badges for the year, you can access all the content you will need for the entire year! Customize it to add your own activities or pull alternate activities from the **Resource Tab**.

With the VTK, you can:

- Manage troop contacts, track awards and badges, track attendance, and communicate with parents/guardians.
- Use the meeting plans directly from the VTK, or customize them by deleting activities your girls don't want to do, and replacing them with new ones.
- Help your troop (including older girls!) choose from many Journey Year Plans, a year plan for petals/badges, or a "Create Your Own" Year Plan. Multilevel troops will have a choice of all age levels to choose activities from.
- Search the Volunteer Toolkit for meeting aids and activities to customize your meeting plans

Visit gsep.org to find the VTK!

HIGHEST AWARD HEROES

The three highest awards in Girl Scouting – Bronze Award, Silver Award, and Gold Award – give girls the chance to do big things while supporting issues they care about, and while the girls are the stars of the show, there are countless adults and volunteers supporting the girls from behind the scenes!

We are pleased to present three Service Units that have been awarded the Leadership Knot. The Leadership Knot recognizes Service Units who fully committed themselves and effectively assisted girls in earning the Bronze, Silver, and Gold Awards. This support distinctly enhanced the Girl Scout mission by helping girls impact the community and create positive change.

Service Unit 621, Rock United

Service Unit 642, Manatawny

Service Unit 648, Horizon



Wondering how your Service Unit can step up its highest awards game? Read on to hear from Greta Gurdikian-Wiley about how the Rock United Service Unit supports and encourages their girls!

Making new discoveries and taking action in the world around us has been something that we as Girl Scouts believe passionately. We begin learning this as Daisies, implement it during our thirteen years as Girl Scouts, and expand on it during our adult lives.

The middle school and high school years are often the most difficult times for most girls. Many girls have time constraints due to school work, sports, instrument lessons, religious schooling, and other club activities. So how are they going to make time to earn the Girl Scout Silver and Gold Awards with all these activities pressing on their time? It all starts with a well-informed leader who has a strong Service Unit network. The Rock United Service Unit (Service Unit 621) has two Silver and Gold Award Advisors who are available whenever troops or individual girls need help learning about the award requirements, expanding their project ideas, or anything else highest awards-related! Leaders can contact the advisors and ask them to come talk at a troop meeting, and once the girls are on their way completing their Proposals, the girls can call or e-mail the advisors with specific questions.

Another important individual that every Girl Scout needs is a parent who is a “cheerleader” for their daughter. It can be a mother, a father, or a guardian. These girls are young, and yes, the leaders and advisors are there to help their daughter with the process, but it’s the parent that is around their child the most, so she or he should be the cheerleader: they should be interested and excited about the possibility of earning this award. A great dinner conversation could be about ideas for the project or asking a simple question such as, “Do you need anything?”

One of the biggest benefits that a Girl Scout gets from earning the Silver and Gold Awards is the ability to connect with others. These connections are to both fellow teenagers and adults. During these years, girls have fear and sometimes anxiety communicating to fellow teenagers to ask them to be on their team for their project. Girl Scouting does an excellent job implementing the need to teach leadership by requiring the Girl Scout to lead a team to accomplish the project.

Another important connection that the Girl Scout learns is the ability to communicate with adults. When a Girl Scout is following through with an idea for a Silver or Gold Award project, she is contacting adults by phone, by e-mail, and in person to specify what she will be accomplishing for her project that will benefit their organization. This is such an amazing skill to master at a young age.

Earning the highest awards in Girl Scouting will be part of each girl for the rest of her life. When a Girl Scout applies to colleges, it will be on her application and it is highly admired by colleges and universities. If your daughter does earn the Gold Award, it will be on her employment resume and companies highly favor these women as these employers know these women are already leaders. These young women are now empowered with strength, knowledge and leadership to persevere and accomplish anything they start.

Interested in helping girls earn the highest awards?
Email girlawards@gsep.org to see how you can support girls!

2019 VOLUNTEER AWARDS

Spotlight on awardees:

The GSEP Award is the highest council level award and is presented to a volunteer who has served ten years or more with a commitment and dedication that is remarkable and of extraordinary service to the entire council community. Membership Year 2018's recipient was **Debbie O'Donnell**. Debbie supports volunteers and girls throughout GSEP in a wide variety of positions. She leads two troops, chairs the History Committee, is an Outdoor Trainer and serves on the Gold and Silver Award committees. In her role as Chair of the History Committee, Debbie spearheaded the massive project of combining three collections of historic Girl Scout items into one collection, which is now featured at the new Girl Scouts of Eastern Pennsylvania History Museum. Debbie also serves as a volunteer site director at Camp Laughing Waters and is on the Adult Camping Weekend committee to raise money for older girl scholarships.

New last year, we recognized three Service Units with the CEO Award. This award recognizes the efforts of Service Units achieving full engagement in the areas of service, learning and growth. Each of these units exceeded their membership goals, participated 100% in learning opportunities at a council level and completed a Service Unit level service project during Membership Year 2018. The first ever recipients of this award include:

- **Service Unit 715- Rivers Edge**
- **Service Unit 652- Wissahickon**
- **Service Unit 570- Indian Valley!**



NOMINATIONS

Do you know an adult who has made a difference in the lives of girls, or had a significant impact on the Girl Scouting movement during Membership Year 2019?

You have an opportunity to thank and recognize those amazing volunteers by nominating them for an award.

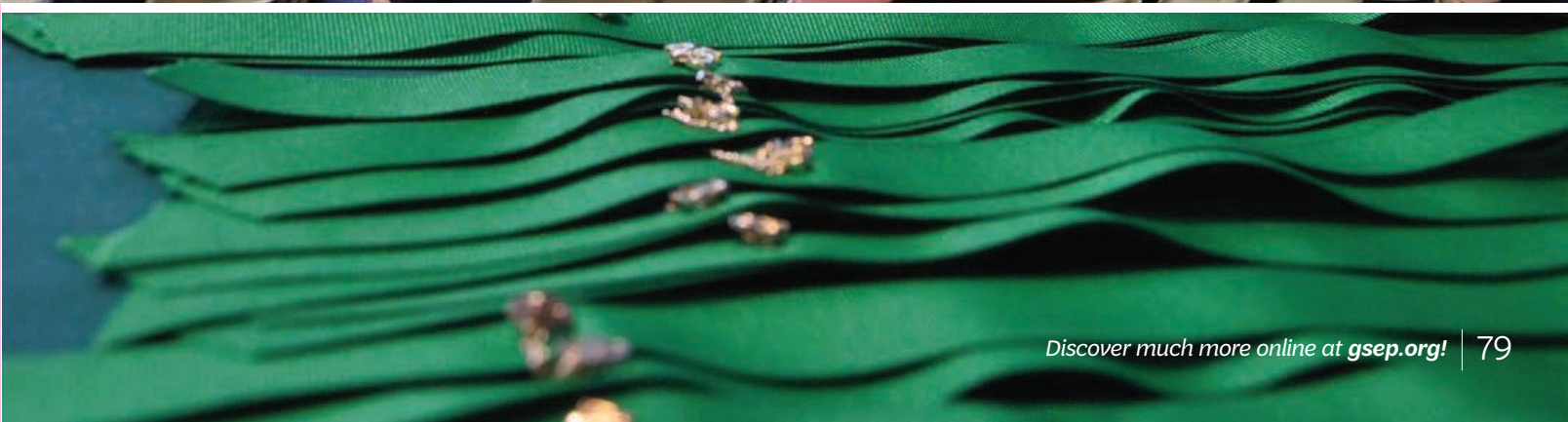
Awards range from local service unit recognitions, to annual council-level and even national awards. Any Girl Scout troop, service unit, council, or individual can nominate a volunteer for an award. It's easy—just follow the instructions!

Nominations for Membership Year 2019 are now open!!

NEW THIS YEAR – the Volunteer Awards Celebration is moving to November 12, 2019!! We heard your feedback. We are moving the ceremony date closer to the end of the membership year to celebrate successes in real time. Volunteers won't have to wait a full year to be recognized!

Presentation of national and council awards will occur at GSEP's annual Volunteer Awards Celebration on November 12, 2019. Check the Volunteer page for more details and to nominate someone special.

All nominations and endorsements must be submitted no later than August 15, 2019.



SEA PERCH

Since October 2018, Cadettes from Girl Scouts of Eastern Pennsylvania (GSEP) met twice a week at Shelly Ridge to learn, build and execute a SeaPerch robot. In partnership with Jefferson University and with funding from the Department of the U.S. Navy, the girls were coached by a student majoring in a Science, Technology, Engineering and Math (S.T.E.M.) field to introduce and engage them in those areas. Our young Girl Scouts worked tirelessly each week, including visits to a swimming pool at The Carousel House in Fairmount Park to ensure their robot was competition ready.

The girls also learned other valuable life skills such as public speaking, teamwork and problem solving. During their meetings at The Carousel House, the girls tested their robot in the water, identified problem areas and made necessary adjustments.

On March 8th, the girls joined 25 teams from all over the region, for an all-day competition at Temple University. The competition included a PowerPoint and video presentation to judges from the Navy and GSEP staff, regarding their experience in the program including, designing and building. In addition, they experienced working on an online Fleet simulation,



imitating a rescue mission. Finally, the girls were able to compete in the water, something they were excited to experience. Being able to not only build a robot but compete and present, the girls learned what it takes to be a **G.I.R.L.** (**Go-Getter, Innovator, Risk-Taker, and Leader**). Following the competition each girl raised their hand in excitement to attend our S.T.E.M. camp and compete in SeaPerch again next year.

girl scouts

BEYOND BARS

...introduce Michelle Obama!

On November 29th, Girl Scouts from various troops including Troop 98010 were invited to see former First Lady Michelle Obama speak at the Wells Fargo Center. As a stop on her *Becoming* book tour, the girls from Troop 98010 were excited to experience the show with their fellow Philadelphians. Before the show one member of the troop was chosen to introduce Michelle Obama along with four other Philadelphians. In front

of the sold out Wells Fargo Center one of our very own Girl Scouts introduced Michelle Obama. This young girl gracefully, and with the utmost bravery, took to the stage to explain what she is “Becoming” and how being a Girl Scout is important to her. The girls were able to enjoy the show together and discuss what they heard and learned from Mrs. Obama. What an inspiring night!



SAVE THE DATE

FALL LEADERSHIP WEEKEND 2019

WHEN: OCTOBER 18-20, 2019

WHERE: CAMP LAUGHING WATERS

GSEP's **Fall Leadership Weekend** at Camp Laughing Waters is an annual event that offers workshops to encourage, enhance, and enthuse our adult volunteers. Network with other volunteers and head home with inspirational ideas to share with your troop.

Fall Leadership Weekend

is open to all registered Girl Scout adult (female & male) volunteers.

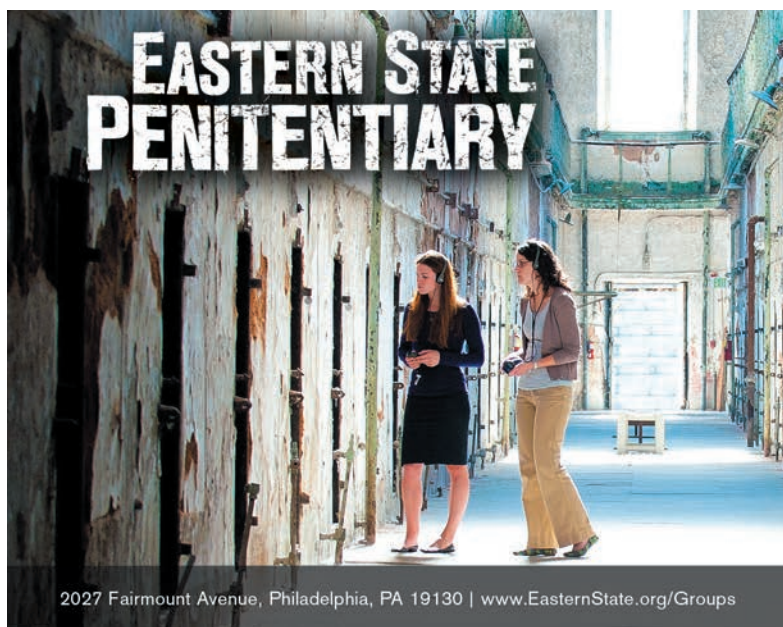
Registration now open!

gsep.org/volunteer-events



Stop by the Trading Post!

Email retail@gsep.org for pre-orders to be delivered at FALL weekend.



2027 Fairmount Avenue, Philadelphia, PA 19130 | www.EasternState.org/Groups

Explore America's Most Historic Prison, located in the heart of Philadelphia. Learn about its revolutionary architecture, notorious prisoners, escape attempts and worldwide influence.

Private group tours are available every day. All Scouts receive a participation patch.

For group reservations, please call 215-309-4900 or e-mail fs@easternstate.org.



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CERAMICS



CARTOONING



SCOUTS

Many of our workshops fulfill the requirements for badges at all levels—Brownies, Juniors, Cadettes, and Seniors.

TROOP LEADERS

Work with our Program Coordinator to develop individualized programming to meet your troop's needs.

FAMILIES

Enjoy year-round family-centered programming, School's Out Camps, Holiday Workshops, Birthday Parties, and Private Lessons.

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GIRL SCOUT GALLERY DAYS

Includes guided tour of current exhibition and hands-on workshop. Two hours. \$20 per scout. Call to schedule 610-688-3553.

For a current schedule of classes and workshops visit wayneart.org.

To coordinate a troop workshop or visit call **610-688-3553**.



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